# PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA

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**Submitted By**

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*Dedicated*

*to*

*my family,*

*friends*

*&*

*Teacher*

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***Dr. Sarleen Kaur Arora***

# ABSTRACT

**Introduction:** Globally, prevalence of obesity is rising alarmingly and is higher among women than men. Due to traditional homemaking chores such as maintaining a family's culinary life and child care, housewives frequently have less time available to maintain their health.

**Aims and Objectives:** To estimate the prevalence of overweight and obesity among housewives aged 18 years and above in the rural area and to determine epidemiological correlates of obesity.

**Materials and Methods**: This cross-sectional study was conducted among housewives aged ≥18 years residing in 15 villages in rural field practice area of Department of Community Medicine, Dayanand Medical College and Hospital, Ludhiana. A total of 610 subjects were included. The information was collected on the pretested proforma based on WHO STEPS instrument through interviews by house visits. Anthropometric measurements were carried out and obesity was estimated.

**Results:** The mean age of the subjects was 37.8 ±13.56 years. The prevalence of overweight and obesity or generalized obesity was found to be 43.4% and 26.7% respectively. Prevalence of abdominal obesity was 54.1%. Prevalence of combined obesity (generalized & abdominal obesity) was 15.1%.Only 22.1% of subjects was doing sufficient physical activity. Age, education, eating non-vegetarian & vegetarian with egg diet, food prepared from outside, daily energy intake, eating in between the meals, physical inactivity, hypertension, watching television and eating while watching television or using mobiles was significantly associated with obesity. On regression analysis variables such as eating non-vegetarian & egg diet, hypertension, daily energy intake and eating while watching television or using mobiles was significantly associated with obesity.

**Conclusion:** The study highlighted higher prevalence of overweight and obesity among rural housewives. Therefore, healthy lifestyle, eating habits and physical activity need to be promoted among the housewives.



**Keywords:** Overweight, Obesity, Housewives, Physical activity, Rural

# LIST OF ABBREVIATIONS

| | |
|---|---|
| WHO | World Health Organization |
| RHTC | Rural Health Training Center |
| NFHS | National family health survey |
| SRS | Sample Registration System |
| PHQ | Public Health Questionnaire |
| GPAQ | Global Physical Activity Questionnaire |
| ICMR | Indian Council of Medical Research |
| LMICs | Low- and middle-income countries |
| DALYs | Disability-Adjusted Life Years |
| NCDs | Non-communicable diseases |
| SDG | Sustainable Development Goal |
| BMI | Body Mass Index |
| DHS | Demographic and health survey |
| SES | Socio economic status |
| MET | Metabolic equivalents |
| SBP | Systolic Blood pressure |
| DBP | Diastolic Blood pressure |
| T2DM | Type 2 Diabetes Mellitus |
| WHR | Waist Hip Ratio |
| STEPS | Step Wise Approach to Non-Communicable Disease Risk Factor Surveillance |
| ASHA | Accredited Social Health Activist |

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# INTRODUCTION

Globally, obesity is a growing public health crisis**.**[1] It is the one of the major lifestyle disorders causing various chronic diseases and was ranked fifth leading cause of deaths worldwide.[2]

## Global Obesity Epidemic

Global epidemic of overweight and obesity (globesity) has surged alarmingly in various regions of the world.[1] World Health Organization (WHO) in 2022 reported that, 1 in 8 individuals worldwide were having obesity and since 1990, the global rate of adult obesity has exceeded twofold, while the rate of adolescent obesity has increased four times in 2022. An estimated 2.5 billion adults aged 18 years and older were overweight and increased alarmingly since 1990 (25% to 43%) with 44% of women and 43% of men having overweight. Over 890 million adults (prevalence of 16%) were estimated to be suffering from obesity in 2022.[3]

## Combating obesity: A Public Health Priority

Obesity being a complex condition is associated with serious social and psychological dimensions. It affects all age groups, gender and leads to gender inequalities within the population and countries. [1] To stop the growth in epidemic of obesity, reducing non-communicable diseases (NCD) among adolescents and adults is one of the important Global Nutrition Targets for 2025. Sustainable Development Goal (SDG) target 3.4 aspires to achieve one third reduction of premature mortality from NCDs by 2030 and stopping the growth in obesity is very crucial to achieve this target.[4] On the current pattern, more than 750 million children aged 5-19 years are expected to be suffering from overweight and obesity by 2035.[5]

## Defining and Measuring Obesity

An increase in both the number and the size of fat cells in the body is a hallmark of obesity. WHO defines obesity as abnormal/excessive fat accumulation that may lead to impairment of health.[3,4] Body mass index (BMI) is a simple proxy indicator of adiposity and is widely used to classify and as a screening tool to estimate overweight and obesity in adults. As it remains the same for male and female adults of all the ages, BMI provides the most useful estimates of overweight and obesity at population level which is calculated as a person's weight in kilograms (Kg) divided by the square of height in meters ($m^2$).[3,4] A body mass index of ≥ 25 kg/m² in adults is labeled as overweight and obesity. However, WHO expert group have observed high risk of type 2 diabetes and cardiovascular diseases for Asians at lower level of BMI than the existing ones and recommended certain public health action points at various BMI levels. [6] Consensus guidelines by experts in India for Asian Indians has defined adults with overweight having BMI between 23.0-24.9 kg/$m^2$and obesity with BMI 25.0 kg/$m^2$and above.[7,8]

## Causes and Consequences

Mostly obesity is a multi factorial disease affecting almost every age group and socioeconomic class. [1,3] Obesity is the most important social and psychological disorder. Persons with obesity commonly experience social bias and discrimination. Various root drivers and epidemiological correlates of obesity include human genetics, type of diet being consumed, environments, lifestyle, socio cultural factors, health care accessibility, mental health and economics amongst many others.[3]

Worldwide, various studies have indicated increased intake of energy-dense foods having high fat and sugar content and decrease in physical activity due to sedentary nature of various occupations, changing modes of transportation, minimal recreation facilities and increased trends of watching television and mobile phone usage.[3,9,10,11] Thus, this imbalance in energy intake and energy

expenditure leads to weight gain. These observed changes are often due to changes in the environment and the society. Use of mechanised industrial processes, sedentary working practices and use of motorised transport and absence of availability of safe and easy physical mobility and recreation facilities into the daily life of all individuals have implications for the development of high BMI. Moreover, there is no effective health system response which can identify excess weight gain in the early stages, which is further aggravating the problem of obesity. [3]

**Obesity and Non-communicable disease (NCDs)**

Over half of the global population will be having weight above a healthy and optimal body weight by 2035.Contribution of high BMI as a risk factor to leading NCDs has gradually shown upper trend in the last two decades in comparison to other known risk factors such as use tobacco products use and poor indoor air. There is increasing scientific evidence of overweight leading to various diseases and also affecting younger age groups.[5] Obesity is a disease in its own and increase in BMI tends to increase the risk of certain non-communicable diseases like cardiovascular disorders (heart disease and stroke), hypertension, diabetes mellitus, musculoskeletal problems particularly osteoarthritis, certain malignancies (endometrial, breast, ovarian and gallbladder), dyslipidemia, pulmonary diseases, and sleep apnea.[3, 5, 12]

Obesity during childhood increases the chances of adult obesity and a higher risk of developing NCDs in adulthood. Obesity may lead to a higher risk of premature deaths.[1] Overweight and obesity among adults increases all-cause mortality.[13]Out of 41 million deaths due to NCDs among adults, high BMI (≥ 25 kg/m2) were responsible for 5 million deaths annually in 2019. Nearly 4 million of these deaths (between 5% and 42% of adult deaths) were from four leading NCDs such as diabetes, coronary heart disease, stroke and cancer alone. Over 120 million adult person-years (between 5% and 52% of adult DALYs) were lost due to high BMI.[5]

**Obesity's Double Threat**

Obesity not only has a role in non-communicable diseases but also it emerged as a risk factor for infectious diseases as observed in recent COVID-19 pandemic. Globally countries have experienced the potential impacts of obesity on COVID-19 during COVID pandemic, where people started indulging in unhealthy dietary practices and adopting sedentary lifestyle while staying indoors. These practices in association with the presence of overweight and obesity had resulted into many of them developing COVID-19 infection and deaths.[5] People with obesity have a four-fold higher risk of developing severe COVID-19 disease and require more hospitalizations and intensive care needs than people having no obesity.[14] It is one of the leading predictors for COVID-19 disability and mortality after the age.[15] Hence it requires urgent attention to step up investment and policy action on prevention and management of obesity to get prepared for future pandemics.

**Obesity on the Rise in Low- and Middle-Income Countries**

Contrary to the belief that obesity burden is limited to high-income countries, it is now also becoming prevalent in low- and middle-income counties.[3] Many of these countries experience double burden of malnutrition and in addition to living with the problems of infectious diseases and under nutrition are also experiencing a rapid increase in overweight and obesity. Therefore, there is a high possibility to find under nutrition and obesity co-existing within the same family, community and the country.[5] Countries especially in South-East Asia and Sub-Saharan Africa reported increased double burden of malnutrition because of overweight and obesity.[16] Globally over two-thirds of obese adults were living in low- and middle-income countries in 2020, and which was further expected to increase to 7 out of 10 adults living with obesity in 2030.World Obesity Federation in 2023 reported that failure to act on obesity carries a far greater cost than prevention and treatment. While obesity reduces the global economy by trillions, effective strategies remain underfunded. Closing this gap demands sustainable funding, trained public health professionals, and

impactful policies. In fact, overweight, obesity, and related diseases are largely preventable and manageable. [3,5]

## The Gender Gap

**Obesity prevalence varies across age, gender, and location.** While men may be more likely to be overweight, women tend to have higher rates of obesity. This is concerning because obesity in women not only affects their own health but can also impact their children's risk of developing childhood obesity later [17]. Several factors contribute to this disparity. Physiological and psychological changes during pregnancy can alter women's eating habits and nutritional needs [18]. Additionally, factors like age, education level, socioeconomic status, pregnancy history, and lifestyle choices all seem to play a role in the higher prevalence of obesity among women. Reports of various studies and surveys have indicated rising trend of physical inactivity, parity, menopause, increased consumption pattern of energy dense food, practices of watching television and other lifestyle choices by the women. [10,11,19,20] Women have been shown to be at higher risk of suffering from obesity and seeking obesity related medical and behavioral management and even sometimes surgical interventions such as bariatric surgeries than men.[21]

The global landscape of obesity as per gender has undergone a concerning shift. By the early 2000s, more women in 2003 were classified as obese than underweight, followed by men a few years later in 2009. This translates to a massive increase - a staggering additional 377 million women and 307 million men with obesity in 2022 compared to 1990. Countries like the United States, China, and India lead the pack with the highest number of obese adults. Globally, there was increase in age-standardized prevalence of obesity for women from 8·8% in 1990 to 18·5% in 2022 and from 4·8% to 14·0% in men during the same time period.[22] Obesity increased rapidly among women as compared to men in the African (by 10.2%) and South-East Asia (by 5.1%) regions resulting to rise in sex-related inequalities.[12,22]

Studies conducted in many countries have also observed that obesity was highly prevalent among the women in comparison to men.[19,23]

The prevalence after initially being highest in urban high socio-economic status (SES) groups, is rapidly expanding to a broader area of society, including rural population.[13]. India due to undergoing demographic and epidemiological health transitions is experiencing decline in fertility and mortality rates. On the other hand, lifestyle related diseases are rising due to rapid change in eating habits and decline in physical activity of populations. [24,25] Changing dietary habits is one of the significant risk factors for increase in the prevalence of overweight and obesity.[26] This problem is even more severe in the case of women as it affects their as well as their progeny's life.

**Obesity in India**

India faces a significant and growing challenge with adult obesity. It ranked among the top 20 for the fastest rise in obesity rates between 2000 and 2016, with a projected further increase of 4.1% annually by 2035. This alarming trend translates into real health consequences. In 2019 alone, high Body Mass Index (BMI) was linked to over 570,000 adult deaths and a loss of 21 million healthy years of life due to just four major Non-Communicable Diseases (NCDs) – diabetes, heart disease, stroke, and cancer.[5] Research by the Indian Council of Medical Research (ICMR) found a worrying disparity in obesity prevalence across different states, with Tamil Nadu, Maharashtra, Jharkhand, and Chandigarh having rates of 24.6%, 16.6%, 11.8%, and 31.3% respectively. Notably, the study also highlighted a higher prevalence of obesity among women compared to men. [27]

Women in India also face this public health challenge experiencing a sharper rise in obesity prevalence, reaching 9.8% in 2022, and an increase of over 8% since 1990 as compared to men (nearly 5%). This translates to a significant jump, with the number of obese women rising from 2.4 million in 1990 to a staggering 44 million in 2022.[22] Other studies conducted in India by Pradeepa et al (2015) [27] and Sivanantham et al (2021) [11] also observed that prevalence of obesity

was higher among women as compared to men in all four regions of India namely Chandigarh, Maharashtra, Jharkhand, Tamilnadu and rural Puducherry.

As per estimates from National Family Health Survey (NFHS-5) in India, the proportion of overweight or obese women aged 15-49 has risen to 24%, with some states like Puducherry, Chandigarh, and Punjab witnessing particularly high rates (over 40%).[28] With significant population of India staying in rural area, it becomes critical to assess the burden of obesity in rural areas. Same was evident in estimates of NFHS-5 for rural areas of Punjab, where the proportion of overweight or obese women has climbed significantly to nearly 39%. [29]

**Abdominal obesity**

Abdominal obesity, another form of obesity has also been on the rise globally since 1990. It is characterized by excess fat around the abdomen and is significant as it is a strong predictor of serious health problems like cardiovascular disease and type 2 diabetes. National Family Health Survey-5 (NFHS-5) conducted in 2019-2021 measured abdominal obesity using waist circumference and abdominal obesity was found to be more prevalent amongst the women (40%) in India.[30] Women in rural Punjab has alarmingly high prevalence of abdominal obesity (72.6%) as per NFHS-5 reports for Punjab. Sivanantham et al (2021) in rural Puducherry also observed that women had higher prevalence of abdominal obesity as compared to males. [11]

**Vulnerability of Housewives to Obesity**

Overweight and obesity is always a significant health problem among housewives based on the nature of their work. A housewife is a married woman who carries out domestic and care giving services for her family members, not engaged in any paid occupation and spend major time on household chores including meal preparation, housekeeping and caring of household members and many more.[31] National Sample Survey in 2019 observed that in rural India, 82.1% and 28.2% of women were engaged in unpaid domestic and caring

services for household members respectively. Mean time spent by rural women daily in India for unpaid domestic and caring services for household members was 301 and 132 minutes respectively.[31]Due to these traditional homemaking chores such as maintaining a family's culinary life and child care, housewives frequently have less time available to maintain their own health and is one of the important challenges to women's health and well-being. To create effective policies and programs preventing obesity in women, it is critical to determine the key risk factors. Evidence-based research on these factors is crucial for succeeding in these efforts.

**Need for the present study**

Various researches across different regions have been carried out in the past and have concentrated research among adult men and women. However, few studies conducted in India.[11,32] and outside India[9,33,34]also observed that housewives were more likely to be obese and abdominally obese than those women who were employed. While, in the Indian context, particularly in rural Punjab, there is paucity of literature on prevalence of obesity among housewives identifying the associations. There is a need for more studies to better understand the epidemiological correlates of obesity among rural housewives in an attempt to prevent the obesity. Analyzing the situation, this study has been planned to estimate the prevalence of obesity among housewives and determine its epidemiological correlates which will be helpful in prevention and control of obesity.

# AIMS AND OBJECTIVES

- To estimate the prevalence of overweight and obesity among housewives aged 18 years and above in the rural area.
- To determine epidemiological correlates of obesity.

# REVIEW OF LITERATURE

The fight against obesity is not a new one. Even centuries ago, physician J.B. Morgagni, armed with just a scalpel and keen observation skills, identified a specific type of obesity characterized by internal fat accumulation (android obesity). His observations, made long before the condition was formally recognized, hinted at the connection between this type of obesity and health issues like hypertension, hyperuricemia, atherosclerosis, and obstructive sleep apnoea.[35]

The global increase in obesity prevalence is indicative of the significant influence of lifestyle variables in the aetiology of the condition. [36] The rise in overweight and obesity prevalence in emerging nations such as India has been correlated with demographic and epidemiological shifts, such as a drop in fertility and mortality rates. [37]

Alongside this rapid expansion, the burden of non-communicable diseases (NCDs) has significantly increased. The concept of Disability-Adjusted Life Years (DALYs) provides a measure of the disease burden on a population. Studies reveal a significant shift in India, where NCDs now account for a larger share of DALYs as compared to communicable diseases. [37]

In many regions of the world, the epidemic of overweight and obesity is becoming a serious public health issue. Obesity prevalence is rising globally, with the most dramatic increase observed in low- and middle-income countries (LMICs). Developing nations face the perplexing situation of under nutrition co-existing with obesity leading to a double burden of malnutrition. [5,12,38]. The growing trend of unhealthy eating patterns in LMICs, characterized by convenient, highly processed, and nutrient-poor foods and beverages, coupled with decreasing physical activity levels, is fuelling a rise in overweight and obesity [39].This highlights the complex interplay of social and economic factors influencing dietary choices.

According to World Health Statistics 2024, among people who are 18 years of age or older, the age-standardized prevalence of obesity

increased between 1990 and 2022 throughout all WHO areas [12] Worldwide, it has been noted that women are more likely than males to be obese.[15]

As per National Family Health Survey-5 (NFHS-5), the prevalence of obesity varied by age group. For example, women aged 15 to 19 had a 5% overweight or obesity rate, whereas women aged 40 to 49 had a 37% obesity rate. Additionally, it was noted that the percentage of obese and overweight women rose from 10% in the lowest wealth quintile to 39% in the highest wealth quintile. [30]

The link between obesity and various chronic diseases is undeniable. Obesity is a major risk factor for diabetes, cardiovascular diseases, stroke, high blood pressure, and certain cancers [40].Women with extreme body weights, both underweight and overweight/obese, are at increased risk for fertility issues and adverse pregnancy outcomes. This includes complications like preterm birth, miscarriage, and new-born death.[42]

The global obesity epidemic shows no signs of slowing down. While all countries are affected, low- and middle-income nations have witnessed the sharpest rise in recent years. Unfortunately, not a single country has managed to reverse the trend, making the World Health Organization's 2025 goal of halting obesity at 2010 levels highly unlikely.[5]

Obesity is defined by an excess of fatty tissue. However, pinpointing the exact line between healthy and obese weight can be challenging because weight distribution varies across populations. The most common tool used by healthcare professionals is Body Mass Index (BMI), although it doesn't directly measure body fat. Large studies show that as BMI increases above 25, the risks of various health problems like chronic diseases, cancer, and heart issues begin to rise gradually. [32]

Obesity is a double threat. Not only is it a chronic disease itself, but it also significantly increases the risk of major illnesses and premature death, becoming a major economic burden on healthcare systems worldwide.[2]. High Body Mass Index (BMI) is linked to lower

productivity, early retirement, and even death. Worldwide overweight and obesity affected economy (2.4% of GDP) in the year 2020 which is estimated to further increase to $4.32 trillion by the year 2035.[5]

Studies in India show that as villages get closer to towns, people's eating habits change. Easier access to processed foods, along with lifestyle changes likely due to urbanization, contributes to a rise in obesity among women. In fact, each kilometer closer to urban areas is linked to a 0.06% increase in obesity rates according to a study that combined village distance data with national health surveys. [42]

The World Health Organization (WHO) recommends waist circumference and waist-hip ratio as reliable indicators of unhealthy abdominal fat in women. [5, 43]This type of fat distribution increases the risk of serious health problems like stroke, heart attack, type 2 diabetes, and even early death. National Family Health Survey (NFHS-5) revealed that nearly half of all women had a higher waist-hip ratio, indicating excess abdominal fat. Furthermore, the prevalence of abdominal obesity increased with age, rising from 46% in young women (15-19 years) to 65% in middle-aged women (40-49 years). [30]

Numerous studies have established a strong link between excess body weight and an increased risk of death from various causes, including cardiovascular disease and several cancers. Obesity is clearly associated with a higher risk of endometrial, kidney, gallbladder, breast, and colon cancers (particularly in men). It's also linked to esophageal adenocarcinoma. These findings hold true across both developed and developing nations. Obesity is a major contributor to chronic illnesses, causing 20% of coronary heart disease and stroke cases, 40% of hypertension cases, and a staggering 60% of diabetes cases. Obesity significantly increases a woman's chances of experiencing delayed conception, miscarriage, and difficulties with assisted reproductive technologies. [41]

Patients who are obese are more likely to get viral respiratory infection exacerbations as compared to non-obese individuals. Studies during the H1N1 pandemic showed that obese patients were more likely to

require intensive care, experience longer ventilation times, and have extended hospital stays compared to non-obese individuals.

The COVID-19 pandemic highlighted the vulnerability of older adults with existing health conditions. Those with diabetes, high blood pressure, heart disease, and chronic lung issues were more likely to experience severe illness and death. Critically, obesity is a well-known risk factor for both cardiovascular disease and type 2 diabetes, two of the most common underlying conditions observed in hospitalized COVID-19 patients.[14] vicious circle exist between obesity and depression. Both pose significant threats, leading to increased illness and mortality rates. Studies suggest a two-way street between these conditions. Obesity has been linked to an increased risk of developing depression, and conversely, depression can raise the risk of becoming obese. This creates a concerning cycle that can be difficult to break. [44]

**Prevalence of Overweight and obesity**

Elevated body mass index and fat mass buildup are significant indicators of metabolic disorders. Additionally, obesity is linked to a number of co morbid conditions, such as diabetes mellitus, dyslipidemia, hypertension, cardiovascular disease, cancer, obstructive sleep apnea, chronic obstructive pulmonary diseases, premature death, cardiac fibrillation, and chronic disease morbidity and mortality. As because obesity increases the risk of developing many malignancies, the global cancer epidemiology has suddenly surged due to surge in the prevalence of obesity. For most people worldwide, it plays an etiological role in death. Overall, the relationship between the economic, social, and political aspects of the nation and the health implications of obesity is quite strong. [45]

**Table 01: Prevalence of Obesity (Previous studies)**

| Study | Place | Year | Prevalence of obesity in women | Prevalence of obesity in housewives |
|---|---|---|---|---|
| Sung *et al*.[39] | states and union territories of India | 2024 | | 24.5% |
| Mokshitha *et al*.[46] | South India | 2022 | | 20.0% |
| Faizan *et al*.[47] | Karachi | 2021 | | 33.2% |
| Asosega *et al*.[48] | Ghana | 2021 | 6.8% | |
| Sathiya *et al*.[49] | Puducherry | 2020 | | 21.7% |
| Bindhu *et al*.[50] | Trivandrum, Kerala | 2019 | | 44.7% |
| Vasquez-Gomez *et al*.[51] | Chile | 2019 | | 70.7% |
| Meshram *et al*. .[38] | India | 2016 | | 32.0% |
| Sahin et al.[52] | Turkey | | 30.0% | |
| Negi *et al*. .[53] | Himachal pradesh | 2016 | 10.8% | |
| Mukherjee *et al*. .[54] | Andaman | 2022 | 43.9% | |
| Motswagole *et al.*[36] | Bostwana | 2020 | 24.5% | |
| Rathnayake *et al.*[55] | Sri lanka | 2014 | | 34.0% |

| | | | | |
|---|---|---|---|---|
| Pengpid *et al*.[56] | India | 2019 | 22.7% | |
| Navadeh *et al*.[33] | Iran | 2011 | | 24.5% |
| Mkuu *et al*.[57] | Kenya | 2018 | 9.1%. | |
| Kishawi *et al*.[34] | Gaza Strip-Palestine | 2014 | 71.3% | |

Navadeh*et al*. (2011) in Iran, found 24.5% of adult housewives to be obese using the WHO Stepwise approach.[33]

Faizan *et al*. (2021) conducted a study on prevalence of obesity in housewives of Karachi, Pakistan found that 33.2% of subjects were obese. [47]

Vasquez-Gomez *et al*. (2019 analyzing a Chilean health survey found that 70.7% of housewives were suffering from obesity.[51]

In the study conducted by Asosega *et al*. (2021) among women in Ghana on non-pregnant women aged 15–49 years found that 6.8% of women in rural area were obese. This is possibly due to variations in obesity classification criteria.[48]

Pengpid*et al.* (2019) analysed NFHS-4 survey and reported the prevalence of obesity in housewives of 18-59 years was 22.7%.[56]

Sathiya *et al*. (2020) in Puducherry reported that 21.7% of the housewives were suffering from obesity.[49]

In a study conducted by Meshram *et al*. (2016) among the adult rural population in India on 18 years and above found that 32.0% of housewives had BMI ≥23 kg/$m^2$ .[38]

In an ICMR-INDIAB study by Pradeepa *et al.* (2015) on prevalence of generalized & abdominal obesity in India concluded that subjects from Tamil Nadu, Maharashtra, Jharkhand and Chandigarh had an overall prevalence of generalized obesity of 24.6%, 16.6%, 11.8%, and 31.3% respectively. [27]

Mokshitha *et al*. (2022) conducted a study among housewives on

obesity and health related quality of life in a rural community of South India observed that prevalence of obesity was 20.0% in housewives.[46]

Bindhu *et al.* (2019) in their study in rural area in Trivandrum, Kerala in adults ≥18 years observed that prevalence of obesity was found to be 44.7% among women. In a study conducted by Sung *et al*. (2024) across states and union territories of India found that 6.3% of women were obese ≥30 kg/$m^{2.}$ [50]

In an ICMR-INDIAB study by Pradeepa *et al*. (2015) on prevalence of generalized & abdominal obesity in India concluded that prevalence of overweight in rural population of Chandigarh, Tamil Nadu, Jharkhand, and Maharashtra was. 14.8%, 14.6, 5.7% and 10.3% respectively.[27]

Girdhar *et al.* (2016) in a cross-sectional study on overweight and obesity among women in an urban field practice area of Ludhiana observed 44.5% of housewives were found to be overweight and obese. [59]

**Age**

In a study conducted by Alsulami *et al.* (2023) in Saudi Arabia found a positive association between age and obesity. The study revealed that for every year older, the odds of them being obese increase by 7%.[58]

Sahin *et al.* (2022) conducted a study on Prevalence of Obesity among females of Reproductive Age Group in Turkey and reported that the Turkey demographic and health survey (TDHS) 2018 data indicates that 30.0% of women in Turkey between the ages of 15 and 49 were found to be obese.[52]

A study conducted by Hashan *et al*. (2020) on prevalence and associated factors of underweight, overweight and obesity in women of reproductive age group in the Maldives found that the prevalence of overweight and obesity was highest (82.6%) among the age group of 35–49 years.[10]

In a study conducted by Motswagole *et al*.(2020) in Botswana reported that prevalence of obesity 22.4%, 22.7%, 34.4% and 25.6% in the age group of <25, 26-45, 45-60 and >60 years of age respectively.[36]

Mukherjee *et al.* (2022) in Andaman, India among 18-60 years adults reported higher prevalence of general obesity in females in the age

group 31-49 years and ≥50 years was 38.9% and 45.9%, respectively as compared to younger age groups.[54]

**Religion**

According to several studies, Hindus in India are primarily vegetarians who eat fewer calories overall than followers of other religions like Muslims or Christians. As a result, the prevalence of overweight and obesity among Hindus is thought to be lower. [60]

Kundu *et al* (2023) among women of reproductive age group in India reported that prevalence of overweight/obesity was 23.7% among Hindu subjects as compared to non-Hindu subjects and revealed that the odds of being obese were higher in non-Hindus than in Hindus. [60]

**Education**

A study by Hashan *et al*. (2020) examining obesity in women of reproductive age within the Maldives revealed a troubling trend. Women with lower levels of education were more likely to be overweight or obese. The highest prevalence (82.9%) was found among those with only a primary education. [10]

Sahin *et al.* (2022) conducted a study on Prevalence of Obesity among females of Reproductive Age Group in Turkey and reported that having a bachelor's or master's degree was found to decrease the odds of being overweight or obese by 3.5 times when compared to only having completed primary school. [52]

In (2020) Motswagole *et al*. conducted a study on the relationship between adult women's socioeconomic status, dietary patterns, and general and central obesity in Botswana. It was concluded that the subjects with the greatest and lowest levels of education had the highest proportion of obesity, whereas those with the median level of education had the lowest. [36]

Kundu *et al.* (2023).conducted a study on geospatial analysis in India and reported that, 30.1% of women with secondary or higher education were obese and compared to women with minimal education or only up to a primary degree, women with secondary or higher education had greater odds of being overweight or obese.[60]

**Marital status**

In a study conducted by Hashan *et al*. (2020) on prevalence of underweight, overweight, and obesity among women in Maldives. It was revealed that ever married woman had a much reduced chance of being underweight and a significantly higher possibility of being overweight or obese when compared to an unmarried person and when compared to Unmarried (32.6) and separated/divorced/widowed (70.1%) women, married women were more likely to be overweight or obese (75.4%).[10]

Alsulami *et al.* (2023) conducted a study in Saudi Arabia and found that prevalence of obesity was higher among divorced (40%) and Widowed (35.7%) in comparison to married subjects (30.8%). [58]

In a study by Hashan *et al*. (2020) observed that prevalence of obesity was significantly higher among the subjects who were currently married as compared to the separated/divorced/widowed subjects.[10]

Das Gupta *et al.* (2019) reported almost similar prevalence of obesity in married and separated females. [61]

**Socioeconomic status**

Navadeh *et al*. (2011) conducted a study in Iran and reported that having a low, middle, or high socioeconomic level significantly elevated the risk of obesity with odds ratios of 1.25, 1.33, and 1.43, respectively, compared to a very low socio-economic status. Also, women with middle-to-high SES levels had a higher risk of obesity as compared to those with lower SES levels. [33]

Sathiya *et al*. (2020) [49]; Kundu *et al*. (2023)[60] reported increased prevalence in lower middle and non-poor economic groups respectively.

**Number of servings of fruit and/or vegetables on an average per day**

A study by Alsulami *et al*. (2023) in Saudi Arabia investigated the link between dietary habits and obesity. The findings suggest that consuming enough fresh or cooked vegetables is associated with a lower risk of obesity. Those who ate vegetables 1-3 times per week

had an obesity prevalence of 24.9%, while those who consumed vegetables more than 3 times per week had an even lower prevalence of 22.3%. Interestingly, the group that did not consume vegetables at all had the highest obesity prevalence at 23.0%.

The study also observed a similar pattern with fruit consumption. Individuals who ate fruits 1-3 times per week had an obesity prevalence of 24.2%, whereas those who consumed fruits more than 3 times per week had a lower prevalence of 21.7%. However, the group that did not consume fruits had the highest obesity prevalence of 25.7%.[58]

**Hypertension**

Mukherjee *et al.* (2022) conducted a study on prevalence of obesity in Andaman and found an inverse relationship between hypertension and obesity. With obesity being more common in normotensive subjects it indicated the existence of an adaptive mechanism in participants who are overweight or obese. [54]

Vasanthakumar *et al*. (2020) conducted a study in Belagavi, Karnataka and reported that hypertension was significantly associated with generalized obesity. Also found that prevalence of generalized obesity was 62.21% in subjects with hypertension.[62]

In a study conducted by Pradeepa *et al*. (2015) found that prevalence of obesity was 30.0% in the females who were hypertensives.[27]

Mukherjee *et al*. (2022) in a study found that prevalence of obesity was 33.3% in the females who had history of hypertension.[54]

Saha *et al*. (2023) conducted a cross sectional study on excess weight in elderly (>60 years) of age group and found that prevalence of obesity was 30.4% in subjects with hypertension and 13.1% in subjects with no history of hypertension.[63]

**Diabetes Mellitus**

A study by Colosia*et al*. (2013) investigated the prevalence of obesity in patients with type 2 diabetes mellitus in Asia. The findings revealed

that over half (56.1%) of adult diabetic patients met the criteria for obesity, defined by a Body Mass Index (BMI) of 30 kg/m2 or higher.[64]

Alshahrani *et al*. (2021) conducted a study on Prevalence of obesity in type 2 diabetic patients in Bisha, Saudi Arabia and reported that about 88% of people with T2DM are considered to be overweight or obese. Also, observed that prevalence of obesity was 57.8% in subjects with who had history of diabetes Mellitus.[65]

Marbaniang *et al.* (2021) analysed a study on overweight, obesity risks and prevalence of diabetes in North Eastern India and concluded that a diabetes increases by 4% for every 10% rise in obesity.[66]

Damian et al (2017) conducted a study on prevalence of obesity in diabetic patients in northern Tanzania and reported that prevalence of obesity was 40.1% in patients with diabetes mellitus. Moreover, poor blood glucose regulation has been associated with obesity in those with type 2 diabetes.[67]

Research by Vasanthakumar *et al*. (2020) in Belagavi, Karnataka, highlights a concerning link between obesity and type 2 diabetes mellitus (T2DM). Their study found a high prevalence of obesity (60% to 90%) among individuals with T2DM.[62]

In a study by Aggarwal *et al*. (2015) on prevalence of obesity and diabetes in Delhi, found that obesity was prevalent in 19.1% of the subjects with diabetes mellitus.[68]

Singh *et al*. (2023) conducted a study on determinants of overweight/obesity in women of reproductive age in urban India and found that prevalence of overweight/obesity was 58.35% in females with diabetes mellitus.[69]

**History of raised blood cholesterol**

In a study by Chan *et al.* (2017) among adults in Malaysia it was found that 68.7% of adults with history of hypercholesterolemia were overweight/obese and 49.4% with no such history were obese**.** [70]

**Eating habits**

Aggarwal *et al*. (2015) conducted a study in Delhi, reported that obesity and the inclination for a non-vegetarian diet were positively associated. [68]

Alsulami *et al*. (2023) conducted a study on dietary patterns in Saudi Arabia and found that over three times a week, obese individuals ate fast food. [58]

Boonpor *et al*. (2022) reported that subjects who had a diversified diet were the most likely to be obese, followed by those who ate meat, fish, and poultry, vegetarians, and finally fish eaters. Also, 13.7% of subjects who were taking vegetarian diet were obese whereas 78.7% who were taking non-vegetarian diet were obese. [71]

**Type of milk**

Wilkinson et al. (2021) conducted a study on Milk-Fat Intake in United States and found that subjects who were consuming non-fat or full-fat milk had significantly lower BMIs than the other groups, while those who abstained from milk and those who drank 1% or 2% fat milk had statistically equal BMIs. There was no statistically significant variation in BMI between milk users who drank full-fat or non-fat milk.[72]

**Eating food other than home cooked food**

Alsulami *et al*. (2023) found that prevalence of obesity was 22.8% in the subjects who were avoiding consumption of fast food.[58]

Kundu *et al*. (2023) reported that subjects who were not eating fast food had 23.3% prevalence of obesity and subjects who were eating fast food had 26.2% prevalence of obesity. [60]

**Frequency of eating food from outside**

Alsulami *et al*. (2023) found that prevalence of obesity was 23.5% who were eating fast food 1-3 times per week and prevalence of obesity was 29.1% who were eating fast food more than 3 times per week. [58]

Rautela *et al*. (2018) conducted a study in Uttarakhand and reported that over 50% of the subjects were having junk food at least once a week and 44.8% were having obesity. [73]

**Awareness about consumption of fast-food causing health problems**

Rautela *et al*. (2018) conducted a study in Uttarakhand and revealed 24.5% of subjects who had awareness about consumption of fast-food causing health problems were obese and 30.3% of the subjects who had no awareness were obese. [73]

**Television watching and/or mobile phones use**

Hashan *et al*. (2020) conducted a study and found that, 32.5% of the subjects who were watching television at least once in a week were obese in comparison to 27.3% of the subjects who were not watching television were obese.[10]

Kundu *et al*. (2023) reported that prevalence of overweight and obesity was 12.0% in subjects who were not watching television and 28.9% who were watching television. [60]

Das Gupta *et al*. (2019) in India conducted a survey and reported that women who were watching television almost every day had 24% higher risk of being obese as compared to the subjects who never watched television. [61]

**Parity**

Prevalence of obesity was marginally higher (28.6%) among the subjects with parity ≥3 than those having parity ≤2 (25.6%).

P sathiya *et al*. (2020) found that prevalence of obesity was 26.5% among the subjects with parity of ≤2 whereas none of subject with parity ≥3 had obesity.

Singh et al. (2023) conducted a in urban India and found that obesity was prevalent in 40.67% of women with parity of 1-2 children, 40.79%

of women with parity of 3-4 children and 39.19% of women with parity of 5 or more.[49]

**Infertility**

Obesity in women significantly affects the hormonal environment and reproductive function. Obesity and infertility are associated with a number of variables, including ageing, increased BMI, menstrual dysfunction, hormonal imbalance, and polycystic ovarian syndrome (PCOS). [74]

In a cross sectional study conducted by Seth *et al*. (2022) on obesity and infertility in women of North India concluded that prevalence of overweight (25–29.9kg/$m^2$) was 34.1% and prevalence of obesity (>30kg/$m^2$) was 10.8% in women with infertility.[75]

**Physical Activity status**

Prevalence of obesity was observed to be higher (31.6%) among the subjects who were physically insufficiently active (doing less than 150 minutes of moderate- intensity physical activity per week) as compared to physically active subjects (9.6%)

In a study conducted by Dade et al (2022) on high prevalence of obesity in urban Haiti reported that 59.5% of women had obesity who were doing<150/min of physical activity. [76]

Venkatrao *et al.* (2020) analysed a cross-sectional study on prevalence of obesity and its neurological consequences in India. Study reported that females who were engaged in vigorous physical activity had lower obesity rates (32.58%) compared to those who were insufficiently active (46.09%). [77]

**Depression status**

One major public health problem is the rising incidence of depression and obesity throughout the world. Depression, like obesity, raises the risk for heart disease, diabetes mellitus, stroke, impairment of general function, and higher death rates, among other chronic diseases. Obese people have higher rates of depression and the corresponding risk of poor health outcomes. [78]

In a study by Simon *et al*. (2008) on Association between obesity and depression in middle-aged women, found that obesity (between 30 and 35 kg/m2) was prevalent in 33.4% of subjects having depression and 51% of subjects with BMI above 35 kg/m2.[79]

**Abdominal obesity**

For the past three decades, the global development of abdominal obesity has attracted attention. Due to their increased susceptibility to visceral fat accumulation and abdominal obesity, Asian Indians are more at risk for related health issues. Since many Indian women have excess abdomen fat despite having a good BMI, abdominal obesity is a serious health danger to them and raises their risk of metabolic diseases and other issues. India has a rather high rate of female abdominal obesity; approximately 40% of women have a waist circumference that is greater than the recommended threshold for abdominal obesity. [30]

A cross sectional study conducted by Munyogwa *et al*. (2018) on the prevalence of abdominal Obesity and Its correlates in Tanzania found that abdominal obesity was prevalent in 24.88% of subjects. There was a significantly higher prevalence of abdominal obesity in females (35.14%) than in males (6.89%).The age group of individuals between the ages of 18 and 30 had a lower prevalence of abdominal obesity (12.96%), whereas those between the ages of 41 and 50 had a greater prevalence (32.61%). Compared to individuals who watch television regularly, those who did not watch any television had a lower prevalence of abdominal obesity (18.61%). [80]

Chaudhary *et al*. (2023) in an analysis on abdominal obesity in India concluded that in Punjab's northern states, the prevalence of abdominal obesity amongst women was 62.5%, whereas in Delhi, it was 59%.Compared to males with higher levels of education, women with higher levels of education were more obese. Compared to women who had vegetarian meals, those who had non-vegetarian diets had a

higher prevalence of abdominal obesity (42.4%). Also, Sikh women had a much greater prevalence of abdominal obesity (61.8%). [30]

Pradeepa *et al*. (2015) in an ICMR_INDIA B study on prevalence of generalized & abdominal obesity concluded that states with the highest prevalence of abdominal obesity was seen in women of Chandigarh (44.5%) which was followed by Tamil Nadu (32.3%), Jharkhand (19.1%) and Maharashtra (18.8%).Prevalence of abdominal obesity also increased with increase in educational status. Prevalence of abdominal obesity was 34.9% in hypertensive subjects and 57.9% in diabetic subjects. [27]

A study by Rathnayake *et al*. (2014) on physical inactivity and its association with central obesity in Sri Lanka reported that there was increased risk of abdominal obesity with physical inactivity. [55]

In a study by Huang *et al*. (2023) on prevalence of abdominal obesity in Southwest China reported that prevalence of abdominal obesity in women was 33.9%.Prevalence was found to be lower in married women (33.5%) than unmarried women (37.3%). Also, prevalence of abdominal obesity (48.1%) in hypertensive women in Southwest China.[23]

Mukherjee *et al*. a rise in abdominal obesity prevalence of central obesity was 59.1% in females. With the increase in age abdominal obesity also increased. Prevalence of abdominal obesity was 31% in ≤30 years of age, 66.7% in 31-49 years and 81.1% in ≥50 years of age. [54]

In a study by Wilkinson *et al*. (2021) on milk-fat intake and abdominal adiposity it was observed that on comparing non-fat milk drinkers to the milk-fat drinkers group, there was a significant difference in abdominal obesity. [72]

# MATERIALS AND METHODS

The present study "**PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN RURAL AREA OF LUDHIANA**" is a community based cross sectional study. The study was carried out in the field practice area of Rural Health Training Centre (RHTC) located at village Pohir, Block Dehlon, District Ludhiana, Punjab, India. The centre is an integral Part of Department of Community Medicine, Dayanand Medical College and Hospital, Ludhiana. The field practice area is composed of fifteen villages where home-based comprehensive health care is provided. It covered a population of 30,885 (December 2021)

Home based comprehensive health care is provided by multi-purpose health workers assisted by village based health workers who belong to that particular village. Medical and nursing students accompany these workers during their training. Family folders containing information regarding demographic and health surveillance data are maintained for each family and regularly updated by multipurpose health workers. All the services are supervised by the faculty of Department of Community Medicine. A village wise list of all housewives aged 18 years and above was prepared from these family folders. Age of the adults was determined as on 01.03.2022.

**Ethical issues and Informed consent**

Subjects were included in the study after obtaining written informed consent. The study was submitted to the Ethics Committee of the Dayanand Medical College and Hospital, Ludhiana for prior approval.

**7.1 Source of Data:**

Housewives aged 18 years and above were the study subjects. The subjects were selected from all the 15 villages covered by RHTC Pohir.

## 7.2 METHOD OF COLLECTION OF DATA

### Inclusion Criteria

1) Housewives aged 18 years and above
2) Widows, divorced women, married and separated women were included in the study

### Exclusion Criteria

1) Pregnant and lactating housewives (up to 6 months)
2) Refusal to participate
3) Non-cooperative subjects
4) Housewives diagnosed with psychiatric disorders
5) Housewives suffering from Chronic debilitating diseases or who were Bed ridden
6) Housewives on medications including anti-epileptics, antidepressants, antipsychotics and corticosteroids

### Study Design

The present study was a community-based cross-sectional study

### Sample Size

The minimum sample size required for the study was calculated as follows: [22]

$$n = \frac{Z^2 p (1-p)}{d^2}$$

Where

n = sample size

Z= level of confidence

p= expected prevalence or proportion

d= precision rate

As data on prevalence of obesity among housewives was not available for rural Punjab,

P was taken as 50% which gave maximum sample size for this study.

Hereby taken,

Z= 1.96

p= 50% (=0.50)

d= 0.05

$$n = \frac{(1.96)^2 (0.50) (1-0.50)}{(0.05)^2}$$

n= 384

Using Design effect of 1.5 and non-response rate of 5%

n= 384 * 1.5 = 576 + 5% of 576

Thus, a total of 610 subjects constituted the sample of the study.

**Sampling Technique**

The selection of the subjects was done by systematic random sampling. A list of housewives was prepared from family folders of 15 villages. There were total 8032 housewives in these 15 villages. Sampling interval was calculated. First subject was selected randomly by currency note method considering the last digit of the currency note. Subsequent subjects were selected as per sampling interval. During the visit to the village if the selected house was not available, was locked and/or subject was not available, subject was revisited two times more and if still remained unavailable then subject was substituted by person immediately next in the list. Similarly, if the subject was non-cooperative, she was substituted by person immediately next in the list.

Sampling Interval =

$$= \frac{\text{Total number of housewives aged } \geq 18 \text{ years in 15 villages}}{\text{Sample size}}$$

$$= \frac{8032}{610}$$

= 13.16

The housewife at Serial No 7 in the list was taken as the 1st study subject as per currency note method. Subsequent study subjects were included as per sampling interval as shown in the table below: [6]

**Table 02: Selection of Subjects**

| Subjects | Calculation | S.No. in the main list to be included in the study |
|---|---|---|
| 1st subject | 7 | 7 |
| 2nd subject | 7+13.16=20.16 | 20 |
| 3rd subject | 20.16+13.16=33.32 | 33 |
| 4th subject | 33.32+13.16=46.48 | 46 |
| 5th subject | 46.48+13.16=59.64 | 60 |
| 6th subject | 59.64+13.16=72.8 | 73 |
| 7th subject | 72.8+13.16=85.96 | 86 |
| 8th subject | 85.96+13.16=99.12 | 99 |
| Contd... till 610th subject | 8014.44+13.16=8021.44 | 610 |

**Table 03:- Village Wise Distribution of Subjects Interviewed**

| S.No | Village | Number of subjects interviewed | Percentage |
|---|---|---|---|
| 1 | Saharan Majra | 37 | 6.1 |
| 2 | Pohir | 32 | 5.2 |
| 3 | Jagera | 43 | 7.1 |
| 4 | Pandher Kheri | 24 | 3.9 |
| 5 | Lehra | 37 | 6.1 |
| 6 | Kalahar | 45 | 7.4 |
| 7 | Rangian | 36 | 5.9 |
| 8 | Siahar | 89 | 14.6 |
| 9 | Khera | 43 | 7.0 |
| 10 | Jhammat | 42 | 6.9 |
| 11 | Bikhi | 31 | 5.0 |
| 12 | Rurka | 36 | 5.9 |
| 13 | Khattra | 51 | 8.4 |
| 14 | Kilahans | 25 | 4.1 |
| 15 | Gopalpur | 39 | 6.4 |
| **Total** | 15 villages | 610 | 100 |

**Procedure of data collection**

- The information was collected on the proforma based on WHO STEP wise approach to non communicable disease risk factor surveillance (STEPS) instrument.[22] through interviews by house visits. Each individual was told about purpose of study and confidentiality of information was assured. The proposed proforma is attached. The proforma has six sections:

## PROFORMA

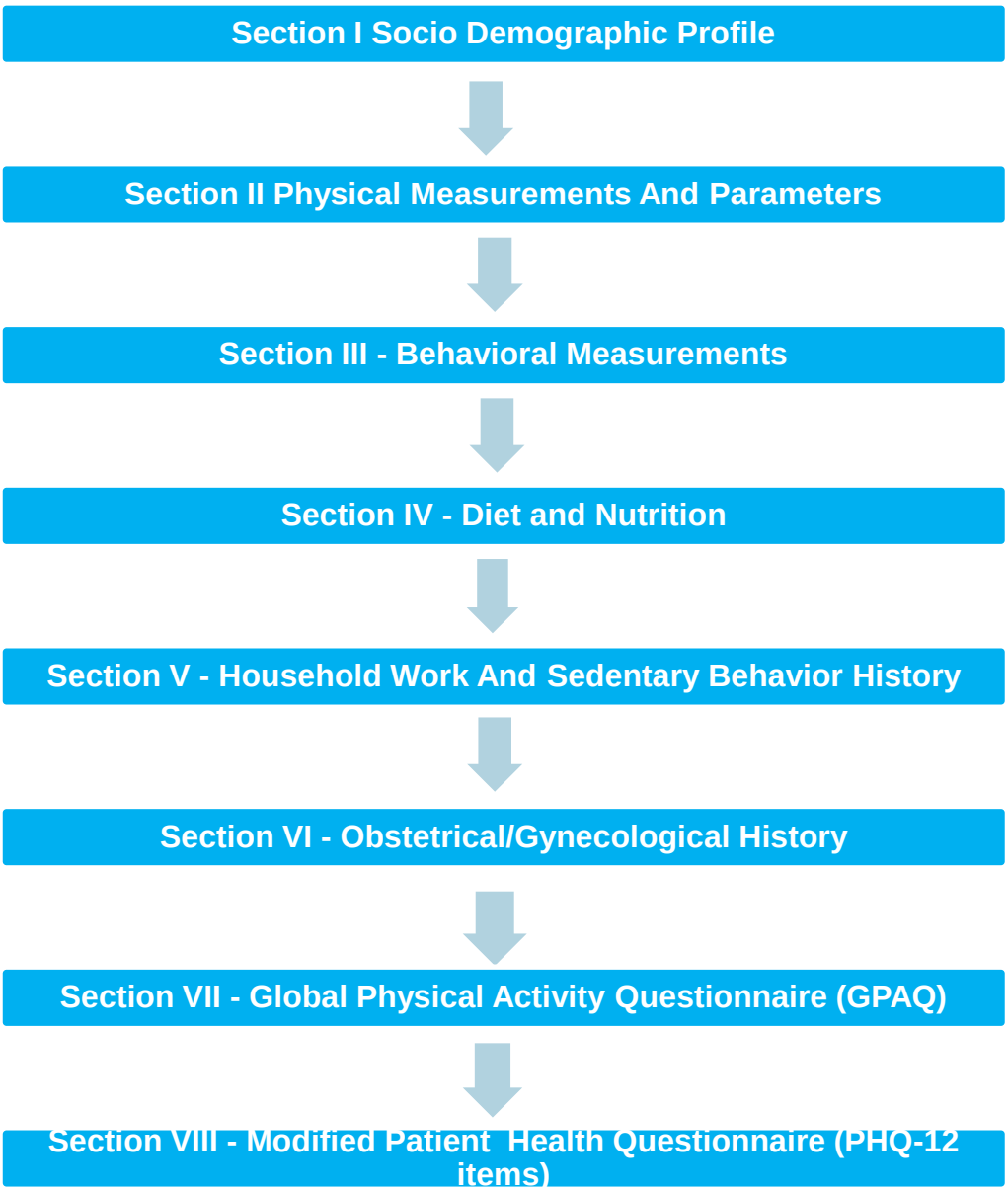
Section I Socio Demographic Profile
Section II Physical Measurements And Parameters
Section III - Behavioral Measurements
Section IV - Diet and Nutrition
Section V - Household Work And Sedentary Behavior History
Section VI - Obstetrical/Gynecological History
Section VII - Global Physical Activity Questionnaire (GPAQ)
Section VIII - Modified Patient Health Questionnaire (PHQ-12 items)

**Figure01: Flow Chart Diagram**

Section I Socio-Demographic profile

Section II Physical Measurements and Parameters

Section III Behavioural Measurements

Section IV Diet and Nutrition

Section V Household Work and Sedentary Behavior History

Section VI Obstetrical and Gynecological History

Section VII Global Physical Activity Questionnaire (GPAQ)

Section VIII Modified Patient Health Questionnaire (PHQ-12 item)

The description of each section is as below:

**Section I Socio-Demographic Profile**

This included name, age, current marital status, religion, caste, and education, type of family, number of family members and number of children. The socio-economic status (SES) was determined by Modified Udai Pareek (MUP) scale. Based on the MUP score, the SES was divided into 5 categories by applying Likert's scale.[24]

**Table 04: Socio-economic Status (MUP) scale**

| **Socio-economic Status class** | **Score** |
|---|---|
| Upper | ≥43 |
| Upper Middle | 33-42 |
| Middle | 24-32 |
| Lower Middle | 13-23 |
| Lower | <13 |

**Section II Physical Measurements and Parameters**

On the day of first visit, height, weight, waist circumference, hip circumference, pulse and blood pressure was measured. Body Mass Index and Waist-Hip Ratio were calculated.

**Anthropometric Measurements**

Various anthropometric measurements viz. height, weight, waist circumference, hip circumference were measured using standard methods.

**Height**

Narrow, flexible, non-stretchable measuring tape was used for measuring height. The subject was asked to stand along the wall without footwear and head gear, with feet parallel to each other and knees straight, heels, buttocks, shoulders and back of head touching the wall. The head was kept comfortably erect without any tilting. A scale was held on the top of head and by lowering measuring tape; height from head to toe was recorded in centimeters.[22]

**Weight**

A standard manual weighing scale was used for measurement of weight. It was standardized by putting a known weight over it. The weighing machine was placed on a firm and flat surface. The subject was made to stand on machine without footwear and minimum clothes at the center of the platform without touching anything and weight was recorded in kilograms.[22]

**Body Mass Index (BMI)**

It was calculated from the weight and height measurements.

BMI = Weight (kg)/ Height$^2$ ($m^2$) [22]

The subjects were classified according to Asian classification of BMI. [23]

**Table 05: Asian classification of BMI**

| Classification | BMI |
|---|---|
| Underweight | <18.5 |
| Normal Weight | 18.5 – 22.9 |
| Overweight | 23– 24.9 |
| Obese | ≥25 |

**Waist Circumference**

Waist circumference was measured in centimeters at the midpoint between the lower margin of the last palpable rib and the top of the iliac crest (hip bone), using a stretch-resistant tape. The tape was held firmly and its horizontal position was ensured. The subject was made to relax and stand with feet close together, arms at the side with body weight evenly distributed and the measurement was taken at the end of a normal expiration. Waist circumference was recorded at the level of tape to the nearest 0.1 cm. [22]

**Hip Circumference**

Maximum circumference over the buttocks without clothing or with minimal clothing in centimeters was recorded. The subject was asked to stand with feet close together, arms at the side and body weight evenly distributed. Hip circumference was recorded at the level of tape to the nearest 0.1 cm. [22]

**Waist-Hip Ratio**

**(WHR)**

It was calculated as the ratio of waist circumference over hip circumference. [22]

**Blood Pressure:**

Blood pressure was measured on the right arm with palm facing upward in a sitting posture, with the subject in a relaxed state. Standardized aneroid sphygmomanometer with adult size cuff was used. The cuff was placed above the elbow so that lower band is positioned 1-2 cm above the elbow joint. The first appearance of (phase 1 of Korotkoff sounds) sound was used to define Systolic Blood Pressure (SBP). The disappearance of sound (phase 5) was used to define Diastolic Blood Pressure (DBP). Two readings were taken ten minutes apart. [22]

**Section III Behavioral Measurements**

This included the information on risky behaviors in relation to non-communicable diseases such as tobacco use, consumption of alcohol, fruits & vegetables and salt intake. History of raised blood pressure,

diabetes, cardiovascular disease, raised cholesterol and information on lifestyle advice was also recorded.

**Section IV Diet and Nutrition**

This included questions related to dietary habits. Dietary assessment of the subjects was performed by using 24 hour recall method and detailed dietary record of food consumed on previous day by the subjects was taken. Festival, fast and feast days were excluded and subject was revisited.

**Section V Household Work and Sedentary Behavior History**

This included questions on performing household work and history of sedentary behavior such as watching television and mobile use.

**Section VI Obstetrical/Gynecological History**

This included questions related to age at marriage, age at first pregnancy, number of pregnancies, number of abortions (if any), history of infertility, questions related to menstrual cycle, age at menopause (if achieved)

**Section- VII Global Physical Activity Questionnaire (GPAQ)**

Physical activity was assessed by WHO Global Physical Activity Questionnaire (GPAQ).[23]Using GPAQ data, an individual's total energy expenditure was determined by allocating 4 METs to moderate activity and 8 METs to the amount of time spent engaging in vigorous activities. The GPAQ Version 2.0 guidelines state that a person is considered active if, over the course of a week (which includes work-related activities, travel, and leisure time), they engage in 150 minutes or more of moderate-intensity physical activity, 75 minutes of vigorous-intensity physical activity, or a comparable combination of moderate- and vigorous-intensity physical activity that results in at least 600 MET minutes.

**Section VIII Modified Patient Health Questionnaire (PHQ-12 item)** [25, 26]

Depression was assessed by Modified PHQ-12 item, whose validity has been tested in Indians to screen depression in epidemiological

studies. It is a 12-item questionnaire with yes or no responses with one score for each yes response and depression to be defined as >4 score (yes responses).

**Operational definitions**

**Housewife** is a married woman (including widow, divorced and separated woman) who carries out household & domestic work and care giving services for her household members and is not engaged in any paid occupation. [12]

**Overweight** was defined as a BMI≥23 kg/m2 but <25 kg/$m^2$ for female gender (based on WHO Asia pacific guidelines) with or without abdominal obesity. [23]

**Obesity or Generalized Obesity** (GO) was defined as a BMI≥25 kg/$m^2$ for female gender (based on the WHO Asia Pacific Guidelines) with or without abdominal obesity (AO). [23]

**Abdominal Obesity** (AO) was defined as a waist circumference (WC)≥80 cm for women.[23]

**Hypertension** who were on antihypertensive medications or have systolic BP≥140 mmHg and/or a diastolic BP≥90 mmHg.[10]

**Outcome:**

Prevalence of overweight and obesity among housewives aged 18 years and above in a rural area of district Ludhiana was estimated and its various epidemiological correlates were determined.

**Statistically Analysis:**

Data was entered in Microsoft excel spread sheet. Data was described in terms of mean±standard deviation (±SD), frequencies and proportion (percentage) as appropriate. For comparing categorical data, Chi square ($\chi 2$) test was performed. Univariate and multivariate analysis were performed to find out the association between study variables. A probability value (p value) less than 0.05 was considered statistically significant.

# OBSERVATION AND RESULTS

The present study to find out prevalence of obesity and its epidemiological correlates in housewives (18 years and above) was carried out in a rural area of Ludhiana, Punjab. The study was conducted in 15 villages of Rural Health Training Centre of Department of Community Medicine, Dayanand Medical College and Hospital, Ludhiana. A total of 610 subjects were covered. The observation and results are presented under the following headings:

**Section 1:** Socio Demographic characteristics of the study subjects

**Section 2:** Physical measurements and parameters (Prevalence of overweight and obesity among the study subjects)

**Section 3:** Behavioral measurements

**Section 4:** Diet and nutrition history

**Section 5:** Household work and sedentary behavior history

**Section 6:** Obstetric/Gynecological history

**Section 7:** Physical activity (GPAQ SCALE)

**Section 8:** Depression status (PHQ-12 ITEM)

**Section 9:** Epidemiological correlates of Obesity

**Section 10:** Epidemiological correlates of abdominal obesity

## SECTION 1: SOCIO DEMOGRAPHIC CHARACTERISTICS OF THE STUDY SUBJECTS

**Table 6: Age wise Distribution of study subjects**

(n=610)

| Age group (in years) | Number of Subjects | Percentage |
|---|---|---|
| 18-29 | 156 | 25.6 |
| 30-39 | 274 | 44.9 |
| 40-49 | 49 | 8.0 |
| 50-59 | 68 | 11.1 |
| ≥60 | 63 | 10.3 |
| **Total** | 610 | 100 |
| **Mean Age** (SD) = 37.8 ±13.56 years | | |

Table 6 shows age wise distribution of the subjects. The study subjects included were in the age group of 18 years and above. Of the total 610 subjects interviewed, maximum number of subjects 274 (44.9%) were in the age group of 30-39 years followed by 156 (25.6%) subjects in the age group of 18-29 years. There were 68 (11.1%) subjects in the age of 50-59 years and 63 (10.3%) were aged 60 years and above. The mean age of the subjects was 37.8 ±13.56 years.

**Table 7: Religion wise distribution of study subjects**

(n=610)

| Religion | Number of subjects | Percentage |
|---|---|---|
| Sikh | 495 | 81.2 |
| Hindu | 96 | 15.7 |
| Muslim | 19 | 3.1 |
| **Total** | 610 | 100 |

The religion wise distribution of subjects showed that majority of the subjects, (81.2%) belonged to Sikh religion. There were 96 (15.7%) Hindu and 19 (3.1%) Muslim subjects (Table 7)

**Table 8: Distribution of study subjects according to Caste**

(n=610)

| Caste | Number of subjects | Percentage |
|---|---|---|
| General | 354 | 58.0 |
| Schedule Caste (SC) | 98 | 16.1 |
| Other Backward Caste(OBC) | 158 | 25.9 |
| **Total** | 610 | 100 |

In the present study more than half of the subjects (58%) were from General Caste, 98 (16.1%) from Schedule Caste and 158 (25.9%) were from Other Backward Caste. (Table 8)

**Table 9: Distribution of study subjects according to the type of family**

(n=610)

| Type of Family | Number of subjects | Percentage |
|---|---|---|
| Nuclear | 307 | 50.3 |
| Joint | 303 | 49.7 |
| **Total** | 610 | 100 |

The above table shows that half of the subjects (50.3%) were from nuclear family, while 303(49.7%) were from joint family.

**Table 10: Distribution of study subjects according to marital status**

(n=610)

| Marital Status | Number of subjects | Percentage |
|---|---|---|
| Currently married | 556 | 91.1 |
| Widowed | 46 | 7.5 |
| Divorced/Separated | 8 | 1.4 |
| **Total** | 610 | 100 |

It is evident from above table that majority of subjects 556 (91.1%) were currently married, 46 (7.5%) were widowed and 8 (1.4%) subjects were either separated or divorced.

**Table 11: Distribution of study subjects according to educational Status**

(n=610)

| Years of schooling | Number of subjects | Percentage |
|---|---|---|
| No schooling | 17 | 2.8 |
| 1-5 | 94 | 15.4 |
| 6-8 | 131 | 21.5 |
| 9-12 | 302 | 49.5 |
| ≥13 | 66 | 10.8 |
| Total | 610 | 100 |
| Mean years of schooling (SD) = 9.2 ±3.57 years | | |

In the present study, it was observed that nearly half of the subjects had 9-12 years of schooling. There were 94 (15.4%) subjects with 1-5 years of schooling and 131 (21.5%) with 6-8 years of schooling. Over 10% of subjects had 13 or more than 13 years of schooling, while 17 (2.8%) of subjects had no formal education at all. (Table11). Mean years of schooling (SD) was 9.2 ±3.57 years.

**Table 12: Distribution of study subjects according to education (years of schooling) of husband**

(n=556)

| Years of schooling | Number of subjects | Percentage |
|---|---|---|
| No schooling | 28 | 5.0 |
| 1-5 | 117 | 21.0 |
| 6-8 | 111 | 20.0 |
| 9-12 | 228 | 41.0 |
| ≥13 | 72 | 12.9 |
| Total | 556 | 100 |
| Mean years of schooling (SD)= 8.9±4.15 years | | |

Table 12 shows that out of total 556 subjects who were currently married, husbands of maximum number of the subjects 228 (41.0%) had 9-12 years of schooling followed by 117 (21.0%) subjects with 1-5 years of schooling and 111 (20.0%) with 6-8 years of schooling. Around 13% of counterparts of subjects had 13 or more years of schooling, while 28 (5.0%) had no formal education at all. Mean years of schooling was 8.9±4.15 years.

**Table 13: Distribution of study subjects according to socio-economic status ***

(n=610)

| Socio-economic status * | Number of subjects | Percentage |
|---|---|---|
| Upper | 40 | 6.6 |
| Upper Middle | 172 | 28.2 |
| Middle | 255 | 41.8 |
| Lower Middle | 105 | 17.2 |
| Lower | 38 | 6.2 |
| Total | 610 | 100 |

*As per Modified Udai Pareek Scale

Table 13 reveals that out of 610 subjects, maximum number of subjects 255 (41.8%) were from middle socio-economic group followed by 172 (28.2%) subjects from upper middle socio-economic group and 105 (17.2%) lower middle socio-economic group respectively. Only 40 (6.6%) and 38 (6.2%) subjects belonged to upper and low socio-economic status groups, respectively.

## SECTION 2: PREVALENCE OF OVERWEIGHT AND OBESITY AMONG THE STUDY SUBJECTS

**Table 14: Distribution of subjects according to Body Mass Index***

(n=610)

| Body Mass Index(kg/m$^2$) | Category | Number of subjects (%) | Percentage (%) |
|---|---|---|---|
| <18.5 | Underweight | 9 | 1.5 |
| 18.5-22.9 | Normal | 173 | 28.4 |
| 23-24.9 | Overweight | 265 | 43.4 |
| ≥25 | Obese | 163 | 26.7 |
| Mean BMI (SD)=24.5±3.56 kg/m$^2$ | | | |

*As per BMI classification for Asian Adults.

The above table shows distribution of subjects as per Body Mass Index. It was observed that of the total 610 subjects, 265 (43.4%) were overweight and 163 (26.7%) subjects were suffering from obesity. There were 173 (28.4%) subjects who had normal weight. Mean weight and Mean BMI of the subjects was found to be 62.3±9.63 kg and 24.5±3.56kg/m$^2$ respectively.

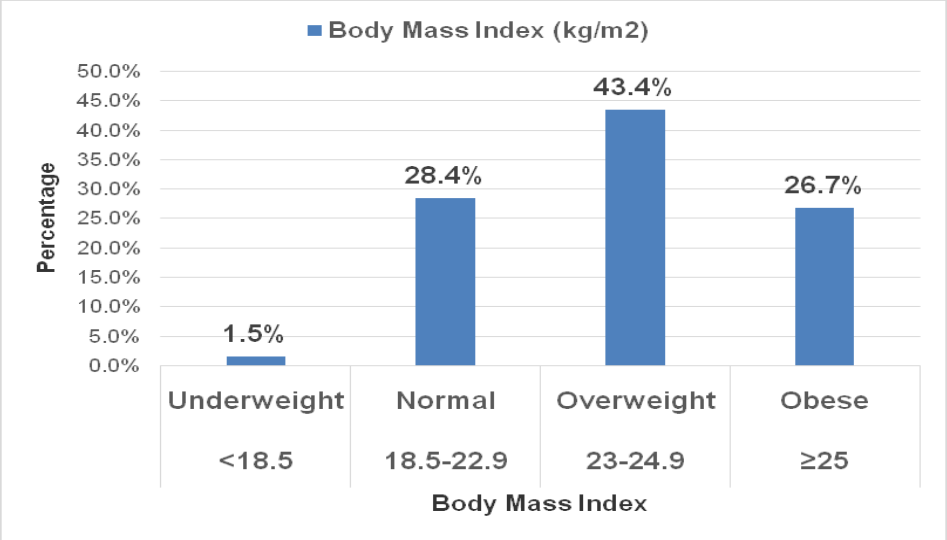


**Figure 2: Distribution of Subjects According to Body Mass Index**

**Table 15: Prevalence of Obesity or generalized obesity among the study subjects***

| Number of subjects | Total number of Obese cases (BMI≥25kg/m$^2$) | Prevalence of Obesity (%) |
|---|---|---|
| 610 | 163 | 26.7 |

* As per BMI classification for Asian Adults

Table 15 reveals that, of the total 610 subjects, 163 had obesity or generalized obesity (BMI≥25 kg/m$^2$with or without abdominal obesity) and prevalence of obesity or generalized obesity was found to be 26.7% among the study subjects.

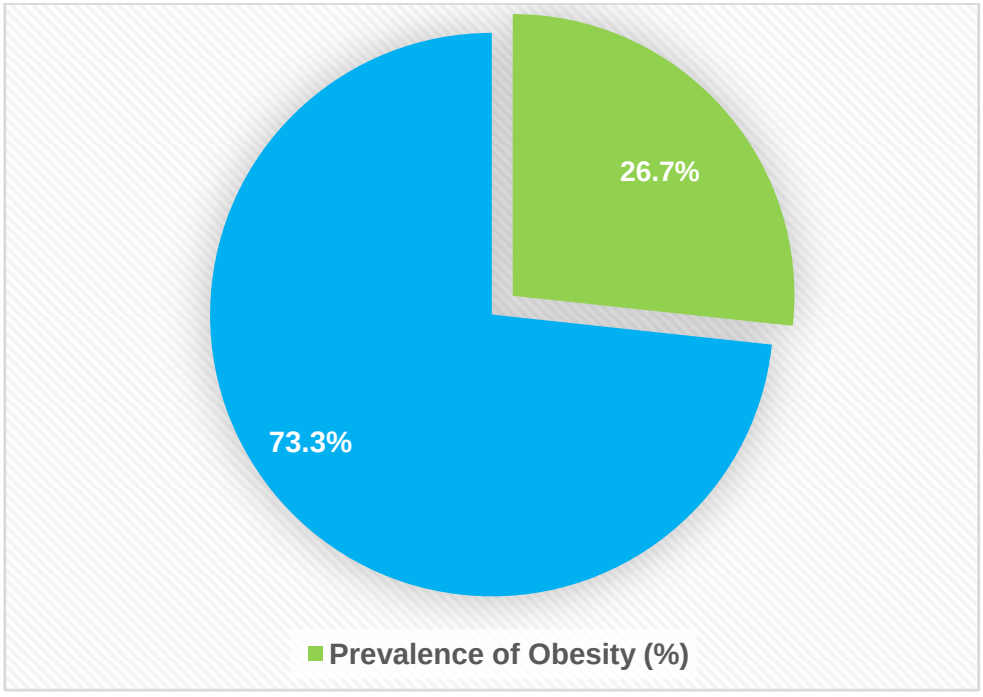


**Figure 3: Prevalence of Obesity or Generalized Obesity among the Study Subjects**

**Table16: Distribution of subjects according to grade of obesity*[7]**

(n=163)

| Body Mass Index ($kg/m^2$) | Category | Number of subjects (%) | Percentage (%) |
|---|---|---|---|
| 25-29.9 | Obese class I | 73 | 44.8 |
| ≥30.00 | Obese class II | 90 | 55.2 |

* As per BMI classification for Asian Adults.

On further analysis, it was also observed that out of 163, there were 73 (44.8%) and 90 (55.2%) subjects who were obese I (BMI: 25-29.9$kg/m^2$) and obese II (BMI: ≥30.00 $kg/m^2$) respectively. (Table 16)

**Table 17: Distribution of subjects according to Body Mass Index*indicating high risk of non-communicable diseases (NCDs) [6, 7]**

(n=610)

| Body Mass Index ($kg/m^2$) | Category of NCD risk | Number of subjects (%) | Percentage (%) |
|---|---|---|---|
| 18.5-23.0 | Acceptable normal range | 173 | 28.8% |
| 23-27.50 | Moderate increase in risk | 301 | 50.1% |
| >27.50 | High increase in risk | 127 | 21.1% |

* As per BMI classification for Asian Adults.

WHO has suggested classification of BMI as per risk of NCDs. Table 17 shows that half of the subjects were at the moderate risk of developing NCDs and 127 (21.1%) subjects were having high risk of developing NCDs.

**Table 18: Distribution of subjects according to Waist Circumference and Waist Hip ratio**

(n=610)

| Waist Circumference (cm) | Number of subjects | Percentage |
|---|---|---|
| ≥80 | 330 | 54.1 |
| <80 | 280 | 45.9 |
| **Waist Hip Ratio** | | |
| ≥0.8 | 226 | 37.0 |
| <0.8 | 384 | 63.0 |
| Total | 610 | 100.0 |
| Mean Waist Circumference (SD)=79.6± 5.18 cm<br>Mean Waist Hip ratio (SD)=0.8± 0.05 | | |

Table 18 shows distribution of subjects as per Waist circumference and Waist Hip ratio of the subjects. It was observed that out of 610 subjects, 330 (54.1%) and 226 (37%) subjects had waist circumference≥80cm and waist hip ratio ≥0.8 respectively. Mean Waist Circumference and Mean Hip circumference was found to be 79.6± 5.18 cm and 98.9± 1.9 cm respectively.

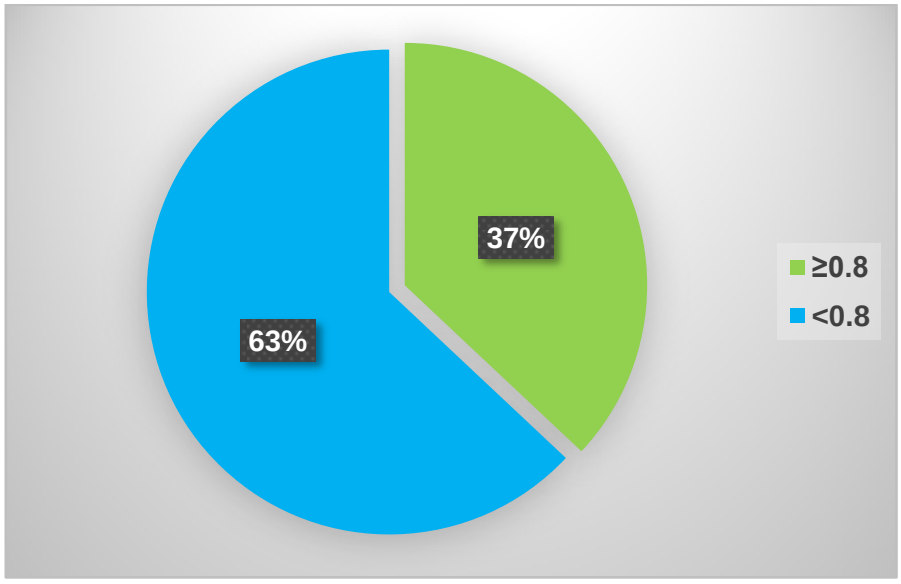


**Figure 4: Distribution of subjects according to Waist hip ratio**

**Table 19: Prevalence of Abdominal Obesity among the Study Subjects**

(n=610)

| Number of subjects | Waist Circumference (≥80cm) | Prevalence of Obesity (%) |
|---|---|---|
| 610 | 330 | 54.1 |

Out of 610 subjects, 330 (54.1%) had abdominal obesity (Waist circumference ≥80cm). Prevalence of abdominal obesity was 54.1% among the study subjects. (Table 19).

A total of 71 (11.6%) and 238 (39%) subjects were suffering from isolated generalized obesity (BMI≥25 kg/$m^2$ and waist circumference of <80cm) and isolated abdominal obesity (Waist circumference ≥80cm and BMI<25kg/$m^2$) respectively.

Prevalence of combined obesity (generalized & abdominal obesity) was 15.1% among the study subjects.

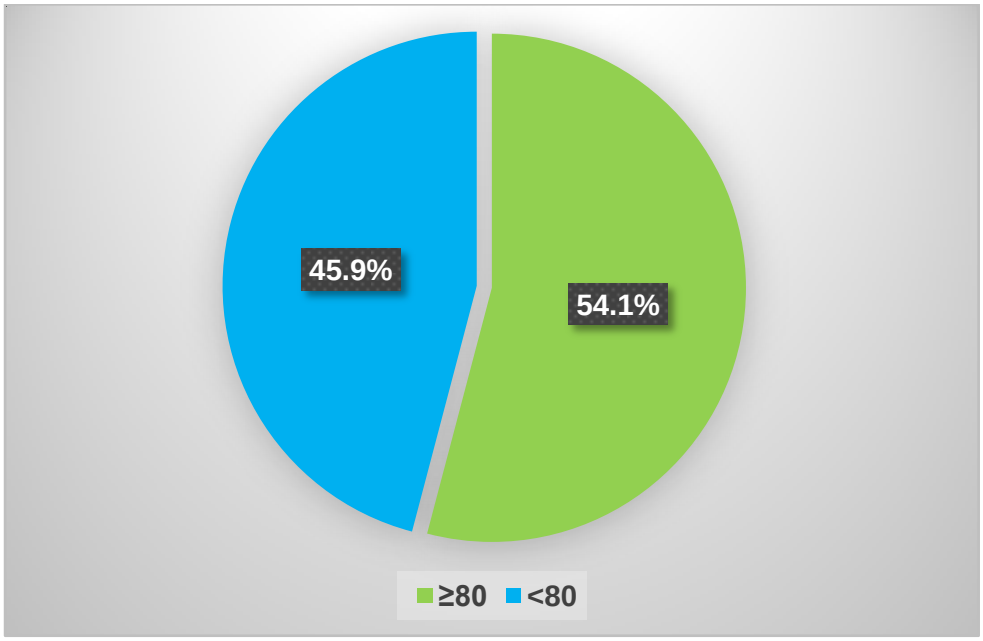


**Figure 5: Prevalence of Abdominal Obesity (Waist Circumference) among the Study Subjects**

## SECTION 3: BEHAVIOURAL MEASUREMENTS

**Table 20: Distribution of subjects as per number of servings of fruit and/or vegetables on average per day**

(n=610)

| Number of servings of fruit and/or vegetables on average per day | Number of subjects | Percentage |
|---|---|---|
| 1-2 | 52 | 8.5 |
| 3-4 | 380 | 62.3 |
| ≥5 | 178 | 29.2 |
| Total | 610 | 100.0 |
| Mean (SD) of servings of fruit and/or vegetables =4.0 ± 1.23 | | |

Table 20 shows that most of the subjects 380 (62.3%) were having 3-4 servings of fruit and/or vegetables on average per day. Nearly one third of the subjects had on an average 5 or more than 5 servings of fruit and/or vegetables daily. Mean number of servings of fruits and/or vegetables was 4.0 ± 1.23 per day.

**Table 21: Distribution of the study subjects with respect to cooking or eating practices using salt**

(n=610)

| Cooking or eating practices | Yes | No |
|---|---|---|
| Add salt/salty sauce to food always or often before or during eating | 254 (41.6) | 356 (58.4) |
| Often eat processed food high in salt | 219 (35.9) | 391 (64.1) |

The above table shows distribution of the study subjects as per their cooking practices using salt. It was found that a total of 254 (41.6%) subjects always or often added salt/salty sauce before or during eating. One third of the subjects 219 (35.9%) were always or often eating

processed food high in salt. When asked further about the quantity of salt consumed by the study subjects, most of the subjects (63.1%) of subjects did not know and only 18 (13.1%) subjects reported that they were taking right amount of salt.

**Table 22: Awareness of the study subjects about consumption of too much salt leading to health problems**

(n=610)

| Think consuming too much salt or salty sauce in your diet could cause health problem | Number of subjects | Percentage |
|---|---|---|
| Yes | 459 | 75.2 |
| No | 52 | 8.5 |
| Don't know | 99 | 16.2 |
| Total | 610 | 100.0 |

Table 22 illustrates that three-fourths of the subjects, 459 (75.2%) were aware that consuming too much salt or salty sauce in your diet could cause health problem. When further asked whether any specific action taken on a regular basis to control salt intake, 191 (31.3%) subjects were limiting the consumption of processed foods and only 18 subjects (3.0%) were buying low salt/sodium alternatives. None of the subject looked at the salt or sodium content on food labels and used spices as an alternative to regular salt while cooking.

**Table 23: Distribution of the study subjects according to history of raised blood pressure in the past**

| Blood pressure measurement and diagnosis in the past | Yes (%) | No (%) |
|---|---|---|
| Blood pressure measured in the past (n=610) | 606 (99.3) | 4 (0.7) |
| Measured and had raised blood pressure in the past (n=606) | 294 (48.5) | 312 (51.5%) |
| Currently taking any medication for raised blood pressure prescribed by the doctor or health worker (n=294) | 205 (69.7) | 89 (30.3) |

The above table shows distribution of study subjects based on assessment of past history of raised blood pressure. It was observed that majority (99.3%) of subjects ever had their blood pressure measured by a doctor or health care worker in the past. Among these subjects, a total of 294 (48.5%) subjects had history of raised blood pressure and of these 294 subjects, 240 (81.6%) subjects were diagnosed within past 12 months. Nearly 70.0% of the subjects who reported positive history of raised blood pressure in the past were currently taking medication prescribed from a doctor or health worker and 88 (29.9%) subjects were seeking treatment from traditional healer for raised blood pressure.

**Table 24: Distribution of the study subjects according to history of hypertension**

(n=610)

| Blood pressure measurement and diagnosis | Number of subjects | Percentage |
|---|---|---|
| Currently taking any medication for raised blood pressure prescribed by the doctor or health worker in the last 2 weeks | 205 | 33.6 |
| Currently having systolic blood pressure ≥ 140 and/or diastolic blood pressure ≥ 90 mmHg on blood pressure measurement and not on any medication for raised blood pressure | 45 | 7.4 |
| **Hypertension (Systolic Blood Pressure ≥ 140 and/or Diastolic Blood Pressure ≥ 90 mmHg or currently on medication for raised Blood Pressure)** | 250 | 41.0 |

Out of 610 subjects, whose blood pressure was measured by the investigator, 69 subjects had systolic blood pressure ≥ 140 and/or diastolic blood pressure ≥ 90 mmHg of 69 subjects, 45 subjects were new cases as they had systolic blood pressure ≥ 140 and/or diastolic blood pressure ≥ 90 mmHg and were currently not on any medication whereas another 24 subjects had uncontrolled blood pressure levels even after on medication for hypertension. Therefore, a total of 250 (41%) subjects were suffering from raised blood pressure or hypertension (systolic blood pressure ≥ 140 and/or diastolic blood pressure ≥ 90 mmHg or currently on medication for raised blood pressure). Mean systolic and diastolic blood pressure was 122.9±11.24 and 75.0±6.49 mm Hg respectively. (Table 24)

**Table 25: Distribution of the study subjects according to history of Diabetes Mellitus**

| Blood sugar measurement and diagnosis in the past | Yes (%) | No (%) |
|---|---|---|
| Blood sugar measured in the past (n=610) | 583 (95.6) | 27 (4.4) |
| Measured and had raised Blood sugar in the past (n=583) | 67 (11.5) | 516 (88.5) |
| Currently taking medication and/or insulin for diabetes prescribed by the doctor or health worker (n=67) | 36 (53.7) | 31 (46.3) |

It was observed from the above table that 583 (95.6%) of subjects had their blood sugar measured previously by a doctor or health care worker. Among these subjects, a total of 67 (11.5%) subjects had history of raised blood sugar in the past and of 67 subjects, 21 (31.3%) subjects were diagnosed within past 12 months. Only half of the subjects who reported positive history of raised blood sugar in the past (53.7%) were currently taking medication and/or insulin prescribed from a doctor or health worker and 9 (13.4%) subjects were seeking treatment from traditional healer for raised blood sugar.

**Table 26: Distribution of the Study Subjects With Respect to Lifestyle Advice Received In the Past Three Years by Doctor Or Health Worker**

(n=560)

| Lifestyle Advice | Received (%) |
|---|---|
| Quit using tobacco or don't start | 24 (4.3) |
| Reduce salt in your diet | 517 (92.3) |
| Eat at least five servings of fruit and/or vegetables each day | 547 (97.7) |
| Reduce fat in your diet | 551(98.4) |
| Start or do more physical activity | 449 (80.2) |
| Maintain a healthy body weight or lose weight | 560 (100) |
| Reduce sugary beverages in your diet | 516 (92.4) |

Table 26 shows distribution of subjects with respect to lifestyle advice received in the past three years by doctor or health worker. Out of 560 subjects, who were advised by the doctor or health worker, a total of 449 (80.2%) subjects had received advice to start or do more physical activity. Majority of the subjects were advised to reduce fat in diet eat (98.4%), at least five servings of fruit and/or vegetables each day (97.7%). and to reduce salt (92.3%) & sugary beverages (92.4%) in their diet. All the subjects were advised to maintain a healthy weight/or lose weight.

**SECTION 4: DIET AND NUTRITION HISTORY**

**Table 27: Distribution of the study subjects as per eating habits**

(n=610)

| Eating habits | Number of subjects | Percentage |
|---|---|---|
| Vegetarian | 203 | 33.3 |
| Vegetarian with eggs | 346 | 56.7 |
| Non-Vegetarian | 61 | 10.0 |
| Total | 610 | 100.0 |

Table 27 shows the distribution of subjects as per their eating habits. It was observed that 203 (33.3%) of subjects were vegetarian, 346 (56.7%) of subjects were consuming vegetarian diet along with eggs and 61 (10%) were taking non-vegetarian meals.

**Table 28: Distribution of the study subjects according to eating food other than home cooked food**

(n=610)

| Eating food other than home cooked food | Number of subjects | Percentage |
|---|---|---|
| Yes | 396 | 64.9 |
| No | 214 | 35.1 |
| **Total** | 610 | 100.0 |

It was observed that of the total 610 subjects, 396 (64.9%) were eating food prepared from outside such as restaurants, Dhabas and street foods. When asked further it was also observed that out of 396 subjects, 208 (52.5%) and 188 (47.5%) subjects were eating food from outside1-2 times/week and once a month respectively. It was also observed that fast food being tasty (46.7%), easy availability of fast food (26.7%) and being busy/lazy to cook (26.6%) were the reasons given by respondents for eating outside prepared food. (Table 28)

**Table 29: Distribution of the study subjects as per their awareness on fast-food causing health problems**

(n=610)

| Awareness on consumption of fast-food causing health problems | Number of subjects | Percentage |
|---|---|---|
| Present | 379 | 62.1 |
| Absent | 231 | 37.9 |
| Total | 610 | 100.0 |

As per the above table, 379 (62.1%) subjects had awareness about consumption of fast-food causing health problems whereas 231 (37.9%) subjects were not aware that consumption of fast-food causes health problems

**Table 30: Distribution of the study subjects according to type of milk consumed**

(n=610)

| Type of milk | Number of subjects | Percentage |
|---|---|---|
| With fat | 390 | 63.9 |
| Without fat | 220 | 36.1 |
| Total | 610 | 100.0 |

It was also found that two-thirds of the subjects (63.9%) were consuming milk with fat and 220 (36.1%) subjects were consuming milk

without fat. It was also observed that 47.5% of the subjects were miliching cattle at home and half of them were consuming milk with fat (Table 30).

**Table 31: Distribution of the study subjects according to eating in between meals**

(n=610)

| Eating in between meals | Number of subjects | Percentage |
|---|---|---|
| Yes | 152 | 24.9 |
| No | 458 | 75.1 |
| **Total** | 610 | 100.0 |

The above table shows that out of 610 subjects, 152 (24.9%) were eating in between the meals whereas 458 (75.1%) had no such practice of eating between the meals. On further analysis it was observed that out of 152 subjects, 55 (36.2%), 49 (32.2%) and 48 (31.6 %) subjects were eating fried, baked products and fruits/salads in between the meals respectively.

**SECTION 5: HOUSEHOLD WORK AND SEDENTARY BEHAVIOUR HISTORY**

**Table 32: Distribution of the study subjects according to type of household chores performed**

| Type of household chores performed | Number of subjects | Percentage |
|---|---|---|
| Sweeping | 439 | 72.0 |
| Cleaning | 120 | 19.7 |
| Dishwashing | 73 | 12.0 |
| Cattle care | 18 | 3.0 |

*Total may exceed 100% because of multiple responses

Table 32 illustrates that sweeping (72%) was the most commonly household chore performed by the subjects followed by cleaning (19.7%) and dishwashing (12%).

**Table 33: Distribution of the study subjects according to television watching and/or mobile phones use**

(n=610)

| Watching television or using mobile phones | Number of subjects | Percentage |
|---|---|---|
| Yes | 482 | 79.0 |
| No | 128 | 21.0 |
| Total | 610 | 100.0 |

It is seen from the above table that over three-fourth of the subjects (79%) were either watching television or using mobile phones daily whereas 128 (21%) were not watching television or using mobile phones every day. When asked further, nearly 70% were watching television or using mobile phones for more than 2 hours daily.

**Table 34: Distribution of the study subjects as per practice of eating meals while watching television and/or using mobile phone**

(n=610)

| Eating meals while watching television and/or using mobile phone | Number of subjects | Percentage |
|---|---|---|
| Yes | 404 | 66.2 |
| No | 206 | 33.8 |
| Total | 610 | 100.0 |

Table 34 reveals that 404 (66.2%) subjects were eating meals while watching television and/or using mobile phone whereas one-third (33.8%) were not were following such practice.

## SECTION 6: OBSTETRICAL HISTORY

**Table 35: Distribution of the study subjects according to History of Infertility**

(n=610)

| History of Infertility | Number of subjects | Percentage |
|---|---|---|
| Present | 15 | 2.5 |
| Absent | 595 | 97.5 |
| Total | 610 | 100.0 |

The above table reveals that 15 (2.5%) out of 610 subjects were having history of infertility. Of them, 11 subjects had history of primary infertility and 4 subjects had history of secondary infertility.

**Table 36: Distribution of the study subjects as per parity of subjects**

(n=599)

| Parity | Number of subjects | Percentage |
|---|---|---|
| ≤2 | 379 | 63.3 |
| ≥3 | 220 | 36.7 |
| **Total** | 599 | 100.0 |

Parity wise analysis of the subjects shows that out of total 610 subjects, 379 (63.3%) subjects had parity of 2 or less and one third of subjects (36.7%) had parity of 3 or more than 3. (Table 36)

**Table 37: Distribution of the study subjects as per Menopausal status**

(n=610)

| Menopause attained | Number of subjects | Percentage |
|---|---|---|
| Yes | 136 | 22.6 |
| No | 474 | 77.4 |
| **Total** | 610 | 100.0 |

It is observed from the above table that 136 (22.6%) subjects have attained menopause. A total of 474 (77.4%) subjects were having regular menstruation.

## SECTION 7: PHYSICAL ACTIVITY

**Table 38: Distribution of the study subjects as per physical activity*of the subjects**

(n=610)

| Physical activity | Number of subjects | Percentage |
|---|---|---|
| Insufficiently active | 475 | 77.9 |
| Sufficiently active | 135 | 22.1 |
| Total | 610 | 100.0 |

*As per WHO recommendations on physical activity using Global Physical Activity Questionnaire

The above table indicated that out of 610 subjects, more than three-fourth of the subjects 475 (77.9%) were doing less than 150 minutes of moderate- intensity physical activity per week and were physically insufficiently active, whereas only 135 subjects (22.1%) were found to be doing sufficient physical activity .It was also observed that 83.8%, 79.3%, 53.1% of the subjects were not performing work, transport and recreational related physical activity respectively.

## SECTION 8: DEPRESSION STATUS

**Table 39: Distribution of the study subjects on the basis of Depression***

(n=610)

| Depression | Number of subjects | Percentage |
|---|---|---|
| Present | 136 | 22.6 |
| Absent | 474 | 77.4 |
| **Total** | 610 | 100.0 |

*As per Modified Patient Health Questionnaire (PHQ-12 item)

All the study subjects were screened for the presence or absence of depression using Modified Patient Health Questionnaire (PHQ-12 item) and it was observed that 138 (22.6%) subjects were suffering from depression.(Table 39)

## SECTION 9: EPIDEMIOLOGICAL CORRELATES OF OVERWEIGHT AND OBESITY

**Table 40: Association of obesity with respect to age**

| Age group (in years) | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| 18-29 | 156 | 49 (31.4) | 29.039 df=4 | <0.001 |
| 30-39 | 274 | 92 (33.6) | | |
| 40-49 | 49 | 5 (10.2) | | |
| 50-59 | 68 | 6 (8.8) | | |
| ≥ 60 | 63 | 11 (17.5) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 40 shows the association of obesity of the subjects with age. Prevalence of obesity was observed to be higher in the age group of 30-39 years (33.6%) followed by age group of 18-29 years (31.4%). About 18% of subjects aged 60 years and above were found to be obese. The observed difference was found to be statistically highly significant (p<0.001)

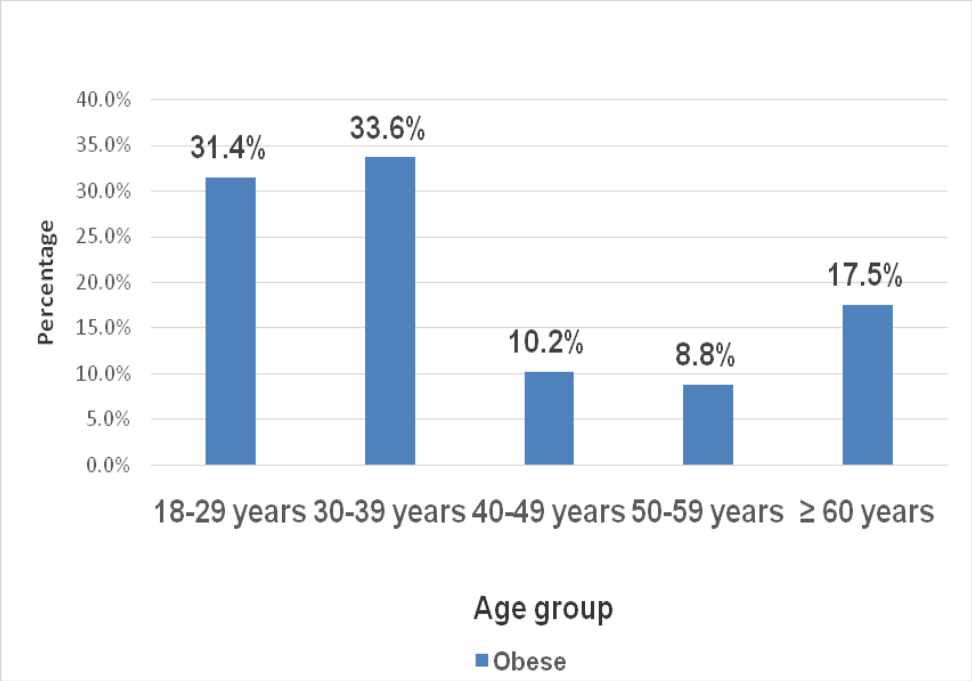


**Figure 6: Age-wise association of obesity**

**Table 41: Association of obesity with respect to religion**

| Religion | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Sikh | 495 | 135 (27.3) | 0.534 df=2 | 0.766 |
| Hindu | 96 | 24 (25.0) | | |
| Muslim | 19 | 4 (21.1) | | |
| **Total** | **610** | **163 (26.7)** | | |

From the above table, it was observed that subjects who belonged to Sikh religion had marginally higher prevalence of obesity (27.3%) as compared to Hindus (25%) and Muslims (21.1%). However, the observed difference was found to be statistically non-significant (p=766).

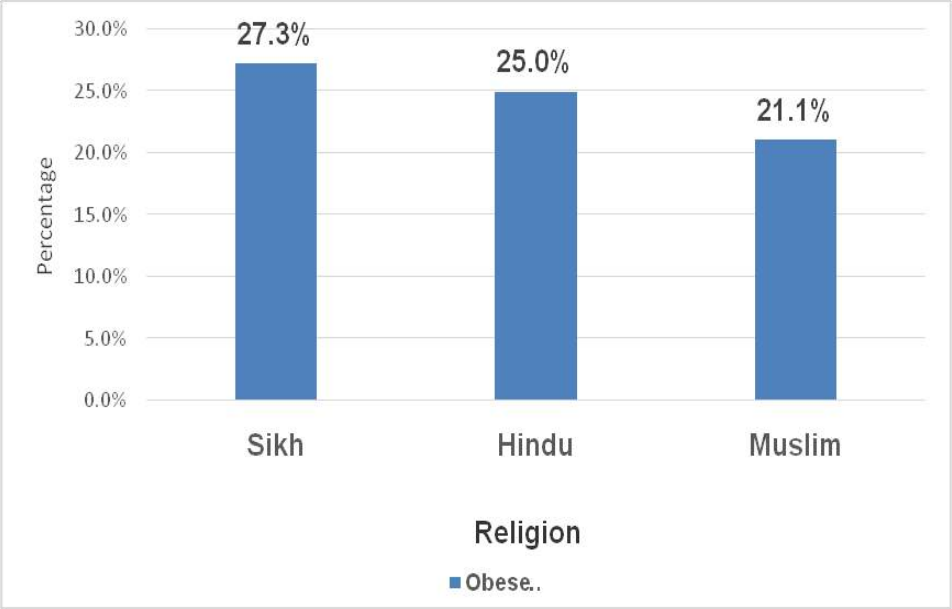


**Figure 7: Association of obesity with respect to religion**

**Table 42: Association of obesity with respect to education**

| Years of education | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| No schooling | 17 | 10 (58.8) | 15.541 df=4 | 0.004 |
| 1-5 | 94 | 24 (25.5) | | |
| 6-8 | 131 | 23 (17.6) | | |
| 9-12 | 302 | 86 (28.5) | | |
| ≥13 | 66 | 20 (30.3) | | |
| **Total** | **610** | **163 (26.7)** | | |

The above table shows association of obesity as per educational status of subjects. It was observed that prevalence of obesity was highest among study subjects with no formal education (58.8%) and subjects with 6-8 years of schooling had lowest prevalence of obesity (17.6%).One-third of subjects (30.3%) with 13 or more years of schooling were suffering from obesity. A statistically significant relationship was observed between obesity and education of the subjects (p=0.004).

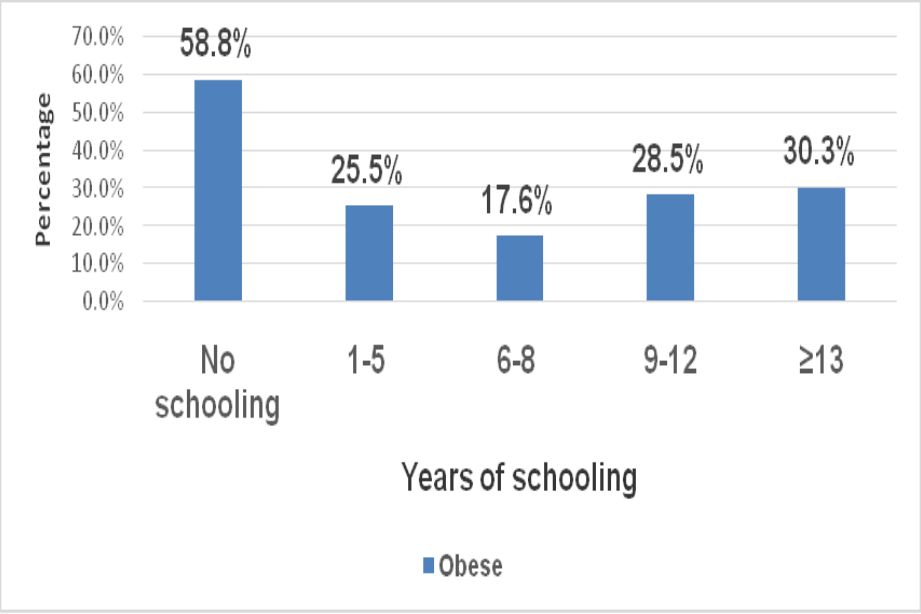


**Figure 8: Association of obesity with respect to education**

**Table 43: Association of obesity with respect to caste**

| Caste | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| General | 354 | 110 (31.1) | 8.159 df=1 | 0.004 |
| OBC/SC | 256 | 53 (20.7) | | |
| **Total** | **610** | **163 (26.7)** | | |

In the present study, it was seen that 31.1% subjects belonging to general category were suffering from obesity whereas only 20.7% of subjects of OBC/SC were found to be obese. A statistically highly significant relationship was observed between obesity and caste of the subjects (p=0.004) (Table 43)

**Table 44: Association of Obesity With Respect To Type of Family**

| Type of family | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Nuclear | 307 | 75 (24.4) | 1.657 df=1 | 0.198 |
| Joint | 303 | 88 (29.0) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 44 shows association of obesity with respect to type of family. It was observed that subjects living in joint families had higher prevalence of obesity (29%) as compared to those living in a nuclear family (24.4%). However, the observed difference was found to be statistically non-significant. (p=0.198)

**Table 45: Association of obesity with respect to marital status**

| Marital Status | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Currently married | 556 | 148 (26.6) | 0.034 df=1 | 0.854 |
| Widowed/ Divorced/Separated | 54 | 15 (27.8) | | |
| **Total** | **610** | **163 (26.7)** | | |

From the above table, it is evident that out of 556 subjects who were currently married, 148 (26.6%) had obesity and out of 54 subjects who were widowed/divorced/separated, 15 (27.8%) had obesity. The difference observed was found to be statistically non-significant (p= 0.854).

**Table 46: Association of obesity with respect to socio-economic status**

| Socio-economic status | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Upper& Upper Middle | 212 | 64 (30.2) | 2.109 df=2 | 0.348 |
| Middle | 255 | 62 (24.3) | | |
| Lower Middle& Lower | 143 | 37 (25.9) | | |
| **Total** | **610** | **163 (26.7)** | | |

In the above table, prevalence of obesity was found to be higher in the subjects belonging to upper& upper middle socio-economic status (30.2%) followed by lower middle & lower socio-economic status (25.9%). However, the observed difference between obesity and socio-economic of study subjects was found to be statistically non-significant (p=0.348).

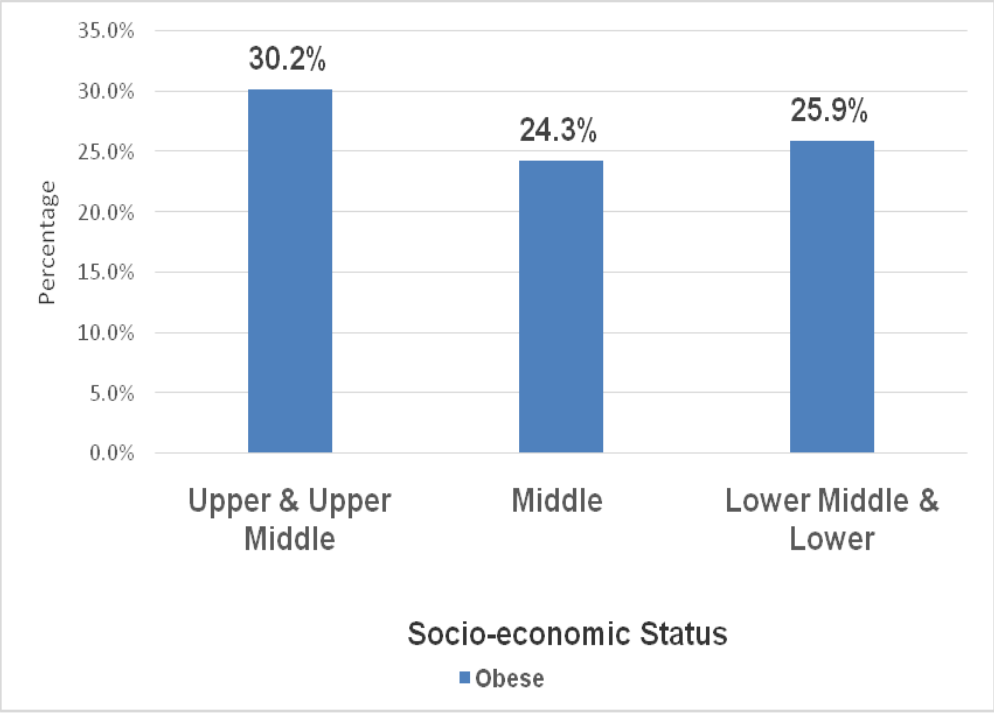


**Figure 9: Association of obesity with respect to socio-economic**

**Status**

**Table 47: Association of obesity with respect to number of servings of fruit and/or vegetables on average per day**

| Number of servings of fruit and/or vegetables on average per day | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| <5 | 432 | 118 (27.3) | 0.266 df=1 | 0.606 |
| ≥5 | 178 | 45 (25.3) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 47 shows association of obesity with number of servings of fruit and/or vegetables on average per day. Prevalence of obesity was marginally higher (27.3%) among the subjects who were having <5 servings in comparison to those who were having ≥5 servings (25.3%). This association was found to be statistically insignificant. (p= 0.606).

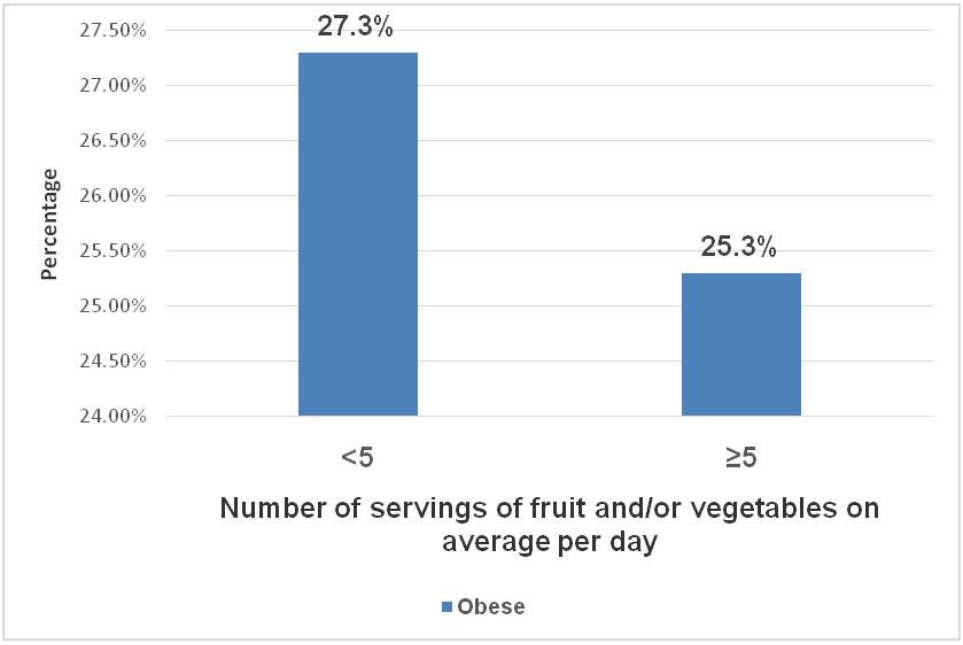


**Figure10: Association of obesity with respect to number of servings of fruit and/or vegetables on average per day**

**Table 48: Association of obesity with respect to limiting consumption of processed foods**

| Limiting consumption of processed foods | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 191 | 39 (20.4) | 5.641 df=1 | 0.018 |
| No | 419 | 124 (29.6) | | |
| **Total** | **610** | **163 (26.7)** | | |

It was observed from the above table that out of 191 subjects who were limiting consumption of processed foods, 20.4% of them were suffering from obesity and out of 419 subjects who were not limiting processed foods, 29.6% were found to be obese. The difference was found to be statistically significant (p=0.018)

**Table 49: Association of obesity with respect to Hypertension among subjects**

| Hypertension | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 250 | 101(40.4) | 40.478 df=1 | <0.001 |
| No | 360 | 62 (17.2) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 49 shows association of obesity with hypertension among study subjects. It was observed that out of 250 subjects who were having hypertension, 101 (40.4%)of the subjects were found to be obese as compared to normotensive subjects (17.2%). The observed difference between obesity and hypertension was found to be statistically highly significant (p<0.001).

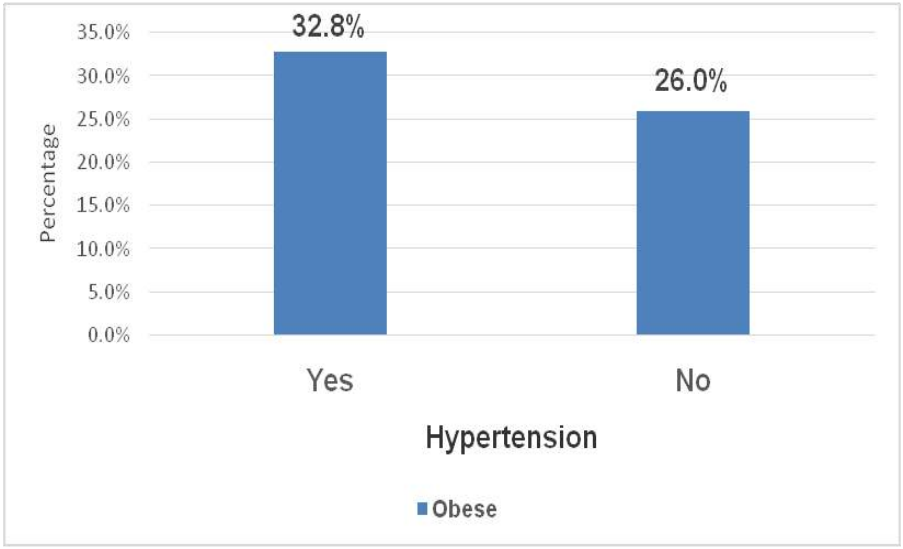


**Figure 11: Association of obesity with respect to hypertension among subjects**

**Table 50: Association of obesity with respect to History of Diabetes Mellitus**

| History of Diabetes | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 67 | 22 (32.8) | 1.437 df=1 | 0.231 |
| No | 543 | 141 (26.0) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 50 shows association of obesity with history of diabetes mellitus among the study subjects. One-third of subjects (32.8%) who had history of diabetes mellitus were found to be obese in comparison to 26% of the subjects who had negative history of diabetes mellitus. However, the observed association was found to be statistically non-significant (p=0.231).

**Table 51: Association of obesity with respect to History of raised cholesterol**

| History of raised cholesterol | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 33 | 6 (18.2) | 1.299 df=1 | 0.254 |
| No | 577 | 157 (27.2) | | |
| **Total** | **610** | **163 (26.7)** | | |

The above table reveals association of obesity with respect to history of raised cholesterol among the study subjects. It was found that 18.2% of the subjects with history of raised cholesterol, were having obesity and

27.2% of the subjects having no history of raised cholesterol were obese. However, the observed difference was found to be statistically non-significant (p=0.254).

**Table 52: Association of obesity with respect to History of Cardiovascular diseases**

| History of Cardiovascular diseases | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 52 | 17 (32.7) | 1.035 df=1 | 0.309 |
| No | 558 | 146 (26.2) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 52 shows association of obesity with respect to history of cardiovascular diseases such as heart attack or chest pain from a heart disease or a stroke among the study subjects. Out of 52 subjects having history of cardiovascular disease, 17 (32.7%) subjects were suffering from obesity and over one-fourth of the subjects were found to be obese among those having no such history. However, the observed difference was found to be statistically non-significant (p= 0.309).

**Table 53: Association of obesity with respect to eating habits**

| Eating habits | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Vegetarian | 203 | 20 (9.9) | 44.458 df=2 | <0.001 |
| Vegetarian with egg | 346 | 120 (34.7) | | |
| Non- Vegetarian | 61 | 23 (37.7) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 53 shows that association of obesity as per eating habits of the subjects. Prevalence of obesity was observed to be higher among the subjects who were eating non-vegetarian (37.7%) and vegetarian with egg diet (34.7%) than those who were vegetarians (9.9%). The association of obesity with respect to eating habits of the subjects was found to be statistically highly significant (p<0.001)

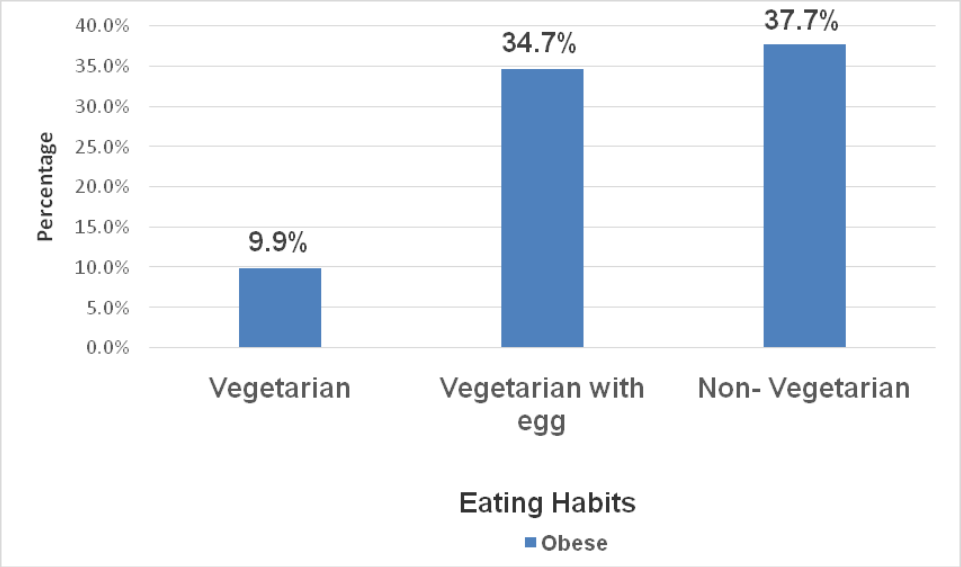


**Figure 12: Association of obesity with respect to eating habits**

**Table 54: Association of obesity with respect to eating food other than home cooked food**

| Eating food other than home cooked food | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 396 | 120 (30.3) | 7.395 df=1 | 0.007 |
| No | 214 | 43 (20.1) | | |
| **Total** | **610** | **163 (26.7)** | | |

It was observed from the above table that subjects eating food prepared from outside such as restaurants, dhabas and street food shad higher prevalence of obesity (30.3%) as compared to those who were avoiding eating food from outside (20.1%). The observed difference was found to be statistically significant (p=0.007).On further analysis of data, it was also observed that prevalence of obesity was higher among the subjects who were eating food 1-2 times every week (41.8%) from outside than those eating once a month (17.6%).

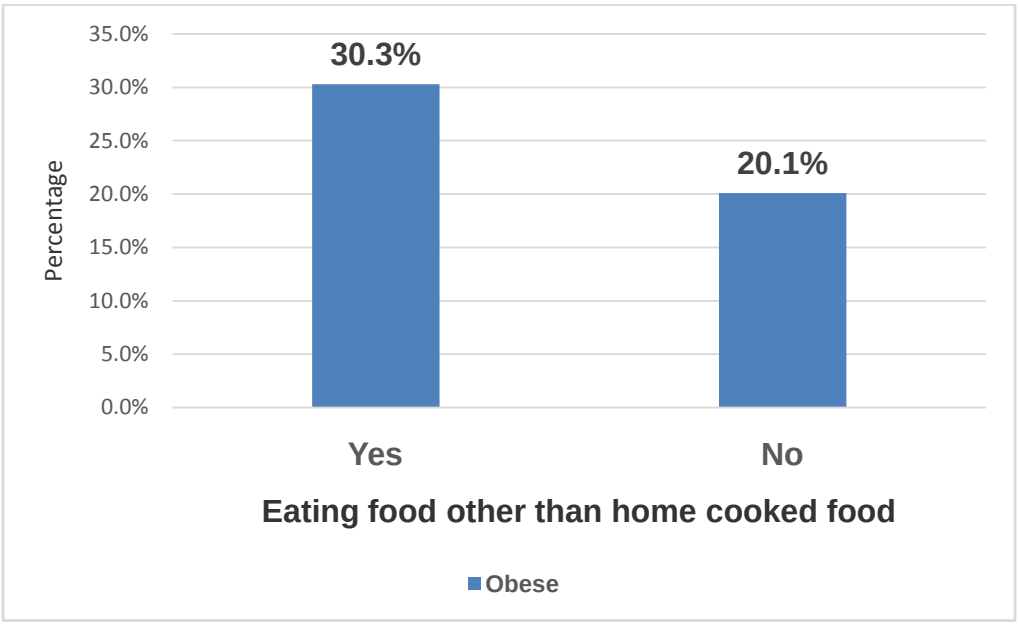


**Figure 13: Association of obesity withrespect to eating food other than home cooked food**

**Table 55: Association of obesity with respect to awareness about consumption of fast-food causing health problems**

| Awareness that consumption of fast-food causes health problems | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 379 | 93 (24.5) | 2.436 df=1 | 0.119 |
| No | 231 | 70 (30.3) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 55 depicts that 24.5% of subjects who had awareness about consumption of fast-food causing health problems were obese and 30.3% of the subjects who had no awareness were obese. However, the difference was found to be statistically insignificant (p= 0.119)

**Table 56: Association of obesity with respect to type of milk consumed**

| Type of milk consumed | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| With fat | 390 | 130 (33.3) | 24.144 df=1 | <0.001 |
| Without fat | 220 | 33 (15.0) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 56 shows that obesity was highly prevalent among the subjects consuming milk with fat (33.3%) than those consuming milk without fat (15%). The relationship between type of milk consumed and prevalence of obesity amongst study subjects was found to be statistically highly significant (p<0.001).

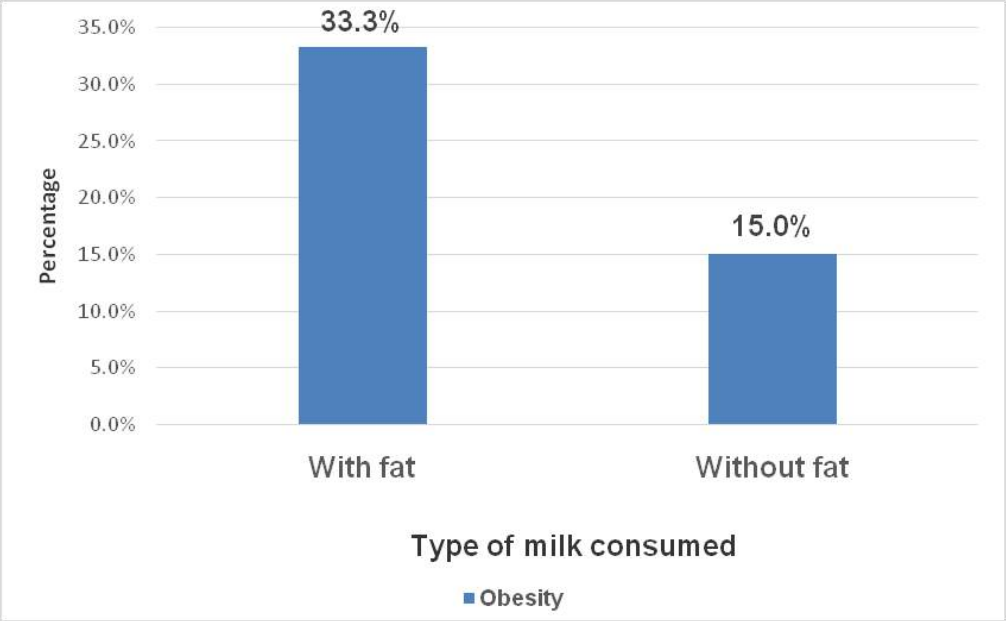


**Figure 14: Association of obesity withtype of milk consumed**

**Table 57: Association of obesity with respect to practice of eating in between the meals**

| Practice of eating in between the meals | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 152 | 55 (36.2) | 9.258 df=1 | 0.002 |
| No | 458 | 108 (23.6) | | |
| **Total** | **610** | **163 (26.7)** | | |

The above table reveals the association between the obesity and practice of eating (fried/baked products/fruits/salads) in between the meals by the subjects. Prevalence of obesity was higher among the subjects who were eating in between the meals (36.2%) as compared to those who were not eating in between the meals (23.6%). The observed difference was found to be statistically significant (p=0.002).

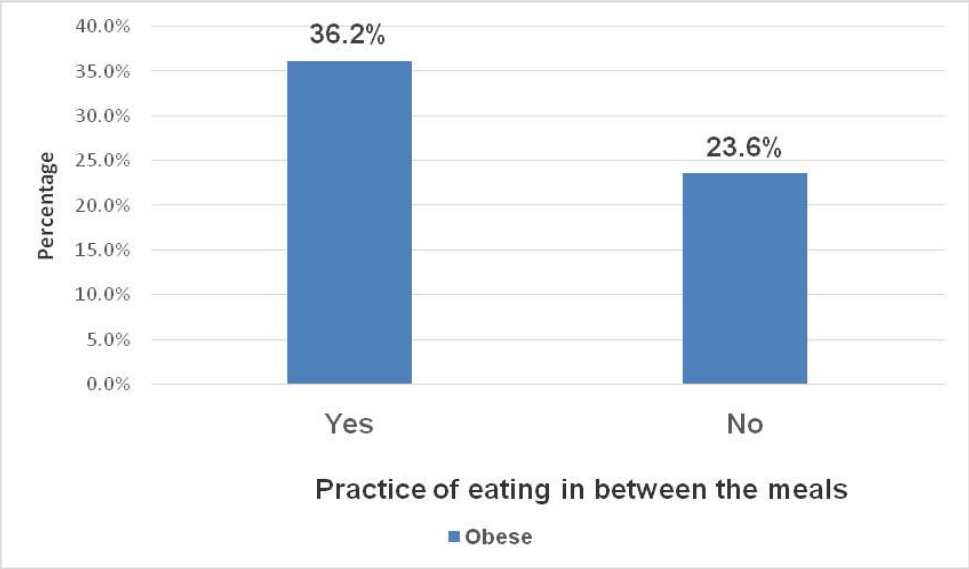


**Figure 15: Association of obesity withrespect to practice of eating in between the meals**

**Table 58: Association of obesity with respect to television watching and/or mobile phones use**

| Watching television and/or using mobile phone | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 482 | 116 (30.5) | 16.732 df=1 | <0.001 |
| No | 128 | 16 (12.5) | | |
| **Total** | **610** | **163 (26.7)** | | |

It was observed from the above table that prevalence of obesity was higher among the subjects who were watching television and/or using mobile phone (30.5%) than those who were not watching television and/or using mobile phone (12.5%). The association of obesity with television watching and using mobile phone was found to be highly significant (p<0.001)

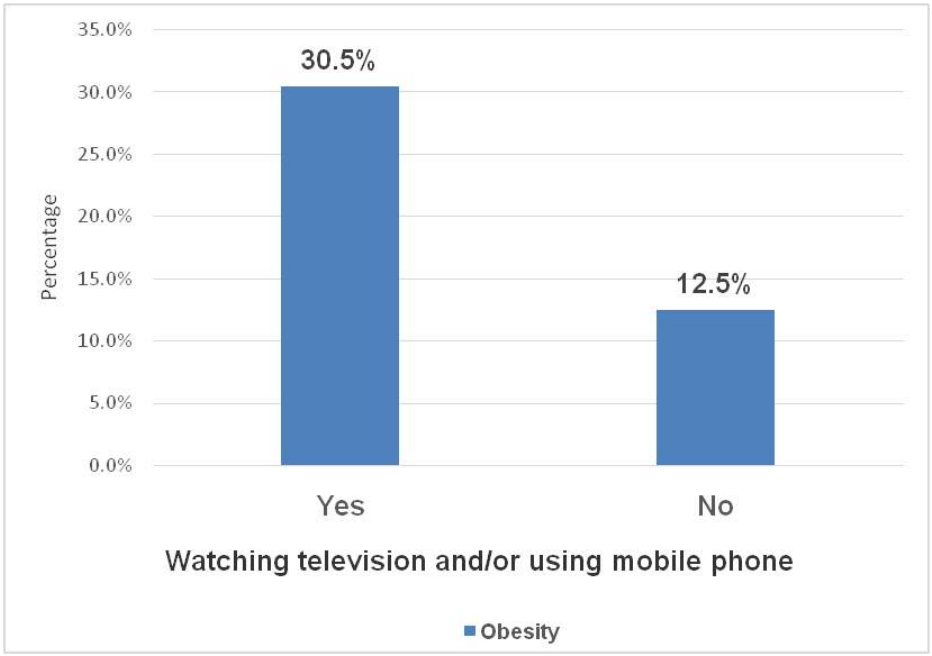


**Figure 16: Association of obesity with watching television and/ or using mobile phone**

**Table 59: Association of obesity with respect to Practice of eating meals while watching television and/or using mobile phone**

| Eating meals while watching television and/or using mobile phone | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 404 | 136 (33.7) | 29.443 df=1 | <0.001 |
| No | 206 | 27 (13.1) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 59 depicts that obesity (33.7) was highly prevalent among the subjects who were eating meals while watching television or using mobile phone than those who were not following such practice (13.1%). The observed difference was found to be statistically highly significant (p<0.001).

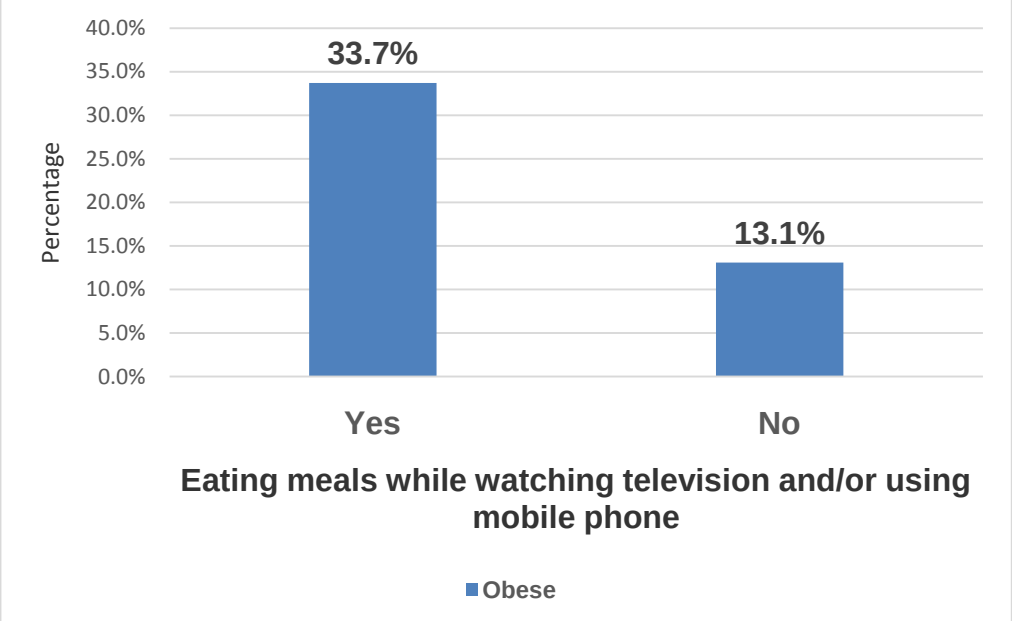


**Figure 17: Association of obesity with respect to eating meals while watching television and/or using mobile phone**

**Table 60: Association of obesity with respect to energy intake of the subjects**

| Energy intake (Kcal) | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| <2076 | 199 | 36 (18.1) | 35.214 df=2 | <0.001 |
| 2076-2089 | 207 | 42 (20.3) | | |
| >2089 | 204 | 85 (41.7) | | |
| **Total** | **610** | **163 (26.7)** | | |

Dietary assessment of the subjects was carried out using 24-hour dietary recall method and calories intake was calculated. Mean intake of energy was 2068.7±92.75 Kcal. Median intake of the energy was 2084 (2045-2135) Kcal. Energy intake by the subjects was categorized into 3 categories using percentiles (<33, 34-66 and >66 percentiles). Prevalence of obesity significantly increased with the increase in energy intake by the subjects. Compared to those subjects who were consuming daily energy intake of <2076 Kcal (18.1%), obesity was highly prevalent among the subjects having daily energy intake of more than 2089 Kcal (41.7%). The observed difference was found to be statistically highly significant (p<0.001) (Table 60).

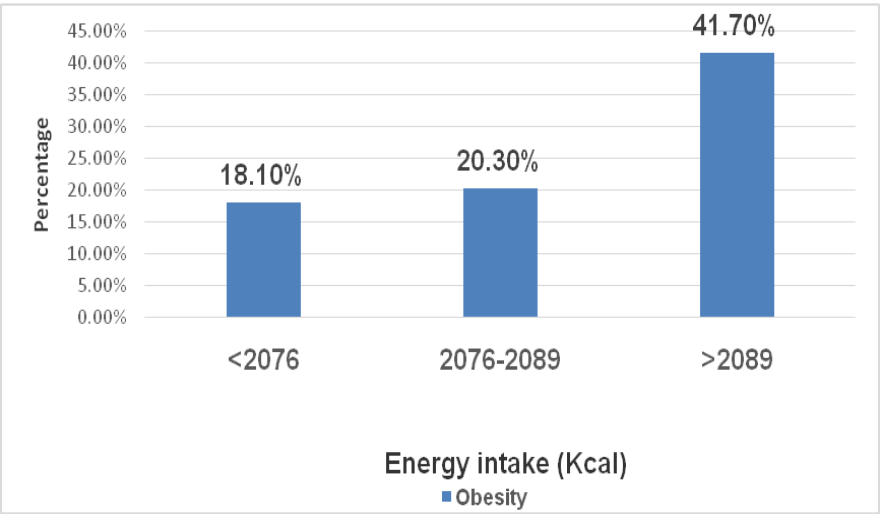


**Figure 18: Association of obesity withrespect to daily energy intake (Kcal)**

**Table 61: Association of obesity with respect to history of infertility of the subjects**

| History of Infertility | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Present | 15 | 5 (33.3) | 0.343 df=2 | 0.558 |
| Absent | 595 | 158 (26.6) | | |
| **Total** | **610** | **163 (26.7)** | | |

The above table reveals that 5 (33.3%) out of 15 subjects with history of infertility was having obesity, whereas 158 (26.6%) out of 595 subjects having no history of infertility were found to be obese. However, the observed difference was found to be statistically insignificant (p=0.558).

**Table 62: Association of obesity as per parity of subjects**

| Parity | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| ≤2 | 379 | 97 (25.6) | 0.658 df=1 | 0.417 |
| ≥3 | 220 | 63 (28.6) | | |
| **Total** | **599** | **163 (26.7)** | | |

It was seen from the above table that prevalence of obesity was marginally higher (28.6%) among the subjects with parity ≥3 than those having parity ≤2 (25.6%). However, difference observed between obesity and parity was found to be non-significant (p=0.417)

**Table 63: Association of obesity with respect to Physical Activity status**

| Physical activity | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Insufficiently active | 475 | 150 (31.6) | 25.865 df=1 | <0.001 |
| Sufficiently active | 135 | 13 (9.6) | | |
| **Total** | **610** | **163 (26.7)** | | |

The above table shows association of obesity with respect to physical Activity status of the subjects. Prevalence of obesity was observed to be higher (31.6%) among the subjects who were physically insufficiently active (doing less than 150 minutes of moderate- intensity physical activity per week) as compared to physically active subjects (9.6%). The observed difference was found to be statistically highly significant (p<0.001).

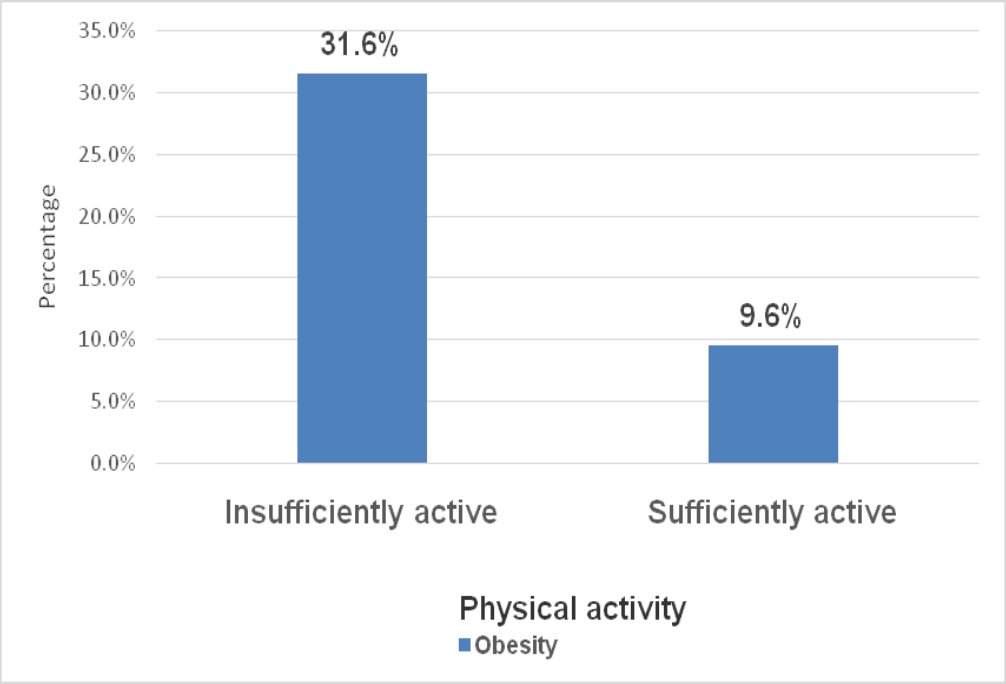


**Figure 19: Association of obesity with physical activity**

**Table 64: Association of obesity with respect to Depression status**

| Depression | No. of subjects | Obese (%) | $X^2$ | p value |
|---|---|---|---|---|
| Yes | 138 | 31(22.5) | 1.651 df=1 | 0.199 |
| No | 472 | 132 (28.0) | | |
| **Total** | **610** | **163 (26.7)** | | |

Table 64 reveals that 31 (22.5%) of the subjects suffering from depression were obese, whereas 132 (28%) subjects with no history of depression were having obesity. The observed difference was found to be statistically non-significant (p=0.199).

Socio demographic characteristics specific analysis of overweight showed that prevalence of overweight was higher in 40-49 years subjects (51%), those having 6-8 years of schooling (53.4%) and subjects who belonged to upper & upper middle socio-economic status (48.6%). (Figure 20). Subjects eating vegetarian diet with eggs (46.5%), food other than home cooked food (46%) and consuming milk (47.7%) was found to be more obese than their counterparts. (Figure 21). As per activities performed by the subjects, overweight was highly prevalent among the subjects who were watching television and/or using mobile phone (p=0.033) and eating meals while watching television and/or using mobile phone than those who were not watching television or eating meal. (p=0.012). Prevalence of overweight was observed to be higher (45.1%) among the subjects who were physically insufficiently active (doing less than 150 minutes of moderate- intensity physical activity per week) as compared to physically active subjects (37.8%,p=0.0132) (Figure 22)

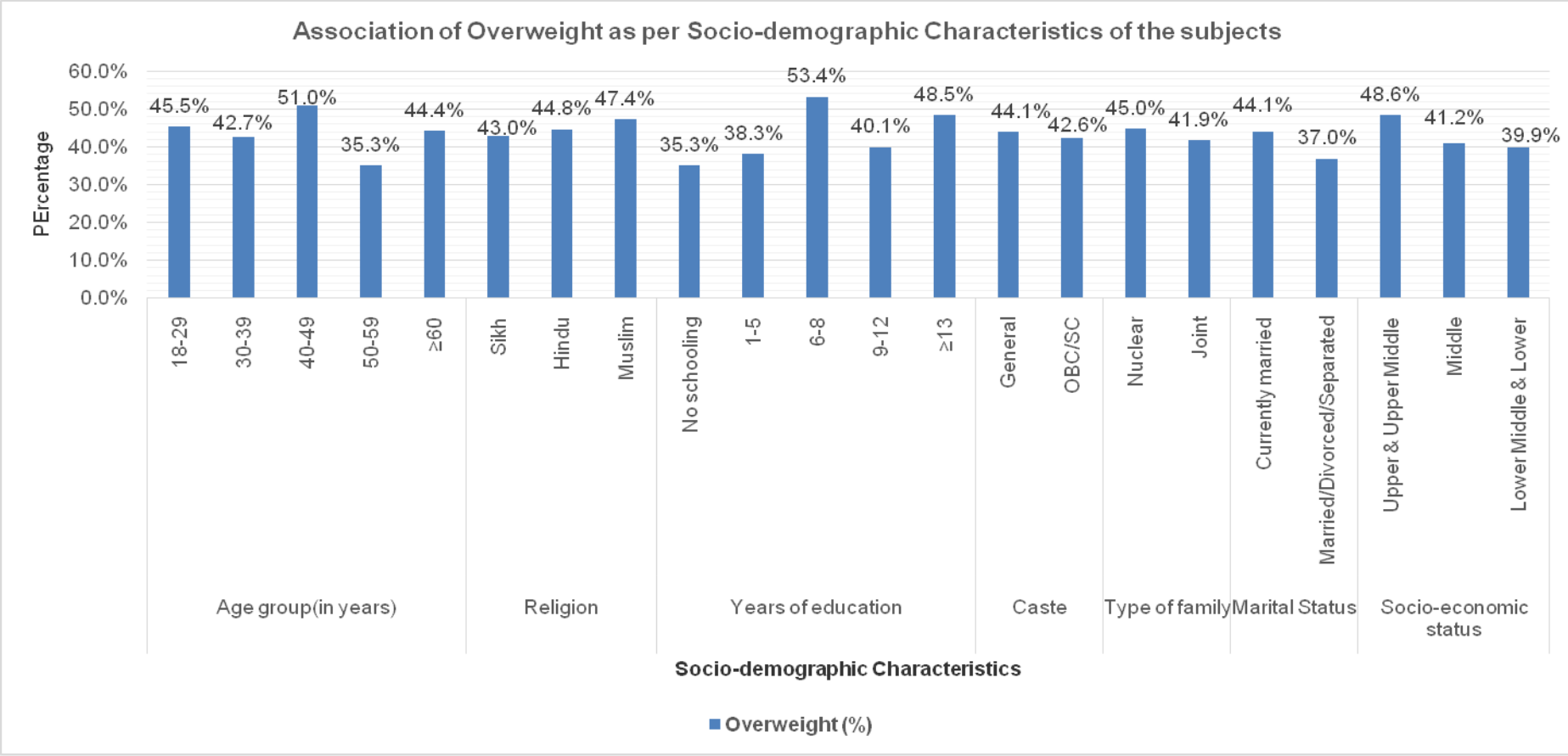


**Figure 20: Association of overweight as per socio-demographic characteristics of the subjects**

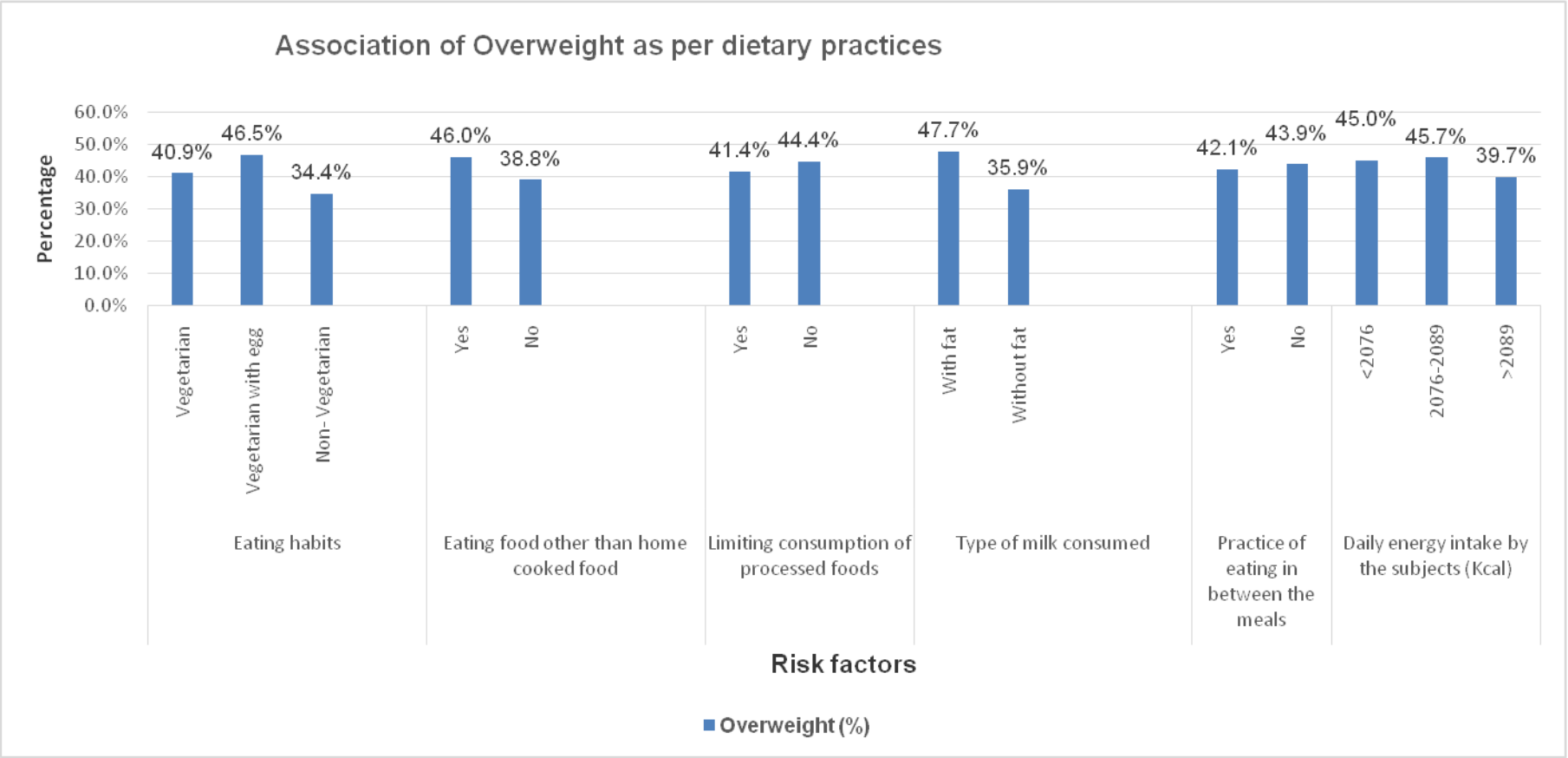


**Figure 21: Association of overweight as per dietary practices**

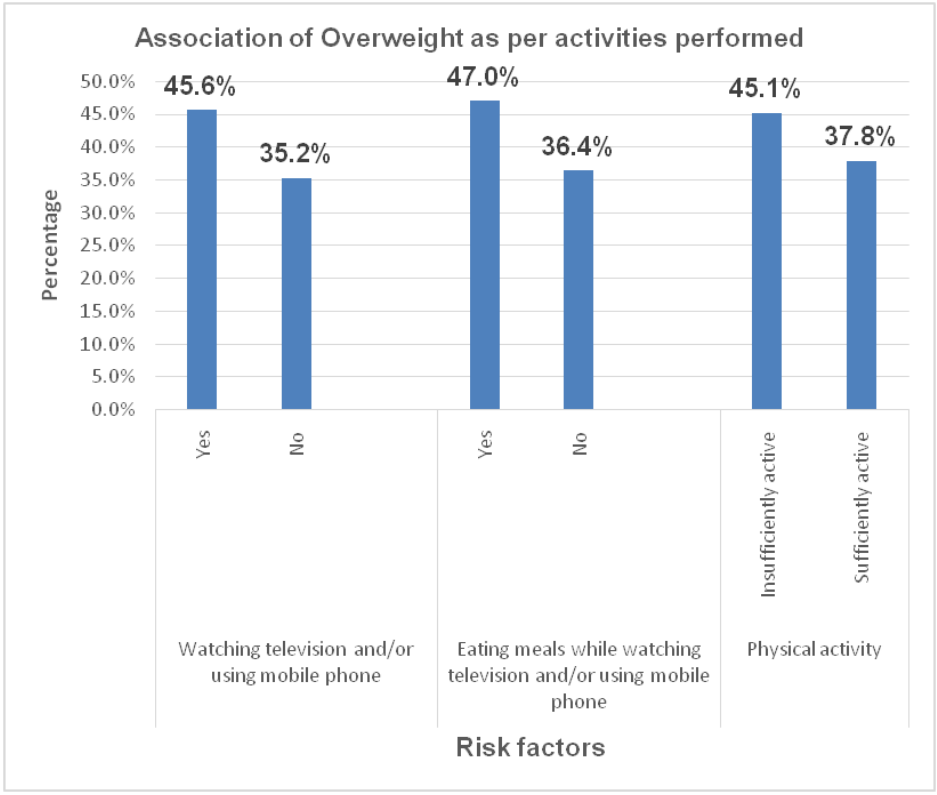


**Figure 22: Association of overweight as per activities performed**

**Table 65: Binary Logistic Regression Analysis for Risk Factors of Obesity**

| Variable | Adjusted Odds Ratio (AOR) | 95% Confidence Interval | p-value |
|---|---|---|---|
| **Age (in Years)** | | | |
| 18-29 | 1.53 | 0.68-3.42 | 0.307 |
| 30-39 | 1.90 | 0.88-4.11 | 0.134 |
| 40-49 | 0.67 | 0.20-2.23 | 0.321 |
| 50-59 | 0.85 | 0.26-2.77 | 0.555 |
| ≥ 60 | Ref | | |
| **Years of schooling** | | | |
| No schooling | 3.29 | 0.86-12.57 | 0.082 |
| 1-5 | 0.52 | 0.23-1.18 | 0.119 |
| 6-8 | 0.59 | 0.27-1.32 | 0.205 |
| 9-12 | 0.75 | 0.37-1.49 | 0.407 |
| ≥13 | Ref | | |
| **Caste** | | | |
| General | 0.81 | 051-1.29 | 0.369 |
| OBC/SC | Ref | | |
| **Limiting consumption of processed foods** | | | |
| Yes | 1.05 | 0.65-1.69 | 0.839 |
| No | Ref | | |
| **Hypertension** | | | |
| Yes | 2.15 | 1.33-3.47 | 0.002* |
| No | Ref | | |
| **Eating habits** | | | |
| Vegetarian | Ref | | |
| Vegetarian with egg | 3.49 | 1.18-10.33 | 0.023* |
| Non- Vegetarian | 2.84 | 1.08-7.47 | 0.034* |
| **Eating food other than home cooked food** | | | |
| Yes | 0.78 | 0.42-1.48 | 0.454 |

| | | | |
|---|---|---|---|
| No | Ref | | |
| **Type of milk consumed** | | | |
| With fat | 0.35 | 0.12-1.02 | 0.053 |
| Without fat | Ref | | |
| **Practice of eating in between the meals** | | | |
| Yes | 1.09 | 0.66-1.80 | 0.746 |
| No | Ref | | |
| **Watching television and/or using mobile phone** | | | |
| Yes | 1.02 | 0.48-2.18 | 0.954 |
| No | Ref | | |
| **Eating meals while watching television and/or using mobile phone** | | | |
| Yes | 2.33 | 1.07-5.09 | 0.034* |
| No | Ref | | |
| **Daily energy intake by the subjects (Kcal)** | | | |
| <2076 | Ref | | |
| 2076-2089 | 0.94 | 0.55-1.62 | 0.828 |
| >2089 | 2.25 | 1.31-3.87 | 0.003* |
| **Physical Activity** | | | |
| Insufficiently active | 2.04 | 1.03-4.05 | 0.042* |
| Sufficiently active | Ref | | |

Significant at *p<0.05

Binary Logistic regression analysis model was performed using obesity (0= non-obese and 1= obese) as the dependent variable and variables such as age, years of schooling, caste, hypertension, limiting consumption of processed foods, eating habits, eating food other than home cooked food, type of milk, practice of eating baked/fried products etc. in between the meals, watching television and/or using mobile phone, history of eating while watching television and/or using mobile phone, daily energy intake and physical activity as independent variables.

Findings of the binary logistic regression analysis (Table 65) revealed that subjects who were eating vegetarian diet with egg (AOR: 3.45, 95% CI: 1.18-10.33) and non-vegetarian diet (AOR:2.84, 95% CI: 1.08-7.47) had higher odds of obesity compared to those eating vegetarian diet. Likewise, subjects with history of eating while watching television and/or using mobile phone (AOR:2.33, 95% CI: 1.07-5.09), who were hypertensives (AOR:2.15, 95% CI:1.33-3.47), consuming daily energy intake (>2089Kcal) (AOR:2.25, 95% CI: 1.31-3.87) and performing insufficient physical activity (AOR:2.04, 95% CI: 1.03-4.05) were more likely to be obese as compared to their counterparts.

## SECTION 10: EPIDEMIOLOGICAL CORRELATES OF ABDOMINAL OBESITY

**Table 66: Association of Abdominal obesity as per Socio-demographic Characteristics of the subjects**

| Socio-demographic Characteristics | | No. of subjects | Abdominal obesity (%) | $X^2$ | p value |
|---|---|---|---|---|---|
| Age group (in years) | 18-29 | 156 | 97 (62.2) | 11.784 | 0.019 |
| | 30-39 | 274 | 148 (54.0) | | |
| | 40-49 | 49 | 28 (57.1) | | |
| | 50-59 | 68 | 26 (38.2) | | |
| | ≥60 | 63 | 31 (49.2) | | |
| Religion | Sikh | 495 | 270 (54.5) | 0.511 | 0.774 |
| | Hindu | 96 | 49 (51.0) | | |
| | Muslim | 19 | 11 (57.9) | | |
| Years of education | No schooling | 17 | 10 (58.8) | 5.878 | 0.208 |
| | 1-5 | 94 | 51 (54.3) | | |
| | 6-8 | 131 | 64 (48.9) | | |
| | 9-12 | 302 | 161 (53.3) | | |
| | ≥13 | 66 | 44 (66.7) | | |

| | | | | | |
|---|---|---|---|---|---|
| **Caste** | General | 354 | 211 (59.6) | 10.299 | 0.001 |
| | OBC/SC | 158 | 119 (46.5) | | |
| **Type of family** | Nuclear | 307 | 163 (53.1) | 0.251 | 0.616 |
| | Joint | 303 | 167(55.1) | | |
| **Marital Status** | Currently married | 556 | 305 (54.9) | 1.452 | 0.228 |
| | Married/Divorced/Separated | 54 | 25 (46.3) | | |
| **Socio-economic status** | Upper& Upper Middle | 212 | 127 (59.9) | 8.864 | 0.012 |
| | Middle | 255 | 120 (47.1) | | |
| | Lower Middle &Lower | 143 | 83 (58.0) | | |

Table 66 shows that prevalence of abdominal obesity was significantly higher among subjectsin 18-29 years of age group (62.2%) followed by 40-49 years (57.1%) and 30-39 years (54%). Half of the subjects who were aged 60 years and above had abdominal obesity. (p=0.019).

Prevalence of abdominal obesity was marginally higher among Sikhs (54.5%) as compared to Hindu (51.0%) (p=0.774).

Abdominal obesity was highly prevalent (66.7%) among subjects having 13 or more years of schooling. Over half of the subjects (53.3%) who had 9-12 years of education were suffering from abdominal obesity. However, the observed difference was found to be non-significant (p=0.208).

Prevalence of abdominal obesity was found to be higher among the subjects who were from General Caste (59.6%) as compared to the subjects who belonged to other caste such as OBC/SC (46.5%).

The observed difference between caste and abdominal obesity was found to be significant (p=0.001).

Prevalence of abdominal obesity was marginally higher among the subjects who were from joint families (55.1%) in comparison to those from nuclear families (53.1%). However, the observed difference was found to be non-significant (p=0.616).

Over half of currently married subjects (54.9%) were having abdominal obesity as compared to widowed/divorced/separated subjects (46.3%) (p=0.228).

Nearly 60% of the subjects from upper & upper middle socio-economic status were suffering from abdominal obesity in comparison to those subjects who were from middle (47.1%) and lower middle& lower (58%) socio-economic status. However, the observed difference was found to be non-significant (p=0.012)

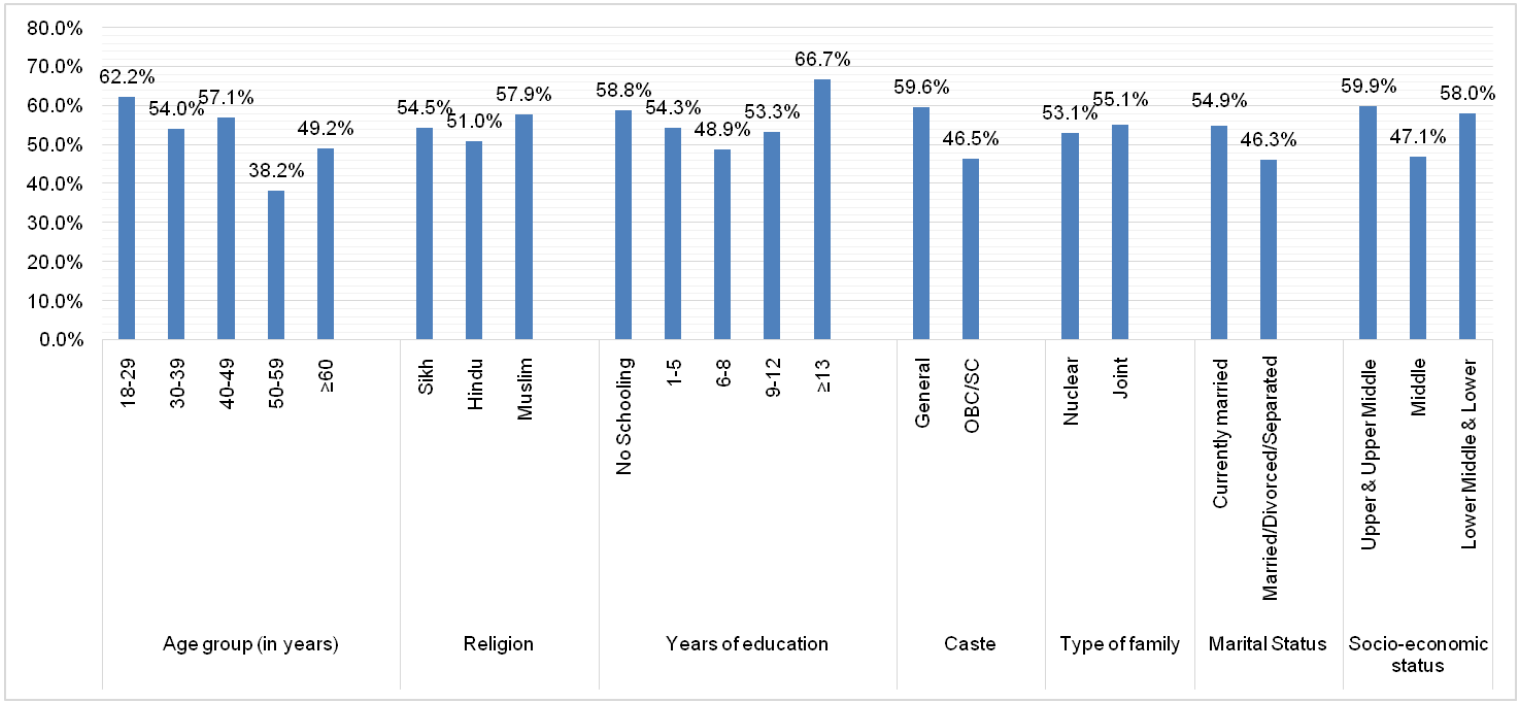


**Figure 23: Association of Abdominal obesity as per socio-demographic characteristics of the subject**

**Table 67: Association of Abdominal obesity as per dietary practices**

| Risk factors | No. of subjects | Abdominal obesity (%) | $X^2$ | p value |
|---|---|---|---|---|
| **Number of servings of fruit and/or vegetables on average per day** | | | | |
| <5 | 432 | 238 (55.1) | 0.589 | 0.443 |
| ≥5 | 178 | 92 (51.7) | | |
| **Limiting consumption of processed foods** | | | | |
| Yes | 191 | 93 (48.7) | 3.274 | 0.070 |
| No | 419 | 237 (56.6) | | |
| **Eating habits** | | | | |
| Vegetarian | 203 | 91 (44.8) | 15.72 | <0.001 |
| Vegetarian with egg | 346 | 195 (56.4) | | |
| Non- Vegetarian | 61 | 44 (72.1) | | |
| **Eating food other than home cooked food** | | | | |
| Yes | 396 | 226 (57.1) | 4.016 | 0.045 |
| No | 214 | 104 (48.6) | | |
| **Type of milk consumed** | | | | |
| With fat | 390 | 231 (59.2) | 11.47 | 0.001 |
| Without fat | 220 | 99 (45.0) | | |
| **Practice of eating in between the meals** | | | | |
| Yes | 152 | 108 (71.1) | 23.434 | <0.001 |
| No | 458 | 222 (48.5) | | |
| Normal or less | 316 | 138 (43.7) | | |
| **Daily energy intake by the subjects (Kcal)** | | | | |
| <2076 | 199 | 87 (43.7) | 49.006 | <0.001 |
| 2076-2089 | 207 | 92 (44.4) | | |
| >2089 | 204 | 151 (74.0) | | |

Table 67 depicts the association of abdominal obesity as per dietary practices of the subjects. Prevalence of abdominal obesity was marginally higher (55.1%) in subjects those were taking <5 servings of fruit and/or vegetables on an average per day than who were taking 5 or more such servings. (51.7%) (p=0.443).

Prevalence of abdominal obesity was lower among the subjects who were limiting the consumption of processed foods (48.7%) than those who were not limiting (56.6%). However, the observed difference was found to be non-significant (p=0.070).

Subjects who were taking non-vegetarian meals had prevalence of abdominal obesity of 72.1% which was much higher than in subjects who were taking vegetarian diet (44.8%) and vegetarian diet with eggs (56.4%) (p=<0.001).

It was also seen that 57.1% of subjects who were eating food other than home cooked food had abdominal obesity as compared to 48.6% of subjects who were not eating outside food. (p=0.045)

Subjects who were consuming milk with fat had 59.2% prevalence of abdominal obesity whereas subjects who were consuming milk without fat had abdominal obesity of 45.0% (p=0.001).

Further, it was seen that abdominal obesity was highly prevalent among the subjects who were doing practice of eating baked/fried products in between meals (71.1%) than among those who were not following such practice (48.5%). This observed difference was observed to be highly significant (p<0.001).

Prevalence of abdominal obesity was significantly higher among the subjects who were consuming who were consuming daily energy intake of daily energy intake of more than 2089 Kcal (74%) in comparison to those subjects who were having <2076 Kcal daily (43.7%)(p<0.001)

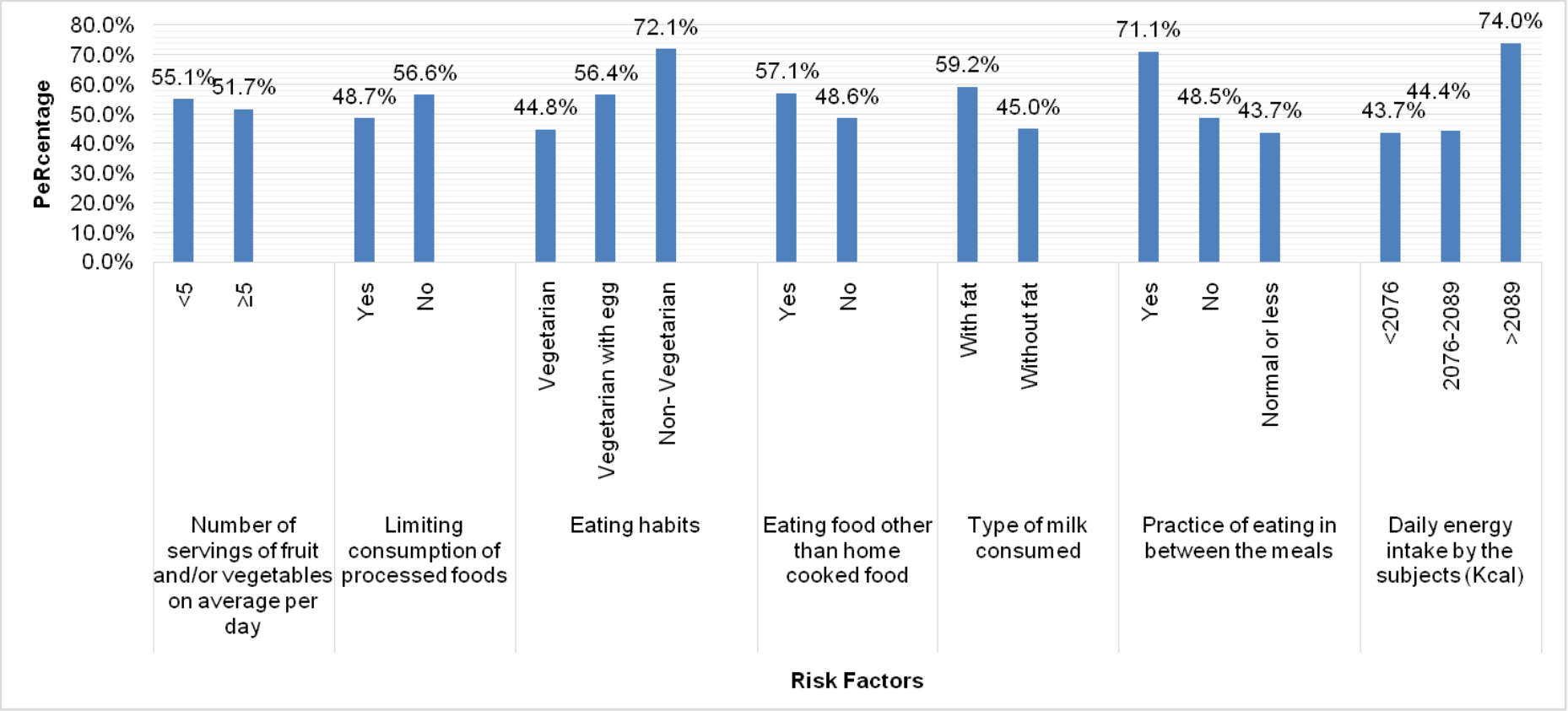


**Figure 24: Association of abdominal obesity as per dietary practices**

**Table 68: Association of Abdominal obesity as per activities performed**

| Risk factors | No. of subjects | Abdominal obesity (%) | $X^2$ | p value |
|---|---|---|---|---|
| **Watching television and/or using mobile phone** | | | | |
| Yes | 482 | 275 (57.1) | 8.081 | 0.004 |
| No | 128 | 55 (43.0) | | |
| **Eating meals while watching television and/or using mobile phone** | | | | |
| Yes | 404 | 236 (58.4) | 8.980 | 0.003 |
| No | 206 | 94 (45.6) | | |
| **Physical activity** | | | | |
| Insufficiently active | 475 | 271 (57.1) | 7.544 | 0.006 |
| Sufficiently active | 135 | 59 (43.7) | | |

From the above table it can be seen that 57.1% of the subjects who were watching television and/or using mobile phone had abdominal obesity unlike to subjects who were not watching television (43.0%) (p=0004).

Prevalence of abdominal obesity was significantly higher among the subjects who were taking meals while watching television or using mobile phones (58.4%) than those subjects who were not were taking meals while watching television or using mobile phones (45.6%) (p=0.003).

Abdominal obesity was highly prevalent among the subjects who were physically insufficiently active (57.1%), whereas 43.7% of physically active subjects were suffering from abdominal obesity. had 43.7%. The observed difference was observed to be significant (p=0.006

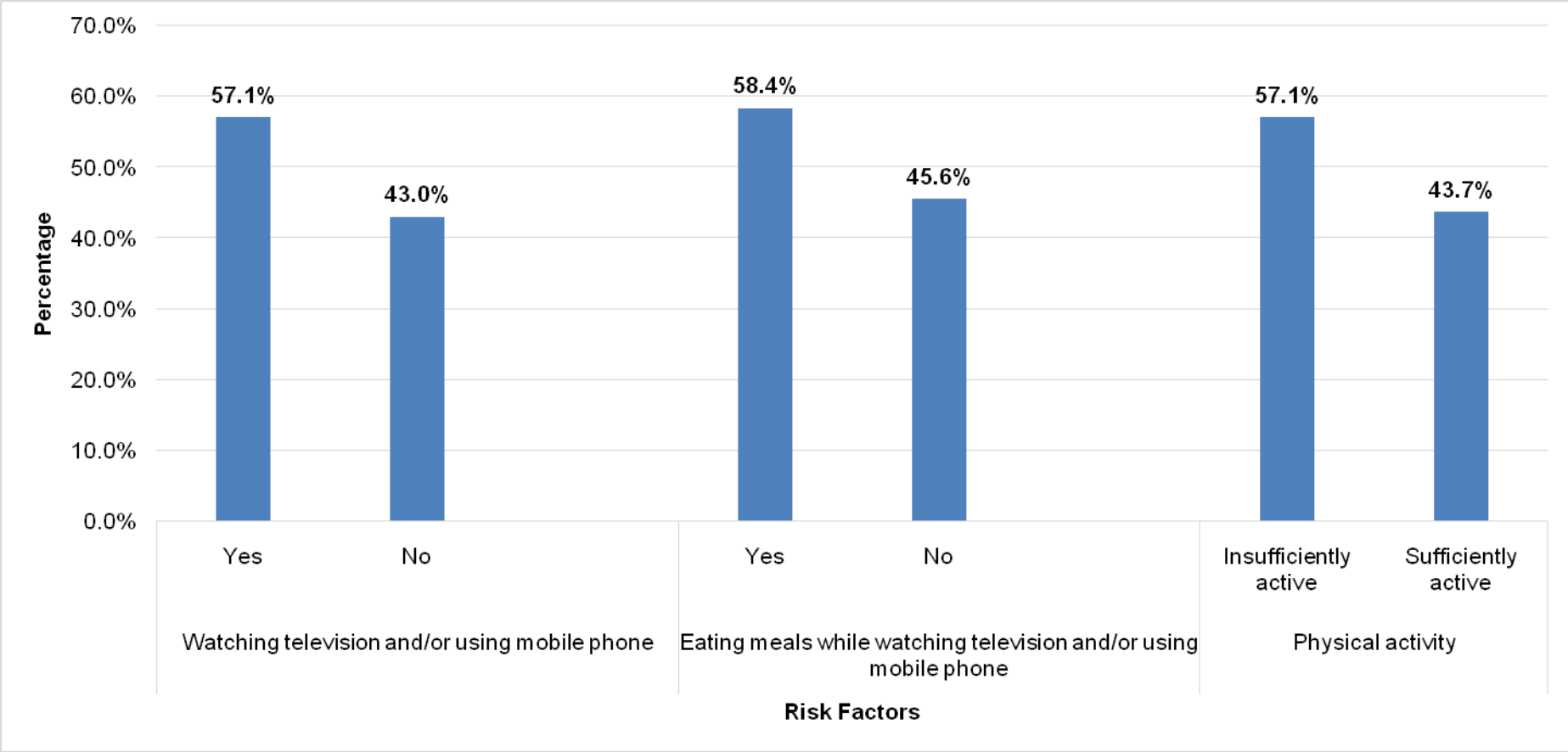


**Figure 25: Association of abdominal obesity as per activities performed**

**Table 69: Association of Abdominal obesity with history of any illness**

| Risk factors | No. of subjects | Abdominal obesity (%) | $X^2$ | p value |
|---|---|---|---|---|
| **Hypertension** | | | | |
| Yes | 250 | 91 (44.8) | 1.245 | 0.264 |
| No | 360 | 195 (56.4) | | |
| **History of diabetes mellitus** | | | | |
| Yes | 67 | 45 (67.2) | 5.174 | 0.023 |
| No | 543 | 285 (52.5) | | |
| **History of raised cholesterol** | | | | |
| Yes | 33 | 23 (69.7) | 3.418 | 0.064 |
| No | 577 | 307 (54.1) | | |
| **History of Cardiovascular diseases** | | | | |
| Yes | 52 | 33 (63.5) | 2.007 | 0.157 |
| No | 558 | 297 (53.2) | | |
| **Depression** | | | | |
| Yes | 138 | 81 (58.7) | 1.518 | 0.218 |
| No | 472 | 249 (52.8) | | |
| **History of Infertility** | | | | |
| Present | 15 | 9 (60.0) | 0.216 | 0.642 |
| Absent | 595 | 321 (53.9) | | |

The above table reveals that 44.8% of the hypertensive subjects were having abdominal obesity and 56.4% of subjects without hypertension had abdominal obesity. However, the observed difference was found to be non-significant (p=0.264).

Subjects who gave self-history of diabetes had prevalence of abdominal obesity of 67.2% whereas subjects which gave no such history had prevalence of 52.5% and the observed difference was found to be statistically significant (p=0.023).

Nearly 70% of the subjects with history of raised blood cholesterol levels had abdominal obesity as compared to 54.1% of the subjects without raised cholesterol levels (p=0.064).

A total of 63.5% subjects with positive history of cardiovascular diseases were having abdominal obesity than those with negative history (53.2%) (p=0.157).

Prevalence of abdominal obesity was observed to be higher among the subjects who were suffering from depression on screening (58.7%) as compared to those who were not having depression (52.8%). However, the observed difference was found to be non-significant (p= 0.218).

Out of 15 subjects who had history of infertility, 9 (60.0%) had abdominal obesity whereas out of 595 subjects without history of infertility321 (53.9%) were having abdominal obesity (p=0.642)

**Table 70: Binary Logistic Regression Analysis for Risk Factors of Abdominal obesity**

| Variable | Adjusted Odds Ratio (AOR) | 95% Confidence Interval | p-value |
|---|---|---|---|
| **Age (in Years)** | | | |
| 18-29 | 1.19 | 0.62-2.31 | 0.594 |
| 30-39 | 0.99 | 0.54-1.85 | 0.989 |
| 40-49 | 1.55 | 0.69-3.46 | 0.283 |
| 50-59 | 0.93 | 0.43-1.99 | 0.850 |
| ≥ 60 | Ref | | |
| **Socio-economic status** | | | |
| Upper& Upper Middle | 1.28 | 0.74-2.22 | 0.380 |
| Middle | 1.08 | 0.63-1.86 | 0.777 |
| Lower Middle &Lower | Ref | | |
| **Caste** | | | |
| General | 0.81 | 051-1.29 | 0.369 |

| | | | |
|---|---|---|---|
| OBC/SC | Ref | | |
| **Eating habits** | | | |
| Vegetarian | Ref | | |
| Vegetarian with egg | 0.34 | 0.14-0.80 | 0.014* |
| Non- Vegetarian | 0.84 | 0.37-1.89 | 0.670 |
| **Eating food other than home cooked food** | | | |
| Yes | 1.25 | 0.69-2.25 | 0.455 |
| No | Ref | | |
| **Type of milk consumed** | | | |
| With fat | 1.85 | 0.75-4.57 | 0.182 |
| Without fat | Ref | | |
| **Practice of eating in between the meals** | | | |
| Yes | 1.81 | 1.12-2.91 | 0.015* |
| No | Ref | | |
| **History of Diabetes Mellitus** | | | |
| Yes | 1.19 | 0.63-2.25 | 0.583 |
| No | Ref | | |
| **Watching television and/or using mobile phone** | | | |
| Yes | 1.20 | 0.74-1.95 | 0.458 |
| No | Ref | | |
| **Eating meals while watching television and/or using mobile phone** | | | |
| Yes | 1.21 | 0.69-2.13 | 0.501 |
| No | Ref | | |
| **Daily energy intake by the subjects (Kcal)** | | | |
| <2076 | Ref | | |
| 2076-2089 | 1.02 | 0.68-1.53 | 0.828 |
| >2089 | 2.95 | 1.82-4.78 | **<0.001*** |
| **Physical Activity** | | | |
| Insufficiently active | 1.35 | 0.85-2.14 | 0.208 |
| Sufficiently active | Ref | | |

Significant at *p<0.05

Binary Logistic regression analysis model was performed using abdominal obesity (0= no and 1=abdominal obesity) as the dependent variable and variables such as age, caste, socio-economic status, history of diabetes mellitus, eating habits, eating food other than home cooked food, type of milk, practice of eating baked/fried products etc. in between the meals, watching television and/or using mobile phone, history of eating while watching television and/or using mobile phone, daily energy intake and physical activity as independent variables.

Findings of the binary logistic regression analysis (Table 70) revealed that practice of eating meals such as baked/fried products/fruits & salads in between the meals (AOR: 1.81, 95% CI: 1.12-2.91) and consumption of daily energy intake (>2089Kcal) (AOR:2.95, 95% CI: 1.82-4.78) had independent association with abdominal obesity and subjects were at higher risk of abdominal obesity as compared to their counterparts. Interestingly, subjects who were eating vegetarian diet with egg (AOR: 0.34, 95% CI: 0.14-0.80) were at 66% reduced risk of abdominal obesity compared to those eating vegetarian diet.

# DISCUSSION

The present study is a community based cross sectional study and has been carried out in the field practice area of Rural Health Training Centre (RHTC) located at village Pohir, Block Dehlon, District Ludhiana, Punjab, India. This centre is an integral part of Department of Community Medicine, Dayanand Medical College and Hospital, Ludhiana.

The field practice area is composed of fifteen villages where home-based comprehensive health care is provided. It covers a population of 30,885 comprising of 8032 (26.0%)housewives aged 18 years and above, as per RHTC Pohir annual report (December 2021).[8]

The selection of subjects was done by systematic random sampling. A total of 610 housewives were studied. Socio-demographic characteristics and various epidemiological correlates of obesity were studied among the subjects.

## 1. SOCIO-DEMOGRAPHIC PROFILE

As per census 2011, the population of Punjab state is 27.7 million, which is about 2.3 % of the total population of the country. The percentage of women in rural area of Punjab is 29.7%.[87]In the present study, the total number of housewives ≥ 18 years was 8032 (26.0%).

### 1.1. Age

In the present study, the age wise distribution shows that maximum number of subjects were in the age group of 30-39 years(44.9%) followed by18-29 years(25.6%). There were 11.1%subjects in the age of 50-59 years and 10.3% were aged 60 years and above. Mean age of the subjects was 37.8 ±13.56years (Table 6).

Age distribution of females in the present study is similar to NFHS-5 (2019-21) reports for rural India. There were 26.9%, 13.9% and 9.4% females in the age group of 18-29, 30-39 and 50-59 years respectively in rural India as per NFHS-5. A total of 11.4% females were aged 60 years and above.[28]

According to the sample registration survey (2020) reports for rural Punjab there were 69.5% and 11.3% of females in the age group of 15-59 years and 60 years and above respectively, in rural Punjab.[88]

Sathiya *et al*. (2020) in Puducherry found that maximum number of housewives were in the age group of <20 years (36.7%) and 31-40 years (36.6%).[49]

Tekalegn *et al* (2022) in a community based cross sectional study in South East, Ethiopia also observed that maximum number of women were in the age group of 18-29 years and 30-39 years.[9]

**1.2. Religion**

The religion wise distribution (Table 7) shows that majority of study subjects were from Sikh religion (81.2%) followed by Hindus (15.7%) and Muslims (3.1%). As per the Census report 2011, 71.9 % of rural population of Punjab practices Sikh religion followed by 25.3% Hindus, 1.4% Muslims and 1.3% Christians respectively.[87]

**1.3. Caste**

It was seen that maximum study subjects belonged to General (58.0%), followed by Other Backward Caste (25.9%) and Schedule Caste (16.1%) respectively. (Table 8)

As per NFHS-5 reports for India (2019-21), scheduled caste (SC) comprise a large proportion (44.1%) followed by other backward caste (13.6%) and others (39.6%). [28]

**1.4 Type of Family**

In the present study, half of study subjects (50.3%) belonged to nuclear family and 49.7% were staying in joint family. (Table 9)

As per NFHS-5 (2019-21), 56.7% of population in rural India was from nuclear families and 43.3% belonged to non-nuclear families. [28]

**1.5 Marital status**

It was seen that majority of subjects were currently married (91.1%), 7.5% subjects were widows and 1.4% subjects were divorced or separated. (Table 10)

According to Sample Registration System Statistical Report 2020, there were 52.2% of women who were currently married and 4.2% were widows/divorced/separated.[88]

Similarly, Urvashi *et al*. (2019) in a cross-sectional study in the same field practice area as the present study observed that 90% of the housewives were currently married.[59]

**1.6 Educational status**

In the present study, it was observed that around half of study subjects had completed9-12 years of schooling. This was followed by subjects who had 6-8 years of schooling (21.5%). Over 10% of subjects had 13 or more than 13 years of schooling, while 17 (2.8%) of subjects had no formal education at all. The present study comprised 97.2% of literate subjects. Mean years of schooling (SD) was 9.2 ±3.57 years (Table 11)
According to Sample Registration System Statistical Report 2020, female population in the age group 15-49 years had literacy of 94.0%, 14.4% of the subjects were graduates and above, whereas 2.1% had no formal education.[88]

Similar to the findings of the present study, Urvashi *et al*. (2019) also reported that maximum number of housewives had 9-12 years of schooling.[59]

**1.7 Socio – economic status**

Maximum number of subjects in the present study belonged to middle socio-economic group (41.8%), followed by upper middle socio-economic group (28.2%). There were only 6.6% and 6.2% subjects in high and low socio-economic status groups, respectively. (Table 13)

In a study conducted by Navadeh *et al*. (2011) on obesity in housewives in Iran it was found that maximum number of subjects (33.72%) were from low socio-economic status followed by middle (33.06%) and high socio-economic status (18.51%). Only 5.3% were from very high and 9.4% subjects from very low socio-economic status.[33]

Sathiya *et al*. (2020) in India observed that maximum number of housewives were from lower middle (61.7%) followed by upper middle economic status (31.6%). A very few subjects (6.7%) belonged to lower economic status. [49]

Similar observations were reported by Urvashi *et al.* (2019) where in maximum number of housewives belonged to low middle (50.7%) and high middle (45.7%) socio economic status.[59]

## SECTION 2: PHYSICAL MEASUREMENTS AND PARAMETERS

### 2.1 Prevalence of obesity

Prevalence of obesity appears to vary substantially across geographical areas and type of locality. In India where nearly 70% of population live in rural area, therefore even small rise in the prevalence of obesity will result in marked increase in number of obese individuals.[11]

The obesity in India has assumed epidemic proportions with even the rural population showing rise in prevalence in the recent studies.[20] In the present study, 43.4% of the housewives were found to be overweight (Table 14). Prevalence of obesity was observed to be 26.7% amongst housewives. (Table 15)

This is in concordance with the findings by Navadeh *et al*. (2011) in Iran who reported that obesity in adult housewives using WHO Stepwise approach was prevalent to be 24.5%.[33] Other studies conducted by Pengpid *et al.* [56]*.* (2019) and Sathiya *et al*.[49] (2020) in India reported that the prevalence of obesity in housewives was 22.7% and 21.7% respectively. The findings of present study are comparable to observations by Tripathy *et al.* (2016) who reported that prevalence of obesity using Asia classification among females was 23.2% in rural Punjab. [89]Rising prevalence of obesity in rural population could be attributed to rapid changes in lifestyle of people residing in rural area leading to change in spectrum of diseases.[27]

In contrast to current study findings, Faizan *et al*. (2021) in a study on prevalence of obesity in housewives of Karachi, Pakistan reported that 33.2% of subjects were obese.[47]and Vasquez-Gomez *et al*. (2019) in analysis of Chilean health survey observed that 70.7% of housewives were suffering from obesity.[51] Some of the variation is due to the difference in the definition of obesity being used in and outside India as

current study used Asian classification for obesity.

Asosega *et al*. (2021) also reported contrasting figures in which 6.8% of women in rural area were found to be obese in Ghana. The reason could be different criteria for classification of obesity being used and different age group being used. [48]

In a study conducted by Meshram *et al*. (2016) among the adult rural population in India on 18 years and above found that 32.0% of housewives had BMI ≥23 kg/$m^2$.[38]

Mokshitha *et al*. (2022) conducted a study among housewives on obesity and health related quality of life in a rural community of South India observed that prevalence of obesity was 20.0% in housewives.[46]

Bindhu *et al.* (2019) in their study in rural area in Trivandrum, Kerala in adults ≥18 years observed that prevalence of obesity was found to be 44.7% among women.[50]

Pradeepa *et al*. (2015) observed that prevalence of generalized obesity among females in Chandigarh was 38.7%. [27] Urvashi *et al*. (2016) in a cross-sectional study on overweight and obesity among women in an urban field practice area of Ludhiana observed that overall, 29.6% of women were suffering from obesity and 44.5% of housewives were found to be overweight and obese as compared to those who were working (23.1%).[59]

In a cross-sectional study by Rao *et al.* (2011) among rural population in Karnataka, it was observed that 21.5% and 6.9% of the women were having BMI of 25-29.9 and>30kg/$m^2$ respectively.[32]

However, in a study conducted by Sung *et al*. (2024) across states and union territories of India found that 6.3% of women were obese ≥30 kg/$m^{2.}$ The reason could be different criteria for classification of obesity being used. [39]

Mean BMI of the subjects in the current study was found to be 24.5±3.56 kg/$m^2$.These findings are in agreement with study conducted by Sarma *et al*.[90](2019) and Tripathy *et al*. (2016) [89] in which it was observed that mean BMI of the females was 24.5 (24.3-24.7) and 24.1 kg/$m^{2.}$(23.7-24.7)respectively.

## 2.2 Abdominal obesity

Prevalence of abdominal obesity is rising alarmingly worldwide and women in India are more vulnerable to health risks associated with abdominal obesity.[30]

In the present study it was observed that 54.1% of the subjects had abdominal obesity who had waist circumference ≥ 80cm and 37% subjects had waist hip ratio ≥0.8. (Table 18,19)

Similarly, Mukherjee *et al*. (2022) conducted a study among adult population on prevalence of obesity and hypertension in Andaman, India and revealed that prevalence of abdominal obesity was 59.1% among females.[54] However, Chaudhary *et al*.[30] (2023) in an analysis of NFHS-5 survey on abdominal obesity and Pradeepa *et al*.[27](2015) in Chandigarh observed that prevalence of abdominal obesity was reported to be slightly lower (40% and 36.1%) in women as compared to the present study.

Tekalegn *et al.* (2022) in a study in South East, Ethiopia observed that 53.1% of women had waist circumference >80 cm whereas 47.1% of females were having central obesity based on waist hip ratio (≥0.85). It was also observed that 61.1% of the housewives were suffering from abdominal obesity in South East Ethiopia.[9]

Rathnayake *et al*. (2014) in Sri Lanka reported that prevalence of abdominal obesity in housewives was 45.0%. [55] Motswagole *et al*. (2020) in Botswana concluded that mean waist circumference of adult women was 78.6 cm and 42% of the subjects were suffering from abdominal obesity.[36] This variation may be due to the fact that cut off value of waist circumference of 88 cm was used to define abdominal obesity.

Munyogwa *et al*. (2018) in a study on the prevalence of abdominal obesity in Tanzania reported that 35.14% of women had abdominal obesity.[80]

## SECTION 3: BEHAVIOURAL MEASUREMENTS

### 3.1. Number of servings of fruit and/or vegetables on average per day

Present study observed a greater intake of fruits and vegetables as compared to other studies. Over 62.3% consumed 3-4 servings daily, and nearly one-third consumed 5 or more servings. Mean number of servings of fruits and/or vegetables was 4.0 ± 1.23 per day (Table 20)

Tekalegn *et al.* (2022) in a study in South East, Ethiopia reported that over half of the women were taking 3-4 servings of fruit and/or vegetables on average per day and only 10% were taking 5 or more than 5 servings of fruit and/or vegetables daily. Mean number of servings of fruits and/or vegetables was 4.14 ±1.31.[9]

In contrast, Rathnayake *et al*. (2014) in its study among premenopausal housewives observed low intake with half of them consuming fruits 2-3 times weekly.[55]

Another study conducted by Sivanantham *et al*. (2022) in a rural Puducherry population, reported that the majority (89.8%) had inadequate intake of fruits and vegetables (<5 servings daily).[11] Similarly, Sarma *et al*. (2019) found low intake in Kerala, with women consuming only 1-2 servings daily.[90] The lesser intake of servings of fruits and vegetables in the present study may be attributed to changing dietary preference of the rural population in the absence of accessibility and availability junk foods or processed foods or packaged foods being an issue.[11,20]

### 3.2. Distribution of the study subjects with respect to cooking or eating practices using salt

It was observed that 41.6% subjects always or often added salt/salty sauce before or during eating. One third of the subjects (35.9%) were always or often eating processed food high in salt. (Table 21)

In a study by Thakur *et al.* (2016) in Punjab reported that 13.3% of the rural women always/often added salt before and when eating, which is lesser than the current study findings. It was also reported that 11.2% of rural women had processed foods high in salt always/often. [20]

### 3.3. Hypertension

Present study observed that prevalence of hypertension was around 41% among study subjects. The mean systolic and diastolic blood pressure readings were 122.9±11.24 and 75.0±6.49 mmHg. (Table 24)

This high prevalence of hypertension among housewives gives alarming estimates for a rural area of Punjab. This is in concordance with state-wide STEPS survey results for Punjab by Thakur *et al*. (2016) in which it was observed that 41.1% of the rural population was having hypertension.[20]Nearly 70% of the subjects who self-reported raised blood pressure was taking medication. This is in agreement with the finding by Thakur *et al*. (2016) who also reported that most of the subjects who self-reported hypertension was taking medication.[20]

As per NFHS-5 analysis, prevalence of hypertension was 21% among women in India and 28.1% in Punjab. (11.1% in women of rural India)[29]

In contrast, Huang *et al*. (2023) in their study on prevalence of abdominal obesity in urban region among adults aged 35 to 79 years reported a higher prevalence **(**48.1%**)** in women.[23]Whereas, Bhansali *et al*. **[**91**]** (2014)**;** Sarma *et al.*[90] (2019) and Sivanantham *et al.***[**11**]** (2022) observed a lower prevalence among women of urban Chandigarh (25.8%), urban and rural Kerala (27.9%) and rural Puducherry (28.2%**)** respectively

### 3.4. Diabetes Mellitus

In the present study, a total of11.5% subjects had history of diabetes Mellitus (Table 25). This finding is higher than the prevalence of diabetes mellitus reported by Meshram *et al*. [38] (2016) in rural women of Northern India (7.0%) and Negi *et al*. [53] (2016) in a tribal district of Himachal Pradesh (6.9%). In contrast, Ajlouni *et al.* (2020) in its study in urban and rural Jordan on increasing prevalence of obesity observed a higher prevalence (26.6%) among women. [92]

None of the subject in the current study was using tobacco and consuming alcohol. Similarly, Thakur *et al*. (2016) in Punjab also reported that only 0.9% and 0.3% of females were currently using tobacco and drinking alcohol respectively in Punjab. This could be due to majority of subjects were belonging to Sikh religion and also tobacco usage and drinking alcohol is socially unacceptable among women of rural Punjab. [20]

## SECTION 4: DIET AND NUTRITION HISTORY

### 4.1. Eating Habits

In the present study, 33.3% of subjects were vegetarians, 56.7% consumed a vegetarian diet along with eggs, and 10% were taking non-vegetarian meals (Table 27). Vasanthakumar *et al*. (2020) reported that 49.2% of the subjects were taking vegetarian diet in Belagavi, Karnataka which is higher than the current study.[62]

Also, Agrawal *et al.*[93] (2014) in India reported 64% were taking non-vegetarian and Chitra *et al*. (2012)[94] in South India reported 61.5% were taking non-vegetarian diet. In contrast, NFHS-5 (2019-21) data showed decline in non-vegetarian consumption among women (13% eggs, 7% meat daily). [28]

### 4.2. Eating food other than home cooked food

Among the study subjects, 64.9% were eating food prepared from outside such as restaurants, dhabas and street foods. Of them, 52.5% and 47.5% of the subjects were eating food from outside1-2 times/week and once a month respectively. It was also observed that fast food being tasty (46.7%), easy availability of fast food (26.7%) and being busy/lazy to cook (26.6%) were the reasons given by respondents for eating food outside and not home prepared food. (Table 28).

In a cross-sectional study among adults conducted by Garza *et al*. (2016) in United States on consumption of fast-food, found that 91% of the subjects during the previous seven days had consumed at least one meal that was made away from home in establishments such fast-

food restaurants. Also, 67% of participants said they had taken one or more than one fast-food meal in previous seven days. [95]

Kundu *et al*. (2022) analysed district-level variation in obesity among women of reproductive age group in India and reported that 52.5% of the subjects were eating fast food. [60]

Rautela *et al*. (2018) conducted a study on the prevalence of obesity in adult population of rural hilly area of Uttarakhand and found that 92.9% of the subjects were consuming junk food. [73]

### 4.3. Awareness on consumption of fast-food causing health problems

In the current study 62.1 subjects had awareness about consumption of fast-food causing health problems; however, 64.9% of the study subjects were still consuming it. (Table 29)

This is in consistent with the findings by Rautela *et al*. (2018) in Uttarakhand who also reported that despite being majority of subjects (87.7%) having higher awareness onconsumption of fast-food causing health problems, 92.9% of subjects were still consuming it.[73]

### 4.4. Type of milk

In the present study, nearly two-thirds of the subjects were consuming milk with fat and 36.1% of subjects were consuming milk without fat. Half of the subjects who had milching cattle at home were consuming milk with fat (Table 30)

Boonpor *et al*. (2022) in a study on types of diet and obesity in United Kingdom concluded that 6.8% were consuming milk with fat and 20% were consuming milk without fat. Wilkinson *et al*. (2021) in United States reported that around 20% of adults were regularly consuming milk with low fat. [71]

### 4.5. Eating in between meals

Around 25% of the subjects were eating in between the meals whereas 75.1% of subjects had no such practice of eating in between the meals. Of them 36.2%, 32.2% and 31.6 % of the subjects were eating fried,

baked products and fruits/salads in between the meals respectively. (Table 31)

Motswagole *et al*. (2020) in their study on association of general and central obesity with dietary patterns in Botswana observed that most frequently consumed foods by adult women were starchy foods (three times every day) followed by fruits (two times every day).[36]

## SECTION 5: HOUSEHOLD WORK AND SEDENTARY BEHAVIOUR HISTORY

### 5.1. Distribution of the study subjects according to type of household chores performed

As per household chore performed sweeping (72%) was the most commonly household chore performed by the subjects followed by cleaning (19.7%) and dishwashing (12%) (Table 32).Murphy *et al.* (2013)[96] conducted a study in Northern Ireland and concluded that doing household chores accounted for a significant proportion of physical activity for women, however domestic physical activity alone may not help in achieving the recommended physical activity guidelines.

### 5.2. Television watching and/or mobile phones use

The present study found that 79% of subjects reported daily television viewing or mobile phone use, while 21% did not engage in these activities every day (Table 33).This high prevalence of screen time aligns with the findings of Das Gupta *et al*. (2019) [61] (69.7% TV viewing in rural women) and Kundu *et al.* (2023) [60] (76.2% TV viewing in women). In contrast, Sathiya *et al*. (2020) reported a lower percentage (45%) of housewives watching television for more than 2 hours daily. [49]

## SECTION 6: OBSTETRICAL HISTORY

### 6.1. Parity

In the present study, 379 (63.3%) subjects had parity of 2 or less and one third of subjects (36.7%) had parity of 3 or more than 3 (Table 36).

In contrast, the study conducted by Saat *et al*. (2021) in Kuala Lumpur, Malaysia found that 84.1% had number of children of 3 or more than 3.[97]

Sathiya *et al*. (2020) reported that 85% of housewives were having parity of 2 or less and 15% were having parity of 3 or more than 3.[49]

## SECTION 7: PHYSICAL ACTIVITY

### 7.1. Physical activity

The present study observed that only 22.1% subjects were performing recommended physical activity levels, and were doing 150 minutes of moderate- intensity physical activity per week and were classified as physically sufficiently active (Table 38).

This aligns with the study conducted by Aslesh *et al*. (2016) who found low activity in 72.7% of rural Kerala women using same scale (GPAQ).[98]This could be because rural women have fewer opportunities and receive less social support to be active.[99]

However, inactivity rates were even higher in some studies: Saat *et al*. (2021)[97] used International Physical Activity Questionnaire and found 90.5% of housewives were inactive, while Ramamoorthy *et al.* (2022)[100] reported that 52.4% of women were doing insufficient activity (using different criteria). Conversely, Negi *et al.* (2016) found a lower physical inactivity rate (34.5%).[53] This difference could be because of the variations in methodology and usage of different scale and different geographical area.

With only 22.1% of the subjects achieving recommended physical activity levels in the current study clearly indicate a growing epidemic of overweight and obesity for a rural area which should be a cause of public health concern. Housewives are actively involved in household chores due to which they are less likely to go outside their home for regular physical exercise thus have higher prevalence of low physical activity and obesity.[20]

Anjana *et al.* (2014) in an ICMR-INDIAB study on physical activity and inactivity patterns in India observed that the prevalence of physical

inactivity females was 63% in India. A total of 64.4% of the rural residents of Chandigarh was found to be physically inactive.[101]

In contrast, Thakur *et al*. (2016) in a study reported that 70.8% of the rural women were meeting criteria of doing moderate activity or equivalent for at least 150 min/week (at least 600 MET–minutes/week) which is higher than the present study. [20]

## SECTION 8: DEPRESSION STATUS

### 8.1. Depression

In the Present study, it was observed that 138 (22.6%) subjects were suffering from depression using Modified Patient Health Questionnaire (PHQ-12 item) (Table 39). In contrast, Dahire *et al*. (2019) used the same tool (PHQ-12) and found a higher prevalence (52.4%) among the rural females of Maharashtra [86]. Other studies conducted by Urvashi *et al.* (2019)[59] in Ludhiana, Punjab and Obadeji *et al*. (2015)[102] among Nigerian women reported higher prevalence 43% and 47.8%of depression respectively. This difference could be due to different tool (PHQ-9) used in the study.

## SECTION 9: EPIDEMIOLOGICAL CORRELATES OF OBESITY

Rising prevalence of obesity particularly in rural area could be due to epidemiological transitions, more use of mechanized transport, easy availability of processed and junk foods, increase in screen time (more mobile and/or television usage), increased intake of energy dense meals/diets and practicing lifestyle which have insufficient or no physical activity. [27]

### 9.1. Age

This study sheds light on the age distribution of obesity, with the highest prevalence observed in the 30-39 age group (33.6%) followed by 18–29 year subjects (31.4%).About 18% of the subjects aged 60 years and above were suffering from obesity (Table 40).

NFHS-5 (2019-21) reported that prevalence of obesity in women aged 15-49 years was 38.8% in rural Punjab.[28]Study conducted by Alsulami *et al*. (2023)[58] reported increasing odds of obesity with age, and

Mukherjee *et al.* (2022) in Andaman observed a rise in obesity prevalence among females across age groups (≤30 years, 31-49 years, and ≥50 years).[54] Sivanantham *et al*. (2021)[11] in Puducherry found the highest prevalence in 18-44 year old, while Sahin *et al.* (2022)[52] observed a peak in the 40-49 age group. These variations could be due to factors like socioeconomic status, lifestyle habits, or dietary patterns across different population. The higher prevalence of obesity in the younger age groups in the current study could be due to the fact that majority of the subjects in the age group of 18-39 years were also found to be physically insufficiently active. Higher prevalence observed in young subjects in the current study also shows alarming trend as it may lead to increase in prevalence of gestational as well diabetes mellitus type 2, cardiovascular disease and hypertension in future.[27]The Hashan *et al*. (2020) conducted study on women of reproductive age in the Maldives and found the highest prevalence (82.6%) in the 35-49 year age group[10]. While Motswagole *et al*. (2020) observed a different pattern with a slight dip in prevalence among those over 60 years.[36]This might be due to specific population characteristics or methodological differences.

### 9.2. Religion

It was seen that, subjects who belonged to Sikh religion had marginally higher prevalence of obesity (27.3%) as compared to Hindus (25%) and Muslims (21.1%) (Table 41).

These findings are in the consonance with NFHS-5 observation where prevalence of obesity was found to be higher among Sikhs as compared to Hindu and Muslims.[28]

However, Kundu *et al.* (2023) among women of reproductive age group in India reported that prevalence of obesity was 23.7% among Hindu subjects as compared to non-Hindu subjects.[60]

### 9.3. Education

Education has a significant impact on people's attitudes, social, economic conditions and health related practices. [103]

In this study it was observed that prevalence of obesity was highest among study subjects with no formal education (58.8%) and subjects with 6-8 years of schooling had lowest prevalence of obesity (17.6%). Moreover, one-third of subjects (30.3%) with 13 or more years of schooling were found to be obese. A statistically significant relationship was observed between obesity and education of the subjects (Table 42). Similarly, in a study by Hashan *et al.* (2020) also reported that prevalence of obesity was higher among the subjects who had no formal education or primary education.[10]

However, as per NFHS-5 (2019-21) report, women who had completed 12 or more years of schooling had higher prevalence of obesity.[28]

In a study by Motswagole *et al*. (2020) found that prevalence of obesity was 35.9% in subjects with low education, 15.7% in subjects with medium education and 27.4% in subjects with high education.[36]

### 9.4. Caste

Prevalence of obesity was observed to be significantly higher among the subjects belonging to General caste (31.1%) as compared to those subjects belonging to OBC/SC (20.7%) (Table 43). NFHS-5 reported in India that prevalence of overweight/obesity (BMI ≥ 25 kg/$m^2$) among women belonging to SC, OBC and other caste was 21.6%, 24.6% and 29.6% respectively.[28]

### 9.5. Type of Family

In the present study subjects living in joint family had higher prevalence of obesity (29%) as compared to those living in nuclear family (24.4%) (Table 44). However, Sathiya *et al.*(2020) in Puducherry observed that prevalence of obesity was higher among the subjects staying in nuclear families (25%) as compared to joint families (15%).[49]

### 9.6. Marital status

According to the social obligation of marriage, couples are encouraged to eat richer, denser foods and more often spaced-out meals thus leading to increased BMI. [104]

The present study shows prevalence of obesity was marginally higher among the subjects who were widowed/ divorced/separated (27.8%) than those who were currently married (26.6%) (Table 45).

Alsulami*et al.* (2023) conducted a study in Saudi Arabia and found that prevalence of obesity was higher among divorced (40%) and Widowed (35.7%) in comparison to married subjects (30.8%). [58] On the contrary, study by Hashan *et al.* (2020) observed that prevalence of obesity was significantly higher among the subjects who were currently married as compared to the separated/divorced/widowed subjects. [10]

Das Gupta *et al*. (2019) reported almost similar prevalence of obesity in married and separated females. [61]Increased prevalence of obesity in widowed and divorced females could be attributed to loneliness leading to depression in absence of life partner as it has been observed by Urvashi *et al.* (2019) who reported that widowed and divorced housewives were more likely to be depressed as compared to married housewives. [59]

### 9.7Socioeconomic status

Obesity earlier was thought of as a problem associated with availability of abundant foods and higher SES status but now prevalence is increasing in lower SES. Overweight/obesity status increases by 1.17% for every 1% increase in those who have low-income. [105]

It was observed that, prevalence of obesity was found to be higher in the subjects belonging to upper middle socio-economic status (33.1%) followed by lower middle socio-economic status (26.7%) (Table 46).

Navadeh *et al*. (2011) conducted a study in Iran and reported that having a low, middle, or high socioeconomic level significantly elevated the risk of obesity with odds ratios of 1.25, 1.33, and 1.43, respectively, compared to a very low socio-economic status[33]

Sathiya *et al.* (2020)[49]; Kundu *et al*. (2023) reported increased prevalence in lower middle and non-poor economic groups respectively.[60]

### 9.8 Number of servings of fruit and/or vegetables on an average per day

An adequate consumption of fruits and vegetables has been linked to a lower risk of developing chronic illnesses. [106]

The present study shows that prevalence of obesity was marginally higher (27.3%) among the subjects who were having <5 servings in comparison to those who were having ≥5 servings (25.3%) (Table 47).

Similar findings were revealed by Alsulami *et al*. (2023) in Saudi Arabia that prevalence of obesity was 24.9% among the subjects who were eating vegetables 1-3 times per week and 22.3% among the subjects who were eating more than 3 times per week in comparison to 23.0% of the subjects who were not eating vegetables. Also, prevalence of obesity was 24.2% among the subjects who were eating fruits 1-3 times per week and 21.7% among the subjects who were eating more than 3 times per week in comparison to 25.7% among the subjects who were not at all eating fruits. [58]

### 9.9. Hypertension

It is widely known that being overweight or obese raises blood pressure, with 65–78% of cases of primary hypertension being attributed to obesity. Over activity of the sympathetic nervous system is one of the many intricate ways that leads to hypertension.[107]

The present study observed that among hypertensives 40.4% of them were found to be obese as compared to 17.2% of normotensive subjects (Table 49)

Findings of the present study align with previous research by demonstrating a positive association between hypertension and obesity. However, the observed prevalence of obesity in hypertensive subjects varied considerably across studies.

Studies in India (Pradeepa *et al*., 2015[27]; Mukherjee *et al*., 2022[54]; Saha *et al*., 2023[63]) reported a prevalence range of 30.0% - 33.3%, which is lower than present study finding and much lower than Vasanthakumar *et al*. (2020) in India (62.21%)[62]. These variations could be due to factors like ethnicity, age (focusing on elderly in Saha

*et a*l., 2023 [63]), gender (focusing on females in Pradeepa *et al.,* 2015[27] and Mukherjee *et al*., 2022[54]), or even sample size across the studies.

### 9.10. Diabetes Mellitus

The most significant contributing factor to the emergence of metabolic disorders is obesity. [107]

Present study observed a higher prevalence of obesity in subjects (32.8%) with diabetes as compared to those (26%) without diabetes (Table 50). Similarly, a study conducted by Singh *et al*. (2023) among urban women of reproductive age found slightly higher prevalence of obesity (58.35%) in women with diabetes mellitus.[69] Also, study conducted by Damian *et al* (2017) in northern Tanzania reported higher prevalence of obesity 40.1% in patients with diabetes mellitus.[67]Whereas, study by conducted by Aggarwal *et al*. (2015) among women in Delhi, reported lower prevalence of obesity (19.1%) in subjects with diabetes mellitus.[68]

Similarly, studies conducted in Asia and the Middle East (Colosia *et al*., 2013[64]; Alshahrani *et al*., 2021[65]; Vasanthakumar *et al*., 2020[62]) reported significantly higher obesity rates (ranging from 56.1% to 58.68%) in diabetic subjects. This variation could be due to influence of ethnicity, duration of diabetes in the studied population and different criteria used to define obesity across different regions.

### 9.11. History of raised blood cholesterol

It was found that 18.2% of the subjects with history of raised blood cholesterol, were having obesity and 27.2% of the subjects having no history of raised blood cholesterol were obese(Table 51).

In a study by Chan *et al.* (2017) among adults in Malaysia it was found that 68.7% of adults with history of hypercholesterolemia were overweight/obese and 49.4% with no such history were obese.[70]

### 9.12. Eating habits

Various studies conducted in India and outside India have established link between that eating habits that involve consuming less meat are less likely to have risk of conditions like the metabolic syndrome, diabetes, cardiovascular disease, and several types of cancer.[108]

Prevalence of obesity was observed to be higher among the subjects who were eating non-vegetarian (37.7%) and vegetarian with egg diet (34.7%) than those who were vegetarians (9.9%)(Table 53).

Aggarwal et al (2015) reported that 44.3% of the subjects taking vegetarian diet were obese and also concluded that non-vegetarian diet and obesity had a positive correlation. [68]

Boonpor *et al*. (2022) in United Kingdom reported that 13.7% of subjects who were taking vegetarian diet were obese whereas 78.7% who were taking non-vegetarian diet were obese. However, criteria used for obesity was different. [71]

### 9.13. Eating food other than home cooked food

Fast food has been linked to obesity because of its high caloric content, high fat content, free sugar, sodium, and chemical additives, along with its low fiber and vitamin content. [109]Fast food consumption has been rising as a result of menu options, affordable prices, convenience, flavor, and taste. [110]

Subjects eating food prepared from outside such as restaurants, dhabas and street foods had higher prevalence of obesity (30.3%) as compared to those who were avoiding eating food from outside (20.1%). It was also observed that prevalence of obesity was higher among the subjects who were eating food 1-2 times every week (41.8%) from outside than those eating once a month (17.6%) (Table 54).Similar findings were seen in the previous research done by Alsulami *et al*. (2023) [58] and Kundu *et a*l. (2023) [60] in demonstrating an association between consuming food prepared outside the home and a higher prevalence of obesity. Such type of food may have higher amount of saturated &trans-fats and will and will only provide empty calories with minimal number of micronutrients. Hence regular

consumption of such food may result in increased prevalence of overweight and obesity. [58]However the prevalence of obesity varied across the studies. Alsulami *et al*. (2023) [58] and Kundu *et al*. (2023) [60] reported higher prevalence of obesity among women who were consuming fast food compared to those who did not consume. These variations could be due to factors like the specific type of ingredients included in "outside food" (fast food vs. all types), dietary habits at home, or sample population characteristics. [58]

Alsulami *et al*. (2023) also found that prevalence of obesity was 23.5% who were eating fast-food 1-3 times per week as compared to those who were eating was food more than 3 times per week (29.1%).[58]

Rautela *et al.* (2018) conducted a study in Uttarakhand and reported that 55.5% of the subjects were found to be suffering from obesity. The majority of the subjects were consuming fast foods with over 50% of them having junk food at least once a week. The higher consumption of fast food and obesity in this study could be due to the presence of more food outlets (majority being unhealthy food outlets) leading to easy availability of the fast food. Also, it was found that there was one unhealthy food outlet available per one obese individual. [73]

### 9.14. Awareness about consumption of fast-food causing health problems

Health awareness affects how people live, and increasing it might delay the onset of diseases linked to lifestyle choices. [111]. There is need to spread awareness on healthy eating among population especially in rural area where fast food consumption is rapidly spreading.[73]

In the present study it was seen that, 24.5% of subjects who had awareness about consumption of fast-food causing health problems were obese and 30.3% of the subjects who had no awareness were obese (Table 55).

Rautela *et al*. (2018) conducted a study in rural Uttarakhand and revealed that 87% of study subjects had awareness about consumption of fast-food causing health problems, however it was not being

reflected in the practices, wherein majority of the subjects (92.9%) were consuming fast foods due to the presence of high food outlet density and half of the study population were found to be suffering from obesity. [73]

### 9.15 Type of milk

For millennia, milk has been regarded as nature's most comprehensive food.[112]

Obesity was highly prevalent among the subjects consuming milk with fat (33.3%) than those consuming milk without fat (15%) (Table 56).

However, Wilkinson *et al.* (2021) in United States revealed that the differences in BMI was not significantly associated with type of milk and BMI was found to be lower in the adults who were drinking either milk with full fat or without fat.[72]

### 9.16 Practice of eating in between the meals

Eating in between meals or snacking accounts for over one-third of daily energy intake in today's society, and it may be composed of foods that are high in energy but low in nutrients.[113]

Prevalence of obesity was higher among the subjects who were eating in between the meals (36.2%) as compared to those who were not eating in between the meals (23.6%) (Table 57).

### 9.17 Television watching and/or mobile phones use

Watching too much TV is linked to a number of illness risks and risk factors, such as obesity and poor diet.[114]

In the present study, prevalence of obesity was higher among the subjects who were watching television and/or using mobile phone (30.5%) than those who were not watching television and/or using mobile phone (12.5%) (Table 58).

These finding were in alignment with previous research by Kundu *et al*. (2023)[60] and Das Gupta et al. (2019)[61] in India and Hashan *et al.* (2020)[10] and Talukder *et al.* (2021)[114] outside India in establishing a positive association between screen time and obesity prevalence.

However, the prevalence of obesity varied across studies. Hashan *et al*. (2020).[10] reported a prevalence of 32.5% for those who watched TV at least once a week compared to 27.3% for those who did not. Kundu *et al*. (2023). [60] reported a prevalence of overweight/obesity of 28.9% for those who watched TV compared to 12.0% for those who did not. While Das Gupta *et al*. (2019) reported a 24% higher risk in women who watched television frequently.[61]. These variations could be because of differences in methodologies, populations, or other factors that influence obesity risk. Seidu *et al*. (2020) conducted a study among women in Mali and reported that 28.3% of who were watching television less than once per week was suffering from obesity and 36.3% of the subjects who were watching it at least one time per week were having obesity. [116]

### 9.18. Dietary intake of the subjects

Mean daily energy intake was 2068.7± 92.75 Kcal and median intake of energy was 2084 (2045-2135) Kcal. Prevalence of obesity was significantly higher among the subjects who were consuming daily energy intake of <2076 Kcal (<33 percentile) (18.1%) than those consuming between 2076-2089 Kcal (34-66 percentile) (20.3%) and > 2089 Kcal daily (66 percentile) (41.7%) (Table 60). Rathnayake *et al*. (2014) observed that the mean energy intake was 2041± 374.3 kcal in rural Sri Lanka.[55] A decade ago, report of third repeat survey on diet and nutritional status of Indian rural population by National Nutrition Monitoring Bureau (2012) reported that median intake of energy among rural women was 1749Kcal daily and also revealed that prevalence of overweight and obesity marginally increased with increase in energy intake. (Group Tertile1 vs. Tertile 3)[117,118]

### 9.19. History of infertility of the subjects

Obesity especially in young females may have consequences like infertility and poly cystic ovarian syndrome.[27] Subjects with history of infertility (33.3%) had higher obesity as compared to those without any history of infertility (26.6%) (Table 61). Similar association was also

reported by Kambhoj *et al*. (2022) in a cross-sectional study on obesity and infertility in North Indian women wherein as compared to fertile women, obesity was found to be higher among women with history of infertility.[119]

### 9.20. Parity

Prevalence of obesity was marginally higher (28.6%) among the subjects with parity ≥3 than those having parity ≤2 (25.6%) (Table 62)

Sathiya *et al*. (2020) found that prevalence of obesity was 26.5% among the subjects with parity of ≤2 whereas none of subject with parity ≥3 had obesity.[49]Singh et al. (2023) conducted a study in an urban India and found that obesity was prevalent in 40.67% of women with parity of 1-2 children, 40.79% of women with parity of 3-4 children and 39.19% of women with parity of 5 or more. [69]

Seidu *et al*. (2021) in a study on Overweight and obesity in women in Mali reported that 75.7% of Subjects having parity of ≤3 was obese and 32.3% of subjects having parity ≥4was overweight and obese.[116]

### 9.21. Physical Activity status

An imbalance between energy expended (too little) and energy taken (too much) leads to overweight and obesity. [41]

In the present study, prevalence of obesity was observed to be higher (31.6%) among the subjects who were physically insufficiently active (doing less than 150 minutes of moderate- intensity physical activity per week) as compared to physically active subjects (9.6%) (Table 63) These findings were similar to the study conducted by Dade et al (2022) in urban women, reported that 59.5% of women who were obesity were doing <150/min of physical activity. [76]

Another study conducted by Venkatrao *et al*. (2020) reported that females who were engaged in vigorous physical activity had lower obesity rates (32.58%) as compared to those of insufficiently active females (46.09%).[77]

Chan *et al*. (2017) among adults in Malaysia found that 51% of women engaged in low physical activity were overweight/obese, 53.4% of

women performing moderate physical activity were obese and 48.3% of women doing vigorous physical activity were obese. [70]

### 9.22 Depression status

Depression is an important risk factor for obesity and often obesity and depression tend to coexist in populations.[120]

In the present study, 22.5%of the subjects suffering from depression were obese, whereas 28% subjects with no history of depression were having obesity (Table 64).

However, in a study by Carey *et al*. (2014) on association between obesity and depression in primary care settings in Australia observed that prevalence of depression was higher among women who were overweight and obese.[121]

Blasco *et al*. (2020) in a systematic review on obesity and depression concluded that there were scientific literature showing significant association between obesity and depression as well as contradictory findings needing further research.[120]

### 9.23. Binary logistic regression analysis of obesity

Subjects who were eating vegetarian diet with egg (AOR: 3.45, 95% CI: 1.18-10.33) and non-vegetarian diet (AOR: 2.84, 95% CI: 1.08-7.47) had higher odds of obesity compared to those eating vegetarian diet. Likewise, subjects with history of eating while watching television and/or using mobile phone (AOR:2.33, 95% CI: 1.07-5.09), who were hypertensives (AOR:2.15, 95% CI:1.33-3.47), consuming daily energy intake (>2089Kcal) (AOR:2.25, 95% CI: 1.31-3.87) and performing insufficient physical activity (AOR:2.04, 95% CI: 1.03-4.05) were more likely to be obese as compared to their counterparts (Table 65).

Pradeepa *et al* (2015) in India reported that on multiple regression analysis, female gender (AOR:1.77,95% CI:1.61-1.94), high socio-economic status (AOR:3.00,95% CI:2.64-3.42), hypertension (AOR:2.47,95% CI:2.24-2.73), diabetes (AOR:2.63,95% CI:2.27-3.03), and physical inactivity (AOR:1.20,95% CI:1.06-1.28) was significantly associated with generalized obesity.[27]

## SECTION 10: EPIDEMIOLOGICAL CORRELATES OF ABDOMINAL OBESITY

### 10.1. Socio-demographic characteristics

Present study findings align with the observations by several others studies (Mukherjee *et al* [54], Chaudhary *et* al [30], Das Gupta *et al*.[61]) in showing a rise in abdominal obesity prevalence as age increases. In present study (Table 66), young adults (18-29 years old) displayed a significantly higher prevalence (62.2%) compared to findings from Mukherjee *et al*. [54] (31.0% for under 30 years old) and Munyogwa et al. [80](12.96% for 18-30 years old). Conversely, when looking at older adults (over 60 years old), present study found a prevalence around 50%. This is in contrast to the study conducted by Huang *et al*., where they observed a sharper increase in prevalence, reaching nearly 50% only after the age of 65.[23]This variation might be due to differences in the demographics of the study participants or even the methods used to measure obesity.

Present study explored abdominal obesity prevalence across religions, finding a slightly higher rate among Sikhs (54.5%) compared to Hindus (51.0%), though not statistically significant. However, study conducted by Chaudhary *et al*. (2023) reported substantially higher prevalence of abdominal obesity among Sikh women (61.8%). Chaudhary *et al*. (2020) attributed it to higher number of Sikhs being wealthy as reflected in NFHS-5. [30]

Present study found an increasing trend of prevalence for those with more schooling (though not statistically significant). This aligns with studies by Das Gupta et al. (2023) [61], Munyogwa *et al*. (2018)[80] and Pradeepa *et al*. (2015)[27] who also found a rise in abdominal obesity with higher education. Another study conducted by Chaudhary *et al*. (2023) reported a lower prevalence for those with no education. [30]

In the present study, Prevalence of abdominal obesity was found to be higher among the subjects who were from General Caste (59.6%) as compared to the subjects who belonged to other caste such as

OBC/SC (46.5%). Chaudhary *et al.* (2023) [30] also observed lowest prevalence among women in Scheduled caste (37.7%), Scheduled Tribes (24.4%) than others (48.2%). This could be due to socioeconomic disparities between castes. Lower caste groups may face challenges accessing healthy food options and resources for physical activity.

In the present study, over half of currently married subjects (54.9%) were having abdominal obesity as compared to widowed/divorced/separated subjects (46.3%) (p=0.228). This is in contrasts with findings from Munyogwa *et al*. (2018) and Huang *et al*. (2023) who reported a higher prevalence of abdominal obesity among widowed, divorced, or separated individuals compared to married people.[80] This could be due to different cultural norms or social support systems within the population.

**10.2 Dietary practices**

Present study found a slightly higher prevalence of abdominal obesity (55.1%) among those consuming less than 5 servings per day compared to those consuming 5 or more servings (51.7%), though this difference was not statistically significant (Table 67). This finding aligns with the study conducted by Pradeepa *et al*. (2015), where lower fruit and vegetable intake was linked to a higher prevalence of abdominal obesity. [27]

Present study investigated diet and abdominal obesity, revealed significantly higher prevalence (72.1%) among non-vegetarians as compared to vegetarians (44.8%) and vegetarians who consume eggs (56.4%). While Chaudhary *et al*. (2023)[30]reported higher prevalence in non-vegetarian women (42.4%) compared to vegetarians or occasional non-vegetarians (36.4%), however their overall prevalence was lower than the present study. This difference could be due to variations in study populations, dietary patterns within each category (e.g., type and frequency of non-vegetarian consumption), or even measurement methods.

Subjects who were consuming milk with fat had 59.2% prevalence of abdominal obesity whereas subjects who were consuming milk without fat had abdominal obesity of 45.0%. Wilkinson *et al.* (2021) in United States concluded that milk with full fat was a predictor of higher abdominal obesity as compared to milk without fat among adults.[72] Prevalence of abdominal obesity was significantly higher among the subjects who were consuming daily energy intake of <2076 Kcal (43.7%) than those consuming between 2076-2089 Kcal (44.4%) and > 2089 Kcal daily (74%). However, third repeat survey reports on diet and nutritional status of Indian rural population by National Nutrition Monitoring Bureau (2012) reported no association between abdominal obesity and daily energy intake (in tertiles).[118]

### 10.3. Activities performed

Present study examined screen time (television and mobile phone use) in relation to abdominal obesity and found a significantly higher prevalence (57.1%) of abdominal obesity in those who watched TV or used mobile phones compared to those who didn't watch TV (43.0%) (Table 68). This aligns with findings of the study conducted by Munyogwa *et al*. (2018) who observed a trend of increasing abdominal obesity prevalence with more television viewing time.[80]

Present study observed significantly higher prevalence (57.1%) of abdominal obesity among physically insufficiently active subjects compared to those who were active (43.7%). This aligns with findings by Pradeepa *et al.* (2015)[27] in India and from Rathnayake *et al.* (2014)[55] and Tekalegn *et al*. (2022)[9] outside India who reported a substantially increased risk of abdominal obesity with physical inactivity. Similarly, Huang *et al.* (2023) reported a wider range, with a substantial decrease in prevalence from very light activity (31.3%) to high activity (9.1%).[23] This could be due to the variations in populations, measurement methods, and activity level categories.

### 10.4. History of any illness

Present study examined the relationship between hypertension and abdominal obesity. It was found that 44.8% of hypertensive subjects had abdominal obesity, compared to 56.4% of those without hypertension. However, this difference wasn't statistically significant (Table 69).

Similarly, in a study conducted by Mukherjee *et al*. (2022) reported high prevalence of central obesity (50.0%) in hypertensive subjects [54]. Another study, conducted by Pradeepa *et al.* (2015) also observed a high prevalence of abdominal obesity in hypertensive individuals (34.9%) compared to normotensive ones (14.1%)[27]. While Huang *et al*. (2023) reported a prevalence of 48.1% in hypertensive women in Southwest China. [23]This could be due to the variations in study populations, unaccounted factors, and sample size limitations.

Present study investigated the link between a self-reported history of diabetes and abdominal obesity. Study found a significantly higher prevalence of abdominal obesity (67.2%) in subjects with diabetes compared to those without (52.5%). This aligns with findings from Pradeepa *et al*. (2015)[27] who reported a prevalence of 57.9% in diabetic subjects. However, in a study conducted by Huang *et al*. (2023) reported a lower prevalence (52.1%) specifically in diabetic women in Southwest China. This difference could be due to variations in study populations, differentiation between diabetes types and control, and measurement methods.

### 10.5. Binary logistic regression analysis of abdominal obesity

Practice of eating meals such as baked/fried products/fruits & salads in between the meals (AOR: 1.81, 95% CI: 1.12-2.91) and consumption of daily energy intake (>2089Kcal) (AOR: 2.95, 95% CI: 1.82-4.78) had independent association with abdominal obesity and subjects were at higher risk of abdominal obesity as compared to their counterparts (Table 70). Interestingly, subjects who were eating vegetarian diet with

egg (AOR: 0.34, 95% CI: 0.14-0.80) were at 66% reduced risk of abdominal obesity compared to those eating vegetarian diet.

Pradeepa *et al* (2015) in India reported that on multiple regression analysis, female gender, high socio-economic status, hypertension, diabetesand physical inactivity was significantly associated with abdominal obesity. [27] Chaudhary *et al* (2020) in India reported the women consuming non-vegetarian diet had higher risk of abdominal obesity as compared to those who were vegetarians. [30]

# SUMMARY AND CONCLUSIONS

The present study is a community based cross sectional study and has been carried out in the field practice area of Rural Health Training Center (RHTC) located at village Pohir, Block Dehlon, District Ludhiana, Punjab, India. A total of 610 housewives were studied.

**DEMOGRAPHIC PROFILE**

- Maximum number of subjects 274 (44.9%) were in the age group of 30-39 years while 10.3% of the subjects were aged 60 years and above.
- Mean age of the subjects was 37.8 ±13.56years.
- Majority of study subjects were following Sikh religion (81.2%).
- Maximum study subjects belonged to General Caste (58.0%).
- Almost half of the subjects (49.7%) were staying in joint family
- Of the 610 subjects, majority of the subjects (91.1%) were currently married.
- Around half of study subjects had completed9-12 years of schooling while 2.8% of the subjects had no formal education.
- Maximum number of subjects (41.8%) belonged to middle socio economic status group.

**PREVALENCE OF OBESITY AMONG THE STUDY SUBJECTS**

- The prevalence of overweight and obesity or generalized obesity was found to be 43.4% and 26.7% amongst housewives respectively.
- Mean BMI of the subjects in the current study was found to be 24.5±3.56 $kg/m^2$
- It was observed that 54.1% of the subjects had abdominal obesity based on waist circumference ≥80cm.
- A total of 37% subjects had waist hip ratio ≥0.8.
- Prevalence of combined obesity (generalized & abdominal obesity) was 15.1% among the study subjects.

**BEHAVIOURAL MEASUREMENTS**

- Most of subjects **(**62.3%) consumed 3-4 servings daily of fruit and/or vegetables on average per day, and nearly one-third consumed 5 or more servings. Mean number of servings of fruits and/or vegetables was 4.0 ± 1.23 per day.
- A total of 41.6% subjects always or often added salt/salty sauce before or during eating. One third of the subjects (35.9%) were always or often eating processed food high in salt.
- Prevalence of hypertension was 41% among the study subjects. The mean systolic and diastolic blood pressure readings were 122.9±11.24 and 75.0±6.49 mmHg**.**
- Of the total subjects, 11.5%had history of diabetes Mellitus
- None of the subject in the current study was using tobacco and consuming alcohol.

**DIET AND NUTRITION HISTORY**

- Maximum number of subjects (56.7%) was consuming vegetarian diet along with eggs followed by vegetarian (33.3%) and non-vegetarian diet (10%).
- Among the study subjects, 64.9% were eating food prepared from outside such as restaurants, dhabas and street foods of them 52.5%) and 47.5% subjects were eating food from outside1-2 times/week and once a month respectively.
- Fast food being tasty (46.7%), easy availability of fast food (26.7%) and being busy/lazy to cook (26.6%) were the reasons given by respondents for eating outside prepared food
- Out of 610 subjects, 62.1% subjects had awareness that consumption of fast-food may cause health problems.
- Nearly two-third of the subjects (63.9%) were consuming milk with fat.
- Nearly 25% of the subjects were eating in between the meals. Of them 36.2%, 32.2% and 31.6 % subjects were eating fried,

baked products and fruits/salads in between the meals respectively.

**HOUSEHOLD WORK AND SEDENTARY BEHAVIOUR HISTORY**

- Sweeping (72%) was the most commonly household chore performed by the subjects followed by cleaning (19.7%) and dishwashing (12%).
- Over three-fourth of the subjects (79%) were either watching television or using mobile phones daily. Out of these, maximum subjects (69.5%) were watching television or using mobile phones for more than 2 hours daily.
- Two third of the subjects (66.2%) were eating meals while watching television and/or using mobile phone.

**OBSTETRICAL HISTORY**

- A total of 15 subjects (2.5%) had history of infertility.
- Most of the subjects (63.3%) had parity of 2 or less.
- Menopause had been attained by 22.6% of the subjects.

**PHYSICAL ACTIVITY**

- Only 22.1% of subjects were doing sufficient physical activity (150 minutes of moderate- intensity physical activity per week).

**DEPRESSION STATUS**

- As per Modified Patient Health Questionnaire (PHQ-12 item), 22.6%of subjects were suffering from depression.

**EPIDEMIOLOGICAL CORRELATES OF OBESITY**

- Maximum prevalence was observed in the 30-39 age group (33.6%) followed by 18-29 year subjects (31.4%).About 18% of the subjects aged 60 years and above were suffering from obesity.
- Subjects who belonged to Sikh religion had marginally higher prevalence of obesity (27.3%) as compared to Hindus (25%) and Muslims (21.1%).
- Prevalence of obesity was highest among study subjects with no formal education (58.8%) and subjects with 6-8 years of

schooling had lowest prevalence of obesity (17.6%).

- There was statistically significant association between Caste with obesity.
- No statistically significant relationship was observed between type of family, marital status and socio-economic status of subject with obesity.
- Obesity was marginally higher (27.3%) among the subjects who were having <5 servings in comparison to those who were having ≥5 servings (25.3%).
- Significant inverse relationship between limiting consumption of processed food and prevalence of obesity was observed.
- Statistically significant association was observed between obesity and hypertension.
- No significant association was observed between positive history of Diabetes mellitus, raised blood cholesterol level and cardiovascular disease reported by the subjects and obesity.
- Prevalence of obesity was observed to be significantly higher among the subjects who were eating non-vegetarian (37.7%) and vegetarian with egg diet (34.7%) than those who were vegetarians (9.9%).
- Subjects eating food prepared from outside such as restaurants, dhabas and street foods had significantly higher prevalence of obesity (30.3%) as compared to those who were avoiding eating food from outside (20.1%)
- No significant association was observed between obesity and awareness among the subjects about consumption of fast food causing health problems.
- Consumption of type of milk (with and without fat) was significantly associated with obesity.
- There was significant association between practice of eating (baked/fried/ fruits & salads) in between the meals and obesity.
- Prevalence of obesity was significantly higher among the subjects who were watching television and/or using mobile phone (30.5%).

- Obesity (33.7%) was highly prevalent among the subjects who were eating meals while watching television or using mobile phone.
- Mean daily energy intake was 2068.7± 92.75 Kcal and median intake of energy was 2084 (2045-2135) Kcal. Prevalence of obesity was significantly higher among the subjects (18.1%) who were consuming daily energy intake of <2076 Kcal (<33 percentile) than those subjects (20.3%) consuming between 2076-2089 Kcal (34-66 percentile) and > 2089 Kcal daily (66 percentile) (41.7%).
- History of infertility and parity had no significant association with the prevalence of obesity.
- Prevalence of obesity was observed to be significantly higher (31.6%) among the subjects who were physically insufficiently active (doing less than 150 minutes of moderate- intensity physical activity per week) as compared to physically active subjects (9.6%).
- There was no significant relationship between depression status of subjects and obesity.
- On performing binary logistic regression analysis, variables such as eating habits(vegetarian/vegetarian with egg/non vegetarian), history of eating while watching television and/or using mobile phone, being hypertensive, consumption of daily energy intake (>2089) Kcal and performing insufficient physical activity were found to be independently influencing the prevalence of obesity.

**EPIDEMIOLOGICAL CORRELATES OF ABDOMINAL OBESITY**

- Prevalence of abdominal obesity was significantly higher among subjects in 18-29 years of age group (62.2%) followed by 40-49 years (57.1%) and 30-39 years (54%).
- There was significant association between caste, socio-economic status of the subjects and abdominal obesity.
- No statistically significant relationship was observed between religion, years of schooling, type of family and marital status with abdominal obesity.

- No statistically significant association between number of servings of fruit and/or vegetables on an average per day and abdominal obesity was observed.
- There was no significant association between limiting consumption of processed foods and abdominal obesity.
- Subjects who were taking non-vegetarian meals had prevalence of abdominal obesity of 72.1% which was much higher than in subjects who were taking vegetarian diet (44.8%) and vegetarian diet with eggs (56.4%) (p=<0.001).
- Eating food other than home cooked food was significantly associated with abdominal obesity.
- Subjects who were consuming milk with fat had 59.2% prevalence of abdominal obesity whereas subjects who were consuming milk without fat had abdominal obesity of 45.0% (p=0.001).
- Abdominal obesity was highly prevalent among the subjects who were doing practice of eating baked/fried products in between meals (71.1%) than among those who were not following such practice (48.5%).
- Prevalence of abdominal obesity was significantly higher among the subjects who were consuming daily energy intake of <2076 Kcal (43.7%) than those consuming between 2076-2089 Kcal (44.4%) and > 2089 Kcal daily (74%).
- There was statistical significant relationship between the subjects who were watching television and/or using mobile phone and abdominal obesity. Also, the subjects who were eating meals while watching television and/or using mobile phone had significantly higher prevalence of abdominal obesity.
- Abdominal obesity was highly prevalent among the subjects who were physically insufficiently active (57.1%) (p=0.006).
- There was significant association between abdominal obesity and history of diabetes mellitus reported by subjects.
- No statistical significant association was observed between

abdominal obesity and hypertension, history of raised blood cholesterol level and cardiovascular disease reported by the subjects.

- Prevalence of abdominal obesity was observed to be higher among the subjects who were suffering from depression on screening (58.7%) as compared to those who were not having depression (52.8%) (p= 0.218).
- There was no significant association between history of infertility and abdominal obesity.
- On performing binary logistic regression analysis, variables such as practice of eating habits (vegetarian with eggs), eating in between the meals (baked/fried/fruits& salads) and consumption of daily energy intake (>2089) Kcal were found to be independently influencing the prevalence of obesity.

# LIMITATIONS OF THE STUDY

Despite the best efforts, the following were the limitations of the present study:

1. The study may not be true representation of prevalence of obesity in Punjab and India as it was limited to a small rural area of Ludhiana district.
2. Subjects were asked to provide some retrospective information. Hence the recall bias is unavoidable.
3. Further the present study being a cross-sectional study carries the weakness of not being able to establish the causality as it does not establish temporal relationship. The cross-sectional nature of the design carries a risk of reverse causality and does not allow for causal inferences or cause–effect relationships to be made. Therefore, some of the observed risk factors might not have causal association. Only longitudinal follow-up studies can throw light on the true risk factors associated with obesity.
4. Dietary assessment was performed using 24-hour dietary recall method and subjects might not have reported certain information regarding consumption of food especially outside the home. Dietary assessment could also have been affected for reasons related with knowledge and recall issues. A single day diet assessment might not have described the typical diet, however rural areas of India have reported mostly similar diet on most days of the week.[117]
5. As the subjects tend to report responses which are socially desirable in interview-based studies, therefore the current study could have under estimated some of behavioral risk factors.
6. Global physical Activity Questionnaire (GPAQ) as a part of STEPS questionnaire was used to measure physical activity of the subjects. Although it is a WHO recommended valid

tool to estimate physical activity and is globally used, however it tends to underestimate physical activity especially related with household and leisure activities.[122,123] GPAQ also does not capture cross-cultural diversity of activities in India.[101] Therefore, it might have led to higher proportion of physically inactive housewives in the present study.

# RECOMMENDATIONS

On the basis of the experience and the results obtained in the present study, the following recommendations are being made:

1. Awareness generation and sensitization of housewives regarding prevention of obesity and its role as a risk factor in causation of non-communicable diseases
2. Regarding prevention of obesity there is a need to sensitize housewives about protective factors like physical activity, nutrition and healthy lifestyle
3. Health and Wellness Centers can play a very important role in awareness generation, screening surveys and providing counseling in weight management
4. There is a need of effective health system response which can identify excess weight gain in the initial stages. ASHA workers can be trained in checking BMI of housewives in villages. They can also follow obese patients regarding weight management.
5. Self-help groups of obese patients including Whats App can be formed who can provide motivation and encouragement to each other
6. Nutrition week celebration can be dedicated to healthy nutrition and increasing awareness regarding healthy weight and its management
7. Regarding physical activity there is a need to sensitize women regarding how to be sufficiently physically active and its role in prevention of obesity
8. There is a need to break myth in the rural areas regarding obesity is sign of good health. In this regard more of in-depth qualitative studies are required to know the socio cultural determinants of obesity
9. Medical officers can be trained at PHC to screen, investigate and provide services to obese patients for weight management

10. Medical students can be seen as change agents in Family Adoption Programme in increasing awareness about obesity in villages.

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## KEY TO MASTER CHART

| | |
|---|---|
| SES | Socio-economic status |
| SBP | Systolic Blood pressure |
| DBP | Diastolic Blood pressure |
| B.M.I. | Body mass index |
| WHR | Waist Hip Ratio |
| CAD | Coronary artery disease |

| **SECTION I** | | | |
|---|---|---|---|
| **Religion:** | | **Marital status** | |
| Hindu | 1 | Currently married | 1 |
| Sikh | 2 | Separated | 2 |
| Muslim | 3 | Widowed | 3 |
| Christian | 4 | Divorced | 4 |
| Others | 5 | **SES MUP score** | |
| **Caste:** | | ≥43 | 1 |
| General | 1 | 33-42 | 2 |
| OBC | 2 | 24-32 | 3 |
| SC | 3 | 13-23 | 4 |
| Others | 4 | <13 | 5 |

| **Type of family** | | **Highest level of education** | |
|---|---|---|---|
| Nuclear | 1 | No schooling | 0 |
| Joint | 2 | 1-5 | 1 |
| | | 6-8 | 2 |
| | | 9-12 | 3 |
| | | ≥13 | 4 |

| **SECTION III** | |
|---|---|
| **Do you currently smoke any tobacco products, such as cigarettes, cigars or pipes?** | T1 |
| Yes | 1 |
| No | 2 |
| **Do you currently smoke tobacco products daily?** | T2 |
| Yes | 1 |
| No | 2 |
| **Do you remember how long ago it was?** | T4 |
| Years | 1 |
| Months | 2 |
| Weeks | 3 |

| | |
|---|---|
| Don’t know | 77 |
| **On average, how many of the following products do you smoke each day/week?** | T5 |
| Manufactured cigarettes | 1 |
| Hand-rolled cigarettes | 2 |
| Pipes full of tobacco | 3 |
| Number of Shisha sessions | 4 |
| Cigars, cheroots, cigarillos | 5 |
| Others (please specify): | 6 |
| Don’t know | 77 |
| **During the past 12 months, have you tried to stop smoking?** | T6 |
| Yes | 1 |
| No | 2 |
| **During any visit to a doctor or other health worker in the past 12 months, were you advised to quit smoking tobacco?** | T7 |
| Yes | 1 |
| No | 2 |
| **In the past, did you ever smoke any tobacco products?** | T8 |
| Yes | 1 |
| No | 2 If No, go to T12 |
| **In the past, did you ever smoke daily?** | T9 |
| Yes | 1 |
| No | 2 |
| **How long ago did you stop smoking?** | T11 |
| Years | 1 |
| Months | 2 |
| Weeks | 3 |
| **Do you currently use any smokeless tobacco products such as [snuff, chewing tobacco, betel]?** | T12 |
| Yes | 1 |

| | |
|---|---|
| No | 2 If No, go to T15 |
| **Do you currently use smokeless tobacco products daily?** | T13 |
| Yes | 1 |
| No | 2 |
| **In the past, did you ever use smokeless tobacco products such as [snuff, chewing tobacco, or betel]?** | T15 |
| Yes | 1 |
| No | 2 |
| **In the past, did you ever use smokeless tobacco products such as [snuff, chewing tobacco, or betel] daily?** | T16 |
| Yes | 1 |
| No | 2 |
| **Have you ever consumed any alcohol such as beer, wine, spirits** | **A1** |
| Yes | 1 |
| No | 2 If No, go to A16 |
| **Have you consumed any alcohol within the past 12 months?** | **A2** |
| Yes | 1 If Yes, go to A4 |
| No | 2 |
| **Have you stopped drinking due to health reasons, such as a negative impact on your health or on the advice of your doctor or other health worker?** | **A3** |
| Yes | 1 |
| No | 2 If Yes/No, go to A16 |
| **During the past 12 months, how frequently have you had at least one standard alcoholic drink?** | **A4** |
| Daily | 1 |

| | |
|---|---|
| 5-6 days per week | 2 |
| 3-4 days per week | 3 |
| 1-2 days per week | 4 |
| 1-3 days per month | 5 |
| Less than once a month | 6 |
| Never | 7 |
| **Have you consumed any alcohol within the past 30 days?** | **A5** |
| Yes | 1 |
| No | 2 If No, go to A13 |
| **During each of the past 7 days, how many standard drinks did you have each day?** | **A10** |
| Monday | 1 |
| Tuesday | 2 |
| Wednesday | 3 |
| Thursday | 4 |
| Friay | 5 |
| Saturday | 6 |
| Sunday | 7 |
| Don't know | 77 |
| **During the past 7 days, did you consume any homebrewed alcohol, any alcohol brought over the border/from another country, any alcohol not intended for drinking or other untaxed alcohol?** | **A11** |
| Yes | 1 |
| No | 2 If No, go to A13 |
| **On average, how many standard drinks of the following did you consume during the past 7 days?** | **A12** |
| Homebrewed beer or wine, e.g. beer, palm or fruit wine | 1 |

| | |
|---|---|
| Homebrewed spirits, e.g. moonshine | 2 |
| Alcohol brought over the border/from another country | 3 |
| Alcohol not intended for drinking, e.g. alcohol-based medicines, perfumes, after shaves | 4 |
| Other untaxed alcohol in the country | 5 |
| Don't know | 77 |
| **During the past 12 months, how often have you found that you were not able to stop drinking once you had started?** | **A13** |
| Daily or almost daily | 1 |
| Weekly | 2 |
| Monthly | 3 |
| Less than monthly | 4 |
| Never | 5 |
| **During the past 12 months, how often have you found that you were not able to stop drinking once you had started?** | **A14** |
| Daily or almost daily | 1 |
| Weekly | 2 |
| Monthly | 3 |
| Less than monthly | 4 |
| Never | 5 |
| **During the past 12 months, how often have you needed a first drink in the morning to get yourself going after a heavy drinking session?** | **A15** |
| Daily or almost daily | 1 |
| Weekly | 2 |
| Monthly | 3 |
| Less than monthly | 4 |
| Never | 5 |
| **During the past 12 months, have you had family problems or problems with your partner due to someone else's drinking?** | **A16** |
| Yes, more than monthly | 1 |

| | |
|---|---|
| Yes, monthly | 2 |
| Yes, several times but less than monthly | 3 |
| Yes, once or twice | 4 |
| No | 5 |
| **How often do you add salt or a salty sauce such as soy sauce to your food right before you eat it or as you are eating it?** | **D5** |
| Always | 1 |
| Often | 2 |
| Sometimes | 3 |
| Rarely | 4 |
| Never | 5 |
| Don’t know | 77 |
| **How often is salt, salty seasoning or a salty sauce added in cooking or preparing foods in your household?** | **D6** |
| Always | 1 |
| Often | 2 |
| Sometimes | 3 |
| Rarely | 4 |
| Never | 5 |
| Don’t know | 77 |
| **How often do you eat processed food high in salt?** | **D7** |
| Always | 1 |
| Often | 2 |
| Sometimes | 3 |
| Rarely | 4 |
| Never | 5 |
| Don’t know | 77 |
| **How much salt or salty sauce do you think you consume?** | **D8** |
| Far too much | 1 |

| | |
|---|---|
| Too much | 2 |
| Just the right amount | 3 |
| Too little | 4 |
| Far too little | 5 |
| Don’t know | 6 |
| **How important to you is lowering the salt in your diet?** | **D9** |
| Very important | 1 |
| Somewhat important | 2 |
| Not at all important | 3 |
| Don’t know | 77 |
| **Do you think that too much salt or salty sauce in your diet could cause a health problem?** | **D10** |
| Yes | 1 |
| No | 2 |
| Don’t know | 3 |
| **Limit consumption of processed foods** | **D11a** |
| Yes | 1 |
| No | 2 |
| **Look at the salt or sodium content on food labels** | **D11b** |
| Yes | 1 |
| No | 2 |
| **Buy low salt/sodium alternatives** | **D11c** |
| Yes | 1 |
| No | 2 |
| **Use spices other than salt when cooking** | **D11d** |
| Yes | 1 |
| No | 2 |
| **Avoid eating foods prepared outside of a home** | **D11e** |
| Yes | 1 |
| No | 2 |

| **Do other things specifically to control your salt intake** | **D11f** |
|---|---|
| Yes | 1 |
| No | 2 |
| **Have you ever had your blood pressure measured by a doctor or other health worker?** | **H1** |
| Yes | 1 |
| No | 2 If No, go to H6 |
| **Have you ever been told by a doctor or other health worker that you have raised blood pressure or hypertension?** | **H2a** |
| Yes | 1 |
| No | 2 If No, go to H6 |
| **Were you first told in the past 12 months?** | **H2b** |
| Yes | 1 |
| No | 2 |
| **In the past two weeks, have you taken any drugs (medication) for raised blood pressure prescribed by a doctor or other health worker?** | **H3** |
| Yes | 1 |
| No | 2 |
| **Have you ever seen a traditional healer for raised blood pressure or hypertension?** | **H4** |
| Yes | 1 |
| No | 2 |
| **Are you currently taking any herbal or traditional remedy for your raised blood pressure?** | **H5** |
| Yes | 1 |
| No | 2 |
| **Have you ever had your blood sugar measured by a doctor or other health worker?** | **H6** |

| | |
|---|---|
| Yes | 1 |
| No | 2 |
| **Have you ever been told by a doctor or other health worker that you have raised blood sugar or diabetes?** | **H7a** |
| Yes | 1 |
| No | 2 |
| **Were you first told in the past 12 months?** | **H7b** |
| Yes | 1 |
| No | 2 |
| **In the past two weeks, have you taken any drugs (medication) for diabetes prescribed by a doctor or other health worker?** | **H8** |
| Yes | 1 |
| No | 2 |
| **Are you currently taking insulin for diabetes prescribed by a doctor or other health worker?** | **H9** |
| Yes | 1 |
| No | 2 |
| **Have you ever seen a traditional healer for diabetes or raised blood sugar?** | **H10** |
| Yes | 1 |
| No | 2 |
| **Are you currently taking any herbal or traditional remedy for your diabetes?** | **H11** |
| Yes | 1 |
| No | 2 |
| **Have you ever had your cholesterol (fat levels in your blood) measured by a doctor or other health worker?** | **H12** |
| Yes | 1 |
| No | 2 |
| **Have you ever been told by a doctor or other health worker that you have raised cholesterol?** | **H13a** |

| | |
|---|---|
| Yes | 1 |
| No | 2 |
| **Were you first told in the past 12 months?** | **H13b** |
| Yes | 1 |
| No | 2 |
| **In the past two weeks, have you taken any oral treatment (medication) for raised total cholesterol prescribed by a doctor or other health worker?** | **H14** |
| Yes | 1 |
| No | 2 |
| **Have you ever seen a traditional healer for raised cholesterol?** | **H15** |
| Yes | 1 |
| No | 2 |
| **Are you currently taking any herbal or traditional remedy for your raised cholesterol?** | **H16** |
| Yes | 1 |
| No | 2 |
| **Have you ever had a heart attack or chest pain from heart disease (angina) or a stroke (cerebrovascular accident or incident)?** | **H17** |
| Yes | 1 |
| No | 2 |
| **Are you currently taking aspirin regularly to prevent or treat heart disease?** | **H18** |
| Yes | 1 |
| No | 2 |
| **Are you currently taking statins (Lovastatin/Simvastatin/Atorvastatin or any other statin) regularly to prevent or treat heart disease?** | **H19** |
| Yes | 1 |

| | |
|---|---|
| No | 2 |
| **During the past 12 months, have you visited a doctor or other health worker?** | **H20** |
| Yes | 1 |
| No | 2 |
| **Quit using tobacco or don't start** | **H20a** |
| Yes | 1 |
| No | 2 |
| **Reduce salt in your diet** | **H20b** |
| Yes | 1 |
| No | 2 |
| **Eat at least five servings of fruit and/or vegetables each day** | **H20c** |
| Yes | 1 |
| No | 2 |
| **Reduce fat in your diet** | **H20d** |
| Yes | 1 |
| No | 2 |
| **Start or do more physical activity** | **H20e** |
| Yes | 1 |
| No | 2 |
| **Maintain a healthy body weight or lose weight** | **H20f** |
| Yes | 1 |
| No | 2 |
| **Reduce sugary beverages in your diet** | **H20g** |
| Yes | 1 |
| No | 2 |
| **Known case of diabetes (Self)** | |
| Yes | 1 |
| No | 2 |
| **Known case of diabetes (family history)** | |

| | |
|---|---|
| Yes | 1 |
| No | 2 |
| **Known case of hypertension (Self)** | |
| Yes | 1 |
| No | 2 |
| **Known case of hypertension (family history)** | |
| Yes | 1 |
| No | 2 |
| **Known case of coronary artery disease (Self)** | |
| Yes | 1 |
| No | 2 |
| **Known case of coronary artery disease (family history)** | |
| Yes | 1 |
| No | 2 |
| **Known case of hypothyroidism (Self)** | |
| Yes | 1 |
| No | 2 |
| **Known case of hypothyroidism (family history)** | |
| Yes | 1 |
| No | 2 |
| **Known case of gall bladder disease(Self)** | |
| Yes | 1 |
| No | 2 |
| **Known case of gall bladder disease (family history)** | |
| Yes | 1 |
| No | 2 |
| **Known case of Cancer (Self)** | |
| Yes | 1 |
| No | 2 |
| **Known case of Cancer (family history)** | |

| | |
|---|---|
| Yes | 1 |
| No | 2 |
| **Others (specify)** | Yes/No |
| Yes | 1 |
| No | 2 |
| **Others (specify) (family history)** | Yes/No |
| Yes | 1 |
| No | 2 |
| **Do you know about comorbidities associated with obesity** | |
| Yes | 1 |
| No | 2 |
| **Do you know about comorbidities associated with obesity** | |
| Yes | 1 |
| No | 2 |
| **If yes, specify** | |
| **Diabetes mellitus** | 1 |
| **Hypertension** | 2 |
| **Cancer** | 3 |
| **CAD** | 4 |
| **Osteoarthritis** | 5 |
| **Stroke** | 6 |
| **Stress** | 7 |
| **Insomnia** | 8 |

| SECTION IV | |
|---|---|
| **Eating habits** | |
| Vegetarian | 1 |
| Vegetarian with egg | 2 |
| Non vegetarian | 3 |
| **Fond of eating food from outside** | |
| Yes | 1 |
| No | 2 |
| **Frequency of eating food from outside** | |
| 1/week | 1 |
| 2/week | 2 |
| 1/month | 3 |
| **Why do you eat fast food?** | |
| Easily available | 1 |
| Inexpensive | 2 |
| Tasty | 3 |
| Busy/lazy to cook | 4 |
| Others | 5 |
| **Do you understand consumption of fast-food causes health problems** | |
| Yes | 1 |

| | |
|---|---|
| No | 2 |
| **Source of milk** | |
| Produced at home | 1 |
| Bought from outside | 2 |
| **Type of milk** | Yes/No |
| With fat | 1 |
| Without fat | 2 |
| **Do you fast?** | |
| Yes | 1 |
| No | 2 |
| **If yes, why you do so?** | |
| Religious reasons | 1 |
| Health reasons | 2 |
| Other | 3 |
| **Do you like to eat in between meals?** | |
| Yes | 1 |
| No | 2 |

| **SECTION V** | |
|---|---|
| **Do you perform household chores?** | |
| Yes | 1 |
| No | 2 |
| **If Yes**, **then what type of household chores are being performed**? | |
| Sweeping | 1 |
| Cleaning | 2 |
| Dishwashing | 3 |
| Cattle care | 4 |
| Sweeping, cleaning | 12 |

| | |
|---|---|
| Sweeping, cleaning, dishwashing | 123 |
| **Do you watch television/use mobile phones?** | |
| Yes | 1 |
| No | 2 |
| **Do you eat meals while watching television/using mobile phone?** | |
| Yes | 1 |
| No | 2 |

| **SECTION VI** | |
|---|---|
| **History of dysmenorrhea** | |
| Yes | 1 |
| No | 2 |
| **History of infertility** | |
| Yes | 1 |
| No | 2 |
| **If present** | |
| Primary | 1 |
| Secondary | 2 |
| **Regular menstruation** | |
| Yes | 1 |
| No | 2 |

| SECTION VII | |
|---|---|
| **Does your work involve vigorous-intensity activity that causes large increases in breathing or heart rate like [carrying or lifting heavy loads, digging or construction work] for at least 10 minutes continuously?** | **P1** |
| Yes | 1 |
| No | 2 |
| **Does your work involve moderate-intensity activity that causes small increases in breathing or heart rate such as brisk walking [or carrying light loads] for at least 10 minutes** | **P4** |
| Yes | 1 |
| No | 2 |
| **Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places?** | **P7** |
| Yes | 1 |
| No | 2 |
| **Do you do any vigorous-intensity sports, fitness or recreational (leisure) activities that cause large increases in breathing or heart rate like [running or football] for at least** | **P10** |
| Yes | 1 |
| No | 2 |
| **Do you do any moderate-intensity sports, fitness or recreational (leisure) activities that cause a small increase in breathing or heart rate such as brisk walking, [cycling, swimming, volleyball] for at least 10 minutes continuously?** | **P13** |
| Yes | 1 |
| No | 2 |

| SECTION VIII | |
|---|---|
| **Feeling sad, blue or depressed** | P1 |
| Yes | 1 |
| No | 0 |
| **Loss of interest or pleasure in most things** | P2 |
| Yes | 1 |
| No | 0 |
| **Feeling tired or low on energy most of the time** | P3 |
| Yes | 1 |
| No | 0 |
| **Loss of appetite or weight loss** | P4 |
| Yes | 1 |
| No | 0 |
| **Overeating or weight gain** | P5 |
| Yes | 1 |
| No | 0 |
| **Trouble falling asleep or staying asleep** | P6 |
| Yes | 1 |
| No | 0 |
| **Sleeping too much** | P7 |
| Yes | 1 |

| | |
|---|---|
| No | 0 |
| **More trouble than usual concentrating on things** | P8 |
| Yes | 1 |
| No | 0 |
| **Feeling down on yourself, no good, or worthless** | P9 |
| Yes | 1 |
| No | 0 |
| **Being fidgety or restless that you move around a lot more than usual** | P10 |
| Yes | 1 |
| No | 0 |
| **Moved or spoke so slowly that other people could have noticed** | P11 |
| Yes | 1 |
| No | 0 |
| **Thought about death more than usual, either your own, someone else's, or death in general** | P12 |
| Yes | 1 |
| No | 0 |

*__All not applicable = 99__
*__Don't know= 77__

| S.No. | House No. | Name | Age | Village | Years of Schooling | Highest level of education | Religion | Caste | Education of spouse (years) | Type of Family | Marital Status | Socio-economic score | SES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 23 | AMARNEET KAUR | 24 | RURKA | 10 | 3 | 2 | 3 | 6 | 2 | 1 | 13 | 4 |
| 2 | 46 | AMBIKA | 19 | SIAHAR | 11 | 3 | 2 | 3 | 12 | 1 | 1 | 21 | 4 |
| 3 | 31 | PUMI | 36 | SIAHAR | 15 | 4 | 2 | 1 | 12 | 1 | 1 | 15 | 4 |
| 4 | 453 | SONIA | 36 | SIAHAR | 13 | 4 | 2 | 1 | 7 | 1 | 1 | 20 | 4 |
| 5 | 543 | RADHA RANI | 32 | SIAHAR | 3 | 1 | 1 | 1 | 9 | 1 | 1 | 22 | 4 |
| 6 | 321 | HARJINDER KAUR | 37 | LEHRA | 9 | 3 | 2 | 2 | 6 | 2 | 1 | 12 | 5 |
| 7 | 243 | GULABO | 30 | LEHRA | 12 | 3 | 2 | 3 | 15 | 2 | 3 | 33 | 2 |
| 8 | 39 | ROOPA | 26 | LEHRA | 8 | 2 | 1 | 1 | 12 | 2 | 1 | 35 | 2 |
| 9 | 47 | SUNITA RANI | 22 | SIAHAR | 3 | 1 | 1 | 1 | 0 | 1 | 1 | 12 | 5 |
| 10 | 31 | KULWATI KAUR | 31 | LEHRA | 0 | 0 | 2 | 3 | 12 | 2 | 1 | 37 | 2 |
| 11 | 44 | BALJEET KAUR | 30 | KALAHAR | 10 | 3 | 2 | 2 | 8 | 1 | 3 | 25 | 3 |
| 12 | 251 | RUPINDER KAUR | 39 | KALAHAR | 9 | 3 | 2 | 3 | 10 | 2 | 1 | 34 | 2 |
| 13 | 312 | GURJIT KAUR | 32 | RURKA | 11 | 3 | 2 | 3 | 5 | 2 | 1 | 23 | 4 |
| 14 | 22 | NIRWAIR KAUR | 38 | JHAMAT | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 38 | 2 |
| 15 | 24 | SONIADEEP KAUR | 42 | SIAHAR | 10 | 3 | 2 | 3 | 12 | 2 | 1 | 36 | 2 |
| 16 | 410 | SUNILA DEVI | 41 | JHAMAT | 10 | 3 | 1 | 1 | 14 | 1 | 2 | 40 | 2 |
| 17 | 454 | LALITA | 30 | SIAHAR | 12 | 3 | 1 | 1 | 12 | 2 | 3 | 43 | 1 |
| 18 | 54 | POONAWATI | 25 | KALAHAR | 5 | 1 | 2 | 1 | 15 | 1 | 1 | 39 | 2 |
| 19 | 34 | SWARANJEET KAUR | 39 | LEHRA | 0 | 0 | 2 | 1 | 9 | 2 | 1 | 36 | 2 |
| 20 | 43 | SHUBHJEET KAUR | 31 | LEHRA | 12 | 3 | 2 | 3 | 12 | 2 | 1 | 33 | 2 |
| 21 | 37 | HARI KAUR | 28 | LEHRA | 3 | 1 | 2 | 3 | 12 | 2 | 1 | 37 | 2 |
| 22 | 156 | NIRLEP KAUR | 54 | KHATTRA | 8 | 2 | 2 | 2 | 4 | 1 | 1 | 27 | 3 |
| 23 | 67 | AMBIKA | 56 | POHIR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 26 | 3 |
| 24 | 87 | SHIKHA | 36 | SIAHAR | 13 | 4 | 3 | 1 | 12 | 1 | 1 | 11 | 5 |
| 25 | 51 | SWASTIKA | 33 | SIAHAR | 12 | 3 | 1 | 3 | 13 | 1 | 3 | 13 | 4 |
| 26 | 39 | KULWATI KAUR | 21 | SIAHAR | 10 | 3 | 2 | 1 | 12 | 1 | 1 | 15 | 4 |
| 27 | 43 | BALJEET KAUR | 36 | RURKA | 8 | 2 | 2 | 3 | 5 | 2 | 1 | 18 | 4 |
| 28 | 67 | RUPINDER | 30 | LEHRA | 11 | 3 | 2 | 1 | 15 | 2 | 1 | 14 | 4 |
| 29 | 56 | GURJIT KAUR | 30 | SIAHAR | 12 | 3 | 2 | 3 | 12 | 1 | 3 | 17 | 4 |
| 30 | 75 | NIRWAIR KAUR | 30 | SIAHAR | 4 | 1 | 2 | 3 | 2 | 1 | 3 | 15 | 4 |
| 31 | 61 | SONIA | 31 | LEHRA | 0 | 0 | 2 | 1 | 12 | 2 | 1 | 34 | 2 |
| 32 | 254 | SWARAN | 29 | KHERA | 12 | 3 | 2 | 1 | 15 | 2 | 4 | 38 | 2 |
| 33 | 262 | SHUBHJEET KAUR | 39 | KALAHAR | 10 | 3 | 2 | 2 | 0 | 1 | 1 | 24 | 3 |
| 34 | 48 | HARI KAUR | 35 | LEHRA | 4 | 1 | 2 | 1 | 12 | 2 | 1 | 33 | 2 |
| 35 | 61 | NIRLEP KAUR | 21 | SIAHAR | 12 | 3 | 2 | 3 | 12 | 1 | 1 | 11 | 5 |
| 36 | 16 | RADHA RANI | 28 | KHATTRA | 12 | 3 | 2 | 1 | 2 | 2 | 1 | 12 | 5 |
| 37 | 68 | RAJ KAUR | 22 | SIAHAR | 10 | 3 | 2 | 2 | 5 | 1 | 1 | 14 | 4 |
| 38 | 213 | DILDEEP KAUR | 36 | LEHRA | 8 | 2 | 2 | 1 | 8 | 2 | 1 | 34 | 2 |
| 39 | 26 | RAJNEET KAUR | 29 | LEHRA | 12 | 3 | 2 | 1 | 0 | 2 | 1 | 39 | 2 |
| 40 | 324 | SONU | 76 | SIAHAR | 10 | 3 | 2 | 2 | 12 | 2 | 3 | 27 | 3 |
| 41 | 265 | AMBIKA | 21 | SIAHAR | 11 | 3 | 2 | 1 | 1 | 1 | 1 | 15 | 4 |
| 42 | 70 | POONAM | 36 | JAGERA | 12 | 3 | 2 | 2 | 12 | 2 | 1 | 28 | 3 |
| 43 | 62 | SONIA | 23 | SIAHAR | 15 | 4 | 2 | 1 | 4 | 1 | 1 | 17 | 4 |
| 44 | 76 | GULABO | 28 | JAGERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 35 | 2 |
| 45 | 343 | ROOPA | 22 | LEHRA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 35 | 2 |
| 46 | 56 | SUNITA RANI | 34 | JAGERA | 6 | 2 | 1 | 2 | 2 | 2 | 1 | 30 | 3 |
| 47 | 62 | SUNILA DEVI | 34 | SIAHAR | 5 | 1 | 1 | 1 | 12 | 1 | 1 | 16 | 4 |
| 48 | 67 | LALITA | 23 | JAGERA | 12 | 3 | 2 | 1 | 15 | 2 | 1 | 31 | 3 |
| 49 | 67 | POONAM | 33 | SIAHAR | 15 | 4 | 2 | 2 | 8 | 2 | 3 | 36 | 2 |
| 50 | 73 | AMBIKA | 22 | SIAHAR | 8 | 2 | 1 | 1 | 0 | 1 | 1 | 18 | 4 |
| 51 | 340 | RUPINDER | 21 | SIAHAR | 0 | 0 | 2 | 1 | 12 | 2 | 1 | 40 | 2 |
| 52 | 56 | SONIA | 18 | SIAHAR | 12 | 3 | 2 | 2 | 11 | 2 | 1 | 37 | 2 |
| 53 | 62 | SWARAN | 25 | SIAHAR | 11 | 3 | 2 | 1 | 12 | 1 | 1 | 15 | 4 |
| 54 | 67 | RADHA RANI | 36 | SIAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 33 | 2 |
| 55 | 46 | SONU | 19 | SIAHAR | 12 | 3 | 2 | 1 | 6 | 2 | 1 | 12 | 5 |
| 56 | 90 | SUKH | 29 | SIAHAR | 6 | 2 | 2 | 2 | 9 | 2 | 4 | 24 | 3 |
| 57 | 345 | BALI | 30 | SIAHAR | 9 | 3 | 2 | 1 | 12 | 2 | 3 | 26 | 3 |
| 58 | 357 | RAVI | 20 | SIAHAR | 12 | 3 | 2 | 1 | 8 | 1 | 1 | 17 | 4 |
| 59 | 361 | PARO | 78 | BHIKHI | 8 | 2 | 2 | 2 | 10 | 1 | 3 | 12 | 5 |
| 60 | 372 | SUNILA | 21 | BHIKHI | 10 | 3 | 1 | 1 | 9 | 2 | 1 | 38 | 2 |
| 61 | 25 | HAR USTAT | 22 | KHATTRA | 9 | 3 | 2 | 2 | 4 | 2 | 1 | 28 | 3 |
| 62 | 388 | JASPAL | 32 | BHIKHI | 4 | 1 | 2 | 1 | 12 | 1 | 1 | 10 | 5 |
| 63 | 354 | PARI | 33 | BHIKHI | 12 | 3 | 2 | 1 | 0 | 2 | 3 | 34 | 2 |
| 64 | 356 | GURDIKSHA | 36 | JAGERA | 0 | 0 | 2 | 2 | 12 | 2 | 1 | 25 | 3 |
| 65 | 97 | HARI | 30 | BHIKHI | 12 | 3 | 2 | 1 | 5 | 2 | 3 | 29 | 3 |
| 66 | 27 | RAJ | 35 | JAGERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 27 | 3 |
| 67 | 363 | KARNAILPREET KAUR | 31 | BHIKHI | 5 | 1 | 2 | 2 | 12 | 2 | 1 | 37 | 2 |
| 68 | 394 | AMBIKA | 30 | BHIKHI | 5 | 1 | 2 | 1 | 8 | 1 | 3 | 14 | 4 |
| 69 | 412 | POONAM | 34 | BHIKHI | 12 | 3 | 2 | 2 | 10 | 2 | 1 | 35 | 2 |
| 70 | 435 | SONIA | 65 | BHIKHI | 12 | 3 | 2 | 1 | 9 | 1 | 1 | 17 | 4 |
| 71 | 30 | GULABO | 69 | JHAMAT | 10 | 3 | 2 | 1 | 4 | 1 | 3 | 18 | 4 |
| 72 | 54 | ROOPA | 33 | JHAMAT | 12 | 3 | 2 | 2 | 12 | 2 | 3 | 39 | 2 |
| 73 | 447 | SUNITA RANI | 23 | JHAMAT | 5 | 1 | 2 | 1 | 0 | 1 | 1 | 11 | 5 |
| 74 | 371 | SUNILA DEVI | 36 | JHAMAT | 10 | 3 | 1 | 2 | 12 | 2 | 1 | 34 | 2 |
| 75 | 65 | LALITA | 26 | SAHARAN MAJRA | 0 | 0 | 2 | 1 | 12 | 2 | 1 | 30 | 3 |
| 76 | 451 | POONAM | 70 | JHAMAT | 12 | 3 | 2 | 1 | 5 | 1 | 3 | 12 | 5 |
| 77 | 310 | AMBIKA | 22 | JHAMAT | 10 | 3 | 2 | 2 | 5 | 1 | 1 | 15 | 4 |
| 78 | 37 | RUPINDER | 34 | JHAMAT | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 17 | 4 |
| 79 | 71 | SONIA | 67 | SAHARAN MAJRA | 12 | 3 | 2 | 1 | 12 | 2 | 3 | 24 | 3 |
| 80 | 343 | SWARAN | 67 | JHAMAT | 10 | 3 | 2 | 1 | 2 | 1 | 1 | 19 | 4 |
| 81 | 76 | RADHA RANI | 36 | RURKA | 9 | 3 | 2 | 2 | 12 | 2 | 1 | 20 | 4 |
| 82 | 76 | SONU | 29 | KHERA | 11 | 3 | 2 | 2 | 15 | 2 | 1 | 36 | 2 |
| 83 | 56 | SUKH | 28 | RURKA | 10 | 3 | 2 | 2 | 5 | 2 | 1 | 13 | 4 |
| 84 | 67 | BALI | 66 | JHAMAT | 6 | 2 | 2 | 1 | 12 | 1 | 1 | 15 | 4 |
| 85 | 356 | RAVI | 63 | JHAMAT | 5 | 1 | 2 | 1 | 10 | 1 | 3 | 14 | 4 |
| 86 | 27 | PARITA | 19 | KHATTRA | 6 | 2 | 2 | 2 | 9 | 1 | 1 | 17 | 4 |
| 87 | 27 | SUNILA | 33 | KHATTRA | 12 | 3 | 1 | 1 | 11 | 1 | 3 | 18 | 4 |
| 88 | 21 | HAR USTAT | 75 | KHATTRA | 12 | 3 | 2 | 1 | 10 | 2 | 1 | 31 | 3 |

| S.No. | House No. | Name | Age | Village | Years of Schooling | Highest level of education | Religion | Caste | Education of spouse (years) | Type of Family | Marital Status | Socio-economic score | SES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 89 | 43 | JASPAL | 70 | KHERA | 3 | 1 | 2 | 1 | 6 | 1 | 3 | 20 | 4 |
| 90 | 39 | PARI | 64 | KALAHAR | 9 | 3 | 2 | 2 | 5 | 2 | 1 | 26 | 3 |
| 91 | 75 | GURDIKSHA | 68 | KALAHAR | 12 | 3 | 2 | 2 | 6 | 2 | 1 | 38 | 2 |
| 92 | 36 | HARI | 32 | KHERA | 6 | 2 | 2 | 1 | 12 | 1 | 1 | 27 | 3 |
| 93 | 56 | RAJ | 32 | KHATTRA | 7 | 2 | 2 | 3 | 5 | 2 | 1 | 21 | 4 |
| 94 | 75 | HARDEEP KAUR | 21 | KHERA | 10 | 3 | 2 | 3 | 12 | 2 | 1 | 25 | 3 |
| 95 | 56 | ATINDER KAUR | 22 | KHERA | 9 | 3 | 2 | 1 | 12 | 1 | 1 | 11 | 5 |
| 96 | 74 | SUPINDER KAUR | 25 | SIAHAR | 12 | 3 | 2 | 1 | 14 | 1 | 1 | 35 | 2 |
| 97 | 47 | LAKHWINDER KAUR | 28 | KHERA | 5 | 1 | 2 | 1 | 12 | 1 | 1 | 20 | 4 |
| 98 | 222 | SHUBHI KAUR | 31 | KHERA | 12 | 3 | 2 | 3 | 12 | 2 | 1 | 12 | 5 |
| 99 | 40 | SURINDER KAUR | 23 | KHERA | 4 | 1 | 2 | 1 | 6 | 1 | 1 | 37 | 2 |
| 100 | 383 | RUPJEET KAUR | 39 | KHERA | 12 | 3 | 2 | 1 | 7 | 2 | 1 | 33 | 2 |
| 101 | 391 | KHUSHDEEP KAUR | 32 | KHERA | 4 | 1 | 2 | 3 | 10 | 2 | 1 | 34 | 2 |
| 102 | 65 | JANGIR KAUR | 19 | KHERA | 12 | 3 | 2 | 1 | 9 | 1 | 1 | 17 | 4 |
| 103 | 43 | HARJINDER KAUR | 20 | POHIR | 3 | 1 | 2 | 1 | 12 | 1 | 1 | 18 | 4 |
| 104 | 27 | BABITA | 35 | JAGERA | 7 | 2 | 1 | 1 | 5 | 2 | 1 | 29 | 3 |
| 105 | 29 | SUNILA | 31 | POHIR | 5 | 1 | 2 | 3 | 12 | 1 | 1 | 20 | 4 |
| 106 | 412 | HAR USTAT | 65 | POHIR | 12 | 3 | 2 | 1 | 4 | 2 | 1 | 36 | 2 |
| 107 | 30 | JASPAL | 32 | POHIR | 11 | 3 | 2 | 3 | 12 | 1 | 1 | 12 | 5 |
| 108 | 447 | PARI | 35 | POHIR | 15 | 4 | 2 | 1 | 12 | 1 | 1 | 21 | 4 |
| 109 | 451 | GURDIKSHA | 32 | POHIR | 12 | 3 | 2 | 1 | 6 | 2 | 1 | 34 | 2 |
| 110 | 310 | HARI | 35 | POHIR | 11 | 3 | 2 | 3 | 7 | 2 | 1 | 35 | 2 |
| 111 | 37 | RAJ | 69 | POHIR | 0 | 0 | 2 | 1 | 10 | 2 | 3 | 36 | 2 |
| 112 | 343 | KARNAILPREET KAUR | 45 | BHIKHI | 5 | 1 | 2 | 1 | 9 | 2 | 1 | 12 | 5 |
| 113 | 356 | GURWI MDER KAUR | 20 | KALAHAR | 7 | 2 | 2 | 1 | 12 | 1 | 1 | 38 | 2 |
| 114 | 21 | GURDEV KAUR | 36 | JAGERA | 12 | 3 | 2 | 3 | 5 | 2 | 1 | 28 | 3 |
| 115 | 518 | SUKHPAL KAUR | 38 | POHIR | 8 | 2 | 2 | 1 | 12 | 2 | 1 | 39 | 2 |
| 116 | 532 | KULWATI KAUR | 20 | SAHARAN MAJRA | 12 | 3 | 2 | 1 | 4 | 1 | 1 | 15 | 4 |
| 117 | 38 | BALJEET KAUR | 43 | SAHARAN MAJRA | 11 | 3 | 2 | 3 | 12 | 1 | 1 | 17 | 4 |
| 118 | 25 | RIA | 32 | SAHARAN MAJRA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 30 | 3 |
| 119 | 651 | GULABO | 66 | SAHARAN MAJRA | 7 | 2 | 2 | 1 | 12 | 1 | 3 | 23 | 4 |
| 120 | 610 | ROOPA | 36 | SAHARAN MAJRA | 1 | 1 | 1 | 1 | 6 | 2 | 1 | 37 | 2 |
| 121 | 612 | SUNITA RANI | 35 | KHATTRA | 8 | 2 | 1 | 3 | 7 | 2 | 1 | 44 | 1 |
| 122 | 42 | SUNILA DEVI | 34 | SAHARAN MAJRA | 6 | 2 | 2 | 1 | 10 | 2 | 1 | 41 | 2 |
| 123 | 65 | LALITA | 31 | SAHARAN MAJRA | 7 | 2 | 2 | 1 | 9 | 1 | 1 | 22 | 4 |
| 124 | 43 | POONAM | 36 | JAGERA | 5 | 1 | 2 | 3 | 12 | 2 | 1 | 32 | 3 |
| 125 | 29 | AMBIKA | 32 | KHERA | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 12 | 5 |
| 126 | 312 | GURJEET KAUR | 37 | KHERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 44 | 1 |
| 127 | 324 | RAJ KAUR | 60 | KHERA | 8 | 2 | 2 | 1 | 4 | 1 | 1 | 31 | 3 |
| 128 | 354 | DILDEEP KAUR | 31 | KHERA | 12 | 3 | 2 | 3 | 12 | 2 | 1 | 12 | 5 |
| 129 | 21 | RAJNEET KAUR | 64 | PANDHER KHERI | 0 | 0 | 2 | 1 | 5 | 1 | 1 | 15 | 4 |
| 130 | 278 | HARJINDER KAUR | 35 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 24 | 3 |
| 131 | 34 | RUPESH KAUR | 23 | PANDHER KHERI | 12 | 3 | 2 | 3 | 12 | 2 | 2 | 12 | 5 |
| 132 | 32 | SUKHWINDERJEET KAUR | 21 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 43 | 1 |
| 133 | 281 | SIMRANJEET KAUR | 38 | KALAHAR | 5 | 1 | 2 | 1 | 0 | 1 | 1 | 40 | 2 |
| 134 | 621 | BALJINDER KAUR | 32 | PANDHER KHERI | 0 | 0 | 2 | 1 | 2 | 2 | 1 | 12 | 5 |
| 135 | 45 | ARUNA | 34 | PANDHER KHERI | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 17 | 4 |
| 136 | 46 | RAVINDER KAUR | 36 | PANDHER KHERI | 15 | 4 | 2 | 1 | 5 | 1 | 1 | 14 | 4 |
| 137 | 31 | RAJWANT KAUR | 23 | PANDHER KHERI | 12 | 3 | 2 | 1 | 10 | 1 | 1 | 13 | 4 |
| 138 | 453 | PARAMJEET KAUR | 39 | RANGIAN | 0 | 0 | 2 | 1 | 12 | 2 | 1 | 42 | 2 |
| 139 | 543 | HARDEEP KAUR | 40 | RANGIAN | 12 | 3 | 2 | 1 | 12 | 2 | 3 | 31 | 3 |
| 140 | 47 | AASHI | 35 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 26 | 3 |
| 141 | 87 | SUPINDER KAUR | 23 | SIAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 28 | 3 |
| 142 | 51 | LAKHWINDER | 43 | RANGIAN | 4 | 1 | 2 | 1 | 0 | 2 | 1 | 34 | 2 |
| 143 | 39 | SHUBH | 20 | JAGERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 29 | 3 |
| 144 | 56 | SURINDER KAUR | 34 | SIAHAR | 12 | 3 | 2 | 1 | 15 | 1 | 1 | 11 | 5 |
| 145 | 75 | ROOPI | 23 | KALAHAR | 15 | 4 | 2 | 1 | 12 | 1 | 1 | 44 | 1 |
| 146 | 61 | KHUSHDEEP KAUR | 26 | RANGIAN | 8 | 2 | 2 | 1 | 4 | 2 | 1 | 43 | 1 |
| 147 | 68 | JANGIR KKAUR | 28 | KALAHAR | 15 | 4 | 2 | 1 | 12 | 1 | 1 | 36 | 2 |
| 148 | 324 | SUJATA | 22 | KHATTRA | 12 | 3 | 1 | 1 | 12 | 2 | 1 | 44 | 1 |
| 149 | 265 | MUKHTIAR KAUR | 29 | KALAHAR | 8 | 2 | 2 | 1 | 15 | 1 | 1 | 43 | 1 |
| 150 | 60 | SATVINDER KAUR | 21 | KHERA | 12 | 3 | 2 | 1 | 5 | 2 | 1 | 27 | 3 |
| 151 | 56 | HARGEET KAUR | 44 | BHIKHI | 6 | 2 | 2 | 1 | 5 | 2 | 1 | 19 | 4 |
| 152 | 67 | AJOONI KAUR | 36 | RANGIAN | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 44 | 1 |
| 153 | 73 | JASPAL | 21 | KHATTRA | 10 | 3 | 2 | 1 | 12 | 2 | 1 | 25 | 3 |
| 154 | 81 | PARMINDER KAUR | 35 | RANGIAN | 12 | 3 | 2 | 1 | 6 | 1 | 1 | 43 | 1 |
| 155 | 90 | DARSHANA | 36 | KHATTRA | 4 | 1 | 2 | 1 | 12 | 2 | 1 | 37 | 2 |
| 156 | 75 | KIRPAL | 35 | KHATTRA | 12 | 3 | 2 | 1 | 10 | 2 | 1 | 31 | 3 |
| 157 | 51 | KARNAILPREET KAUR | 34 | RANGIAN | 7 | 2 | 2 | 1 | 12 | 1 | 1 | 44 | 1 |
| 158 | 46 | GURWI MDER KAUR | 38 | RANGIAN | 4 | 1 | 2 | 1 | 4 | 1 | 1 | 32 | 3 |
| 159 | 31 | GURDEV | 30 | SIAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 30 | 3 |
| 160 | 453 | SUKHPAL KAUR | 30 | KHERA | 12 | 3 | 2 | 1 | 7 | 2 | 1 | 32 | 3 |
| 161 | 543 | KULWATI KAUR | 21 | RANGIAN | 5 | 1 | 2 | 1 | 12 | 2 | 1 | 35 | 2 |
| 162 | 47 | BALI | 24 | KHATTRA | 8 | 2 | 2 | 1 | 12 | 2 | 1 | 24 | 3 |
| 163 | 87 | RUPINDER KAUR | 20 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 38 | 2 |
| 164 | 51 | GURJIT KAUR | 26 | KHATTRA | 6 | 2 | 2 | 1 | 7 | 2 | 1 | 18 | 4 |
| 165 | 39 | NIRWAIR KAUR | 36 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 44 | 1 |
| 166 | 56 | SONIADEEP KAUR | 29 | KHATTRA | 6 | 2 | 2 | 1 | 2 | 2 | 1 | 21 | 4 |
| 167 | 75 | SWARAN | 19 | JAGERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 25 | 3 |
| 168 | 61 | SHUBHJEET KAUR | 33 | SAHARAN MAJRA | 5 | 1 | 2 | 1 | 5 | 2 | 1 | 24 | 3 |
| 169 | 68 | HARI KAUR | 44 | SIAHAR | 6 | 2 | 2 | 1 | 12 | 1 | 1 | 43 | 1 |
| 170 | 324 | NIRLEP KAUR | 31 | RANGIAN | 11 | 3 | 2 | 1 | 5 | 1 | 1 | 21 | 4 |
| 171 | 265 | GURJEET KAUR | 40 | RURKA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 33 | 2 |
| 172 | 62 | RAJ KAUR | 66 | BHIKHI | 5 | 1 | 2 | 1 | 5 | 2 | 3 | 11 | 5 |
| 173 | 56 | DILDEEP KAUR | 25 | KHERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 33 | 2 |
| 174 | 67 | RAJNEET KAUR | 31 | BHIKHI | 5 | 1 | 2 | 1 | 8 | 2 | 1 | 10 | 5 |
| 175 | 73 | HARJINDER | 28 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 35 | 2 |
| 176 | 81 | RUPESH KAUR | 43 | RURKA | 10 | 3 | 2 | 1 | 12 | 2 | 1 | 37 | 2 |

| S.No. | House No. | Name | Age | Village | Years of Schooling | Highest level of education | Religion | Caste | Education of spouse (years) | Type of Family | Marital Status | Socio-economic score | SES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 177 | 90 | SUKHWINDER | 35 | SIAHAR | 10 | 3 | 2 | 1 | 2 | 2 | 1 | 36 | 2 |
| 178 | 222 | SIMRANJEET KAUR | 41 | BHIKHI | 5 | 1 | 2 | 2 | 15 | 2 | 1 | 12 | 5 |
| 179 | 65 | BALJINDER KAUR | 34 | KHERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 39 | 2 |
| 180 | 53 | DALJEET KAUR | 36 | BHIKHI | 5 | 1 | 2 | 1 | 5 | 2 | 1 | 13 | 4 |
| 181 | 61 | RAVINDER KAUR | 26 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 34 | 2 |
| 182 | 367 | RAJWANT | 33 | KHERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 26 | 3 |
| 183 | 74 | PARAMJEET KAUR | 47 | BHIKHI | 6 | 2 | 2 | 2 | 8 | 1 | 1 | 27 | 3 |
| 184 | 170 | HARDEEP KAUR | 32 | KHATTRA | 6 | 2 | 2 | 1 | 5 | 2 | 1 | 15 | 4 |
| 185 | 371 | ATINDER | 31 | KHERA | 8 | 2 | 2 | 1 | 8 | 1 | 1 | 44 | 1 |
| 186 | 36 | SUPINDER KAUR | 19 | JAGERA | 6 | 2 | 2 | 1 | 12 | 2 | 1 | 29 | 3 |
| 187 | 99 | LAKHWINDER | 34 | SAHARAN MAJRA | 1 | 1 | 2 | 1 | 2 | 2 | 1 | 31 | 3 |
| 188 | 167 | SHUBHI KAUR | 32 | KHATTRA | 6 | 2 | 2 | 1 | 12 | 2 | 1 | 43 | 1 |
| 189 | 383 | SURINDER | 24 | KHERA | 12 | 3 | 2 | 1 | 6 | 2 | 1 | 25 | 3 |
| 190 | 179 | RUPJEET KAUR | 36 | KHATTRA | 6 | 2 | 2 | 1 | 6 | 2 | 1 | 17 | 4 |
| 191 | 117 | KHUSHDEEP KAUR | 31 | KALAHAR | 15 | 4 | 2 | 1 | 8 | 1 | 1 | 30 | 3 |
| 192 | 70 | GANGU | 28 | KALAHAR | 15 | 4 | 1 | 1 | 6 | 1 | 1 | 33 | 2 |
| 193 | 135 | HARJINDER KAUR | 34 | KALAHAR | 9 | 3 | 2 | 1 | 1 | 1 | 1 | 44 | 1 |
| 194 | 46 | MUKHTIAR KAUR | 34 | RURKA | 6 | 2 | 2 | 1 | 6 | 2 | 1 | 32 | 3 |
| 195 | 31 | SATVINDER KAUR | 36 | RURKA | 10 | 3 | 2 | 1 | 12 | 1 | 1 | 19 | 4 |
| 196 | 453 | HARGEET KAUR | 38 | RURKA | 7 | 2 | 2 | 1 | 15 | 1 | 1 | 20 | 4 |
| 197 | 543 | AJOONI KAUR | 23 | RURKA | 5 | 1 | 2 | 1 | 9 | 1 | 1 | 22 | 4 |
| 198 | 47 | JASPAL KAUR | 34 | KHERA | 12 | 3 | 2 | 1 | 6 | 2 | 1 | 24 | 3 |
| 199 | 87 | PARMEET | 23 | KHATTRA | 7 | 2 | 2 | 1 | 10 | 2 | 1 | 18 | 4 |
| 200 | 51 | DARSHAN KAUR | 23 | KHERA | 7 | 2 | 2 | 1 | 7 | 2 | 1 | 38 | 2 |
| 201 | 39 | KIRPAL KAUR | 36 | RURKA | 8 | 2 | 2 | 1 | 5 | 2 | 1 | 20 | 4 |
| 202 | 56 | KARNAILPREET KAUR | 31 | KHERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 35 | 2 |
| 203 | 75 | GURWI MDER KAUR | 23 | SIAHAR | 5 | 1 | 2 | 1 | 7 | 2 | 2 | 40 | 2 |
| 204 | 61 | GURDEV KAUR | 31 | KILA HANS | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 37 | 2 |
| 205 | 68 | SUKHPAL KAUR | 39 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 43 | 1 |
| 206 | 324 | SHEHNAAZ KHAN | 25 | KHATTRA | 7 | 2 | 3 | 1 | 5 | 2 | 1 | 17 | 4 |
| 207 | 265 | RUPJEET KAUR | 24 | KILA HANS | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 28 | 3 |
| 208 | 62 | KHUSHDEEP KAUR | 31 | KHATTRA | 7 | 2 | 2 | 1 | 12 | 2 | 1 | 13 | 4 |
| 209 | 56 | JANGIR KKAUR | 34 | KALAHAR | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 34 | 2 |
| 210 | 67 | HARJINDER KAUR | 33 | KILA HANS | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 39 | 2 |
| 211 | 73 | MUKHTIAR KAUR | 45 | KHATTRA | 7 | 2 | 2 | 1 | 0 | 2 | 1 | 15 | 4 |
| 212 | 81 | ANITA | 30 | KALAHAR | 15 | 4 | 1 | 1 | 15 | 1 | 1 | 44 | 1 |
| 213 | 60 | SATVINDER KAUR | 36 | SAHARAN MAJRA | 4 | 1 | 2 | 1 | 12 | 2 | 1 | 28 | 3 |
| 214 | 345 | HARGEET KAUR | 24 | RURKA | 8 | 2 | 2 | 1 | 12 | 1 | 1 | 12 | 5 |
| 215 | 26 | AJOONI KAUR | 30 | JHAMAT | 12 | 3 | 2 | 1 | 8 | 2 | 1 | 38 | 2 |
| 216 | 83 | JASPAL KAUR | 39 | RURKA | 10 | 3 | 2 | 1 | 12 | 2 | 1 | 11 | 5 |
| 217 | 76 | PARMINDER KAUR | 36 | RURKA | 4 | 1 | 2 | 1 | 7 | 1 | 1 | 14 | 4 |
| 218 | 56 | DARSHAN KAUR | 28 | KHERA | 5 | 1 | 2 | 1 | 15 | 2 | 1 | 43 | 1 |
| 219 | 67 | KIRPAL KAUR | 65 | KALAHAR | 7 | 2 | 2 | 1 | 12 | 2 | 1 | 12 | 5 |
| 220 | 356 | KARNAILPREET KAUR | 28 | KALAHAR | 15 | 4 | 2 | 1 | 7 | 1 | 1 | 36 | 2 |
| 221 | 27 | GURWI MDER KAUR | 63 | KHERA | 12 | 3 | 2 | 1 | 15 | 1 | 3 | 25 | 3 |
| 222 | 27 | GURDEV KAUR | 32 | KALAHAR | 7 | 2 | 2 | 2 | 4 | 1 | 1 | 27 | 3 |
| 223 | 21 | SUKHI | 38 | KALAHAR | 9 | 3 | 2 | 1 | 8 | 2 | 1 | 12 | 5 |
| 224 | 43 | NOOR KHAN | 33 | KHATTRA | 7 | 2 | 3 | 1 | 12 | 2 | 1 | 16 | 4 |
| 225 | 39 | GURDEV KAUR | 27 | RANGIAN | 11 | 3 | 2 | 1 | 0 | 1 | 1 | 29 | 3 |
| 226 | 75 | SUKHPAL KAUR | 57 | RANGIAN | 9 | 3 | 2 | 2 | 5 | 1 | 1 | 26 | 3 |
| 227 | 36 | ISHPREET KAUR | 30 | KALAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 31 | 3 |
| 228 | 56 | MANJEET KAUR | 35 | KILA HANS | 7 | 2 | 2 | 1 | 3 | 1 | 1 | 33 | 2 |
| 229 | 75 | JATINDER KAUR | 30 | KHERA | 12 | 3 | 2 | 1 | 15 | 2 | 1 | 36 | 2 |
| 230 | 56 | RUBY | 40 | KHERA | 8 | 2 | 2 | 1 | 8 | 1 | 1 | 17 | 4 |
| 231 | 74 | MALKIT KAUR | 34 | SIAHAR | 13 | 4 | 2 | 1 | 12 | 2 | 1 | 44 | 1 |
| 232 | 47 | SHELY KAUR | 65 | RANGIAN | 5 | 1 | 2 | 2 | 5 | 1 | 1 | 24 | 3 |
| 233 | 222 | HARJAN KAUR | 61 | RURKA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 34 | 2 |
| 234 | 73 | HARDEEP KAUR | 33 | RURKA | 10 | 3 | 2 | 1 | 14 | 1 | 1 | 19 | 4 |
| 235 | 81 | LEELA | 36 | KHERA | 12 | 3 | 1 | 1 | 15 | 2 | 1 | 33 | 2 |
| 236 | 90 | SAPNA | 36 | KHATTRA | 7 | 2 | 2 | 1 | 8 | 2 | 1 | 20 | 4 |
| 237 | 345 | LAKHWINDER KAUR | 33 | KALAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 43 | 1 |
| 238 | 87 | SHUBHI | 30 | KHERA | 5 | 1 | 2 | 1 | 15 | 2 | 1 | 37 | 2 |
| 239 | 21 | SURINDER KAUR | 43 | KHATTRA | 7 | 2 | 2 | 1 | 3 | 2 | 1 | 21 | 4 |
| 240 | 210 | RUPJEET KAUR | 32 | KILA HANS | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 35 | 2 |
| 241 | 99 | KHUSHDEEP KAUR | 29 | KHERA | 6 | 2 | 2 | 1 | 15 | 2 | 1 | 34 | 2 |
| 242 | 62 | JANGIR KKAUR | 31 | POHIR | 5 | 1 | 2 | 1 | 8 | 1 | 1 | 36 | 2 |
| 243 | 67 | HARI | 21 | KHERA | 12 | 3 | 2 | 1 | 15 | 2 | 1 | 35 | 2 |
| 244 | 222 | MUKHTIAR KAUR | 19 | KILA HANS | 15 | 4 | 2 | 1 | 12 | 2 | 1 | 30 | 3 |
| 245 | 53 | JASNEET KAUR | 38 | KILA HANS | 12 | 3 | 2 | 1 | 7 | 2 | 1 | 33 | 2 |
| 246 | 74 | SUGANDHA | 20 | JAGERA | 10 | 3 | 1 | 1 | 12 | 2 | 1 | 32 | 3 |
| 247 | 162 | INDRA | 34 | RANGIAN | 4 | 1 | 1 | 1 | 6 | 2 | 1 | 26 | 3 |
| 248 | 111 | HARJANT KAUR | 21 | KILA HANS | 12 | 3 | 2 | 1 | 5 | 1 | 1 | 23 | 4 |
| 249 | 319 | ANJALI | 30 | KILA HANS | 11 | 3 | 1 | 1 | 12 | 2 | 1 | 37 | 2 |
| 250 | 291 | GURLEEN KAUR | 29 | KILA HANS | 10 | 3 | 2 | 1 | 5 | 2 | 1 | 35 | 2 |
| 251 | 94 | PARAM KAUR | 36 | RURKA | 8 | 2 | 2 | 1 | 10 | 2 | 1 | 19 | 4 |
| 252 | 133 | KULJEET KAUR | 36 | RANGIAN | 3 | 1 | 2 | 1 | 12 | 2 | 1 | 34 | 2 |
| 253 | 271 | REKHA | 34 | KHERA | 12 | 3 | 1 | 1 | 15 | 2 | 1 | 13 | 4 |
| 254 | 39 | KULDIP KAUR | 41 | RURKA | 8 | 2 | 2 | 1 | 5 | 2 | 1 | 20 | 4 |
| 255 | 174 | HARBANS KAUR | 30 | RANGIAN | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 36 | 2 |
| 256 | 121 | SABA JAHANGIR | 44 | KILA HANS | 12 | 3 | 3 | 1 | 7 | 2 | 1 | 33 | 2 |
| 257 | 256 | SWAPNA KAUR | 28 | KILA HANS | 13 | 4 | 2 | 1 | 12 | 1 | 1 | 14 | 4 |
| 258 | 85 | SHARANJOT KAUR | 33 | RURKA | 8 | 2 | 2 | 1 | 6 | 2 | 1 | 16 | 4 |
| 259 | 133 | MANPRIT KAUR | 31 | RANGIAN | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 33 | 2 |
| 260 | 184 | NEELAM | 65 | KHERA | 13 | 4 | 2 | 1 | 15 | 2 | 1 | 33 | 2 |
| 261 | 243 | JAGDEV KAUR | 36 | RURKA | 8 | 2 | 2 | 1 | 5 | 2 | 1 | 20 | 4 |
| 262 | 309 | MEENA SHARMA | 34 | RANGIAN | 12 | 3 | 1 | 1 | 12 | 2 | 1 | 25 | 3 |
| 263 | 378 | KIRANPAL KAUR | 34 | RURKA | 8 | 2 | 2 | 1 | 8 | 2 | 1 | 21 | 4 |
| 264 | 231 | SURJEET KAUR | 30 | RANGIAN | 4 | 1 | 2 | 1 | 12 | 2 | 1 | 36 | 2 |

| S.No. | House No. | Name | Age | Village | Years of Schooling | Highest level of education | Religion | Caste | Education of spouse (years) | Type of Family | Marital Status | Socio-economic score | SES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 265 | 543 | SATVIR KAUR | 32 | RANGIAN | 12 | 3 | 2 | 1 | 8 | 2 | 1 | 37 | 2 |
| 266 | 90 | JINDER KAUR | 36 | RURKA | 9 | 3 | 2 | 1 | 12 | 2 | 1 | 16 | 4 |
| 267 | 76 | GURMANTAR KAUR | 31 | SIAHAR | 5 | 1 | 2 | 1 | 13 | 2 | 1 | 28 | 3 |
| 268 | 56 | DURGA | 42 | RURKA | 9 | 3 | 1 | 1 | 8 | 2 | 1 | 18 | 4 |
| 269 | 67 | KAMLA | 67 | KHERA | 12 | 3 | 1 | 1 | 12 | 2 | 3 | 39 | 2 |
| 270 | 356 | LAXMI | 30 | RURKA | 9 | 3 | 1 | 1 | 8 | 2 | 1 | 21 | 4 |
| 271 | 27 | BINDU KAUR | 42 | SIAHAR | 10 | 3 | 2 | 1 | 12 | 2 | 1 | 34 | 2 |
| 272 | 27 | ASHA | 35 | RURKA | 9 | 3 | 2 | 1 | 3 | 2 | 1 | 23 | 4 |
| 273 | 21 | RAJ | 34 | KHERA | 12 | 3 | 2 | 1 | 15 | 2 | 1 | 35 | 2 |
| 274 | 43 | BALDEEP KAUR | 30 | SIAHAR | 5 | 1 | 2 | 1 | 12 | 2 | 1 | 38 | 2 |
| 275 | 39 | AARTI | 40 | RURKA | 9 | 3 | 1 | 1 | 5 | 2 | 1 | 22 | 4 |
| 276 | 75 | KAMALJIT KAUR | 34 | SIAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 44 | 1 |
| 277 | 36 | DEEPIKA | 36 | RURKA | 9 | 3 | 1 | 1 | 3 | 2 | 1 | 17 | 4 |
| 278 | 56 | VIDYA | 36 | KHERA | 11 | 3 | 1 | 1 | 15 | 2 | 1 | 36 | 2 |
| 279 | 75 | MEERA | 33 | RURKA | 9 | 3 | 1 | 1 | 8 | 2 | 1 | 19 | 4 |
| 280 | 56 | SURDIP KAUR | 36 | SIAHAR | 15 | 4 | 2 | 1 | 12 | 2 | 1 | 30 | 3 |
| 281 | 74 | RASHMI | 39 | RURKA | 9 | 3 | 2 | 1 | 6 | 2 | 1 | 21 | 4 |
| 282 | 47 | RUQSAR | 33 | KHERA | 12 | 3 | 3 | 1 | 5 | 2 | 1 | 37 | 2 |
| 283 | 222 | RAJNI | 36 | RURKA | 9 | 3 | 1 | 1 | 8 | 2 | 1 | 18 | 4 |
| 284 | 1 | SUNAINA | 30 | KHERA | 0 | 0 | 1 | 1 | 15 | 2 | 1 | 33 | 2 |
| 285 | 234 | HARMAN KAUR | 28 | KILA HANS | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 27 | 3 |
| 286 | 567 | TARA RANI | 22 | KALAHAR | 5 | 1 | 1 | 1 | 15 | 1 | 1 | 44 | 1 |
| 287 | 54 | URMEET KAUR | 26 | SAHARAN MAJRA | 13 | 4 | 2 | 1 | 12 | 2 | 1 | 33 | 2 |
| 288 | 412 | HARTEJ KAUR | 38 | SIAHAR | 12 | 3 | 2 | 1 | 2 | 2 | 1 | 35 | 2 |
| 289 | 135 | SWETA | 30 | KHERA | 6 | 2 | 1 | 1 | 15 | 2 | 1 | 35 | 2 |
| 290 | 234 | RAJKUMARI | 31 | RURKA | 10 | 3 | 2 | 1 | 5 | 2 | 1 | 16 | 4 |
| 291 | 432 | HARLEEN KAUR | 35 | SIAHAR | 12 | 3 | 2 | 1 | 8 | 2 | 1 | 31 | 3 |
| 292 | 31 | SONIAKAUR | 23 | JHAMAT | 11 | 3 | 2 | 1 | 3 | 2 | 4 | 36 | 2 |
| 293 | 247 | KARISHMA | 34 | RURKA | 10 | 3 | 2 | 1 | 5 | 2 | 1 | 12 | 5 |
| 294 | 453 | NACHATAR KAUR | 35 | SIAHAR | 5 | 1 | 2 | 1 | 3 | 2 | 1 | 37 | 2 |
| 295 | 245 | NIRMALA DEVI | 21 | JHAMAT | 6 | 2 | 1 | 1 | 8 | 2 | 1 | 38 | 2 |
| 296 | 48 | CHANDRIKA | 25 | SAHARAN MAJRA | 12 | 3 | 1 | 1 | 12 | 1 | 1 | 14 | 4 |
| 297 | 102 | SATNAM KAUR | 23 | SAHARAN MAJRA | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 43 | 1 |
| 298 | 73 | RAJNI KAUR | 25 | SAHARAN MAJRA | 6 | 2 | 2 | 1 | 4 | 2 | 1 | 43 | 1 |
| 299 | 46 | RAJ | 32 | JHAMAT | 11 | 3 | 2 | 1 | 12 | 1 | 1 | 29 | 3 |
| 300 | 47 | SUNITA | 28 | JAGERA | 7 | 2 | 1 | 1 | 5 | 2 | 1 | 36 | 2 |
| 301 | 265 | REETIKA | 37 | SAHARAN MAJRA | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 33 | 2 |
| 302 | 234 | HEMDEEP KAUR | 28 | SAHARAN MAJRA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 32 | 3 |
| 303 | 54 | SULTANA | 37 | SAHARAN MAJRA | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 44 | 1 |
| 304 | 39 | BABNEET KAUR | 39 | JHAMAT | 8 | 2 | 2 | 1 | 8 | 1 | 1 | 44 | 1 |
| 305 | 345 | SUKHPAL KAUR | 28 | SAHARAN MAJRA | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 40 | 2 |
| 306 | 467 | AMAR KAUR | 39 | SIAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 43 | 1 |
| 307 | 236 | DIVYA | 36 | JHAMAT | 12 | 3 | 1 | 1 | 0 | 1 | 1 | 35 | 2 |
| 308 | 213 | HARPREET KAUR | 22 | JHAMAT | 13 | 4 | 2 | 1 | 15 | 2 | 1 | 37 | 2 |
| 309 | 67 | MAYA | 25 | RANGIAN | 11 | 3 | 1 | 1 | 0 | 1 | 1 | 25 | 3 |
| 310 | 356 | APARNA | 26 | RURKA | 11 | 3 | 2 | 1 | 5 | 2 | 1 | 13 | 4 |
| 311 | 27 | AMAR | 34 | JHAMAT | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 33 | 2 |
| 312 | 27 | RANVEER KAUR | 31 | SIAHAR | 5 | 1 | 2 | 1 | 12 | 2 | 1 | 26 | 3 |
| 313 | 21 | JASDEEP KAUR | 30 | JHAMAT | 12 | 3 | 2 | 1 | 15 | 2 | 1 | 35 | 2 |
| 314 | 43 | MOMI | 21 | KHATTRA | 7 | 2 | 3 | 1 | 8 | 2 | 1 | 15 | 4 |
| 315 | 39 | BHUMI | 32 | RURKA | 11 | 3 | 1 | 1 | 8 | 2 | 1 | 18 | 4 |
| 316 | 75 | LEELA | 29 | RANGIAN | 9 | 3 | 1 | 1 | 10 | 2 | 1 | 41 | 2 |
| 317 | 36 | VEDA | 23 | RANGIAN | 10 | 3 | 2 | 1 | 5 | 2 | 1 | 36 | 2 |
| 318 | 56 | DEVI | 35 | RURKA | 11 | 3 | 1 | 1 | 8 | 2 | 1 | 21 | 4 |
| 319 | 75 | SUKHMANI KAUR | 27 | SIAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 44 | 1 |
| 320 | 56 | SONU | 33 | JHAMAT | 13 | 4 | 2 | 1 | 12 | 2 | 1 | 24 | 3 |
| 321 | 74 | NOORI | 34 | SAHARAN MAJRA | 15 | 4 | 2 | 1 | 15 | 1 | 1 | 43 | 1 |
| 322 | 47 | JAS KAUR | 29 | SAHARAN MAJRA | 5 | 1 | 2 | 1 | 12 | 2 | 1 | 37 | 2 |
| 323 | 222 | BALJINDER KAUR | 69 | SIAHAR | 11 | 3 | 2 | 1 | 10 | 2 | 3 | 44 | 1 |
| 324 | 53 | SHEMPI KAUR | 22 | SAHARAN MAJRA | 12 | 3 | 2 | 2 | 12 | 1 | 1 | 33 | 2 |
| 325 | 162 | LAKSHMI | 25 | SAHARAN MAJRA | 15 | 4 | 1 | 2 | 13 | 1 | 1 | 20 | 4 |
| 326 | 111 | ROSHNI | 74 | SIAHAR | 12 | 3 | 1 | 2 | 2 | 2 | 3 | 12 | 5 |
| 327 | 291 | ZARMINA | 33 | SIAHAR | 5 | 1 | 3 | 2 | 12 | 2 | 1 | 36 | 2 |
| 328 | 94 | CHANDANA | 21 | SIAHAR | 11 | 3 | 2 | 2 | 9 | 2 | 1 | 19 | 4 |
| 329 | 121 | PRABHJOT KAUR | 35 | RANGIAN | 12 | 3 | 2 | 2 | 0 | 1 | 1 | 27 | 3 |
| 330 | 133 | MUKHTIAR KAUR | 60 | RANGIAN | 2 | 1 | 2 | 2 | 6 | 1 | 3 | 31 | 3 |
| 331 | 309 | MANJIT KAUR | 54 | RANGIAN | 1 | 1 | 2 | 2 | 3 | 1 | 1 | 28 | 3 |
| 332 | 112 | CHANDA | 63 | RANGIAN | 13 | 4 | 2 | 2 | 5 | 1 | 3 | 30 | 3 |
| 333 | 382 | JAGJEEWAN KAUR | 57 | RANGIAN | 12 | 3 | 2 | 2 | 7 | 1 | 1 | 32 | 3 |
| 334 | 48 | JAGEER KAUR | 33 | RANGIAN | 11 | 3 | 2 | 2 | 0 | 1 | 1 | 25 | 3 |
| 335 | 56 | SHARANJEET KAUR | 56 | RANGIAN | 4 | 1 | 2 | 2 | 8 | 1 | 1 | 29 | 3 |
| 336 | 42 | PARMJEET KAUR | 35 | SAHARAN MAJRA | 5 | 1 | 2 | 2 | 12 | 2 | 1 | 24 | 3 |
| 337 | 62 | DEVI RANI | 66 | RANGIAN | 12 | 3 | 1 | 2 | 3 | 1 | 1 | 26 | 3 |
| 338 | 53 | AMAN KAUR | 53 | RANGIAN | 0 | 0 | 2 | 2 | 10 | 1 | 1 | 28 | 3 |
| 339 | 74 | SUMDEEP KAUR | 21 | RANGIAN | 0 | 0 | 2 | 2 | 12 | 1 | 1 | 29 | 3 |
| 340 | 111 | KARAMJEET KAUR | 36 | JHAMAT | 12 | 3 | 2 | 2 | 14 | 1 | 1 | 33 | 2 |
| 341 | 319 | JAHANGIR | 29 | JHAMAT | 8 | 2 | 3 | 2 | 12 | 1 | 3 | 17 | 4 |
| 342 | 133 | ROSHNI | 68 | RANGIAN | 0 | 0 | 2 | 2 | 15 | 1 | 1 | 31 | 3 |
| 343 | 271 | PRITAM KAUR | 25 | JHAMAT | 12 | 3 | 2 | 2 | 14 | 1 | 1 | 35 | 2 |
| 344 | 243 | NEELAM | 27 | JHAMAT | 10 | 3 | 2 | 2 | 10 | 1 | 1 | 37 | 2 |
| 345 | 309 | SAROJ | 31 | JHAMAT | 12 | 3 | 1 | 2 | 14 | 1 | 1 | 36 | 2 |
| 346 | 378 | KARNAIL KAUR | 32 | RANGIAN | 0 | 0 | 2 | 2 | 8 | 1 | 1 | 27 | 3 |
| 347 | 30 | SANJEET KAUR | 39 | JHAMAT | 15 | 4 | 2 | 2 | 14 | 1 | 1 | 33 | 2 |
| 348 | 31 | SUMANDEEP KAUR | 23 | JHAMAT | 10 | 3 | 2 | 2 | 15 | 1 | 1 | 12 | 5 |
| 349 | 19 | BHAGWATI KAUR | 56 | RANGIAN | 0 | 0 | 2 | 1 | 5 | 1 | 1 | 30 | 3 |
| 350 | 25 | RAJOO | 34 | JHAMAT | 12 | 3 | 2 | 1 | 14 | 1 | 1 | 28 | 3 |
| 351 | 34 | JANT KAUR | 31 | SAHARAN MAJRA | 13 | 4 | 2 | 1 | 12 | 2 | 1 | 34 | 2 |
| 352 | 50 | NEELUM BEGAM | 39 | SIAHAR | 12 | 3 | 3 | 1 | 14 | 1 | 1 | 35 | 2 |

| S.No. | House No. | Name | Age | Village | Years of Schooling | Highest level of education | Religion | Caste | Education of spouse (years) | Type of Family | Marital Status | Socio-economic score | SES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 353 | 38 | DISHA | 58 | SIAHAR | 0 | 0 | 1 | 2 | 7 | 1 | 1 | 31 | 3 |
| 354 | 162 | SEEMA | 38 | SIAHAR | 12 | 3 | 1 | 1 | 14 | 1 | 1 | 43 | 1 |
| 355 | 53 | SHINDER KAUR | 34 | SIAHAR | 11 | 3 | 2 | 1 | 7 | 1 | 1 | 37 | 2 |
| 356 | 67 | AKHVIR KAUR | 57 | SIAHAR | 15 | 4 | 2 | 2 | 5 | 1 | 1 | 24 | 3 |
| 357 | 356 | RANO | 32 | KHATTRA | 8 | 2 | 2 | 1 | 12 | 2 | 1 | 44 | 1 |
| 358 | 27 | SANDHEYA | 31 | SAHARAN MAJRA | 12 | 3 | 1 | 1 | 10 | 1 | 1 | 35 | 2 |
| 359 | 27 | KRINSHNA KAUR | 34 | SIAHAR | 15 | 4 | 2 | 2 | 0 | 1 | 1 | 27 | 3 |
| 360 | 21 | AMAN | 45 | SAHARAN MAJRA | 15 | 4 | 2 | 1 | 14 | 1 | 1 | 44 | 1 |
| 361 | 43 | INDERJEET KAUR | 34 | SAHARAN MAJRA | 13 | 4 | 2 | 1 | 12 | 2 | 1 | 37 | 2 |
| 362 | 39 | DARSHAN KAUR | 28 | SIAHAR | 15 | 4 | 2 | 2 | 5 | 1 | 1 | 25 | 3 |
| 363 | 75 | KARNAIL KAUR | 63 | SAHARAN MAJRA | 12 | 3 | 2 | 1 | 14 | 1 | 1 | 43 | 1 |
| 364 | 36 | POOJA | 35 | SAHARAN MAJRA | 15 | 4 | 1 | 2 | 12 | 2 | 1 | 12 | 5 |
| 365 | 56 | GAURI | 54 | SIAHAR | 15 | 4 | 1 | 3 | 8 | 1 | 1 | 32 | 3 |
| 366 | 75 | RADHA RANI | 42 | SIAHAR | 12 | 3 | 1 | 2 | 14 | 1 | 1 | 37 | 2 |
| 367 | 56 | MALKEET KAUR | 23 | JHAMAT | 12 | 3 | 2 | 2 | 12 | 2 | 1 | 36 | 2 |
| 368 | 74 | BEANT KAUR | 53 | SIAHAR | 15 | 4 | 2 | 2 | 9 | 1 | 1 | 28 | 3 |
| 369 | 47 | GUDIYA | 32 | SIAHAR | 11 | 3 | 2 | 2 | 14 | 1 | 1 | 33 | 2 |
| 370 | 222 | DISHTI | 65 | SAHARAN MAJRA | 12 | 3 | 1 | 3 | 12 | 2 | 3 | 36 | 2 |
| 371 | 53 | CHANDEEP KAUR | 58 | SIAHAR | 15 | 4 | 2 | 2 | 0 | 1 | 1 | 26 | 3 |
| 372 | 162 | SUKHDEV KAUR | 36 | SIAHAR | 3 | 1 | 2 | 2 | 14 | 1 | 1 | 12 | 5 |
| 373 | 111 | MEHAK | 31 | SAHARAN MAJRA | 6 | 2 | 2 | 2 | 0 | 2 | 1 | 12 | 5 |
| 374 | 291 | PRIYA | 54 | SIAHAR | 15 | 4 | 1 | 2 | 5 | 1 | 1 | 30 | 3 |
| 375 | 94 | PREETI KAUR | 58 | SIAHAR | 15 | 4 | 2 | 3 | 3 | 1 | 1 | 29 | 3 |
| 376 | 121 | RANI KAUR | 53 | SIAHAR | 15 | 4 | 2 | 2 | 12 | 1 | 1 | 32 | 3 |
| 377 | 133 | JYOTI | 45 | SIAHAR | 12 | 3 | 2 | 2 | 14 | 1 | 1 | 35 | 2 |
| 378 | 309 | VARSHA | 21 | KHATTRA | 12 | 3 | 1 | 2 | 12 | 2 | 1 | 36 | 2 |
| 379 | 112 | HARVANSHIKA KAUR | 32 | JAGERA | 13 | 4 | 2 | 2 | 12 | 2 | 1 | 12 | 5 |
| 380 | 382 | SHEHNAAZ KHAN | 42 | SIAHAR | 12 | 3 | 3 | 3 | 14 | 1 | 1 | 38 | 2 |
| 381 | 48 | KHUSHBOO | 23 | SAHARAN MAJRA | 5 | 1 | 2 | 2 | 12 | 2 | 1 | 12 | 5 |
| 382 | 56 | JASBIEER KAUR | 41 | SIAHAR | 8 | 2 | 2 | 2 | 14 | 1 | 1 | 37 | 2 |
| 383 | 42 | SAFRA | 20 | SAHARAN MAJRA | 12 | 3 | 3 | 2 | 12 | 2 | 1 | 33 | 2 |
| 384 | 62 | LATTA | 40 | SIAHAR | 15 | 4 | 1 | 2 | 10 | 1 | 1 | 12 | 5 |
| 385 | 53 | RAJVEER KAUR | 39 | SIAHAR | 8 | 2 | 2 | 3 | 14 | 1 | 1 | 37 | 2 |
| 386 | 74 | ISHA | 21 | SIAHAR | 5 | 1 | 2 | 2 | 0 | 1 | 1 | 24 | 3 |
| 387 | 111 | ADITI | 31 | SIAHAR | 5 | 1 | 1 | 2 | 14 | 1 | 1 | 37 | 2 |
| 388 | 319 | SARITA | 34 | SAHARAN MAJRA | 12 | 3 | 1 | 2 | 12 | 2 | 1 | 33 | 2 |
| 389 | 133 | KAMAL KAUR | 58 | SIAHAR | 5 | 1 | 2 | 3 | 8 | 1 | 1 | 27 | 3 |
| 390 | 271 | BALTAR | 41 | BHIKHI | 8 | 2 | 2 | 2 | 14 | 1 | 1 | 33 | 2 |
| 391 | 243 | AMAN | 31 | BHIKHI | 7 | 2 | 2 | 2 | 5 | 1 | 1 | 33 | 2 |
| 392 | 309 | DALBEER KAUR | 54 | SIAHAR | 5 | 1 | 2 | 2 | 6 | 1 | 1 | 31 | 3 |
| 393 | 378 | BHUMIKA | 36 | SAHARAN MAJRA | 12 | 3 | 1 | 1 | 12 | 2 | 1 | 37 | 2 |
| 394 | 30 | GURTEJ KAUR | 34 | SIAHAR | 5 | 1 | 2 | 3 | 14 | 1 | 1 | 16 | 4 |
| 395 | 31 | KAVERI | 58 | SIAHAR | 5 | 1 | 1 | 2 | 8 | 1 | 1 | 26 | 3 |
| 396 | 19 | BINITA | 34 | POHIR | 12 | 3 | 1 | 1 | 12 | 2 | 1 | 25 | 3 |
| 397 | 25 | ANANYA | 37 | SIAHAR | 8 | 2 | 1 | 1 | 14 | 1 | 1 | 12 | 5 |
| 398 | 34 | BEERI KAUR | 24 | SIAHAR | 5 | 1 | 2 | 3 | 0 | 1 | 1 | 28 | 3 |
| 399 | 50 | AMARJDEEP KAUR | 61 | JAGERA | 3 | 1 | 2 | 1 | 12 | 2 | 1 | 30 | 3 |
| 400 | 38 | NAZMA | 38 | SIAHAR | 11 | 3 | 3 | 1 | 14 | 1 | 1 | 14 | 4 |
| 401 | 162 | MUKHTIYAR KAUR | 56 | SIAHAR | 5 | 1 | 2 | 2 | 5 | 1 | 1 | 32 | 3 |
| 402 | 111 | KAMALPREET KAUR | 35 | JAGERA | 12 | 3 | 2 | 2 | 12 | 2 | 1 | 29 | 3 |
| 403 | 319 | GURPREET KAUR | 31 | SIAHAR | 10 | 3 | 2 | 1 | 14 | 1 | 1 | 15 | 4 |
| 404 | 291 | CHANDA | 46 | SIAHAR | 5 | 1 | 2 | 2 | 7 | 1 | 1 | 31 | 3 |
| 405 | 94 | RAJANPREET KAUR | 35 | JAGERA | 12 | 3 | 2 | 2 | 5 | 2 | 1 | 12 | 5 |
| 406 | 133 | PALWINDER AUR | 70 | JHAMAT | 8 | 2 | 2 | 3 | 6 | 1 | 3 | 25 | 3 |
| 407 | 271 | JAGROOP KAUR | 64 | JHAMAT | 8 | 2 | 2 | 2 | 10 | 1 | 1 | 24 | 3 |
| 408 | 39 | MANJEET KAUR | 67 | JHAMAT | 8 | 2 | 2 | 2 | 5 | 1 | 1 | 27 | 3 |
| 409 | 174 | MANJIT KAUR | 39 | BHIKHI | 8 | 2 | 2 | 2 | 0 | 1 | 1 | 29 | 3 |
| 410 | 121 | HARWINDER KAUR | 23 | JAGERA | 12 | 3 | 2 | 3 | 12 | 2 | 4 | 26 | 3 |
| 411 | 256 | KAMALJEET KAUR | 56 | BHIKHI | 8 | 2 | 2 | 2 | 7 | 1 | 1 | 28 | 3 |
| 412 | 85 | HARPAL KAUR | 56 | BHIKHI | 8 | 2 | 2 | 3 | 6 | 2 | 1 | 30 | 3 |
| 413 | 133 | ASHU | 32 | JAGERA | 12 | 3 | 2 | 2 | 12 | 2 | 1 | 24 | 3 |
| 414 | 184 | GURMEET KAUR | 58 | BHIKHI | 8 | 2 | 2 | 3 | 0 | 2 | 1 | 31 | 3 |
| 415 | 243 | HARDEEP KAUR | 44 | BHIKHI | 10 | 3 | 2 | 3 | 3 | 1 | 1 | 26 | 3 |
| 416 | 309 | SATYA | 23 | JAGERA | 12 | 3 | 2 | 2 | 12 | 2 | 1 | 32 | 3 |
| 417 | 378 | NASEEB KAUR | 67 | SIAHAR | 10 | 3 | 2 | 2 | 12 | 1 | 1 | 25 | 3 |
| 418 | 231 | KAMALJIT KAUR | 56 | GOPALPUR | 2 | 1 | 2 | 2 | 10 | 1 | 1 | 28 | 3 |
| 419 | 112 | SURJEET KAUR | 21 | JAGERA | 12 | 3 | 2 | 2 | 12 | 2 | 1 | 30 | 3 |
| 420 | 251 | MANJOT KAUR | 69 | SIAHAR | 10 | 3 | 2 | 3 | 5 | 1 | 3 | 27 | 3 |
| 421 | 39 | MANPREET KAUR | 45 | BHIKHI | 5 | 1 | 2 | 2 | 8 | 1 | 1 | 31 | 3 |
| 422 | 174 | KARAM | 44 | BHIKHI | 9 | 3 | 2 | 2 | 12 | 1 | 1 | 29 | 3 |
| 423 | 413 | GAGANDEEP KAUR | 62 | GOPALPUR | 10 | 3 | 2 | 2 | 7 | 1 | 3 | 24 | 3 |
| 424 | 121 | JASWINDER KAUR | 66 | BHIKHI | 6 | 2 | 2 | 3 | 10 | 2 | 1 | 26 | 3 |
| 425 | 382 | UMAISHA | 22 | JAGERA | 5 | 1 | 1 | 1 | 12 | 2 | 1 | 32 | 3 |
| 426 | 211 | RAJDEEP KAUR | 58 | KHATTRA | 11 | 3 | 2 | 2 | 0 | 1 | 1 | 25 | 3 |
| 427 | 256 | BALJINDER KAUR | 31 | BHIKHI | 11 | 3 | 2 | 2 | 0 | 1 | 1 | 28 | 3 |
| 428 | 48 | SARABJIT KAUR | 25 | JAGERA | 12 | 3 | 2 | 3 | 12 | 2 | 1 | 33 | 2 |
| 429 | 85 | RANO | 61 | BHIKHI | 11 | 3 | 2 | 2 | 5 | 1 | 1 | 30 | 3 |
| 430 | 133 | GURMEET KAUR | 53 | BHIKHI | 8 | 2 | 2 | 3 | 8 | 1 | 1 | 27 | 3 |
| 431 | 56 | MANJIT KAUR | 27 | BHIKHI | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 30 | 3 |
| 432 | 121 | SURDEEP KAUR | 58 | KHATTRA | 11 | 3 | 2 | 2 | 12 | 1 | 1 | 32 | 3 |
| 433 | 184 | SIMRAN | 21 | BHIKHI | 7 | 2 | 2 | 2 | 5 | 1 | 1 | 29 | 3 |
| 434 | 42 | BALBIR KAUR | 29 | JAGERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 31 | 3 |
| 435 | 243 | MANDEEP KAUR | 41 | JAGERA | 11 | 3 | 2 | 2 | 6 | 1 | 1 | 24 | 3 |
| 436 | 185 | SWARANDEEP KAUR | 58 | KHATTRA | 5 | 1 | 2 | 2 | 3 | 1 | 1 | 26 | 3 |
| 437 | 309 | LAKHBIR KAUR | 47 | JAGERA | 12 | 3 | 2 | 2 | 12 | 1 | 1 | 25 | 3 |
| 438 | 343 | NANCY | 65 | KILA HANS | 7 | 2 | 2 | 3 | 10 | 1 | 3 | 28 | 3 |
| 439 | 56 | PUNEET KAUR | 57 | SIAHAR | 12 | 3 | 2 | 2 | 5 | 1 | 1 | 30 | 3 |
| 440 | 62 | GAGANJOT KAUR | 28 | JAGERA | 13 | 4 | 2 | 1 | 8 | 2 | 1 | 34 | 2 |

| S.No. | House No. | Name | Age | Village | Years of Schooling | Highest level of education | Religion | Caste | Education of spouse (years) | Type of Family | Marital Status | Socio-economic score | SES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 441 | 67 | GURCHARAN KAUR | 64 | SIAHAR | 12 | 3 | 2 | 2 | 7 | 1 | 1 | 32 | 3 |
| 442 | 222 | RAJANDEEP KAUR | 56 | JAGERA | 7 | 2 | 2 | 2 | 10 | 1 | 1 | 27 | 3 |
| 443 | 53 | JOT | 33 | JAGERA | 1 | 1 | 2 | 2 | 5 | 2 | 1 | 31 | 3 |
| 444 | 74 | REKHA | 35 | JAGERA | 3 | 1 | 1 | 3 | 8 | 2 | 1 | 36 | 2 |
| 445 | 162 | JASWINDER KAUR | 74 | JAGERA | 6 | 2 | 2 | 2 | 0 | 1 | 3 | 29 | 3 |
| 446 | 111 | NAVKIRAN KAUR | 37 | JAGERA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 25 | 3 |
| 447 | 319 | SHILPA | 64 | JAGERA | 5 | 1 | 1 | 2 | 12 | 2 | 1 | 27 | 3 |
| 448 | 291 | MOHINDER KAUR | 58 | JAGERA | 13 | 4 | 2 | 3 | 5 | 1 | 1 | 28 | 3 |
| 449 | 94 | GAGANDEEP KAUR | 56 | JAGERA | 13 | 4 | 2 | 2 | 6 | 1 | 1 | 24 | 3 |
| 450 | 133 | SHAMADEEP KAUR | 33 | JAGERA | 12 | 3 | 2 | 1 | 3 | 2 | 1 | 26 | 3 |
| 451 | 271 | BALPREET KAUR | 31 | JAGERA | 5 | 1 | 2 | 2 | 12 | 2 | 1 | 37 | 2 |
| 452 | 39 | KANTA DEVI | 21 | JAGERA | 13 | 4 | 2 | 3 | 10 | 1 | 1 | 30 | 3 |
| 453 | 174 | DEEPA | 38 | POHIR | 12 | 3 | 2 | 3 | 5 | 1 | 1 | 32 | 3 |
| 454 | 121 | DEPTI | 25 | POHIR | 9 | 3 | 2 | 1 | 8 | 1 | 1 | 29 | 3 |
| 455 | 256 | BALWINDER KAUR | 54 | GOPALPUR | 6 | 2 | 2 | 2 | 7 | 1 | 1 | 24 | 3 |
| 456 | 85 | SHARAN KAUR | 34 | POHIR | 5 | 1 | 2 | 1 | 10 | 1 | 1 | 35 | 2 |
| 457 | 133 | KARAM KAUR | 32 | POHIR | 6 | 2 | 2 | 1 | 5 | 1 | 1 | 31 | 3 |
| 458 | 184 | UMNEET KAUR | 31 | POHIR | 8 | 2 | 2 | 1 | 8 | 1 | 1 | 37 | 2 |
| 459 | 243 | YADWINDER KAUR | 25 | JAGERA | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 34 | 2 |
| 460 | 309 | SEEMA | 35 | JAGERA | 10 | 3 | 1 | 1 | 2 | 1 | 1 | 26 | 3 |
| 461 | 378 | SONIA | 26 | JAGERA | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 34 | 2 |
| 462 | 231 | SANGEET KAUR | 47 | KHATTRA | 7 | 2 | 2 | 2 | 5 | 1 | 1 | 28 | 3 |
| 463 | 30 | MANDEEP KAUR | 33 | SIAHAR | 12 | 3 | 2 | 3 | 3 | 1 | 1 | 33 | 2 |
| 464 | 31 | SAPNA | 32 | KALAHAR | 6 | 2 | 2 | 3 | 12 | 1 | 1 | 27 | 3 |
| 465 | 437 | BALJINDER KAUR | 61 | KHATTRA | 6 | 2 | 2 | 3 | 10 | 1 | 3 | 30 | 3 |
| 466 | 19 | LAKHJEET KAUR | 34 | KALAHAR | 7 | 2 | 2 | 1 | 5 | 1 | 1 | 29 | 3 |
| 467 | 609 | SATJEET KAUR | 57 | KHATTRA | 6 | 2 | 2 | 2 | 8 | 1 | 1 | 25 | 3 |
| 468 | 25 | DILPREET KAUR | 36 | JAGERA | 12 | 3 | 2 | 1 | 7 | 1 | 1 | 34 | 2 |
| 469 | 34 | MANJEET KAUR | 30 | JHAMAT | 11 | 3 | 2 | 3 | 10 | 1 | 1 | 31 | 3 |
| 470 | 209 | BHINDER KAUR | 58 | KHATTRA | 6 | 2 | 2 | 2 | 5 | 1 | 1 | 24 | 3 |
| 471 | 50 | HARPREET KAUR | 38 | JHAMAT | 12 | 3 | 2 | 1 | 8 | 1 | 1 | 25 | 3 |
| 472 | 38 | GEETA | 35 | GOPALPUR | 10 | 3 | 1 | 1 | 12 | 1 | 1 | 33 | 2 |
| 473 | 132 | RANVIR KAUR | 56 | KHATTRA | 7 | 2 | 2 | 2 | 6 | 1 | 1 | 32 | 3 |
| 474 | 343 | AMRITPAL KAUR | 36 | POHIR | 12 | 3 | 2 | 3 | 3 | 1 | 1 | 28 | 3 |
| 475 | 56 | NAVPREET KAUR | 32 | POHIR | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 35 | 2 |
| 476 | 62 | SANDIP KAUR | 37 | POHIR | 10 | 3 | 2 | 1 | 10 | 1 | 1 | 26 | 3 |
| 477 | 67 | MOHINDER KAUR | 38 | POHIR | 11 | 3 | 2 | 3 | 5 | 1 | 1 | 29 | 3 |
| 478 | 222 | AMITA | 23 | POHIR | 13 | 4 | 1 | 1 | 8 | 1 | 1 | 37 | 2 |
| 479 | 53 | GEETA | 25 | POHIR | 10 | 3 | 1 | 1 | 7 | 1 | 1 | 27 | 3 |
| 480 | 74 | AMARJEET KAUR | 68 | KHATTRA | 7 | 2 | 2 | 2 | 10 | 1 | 1 | 32 | 3 |
| 481 | 162 | ROZANDEEP KAUR | 33 | GOPALPUR | 6 | 2 | 2 | 1 | 12 | 1 | 3 | 30 | 3 |
| 482 | 111 | MANDEEP KAUR | 27 | POHIR | 10 | 3 | 2 | 1 | 8 | 1 | 1 | 34 | 2 |
| 483 | 319 | SIMMI | 59 | KHATTRA | 7 | 2 | 2 | 3 | 5 | 1 | 1 | 24 | 3 |
| 484 | 291 | SURJIT KAUR | 31 | POHIR | 5 | 1 | 2 | 3 | 12 | 1 | 1 | 28 | 3 |
| 485 | 94 | DALJEET KAUR | 34 | POHIR | 6 | 2 | 2 | 1 | 3 | 1 | 1 | 25 | 3 |
| 486 | 133 | KARAMPREET KAUR | 54 | KHATTRA | 7 | 2 | 2 | 3 | 12 | 1 | 1 | 31 | 3 |
| 487 | 271 | PARMJEET KAUR | 37 | POHIR | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 34 | 2 |
| 488 | 39 | SARANJEET KAUR | 23 | POHIR | 10 | 3 | 2 | 1 | 5 | 1 | 1 | 36 | 2 |
| 489 | 174 | RANDEEP KAUR | 60 | KHATTRA | 7 | 2 | 2 | 3 | 10 | 1 | 3 | 27 | 3 |
| 490 | 121 | BALMINDER KAUR | 28 | POHIR | 12 | 3 | 2 | 1 | 12 | 1 | 1 | 34 | 2 |
| 491 | 256 | ARSHPREET KAUR | 31 | POHIR | 10 | 3 | 2 | 1 | 2 | 1 | 1 | 35 | 2 |
| 492 | 85 | HARDEEP KAUR | 56 | KHATTRA | 7 | 2 | 2 | 2 | 5 | 1 | 1 | 26 | 3 |
| 493 | 133 | NAVJEET KAUR | 35 | POHIR | 5 | 1 | 2 | 1 | 12 | 1 | 1 | 36 | 2 |
| 494 | 184 | HEMLATA | 21 | KALAHAR | 12 | 3 | 1 | 3 | 12 | 1 | 1 | 30 | 3 |
| 495 | 243 | PAWANDEEP KAUR | 58 | KHATTRA | 7 | 2 | 2 | 2 | 6 | 1 | 1 | 29 | 3 |
| 496 | 309 | HEERA | 34 | KALAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 32 | 3 |
| 497 | 378 | ANJU | 37 | KALAHAR | 4 | 1 | 1 | 1 | 10 | 2 | 1 | 44 | 1 |
| 498 | 231 | GAYATRI | 39 | KALAHAR | 12 | 3 | 1 | 1 | 7 | 2 | 1 | 24 | 3 |
| 499 | 271 | AARZOO | 32 | KHERA | 12 | 3 | 3 | 3 | 5 | 1 | 1 | 37 | 2 |
| 500 | 555 | MAMTA | 34 | JHAMAT | 15 | 4 | 1 | 1 | 12 | 1 | 1 | 31 | 3 |
| 501 | 343 | ISHITA | 40 | KALAHAR | 5 | 1 | 1 | 1 | 7 | 2 | 1 | 27 | 3 |
| 502 | 56 | SUMANDIP KAUR | 56 | KHATTRA | 8 | 2 | 2 | 3 | 0 | 1 | 1 | 26 | 3 |
| 503 | 62 | ANKITA | 42 | KALAHAR | 7 | 2 | 1 | 1 | 12 | 2 | 1 | 30 | 3 |
| 504 | 67 | KANCHAN | 43 | KALAHAR | 12 | 3 | 1 | 3 | 10 | 2 | 1 | 28 | 3 |
| 505 | 222 | BISHAN KAUR | 58 | KHATTRA | 8 | 2 | 2 | 2 | 7 | 1 | 1 | 29 | 3 |
| 506 | 53 | KEERTI | 46 | KALAHAR | 12 | 3 | 2 | 1 | 5 | 2 | 1 | 38 | 2 |
| 507 | 74 | LAKSHMI | 43 | KALAHAR | 8 | 2 | 1 | 1 | 12 | 2 | 1 | 35 | 2 |
| 508 | 162 | ANU | 32 | PANDHER KHERI | 11 | 3 | 2 | 1 | 7 | 2 | 1 | 36 | 2 |
| 509 | 111 | HARDEV KAUR | 58 | KHATTRA | 8 | 2 | 2 | 2 | 8 | 1 | 1 | 25 | 3 |
| 510 | 319 | MOHINDER KAUR | 24 | GOPALPUR | 12 | 3 | 2 | 3 | 12 | 2 | 1 | 35 | 2 |
| 511 | 291 | NIRMALA | 53 | JHAMAT | 8 | 2 | 1 | 3 | 0 | 1 | 1 | 24 | 3 |
| 512 | 94 | NACHHATAR KAUR | 49 | KALAHAR | 4 | 1 | 2 | 1 | 12 | 2 | 1 | 34 | 2 |
| 513 | 133 | ROOPA | 32 | KALAHAR | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 23 | 4 |
| 514 | 271 | MAALTI | 23 | POHIR | 7 | 2 | 2 | 3 | 10 | 2 | 1 | 31 | 3 |
| 515 | 39 | RANO | 31 | PANDHER KHERI | 10 | 3 | 2 | 1 | 7 | 2 | 1 | 43 | 1 |
| 516 | 174 | BIMLA | 34 | PANDHER KHERI | 11 | 3 | 2 | 1 | 5 | 2 | 1 | 44 | 1 |
| 517 | 121 | RACHPAL KAUR | 67 | KHATTRA | 8 | 2 | 2 | 3 | 12 | 1 | 3 | 25 | 3 |
| 518 | 256 | RUPA DEVI | 37 | PANDHER KHERI | 12 | 3 | 1 | 1 | 7 | 2 | 1 | 23 | 4 |
| 519 | 85 | RAJWANI | 21 | PANDHER KHERI | 10 | 3 | 2 | 1 | 12 | 2 | 1 | 32 | 3 |
| 520 | 133 | DARSHANA KAUR | 58 | KHATTRA | 8 | 2 | 2 | 2 | 10 | 1 | 1 | 26 | 3 |
| 521 | 184 | SUJEET | 38 | PANDHER KHERI | 12 | 3 | 2 | 3 | 12 | 2 | 1 | 35 | 2 |
| 522 | 243 | RUKHSANA | 34 | PANDHER KHERI | 5 | 1 | 3 | 1 | 12 | 2 | 1 | 25 | 3 |
| 523 | 309 | MEET KAUR | 58 | KHATTRA | 6 | 2 | 2 | 2 | 0 | 1 | 1 | 27 | 3 |
| 524 | 378 | NIRMALA RANI | 39 | PANDHER KHERI | 7 | 2 | 1 | 1 | 12 | 2 | 1 | 40 | 2 |
| 525 | 231 | POOJA | 66 | PANDHER KHERI | 8 | 2 | 1 | 1 | 2 | 2 | 1 | 29 | 3 |
| 526 | 94 | AMANPREET KAUR | 56 | KHATTRA | 6 | 2 | 2 | 3 | 6 | 1 | 1 | 31 | 3 |
| 527 | 133 | PARAM KAUR | 63 | LEHRA | 10 | 3 | 2 | 1 | 4 | 2 | 3 | 24 | 3 |
| 528 | 271 | JASWINDER KAUR | 21 | GOPALPUR | 6 | 2 | 2 | 2 | 12 | 1 | 1 | 30 | 3 |

| S.No. | House No. | Name | Age | Village | Years of Schooling | Highest level of education | Religion | Caste | Education of spouse (years) | Type of Family | Marital Status | Socio-economic score | SES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 529 | 39 | HARBHAGWAN KAUR | 25 | LEHRA | 12 | 3 | 2 | 3 | 8 | 2 | 1 | 32 | 3 |
| 530 | 174 | RAJI KAUR | 35 | LEHRA | 13 | 4 | 2 | 1 | 3 | 2 | 1 | 37 | 2 |
| 531 | 121 | RAMANDEEP KAUR | 32 | GOPALPUR | 6 | 2 | 2 | 3 | 6 | 1 | 1 | 27 | 3 |
| 532 | 256 | CHARAN KAUR | 31 | LEHRA | 12 | 3 | 2 | 1 | 4 | 2 | 1 | 38 | 2 |
| 533 | 85 | SATI KAUR | 36 | LEHRA | 5 | 1 | 2 | 1 | 12 | 2 | 1 | 25 | 3 |
| 534 | 133 | MEENA DEVI | 54 | GOPALPUR | 6 | 2 | 1 | 2 | 8 | 1 | 1 | 28 | 3 |
| 535 | 184 | GULABH KAUR | 38 | LEHRA | 12 | 3 | 2 | 3 | 3 | 2 | 1 | 39 | 2 |
| 536 | 243 | ROZEDEEP KAUR | 31 | LEHRA | 10 | 3 | 2 | 1 | 10 | 2 | 1 | 33 | 2 |
| 537 | 309 | RAWINDER KAUR | 21 | GOPALPUR | 6 | 2 | 2 | 2 | 5 | 1 | 1 | 26 | 3 |
| 538 | 378 | SARASWATI | 28 | GOPALPUR | 15 | 4 | 1 | 1 | 15 | 1 | 1 | 36 | 2 |
| 539 | 231 | JASWANT KAUR | 24 | LEHRA | 10 | 3 | 2 | 1 | 12 | 2 | 1 | 44 | 1 |
| 540 | 321 | GURDISHA KAUR | 56 | KHATTRA | 7 | 2 | 2 | 3 | 8 | 1 | 1 | 30 | 3 |
| 541 | 334 | SUMANPREET KAUR | 34 | LEHRA | 12 | 3 | 2 | 1 | 4 | 2 | 1 | 32 | 3 |
| 542 | 312 | KARAMINDER KAUR | 23 | LEHRA | 13 | 4 | 2 | 1 | 12 | 2 | 1 | 43 | 1 |
| 543 | 356 | PINKY | 21 | LEHRA | 5 | 1 | 2 | 1 | 8 | 2 | 1 | 32 | 3 |
| 544 | 321 | BHARTI | 35 | LEHRA | 7 | 2 | 1 | 3 | 3 | 2 | 1 | 31 | 3 |
| 545 | 378 | RAJJI | 34 | LEHRA | 6 | 2 | 2 | 1 | 10 | 2 | 1 | 24 | 3 |
| 546 | 432 | SHILA | 65 | LEHRA | 9 | 3 | 1 | 1 | 12 | 2 | 1 | 29 | 3 |
| 547 | 510 | AMANJOT KAUR | 56 | KHATTRA | 6 | 2 | 2 | 3 | 6 | 1 | 1 | 26 | 3 |
| 548 | 413 | ANJU | 34 | LEHRA | 12 | 3 | 1 | 1 | 12 | 2 | 1 | 28 | 3 |
| 549 | 445 | SUNITA | 32 | LEHRA | 10 | 3 | 1 | 3 | 10 | 2 | 1 | 25 | 3 |
| 550 | 25 | AMARJIT KAUR | 56 | GOPALPUR | 7 | 2 | 2 | 2 | 5 | 1 | 1 | 30 | 3 |
| 551 | 31 | HARMEET | 35 | GOPALPUR | 13 | 4 | 2 | 1 | 12 | 2 | 1 | 27 | 3 |
| 552 | 46 | SHIMPY | 31 | GOPALPUR | 12 | 3 | 2 | 1 | 10 | 2 | 1 | 34 | 2 |
| 553 | 213 | SURJEET KAUR | 25 | GOPALPUR | 7 | 2 | 2 | 2 | 4 | 1 | 1 | 28 | 3 |
| 554 | 165 | MONA | 27 | GOPALPUR | 15 | 4 | 1 | 1 | 12 | 2 | 1 | 35 | 2 |
| 555 | 152 | RESHAM KAUR | 34 | GOPALPUR | 7 | 2 | 2 | 3 | 10 | 1 | 1 | 29 | 3 |
| 556 | 310 | SANJANA DEVI | 54 | GOPALPUR | 7 | 2 | 2 | 1 | 7 | 1 | 1 | 24 | 3 |
| 557 | 211 | MALWATI | 23 | GOPALPUR | 13 | 4 | 2 | 3 | 12 | 2 | 1 | 32 | 3 |
| 558 | 15 | MADHU | 64 | GOPALPUR | 12 | 3 | 1 | 1 | 6 | 2 | 1 | 31 | 3 |
| 559 | 262 | RIYA | 26 | KALAHAR | 8 | 2 | 1 | 3 | 5 | 2 | 1 | 17 | 4 |
| 560 | 29 | PARAMJIT KAUR | 21 | GOPALPUR | 8 | 2 | 2 | 2 | 8 | 1 | 1 | 25 | 3 |
| 561 | 36 | GURMEET KAUR | 25 | GOPALPUR | 12 | 3 | 2 | 3 | 3 | 1 | 1 | 32 | 3 |
| 562 | 329 | SHARANPAL KAUR | 70 | LEHRA | 10 | 3 | 2 | 2 | 10 | 1 | 3 | 27 | 3 |
| 563 | 345 | SUKHWANT KAUR | 56 | LEHRA | 9 | 3 | 2 | 3 | 12 | 1 | 1 | 26 | 3 |
| 564 | 603 | SUKHWINDER KAUR | 50 | LEHRA | 10 | 3 | 2 | 2 | 15 | 1 | 1 | 29 | 3 |
| 565 | 343 | AMARPREET KAUR | 63 | KILA HANS | 11 | 3 | 2 | 2 | 5 | 1 | 1 | 28 | 3 |
| 566 | 56 | RAJNI | 54 | KILA HANS | 9 | 3 | 1 | 3 | 13 | 1 | 1 | 31 | 3 |
| 567 | 62 | MEENA DEVI | 37 | GOPALPUR | 8 | 2 | 1 | 2 | 8 | 1 | 1 | 25 | 3 |
| 568 | 67 | SEEMA | 35 | GOPALPUR | 12 | 3 | 1 | 3 | 12 | 2 | 1 | 34 | 2 |
| 569 | 222 | RAJANDEEP KAUR | 43 | GOPALPUR | 2 | 1 | 2 | 1 | 12 | 2 | 1 | 35 | 2 |
| 570 | 53 | SHUMAIRA | 32 | GOPALPUR | 8 | 2 | 3 | 3 | 7 | 2 | 1 | 19 | 4 |
| 571 | 74 | NAVDEEP KAUR | 30 | GOPALPUR | 9 | 3 | 2 | 2 | 3 | 1 | 1 | 32 | 3 |
| 572 | 162 | SHAMSHER KAUR | 43 | GOPALPUR | 10 | 3 | 2 | 2 | 9 | 1 | 1 | 23 | 4 |
| 573 | 111 | HARJIT KAUR | 58 | GOPALPUR | 11 | 3 | 2 | 3 | 15 | 1 | 3 | 30 | 3 |
| 574 | 319 | SANDEEP KAUR | 45 | GOPALPUR | 5 | 1 | 2 | 2 | 6 | 1 | 1 | 25 | 3 |
| 575 | 291 | GURMAIL KAUR | 56 | GOPALPUR | 5 | 1 | 2 | 2 | 8 | 1 | 1 | 30 | 3 |
| 576 | 94 | BALJIT KAUR | 60 | GOPALPUR | 9 | 3 | 2 | 3 | 5 | 1 | 1 | 24 | 3 |
| 577 | 133 | LAKHBIR KAUR | 66 | GOPALPUR | 5 | 1 | 2 | 2 | 8 | 1 | 1 | 32 | 3 |
| 578 | 271 | HARMEET KAUR | 53 | KILA HANS | 9 | 3 | 2 | 2 | 10 | 1 | 1 | 26 | 3 |
| 579 | 39 | NIRMALA | 56 | KILA HANS | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 37 | 2 |
| 580 | 174 | SHANTI | 51 | KILA HANS | 10 | 3 | 2 | 1 | 2 | 2 | 1 | 29 | 3 |
| 581 | 121 | AMAIRA | 32 | GOPALPUR | 9 | 3 | 3 | 3 | 13 | 2 | 1 | 12 | 5 |
| 582 | 256 | RAJWINDER KAUR | 53 | KILA HANS | 11 | 3 | 2 | 3 | 3 | 1 | 1 | 31 | 3 |
| 583 | 85 | NIRVAIR KAUR | 67 | KILA HANS | 10 | 3 | 2 | 2 | 7 | 1 | 1 | 27 | 3 |
| 584 | 133 | JASBIR KAUR | 42 | GOPALPUR | 9 | 3 | 2 | 2 | 2 | 1 | 1 | 25 | 3 |
| 585 | 184 | HARPREET KAUR | 43 | GOPALPUR | 10 | 3 | 2 | 2 | 0 | 1 | 1 | 24 | 3 |
| 586 | 243 | PARDEEP KAUR | 66 | KILA HANS | 9 | 3 | 2 | 3 | 2 | 1 | 1 | 28 | 3 |
| 587 | 309 | GURDEV KAUR | 19 | GOPALPUR | 11 | 3 | 2 | 2 | 6 | 1 | 1 | 26 | 3 |
| 588 | 378 | LUCKY | 30 | JHAMAT | 9 | 3 | 2 | 3 | 8 | 2 | 1 | 21 | 4 |
| 589 | 231 | VARINDER KAUR | 43 | GOPALPUR | 11 | 3 | 2 | 2 | 11 | 1 | 1 | 28 | 3 |
| 590 | 343 | MURTI | 58 | KILA HANS | 9 | 3 | 2 | 2 | 8 | 1 | 1 | 30 | 3 |
| 591 | 56 | REENA | 57 | LEHRA | 12 | 3 | 2 | 1 | 12 | 2 | 1 | 29 | 3 |
| 592 | 62 | SAMRITI | 45 | LEHRA | 4 | 1 | 1 | 3 | 5 | 2 | 1 | 27 | 3 |
| 593 | 67 | ROOMI | 60 | JHAMAT | 9 | 3 | 3 | 3 | 8 | 2 | 3 | 23 | 4 |
| 594 | 222 | PRITAM KAUR | 63 | GOPALPUR | 9 | 3 | 2 | 3 | 10 | 1 | 1 | 32 | 3 |
| 595 | 53 | HARBHAJAN KAUR | 53 | KILA HANS | 9 | 3 | 2 | 2 | 13 | 1 | 1 | 31 | 3 |
| 596 | 74 | SHARANJEET KAUR | 56 | KILA HANS | 12 | 3 | 2 | 2 | 3 | 1 | 1 | 26 | 3 |
| 597 | 162 | MALKKET KAUR | 51 | LEHRA | 9 | 3 | 2 | 2 | 7 | 1 | 1 | 27 | 3 |
| 598 | 111 | ASHA | 32 | LEHRA | 5 | 1 | 2 | 2 | 2 | 1 | 1 | 29 | 3 |
| 599 | 319 | JASVIR KAUR | 53 | LEHRA | 9 | 3 | 2 | 3 | 0 | 1 | 1 | 26 | 3 |
| 600 | 291 | SHAINA | 63 | JHAMAT | 4 | 1 | 3 | 3 | 5 | 2 | 3 | 22 | 4 |
| 601 | 94 | LAKHBIR KAUR | 42 | PANDHER KHERI | 9 | 3 | 2 | 2 | 8 | 1 | 1 | 28 | 3 |
| 602 | 133 | PARAMDEEP KAUR | 43 | PANDHER KHERI | 5 | 1 | 2 | 2 | 10 | 1 | 1 | 31 | 3 |
| 603 | 271 | PEENO | 58 | PANDHER KHERI | 12 | 3 | 2 | 1 | 13 | 2 | 1 | 28 | 3 |
| 604 | 39 | RUMI | 19 | PANDHER KHERI | 6 | 2 | 2 | 1 | 3 | 2 | 1 | 39 | 2 |
| 605 | 174 | RUKSAR | 24 | JHAMAT | 4 | 1 | 3 | 3 | 7 | 2 | 1 | 15 | 4 |
| 606 | 121 | RAMANJOT KAUR | 23 | PANDHER KHERI | 9 | 3 | 2 | 2 | 2 | 1 | 2 | 27 | 3 |
| 607 | 256 | AMANJEET KAUR | 34 | PANDHER KHERI | 3 | 1 | 2 | 2 | 0 | 1 | 1 | 30 | 3 |
| 608 | 85 | BABLI KAUR | 26 | PANDHER KHERI | 9 | 3 | 2 | 3 | 5 | 1 | 1 | 26 | 3 |
| 609 | 133 | JASJEET KAUR | 32 | PANDHER KHERI | 15 | 4 | 2 | 2 | 7 | 1 | 1 | 27 | 3 |
| 610 | 184 | PARAMINDER KAUR | 36 | PANDHER KHERI | 9 | 3 | 2 | 3 | 6 | 1 | 1 | 28 | 3 |

| S.No. | Height (cm) | Height (metre) | Weight (kg) | B.M.I. | Waist Circumference (cm) | Hip circumference (cm) | WHR | SBP1 mmHg | DBP1 mmHg | SBP2 mmHg | DBP2 mmHg | Pulse rate (per min) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 151 | 1.51 | 48.5 | 21.3 | 72 | 100 | 0.72 | 121 | 65 | 118 | 63 | 56 |
| 2 | 153 | 1.53 | 71.2 | 30.4 | 86 | 96 | 0.89 | 125 | 85 | 120 | 80 | 89 |
| 3 | 154 | 1.54 | 74 | 31.2 | 79 | 96 | 0.82 | 100 | 75 | 98 | 70 | 71 |
| 4 | 156 | 1.56 | 74.5 | 30.6 | 84 | 100 | 0.84 | 140 | 80 | 138 | 78 | 69 |
| 5 | 150 | 1.5 | 69.5 | 30.9 | 89 | 100 | 0.89 | 120 | 70 | 115 | 65 | 65 |
| 6 | 154 | 1.54 | 72.2 | 30.4 | 82 | 100 | 0.82 | 124 | 70 | 120 | 68 | 78 |
| 7 | 159 | 1.59 | 61.2 | 24.2 | 76 | 99.5 | 0.76 | 129 | 70 | 125 | 68 | 65 |
| 8 | 159.1 | 1.591 | 61.3 | 24.2 | 70 | 100 | 0.7 | 120 | 70 | 118 | 65 | 65 |
| 9 | 155 | 1.55 | 73.2 | 30.5 | 80.1 | 100 | 0.8 | 124 | 70 | 120 | 68 | 71 |
| 10 | 157 | 1.57 | 75.5 | 30.6 | 87 | 100 | 0.87 | 120 | 70 | 115 | 65 | 63 |
| 11 | 173 | 1.73 | 58 | 19.4 | 72 | 96 | 0.75 | 129 | 70 | 125 | 68 | 64 |
| 12 | 167 | 1.67 | 66.6 | 23.9 | 79 | 96.5 | 0.82 | 120 | 70 | 118 | 65 | 64 |
| 13 | 175 | 1.75 | 70 | 22.9 | 76 | 96 | 0.79 | 110 | 80 | 105 | 75 | 60 |
| 14 | 162 | 1.62 | 65.3 | 24.9 | 76 | 96.2 | 0.79 | 120 | 70 | 115 | 65 | 76 |
| 15 | 152 | 1.52 | 57 | 24.7 | 72 | 100 | 0.72 | 126 | 75 | 120 | 70 | 64 |
| 16 | 152 | 1.52 | 51 | 22.1 | 69 | 96 | 0.72 | 129 | 70 | 125 | 68 | 51 |
| 17 | 167 | 1.67 | 69 | 24.7 | 74 | 100 | 0.74 | 120 | 70 | 118 | 65 | 78 |
| 18 | 149 | 1.49 | 60.1 | 27.1 | 79 | 96.3 | 0.82 | 143 | 90 | 140 | 85 | 86 |
| 19 | 167 | 1.67 | 90 | 32.3 | 75 | 102 | 0.73 | 126 | 75 | 120 | 70 | 75 |
| 20 | 151 | 1.51 | 71 | 31.1 | 85 | 100 | 0.85 | 140 | 85 | 135 | 80 | 64 |
| 21 | 166 | 1.66 | 88 | 31.9 | 87.1 | 100.2 | 0.87 | 120 | 75 | 118 | 70 | 73 |
| 22 | 150.1 | 1.501 | 43 | 19.1 | 71 | 100 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 23 | 166 | 1.66 | 68 | 24.7 | 75 | 102 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 24 | 160 | 1.6 | 64 | 25.0 | 83 | 100 | 0.83 | 143 | 90 | 140 | 85 | 71 |
| 25 | 159 | 1.59 | 64 | 25.3 | 79 | 96.4 | 0.82 | 143 | 90 | 140 | 85 | 89 |
| 26 | 162 | 1.62 | 66 | 25.1 | 80 | 100.1 | 0.8 | 140 | 80 | 138 | 78 | 86 |
| 27 | 162.9 | 1.629 | 57 | 21.5 | 76 | 99.5 | 0.76 | 127 | 80 | 125 | 78 | 63 |
| 28 | 166 | 1.66 | 47 | 17.1 | 68 | 96 | 0.71 | 126 | 75 | 120 | 73 | 73 |
| 29 | 151.1 | 1.511 | 71 | 31.1 | 80.3 | 100 | 0.8 | 100 | 65 | 95 | 60 | 76 |
| 30 | 155 | 1.55 | 75 | 31.2 | 75 | 102 | 0.73 | 100 | 65 | 98 | 60 | 71 |
| 31 | 166.1 | 1.661 | 88 | 31.9 | 84.8 | 100.1 | 0.85 | 143 | 90 | 140 | 85 | 89 |
| 32 | 150 | 1.5 | 43 | 19.1 | 73.2 | 96 | 0.76 | 110 | 80 | 105 | 75 | 65 |
| 33 | 172 | 1.72 | 57 | 19.3 | 75 | 102 | 0.73 | 126 | 75 | 120 | 73 | 76 |
| 34 | 161 | 1.61 | 64 | 24.7 | 89 | 100 | 0.89 | 120 | 70 | 115 | 65 | 65 |
| 35 | 161 | 1.61 | 64.1 | 24.7 | 86 | 100 | 0.86 | 124 | 70 | 120 | 68 | 69 |
| 36 | 162.3 | 1.623 | 65.3 | 24.8 | 85.9 | 100.1 | 0.8 | 143 | 90 | 140 | 85 | 76 |
| 37 | 166.4 | 1.664 | 88.1 | 31.8 | 83 | 96.2 | 0.84 | 143 | 90 | 140 | 85 | 90 |
| 38 | 158 | 1.58 | 76.5 | 30.6 | 83 | 96.1 | 0.83 | 140 | 80 | 138 | 78 | 91 |
| 39 | 150 | 1.5 | 69 | 30.7 | 85.9 | 100.1 | 0.82 | 120 | 70 | 115 | 65 | 86 |
| 40 | 162.5 | 1.625 | 65.7 | 24.9 | 83 | 96.1 | 0.85 | 140 | 80 | 138 | 78 | 80 |
| 41 | 160 | 1.6 | 60.2 | 23.5 | 85.8 | 100 | 0.81 | 143 | 90 | 140 | 85 | 71 |
| 42 | 162.7 | 1.627 | 65.9 | 24.9 | 86 | 96 | 0.89 | 140 | 80 | 138 | 78 | 64 |
| 43 | 160 | 1.6 | 62 | 24.2 | 86 | 100 | 0.86 | 120 | 70 | 115 | 65 | 71 |
| 44 | 162.7 | 1.627 | 66 | 24.9 | 85.9 | 100.1 | 0.73 | 120 | 70 | 115 | 65 | 57 |
| 45 | 155 | 1.55 | 72 | 30.0 | 83 | 96.2 | 0.81 | 120 | 70 | 115 | 65 | 70 |
| 46 | 162.8 | 1.628 | 66 | 24.9 | 83 | 96.1 | 0.83 | 126 | 75 | 120 | 70 | 65 |
| 47 | 160.1 | 1.601 | 62 | 24.2 | 85.9 | 100.1 | 0.82 | 143 | 90 | 140 | 85 | 70 |
| 48 | 153 | 1.53 | 65.2 | 27.9 | 83 | 96.1 | 0.8 | 143 | 90 | 140 | 85 | 63 |
| 49 | 165 | 1.65 | 67 | 24.6 | 85.8 | 100 | 0.8 | 120 | 70 | 115 | 65 | 59 |
| 50 | 155 | 1.55 | 72 | 30.0 | 82 | 100.1 | 0.82 | 140 | 80 | 138 | 78 | 63 |
| 51 | 158 | 1.58 | 69 | 27.6 | 80 | 100 | 0.8 | 120 | 70 | 115 | 65 | 69 |
| 52 | 151.1 | 1.511 | 48 | 21.0 | 73 | 100 | 0.73 | 124 | 70 | 120 | 68 | 67 |
| 53 | 151 | 1.51 | 48.5 | 21.3 | 85 | 100 | 0.85 | 126 | 75 | 120 | 70 | 71 |
| 54 | 149 | 1.49 | 60 | 27.0 | 87 | 100 | 0.87 | 143 | 90 | 140 | 85 | 89 |
| 55 | 152 | 1.52 | 61.1 | 26.4 | 76 | 100 | 0.76 | 143 | 90 | 140 | 85 | 86 |
| 56 | 153.2 | 1.532 | 65 | 27.7 | 87.2 | 100.2 | 0.87 | 140 | 80 | 138 | 78 | 66 |
| 57 | 152 | 1.52 | 64 | 27.7 | 76 | 99.5 | 0.76 | 120 | 70 | 115 | 65 | 68 |
| 58 | 164 | 1.64 | 66 | 24.5 | 73 | 100 | 0.73 | 124 | 70 | 120 | 68 | 70 |
| 59 | 161 | 1.61 | 64 | 24.7 | 84.1 | 100 | 0.84 | 126 | 75 | 120 | 70 | 65 |
| 60 | 163 | 1.63 | 65 | 24.5 | 78 | 96 | 0.81 | 143 | 90 | 140 | 85 | 69 |
| 61 | 154 | 1.54 | 66 | 27.8 | 89 | 100 | 0.89 | 140 | 80 | 138 | 78 | 79 |
| 62 | 170 | 1.7 | 70 | 24.2 | 73 | 100.2 | 0.73 | 143 | 90 | 140 | 85 | 96 |
| 63 | 153 | 1.53 | 45 | 19.2 | 84.2 | 100.2 | 0.84 | 126 | 75 | 120 | 70 | 89 |
| 64 | 155 | 1.55 | 67 | 27.9 | 85.2 | 100.1 | 0.85 | 126 | 75 | 120 | 70 | 65 |
| 65 | 156 | 1.56 | 68 | 27.9 | 75 | 102 | 0.73 | 143 | 90 | 140 | 85 | 67 |
| 66 | 157 | 1.57 | 69 | 28.0 | 76 | 100 | 0.76 | 143 | 90 | 140 | 85 | 72 |
| 67 | 159 | 1.59 | 73 | 28.9 | 84.3 | 100.2 | 0.84 | 143 | 90 | 140 | 85 | 65 |
| 68 | 166 | 1.66 | 86 | 31.2 | 80 | 100 | 0.8 | 125 | 70 | 124 | 68 | 71 |
| 69 | 152 | 1.52 | 45 | 19.5 | 87 | 100 | 0.87 | 143 | 90 | 140 | 85 | 70 |
| 70 | 164 | 1.64 | 52 | 19.3 | 84.2 | 100 | 0.84 | 124 | 70 | 120 | 68 | 63 |
| 71 | 151 | 1.51 | 70.5 | 30.9 | 75 | 102 | 0.73 | 126 | 75 | 120 | 70 | 94 |
| 72 | 159 | 1.59 | 77.5 | 30.7 | 85 | 100 | 0.85 | 143 | 90 | 140 | 85 | 61 |
| 73 | 152 | 1.52 | 70 | 30.3 | 87.3 | 100 | 0.87 | 143 | 90 | 140 | 85 | 94 |
| 74 | 154 | 1.54 | 71.5 | 30.1 | 76 | 99.5 | 0.76 | 140 | 80 | 138 | 78 | 65 |
| 75 | 157.1 | 1.571 | 69.1 | 28.0 | 81.9 | 96 | 0.85 | 120 | 70 | 115 | 65 | 73 |
| 76 | 170 | 1.7 | 70.1 | 24.3 | 87 | 100.1 | 0.87 | 124 | 70 | 120 | 68 | 61 |
| 77 | 157 | 1.57 | 73 | 29.6 | 89.1 | 100 | 0.89 | 124 | 70 | 120 | 68 | 65 |
| 78 | 153 | 1.53 | 70.5 | 30.1 | 86 | 100 | 0.86 | 126 | 75 | 120 | 70 | 69 |
| 79 | 157.2 | 1.572 | 69.2 | 28.0 | 85.9 | 100.1 | 0.89 | 143 | 90 | 140 | 85 | 65 |
| 80 | 158 | 1.58 | 60 | 24.0 | 83 | 96.2 | 0.86 | 140 | 80 | 138 | 78 | 68 |
| 81 | 154 | 1.54 | 53 | 22.3 | 83 | 96.1 | 0.7 | 118 | 65 | 115 | 60 | 55 |
| 82 | 175.2 | 1.752 | 60 | 19.5 | 85.9 | 100.1 | 0.72 | 121 | 65 | 118 | 63 | 65 |
| 83 | 170 | 1.7 | 65 | 22.5 | 83 | 96.1 | 0.74 | 122 | 80 | 120 | 75 | 70 |
| 84 | 158.1 | 1.581 | 60 | 24.0 | 85.8 | 100 | 0.8 | 143 | 90 | 140 | 85 | 98 |
| 85 | 154.3 | 1.543 | 58.1 | 24.4 | 85 | 100 | 0.85 | 124 | 70 | 120 | 68 | 71 |
| 86 | 159 | 1.59 | 64 | 25.3 | 78 | 96 | 0.81 | 140 | 80 | 138 | 78 | 63 |
| 87 | 165 | 1.65 | 58 | 21.3 | 84 | 96 | 0.87 | 120 | 70 | 115 | 65 | 71 |
| 88 | 158 | 1.58 | 70 | 28.0 | 76 | 99.6 | 0.76 | 124 | 70 | 120 | 68 | 72 |

| S.No. | Height (cm) | Height (metre) | Weight (kg) | B.M.I. | Waist Circumference (cm) | Hip circumference (cm) | WHR | SBP1 mmHg | DBP1 mmHg | SBP2 mmHg | DBP2 mmHg | Pulse rate (per min) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 89 | 165.2 | 1.652 | 58.1 | 21.3 | 78 | 96 | 0.81 | 126 | 75 | 120 | 70 | 87 |
| 90 | 165 | 1.65 | 64.5 | 23.7 | 80 | 100.3 | 0.8 | 126 | 75 | 120 | 70 | 64 |
| 91 | 158.2 | 1.582 | 70.2 | 28.0 | 75 | 102 | 0.73 | 140 | 80 | 135 | 75 | 72 |
| 92 | 160 | 1.6 | 62 | 24.2 | 85 | 100.1 | 0.85 | 120 | 70 | 115 | 65 | 71 |
| 93 | 151 | 1.51 | 52.5 | 23.0 | 87 | 100 | 0.87 | 122 | 80 | 120 | 75 | 60 |
| 94 | 159.3 | 1.593 | 70.5 | 27.8 | 82.1 | 100 | 0.82 | 124 | 70 | 120 | 68 | 73 |
| 95 | 152.2 | 1.522 | 52 | 22.4 | 80 | 100.2 | 0.8 | 126 | 75 | 120 | 70 | 61 |
| 96 | 153 | 1.53 | 52 | 22.2 | 80.2 | 100.5 | 0.8 | 100 | 65 | 95 | 62 | 51 |
| 97 | 152.3 | 1.523 | 52.1 | 22.5 | 85.2 | 100.3 | 0.85 | 143 | 90 | 140 | 85 | 63 |
| 98 | 160 | 1.6 | 71 | 27.7 | 76 | 96 | 0.79 | 140 | 80 | 138 | 78 | 63 |
| 99 | 159 | 1.59 | 61 | 24.1 | 83 | 100 | 0.83 | 143 | 90 | 140 | 85 | 73 |
| 100 | 153 | 1.53 | 51.9 | 22.2 | 78 | 96 | 0.81 | 124 | 70 | 120 | 68 | 72 |
| 101 | 166 | 1.66 | 68 | 24.7 | 79 | 96.1 | 0.82 | 120 | 70 | 115 | 65 | 69 |
| 102 | 154.1 | 1.541 | 58.2 | 24.5 | 80 | 100.5 | 0.8 | 124 | 70 | 120 | 68 | 73 |
| 103 | 158 | 1.58 | 60.6 | 24.3 | 73.2 | 96 | 0.76 | 143 | 90 | 140 | 85 | 63 |
| 104 | 161 | 1.61 | 72 | 27.8 | 83 | 100 | 0.83 | 140 | 80 | 138 | 78 | 63 |
| 105 | 156 | 1.56 | 81 | 33.3 | 87.3 | 100 | 0.87 | 140 | 80 | 138 | 78 | 71 |
| 106 | 167 | 1.67 | 88.3 | 31.7 | 76 | 99.6 | 0.76 | 120 | 70 | 115 | 65 | 67 |
| 107 | 157 | 1.57 | 81 | 32.9 | 78.1 | 96 | 0.81 | 124 | 70 | 120 | 68 | 65 |
| 108 | 159 | 1.59 | 80 | 31.6 | 89.4 | 100 | 0.89 | 126 | 75 | 120 | 70 | 76 |
| 109 | 160 | 1.6 | 81.1 | 31.7 | 86 | 100 | 0.86 | 143 | 90 | 140 | 85 | 89 |
| 110 | 152 | 1.52 | 70.1 | 30.3 | 85.9 | 100.1 | 0.81 | 126 | 75 | 120 | 70 | 68 |
| 111 | 160 | 1.6 | 78.5 | 30.7 | 83 | 96.2 | 0.89 | 143 | 90 | 140 | 85 | 66 |
| 112 | 155 | 1.55 | 56 | 23.3 | 83 | 96.1 | 0.76 | 140 | 80 | 138 | 78 | 69 |
| 113 | 150 | 1.5 | 61.1 | 27.2 | 85.9 | 100.1 | 0.76 | 120 | 70 | 115 | 65 | 75 |
| 114 | 163 | 1.63 | 73 | 27.5 | 83 | 96.1 | 0.81 | 140 | 80 | 138 | 78 | 69 |
| 115 | 157 | 1.57 | 61 | 24.7 | 85.8 | 100 | 0.83 | 143 | 90 | 140 | 85 | 69 |
| 116 | 156 | 1.56 | 60 | 24.7 | 82 | 100.2 | 0.82 | 140 | 80 | 138 | 78 | 56 |
| 117 | 158.2 | 1.582 | 60.1 | 24.0 | 81 | 96 | 0.84 | 120 | 70 | 115 | 65 | 92 |
| 118 | 164 | 1.64 | 74 | 27.5 | 83 | 100 | 0.83 | 124 | 70 | 120 | 68 | 72 |
| 119 | 155 | 1.55 | 59 | 24.6 | 73 | 100 | 0.73 | 126 | 75 | 120 | 70 | 71 |
| 120 | 155 | 1.55 | 59.2 | 24.6 | 81.9 | 96 | 0.85 | 143 | 90 | 140 | 85 | 89 |
| 121 | 165 | 1.65 | 75 | 27.5 | 82.8 | 100.2 | 0.86 | 120 | 70 | 115 | 65 | 71 |
| 122 | 155.2 | 1.552 | 59 | 24.5 | 85 | 100 | 0.84 | 124 | 70 | 120 | 68 | 89 |
| 123 | 154 | 1.54 | 58 | 24.5 | 85.2 | 100.1 | 0.89 | 120 | 70 | 115 | 65 | 73 |
| 124 | 166 | 1.66 | 76 | 27.6 | 85 | 100 | 0.86 | 124 | 70 | 120 | 68 | 71 |
| 125 | 159 | 1.59 | 61 | 24.1 | 82.9 | 96 | 0.86 | 126 | 75 | 120 | 70 | 76 |
| 126 | 167 | 1.67 | 77 | 27.6 | 85 | 100 | 0.84 | 120 | 70 | 115 | 65 | 64 |
| 127 | 153 | 1.53 | 57 | 24.3 | 85 | 100.1 | 0.83 | 135 | 85 | 130 | 80 | 71 |
| 128 | 168 | 1.68 | 78 | 27.6 | 85.2 | 100.3 | 0.82 | 128 | 75 | 120 | 73 | 72 |
| 129 | 151.1 | 1.511 | 73 | 32.0 | 83 | 100 | 0.83 | 126 | 75 | 120 | 70 | 67 |
| 130 | 151 | 1.51 | 61.1 | 26.8 | 81.9 | 96 | 0.85 | 124 | 70 | 120 | 68 | 71 |
| 131 | 153 | 1.53 | 57 | 24.3 | 87.1 | 100.2 | 0.87 | 126 | 75 | 120 | 70 | 65 |
| 132 | 160 | 1.6 | 70 | 27.3 | 85 | 100 | 0.76 | 143 | 90 | 140 | 85 | 70 |
| 133 | 159 | 1.59 | 70 | 27.7 | 85.2 | 100.1 | 0.82 | 143 | 90 | 140 | 85 | 73 |
| 134 | 152 | 1.52 | 72 | 31.2 | 85 | 100 | 0.76 | 120 | 70 | 115 | 65 | 63 |
| 135 | 152.1 | 1.521 | 72 | 31.1 | 81.9 | 96 | 0.81 | 124 | 70 | 120 | 68 | 71 |
| 136 | 152.9 | 1.529 | 73 | 31.2 | 85 | 100 | 0.89 | 126 | 75 | 120 | 70 | 76 |
| 137 | 153 | 1.53 | 73 | 31.2 | 85 | 100.1 | 0.86 | 100 | 65 | 95 | 60 | 71 |
| 138 | 157 | 1.57 | 70 | 28.4 | 85.2 | 100.3 | 0.84 | 142 | 85 | 135 | 79 | 71 |
| 139 | 154.5 | 1.545 | 74 | 31.0 | 84 | 100.1 | 0.83 | 145 | 90 | 140 | 85 | 73 |
| 140 | 161 | 1.61 | 72 | 27.8 | 84.1 | 100 | 0.73 | 140 | 80 | 138 | 78 | 72 |
| 141 | 152 | 1.52 | 58.1 | 25.1 | 84.2 | 100.2 | 0.71 | 110 | 75 | 105 | 70 | 60 |
| 142 | 167 | 1.67 | 69 | 24.7 | 85 | 96 | 0.86 | 126 | 75 | 120 | 70 | 72 |
| 143 | 166 | 1.66 | 68 | 24.7 | 84.2 | 100 | 0.84 | 143 | 90 | 140 | 85 | 78 |
| 144 | 165 | 1.65 | 67 | 24.6 | 81 | 96 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 145 | 164 | 1.64 | 66 | 24.5 | 81.1 | 96.1 | 0.83 | 145 | 90 | 140 | 85 | 86 |
| 146 | 163 | 1.63 | 65 | 24.5 | 81.1 | 96.2 | 0.82 | 143 | 90 | 140 | 85 | 76 |
| 147 | 162 | 1.62 | 64 | 24.4 | 85.1 | 96.1 | 0.86 | 143 | 90 | 140 | 85 | 76 |
| 148 | 161 | 1.61 | 63 | 24.3 | 83 | 100 | 0.83 | 126 | 75 | 120 | 70 | 86 |
| 149 | 160 | 1.6 | 62 | 24.2 | 72 | 100.1 | 0.72 | 124 | 70 | 120 | 68 | 51 |
| 150 | 155.2 | 1.552 | 59 | 24.5 | 82.2 | 100 | 0.82 | 126 | 75 | 120 | 70 | 78 |
| 151 | 165 | 1.65 | 53.1 | 19.5 | 73.2 | 96 | 0.76 | 143 | 90 | 140 | 85 | 78 |
| 152 | 159.1 | 1.591 | 61.3 | 24.2 | 79.1 | 96.1 | 0.82 | 140 | 80 | 138 | 78 | 71 |
| 153 | 158 | 1.58 | 60.6 | 24.3 | 87.2 | 100.1 | 0.87 | 126 | 75 | 120 | 70 | 63 |
| 154 | 157 | 1.57 | 61 | 24.7 | 85.2 | 100.1 | 0.85 | 126 | 75 | 120 | 70 | 70 |
| 155 | 156 | 1.56 | 60 | 24.7 | 87 | 100 | 0.87 | 143 | 90 | 140 | 85 | 63 |
| 156 | 155 | 1.55 | 59 | 24.6 | 85 | 100 | 0.76 | 143 | 90 | 140 | 85 | 69 |
| 157 | 155 | 1.55 | 59.2 | 24.6 | 85.2 | 100.1 | 0.81 | 140 | 80 | 138 | 78 | 87 |
| 158 | 155.2 | 1.552 | 59 | 24.5 | 85 | 100 | 0.89 | 120 | 70 | 115 | 65 | 71 |
| 159 | 154 | 1.54 | 58 | 24.5 | 81.9 | 96 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 160 | 154 | 1.54 | 58 | 24.5 | 85 | 100 | 0.89 | 124 | 70 | 120 | 68 | 78 |
| 161 | 167 | 1.67 | 55 | 19.7 | 85 | 100.1 | 0.8 | 120 | 70 | 115 | 65 | 72 |
| 162 | 153 | 1.53 | 57 | 24.3 | 85.2 | 100.3 | 0.73 | 124 | 70 | 120 | 68 | 65 |
| 163 | 152 | 1.52 | 58.1 | 25.1 | 77 | 96 | 0.8 | 140 | 80 | 138 | 78 | 72 |
| 164 | 155.1 | 1.551 | 56 | 23.3 | 70 | 100 | 0.7 | 120 | 70 | 115 | 65 | 73 |
| 165 | 155 | 1.55 | 68 | 28.3 | 72.1 | 100.2 | 0.72 | 124 | 70 | 120 | 68 | 89 |
| 166 | 156 | 1.56 | 57 | 23.4 | 71 | 96 | 0.74 | 126 | 75 | 120 | 70 | 78 |
| 167 | 169 | 1.69 | 79 | 27.7 | 84 | 96 | 0.87 | 143 | 90 | 140 | 85 | 86 |
| 168 | 160 | 1.6 | 47 | 18.4 | 77 | 100 | 0.77 | 124 | 70 | 120 | 68 | 89 |
| 169 | 161 | 1.61 | 63 | 24.3 | 84 | 100 | 0.84 | 126 | 75 | 120 | 70 | 86 |
| 170 | 162 | 1.62 | 51 | 19.4 | 84 | 100.1 | 0.76 | 140 | 80 | 138 | 78 | 73 |
| 171 | 165 | 1.65 | 67 | 24.6 | 84.1 | 100 | 0.81 | 120 | 70 | 115 | 65 | 65 |
| 172 | 166 | 1.66 | 54 | 19.6 | 84.2 | 100.2 | 0.8 | 120 | 70 | 115 | 65 | 60 |
| 173 | 160 | 1.6 | 62 | 24.2 | 84.3 | 100.2 | 0.73 | 124 | 70 | 120 | 68 | 65 |
| 174 | 167 | 1.67 | 55 | 19.7 | 84.8 | 100.1 | 0.85 | 126 | 75 | 120 | 70 | 70 |
| 175 | 161 | 1.61 | 63 | 24.3 | 87.1 | 100.1 | 0.87 | 143 | 90 | 140 | 85 | 63 |
| 176 | 160 | 1.6 | 62 | 24.2 | 85 | 100 | 0.82 | 120 | 70 | 115 | 65 | 69 |

| S.No. | Height (cm) | Height (metre) | Weight (kg) | B.M.I. | Waist Circumference (cm) | Hip circumference (cm) | WHR | SBP1 mmHg | DBP1 mmHg | SBP2 mmHg | DBP2 mmHg | Pulse rate (per min) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 177 | 159 | 1.59 | 61 | 24.1 | 85.2 | 100.1 | 0.74 | 123 | 75 | 120 | 73 | 61 |
| 178 | 168 | 1.68 | 56 | 19.8 | 85 | 100 | 0.7 | 124 | 70 | 120 | 68 | 71 |
| 179 | 159 | 1.59 | 61.2 | 24.2 | 81.9 | 96 | 0.75 | 126 | 75 | 120 | 70 | 89 |
| 180 | 169 | 1.69 | 57 | 20.0 | 85 | 100 | 0.72 | 143 | 90 | 140 | 85 | 86 |
| 181 | 157 | 1.57 | 61 | 24.7 | 85 | 100.1 | 0.78 | 143 | 90 | 140 | 85 | 73 |
| 182 | 156 | 1.56 | 60 | 24.7 | 85.2 | 100.3 | 0.73 | 140 | 80 | 138 | 78 | 56 |
| 183 | 155 | 1.55 | 59 | 24.6 | 71 | 96 | 0.74 | 120 | 70 | 115 | 65 | 53 |
| 184 | 155 | 1.55 | 59.2 | 24.6 | 75 | 100.5 | 0.75 | 143 | 90 | 140 | 85 | 54 |
| 185 | 155.2 | 1.552 | 59 | 24.5 | 81.1 | 100 | 0.81 | 126 | 75 | 120 | 70 | 53 |
| 186 | 154 | 1.54 | 58 | 24.5 | 89 | 100.2 | 0.89 | 124 | 70 | 120 | 68 | 63 |
| 187 | 162 | 1.62 | 57 | 21.7 | 75 | 102.5 | 0.73 | 140 | 80 | 138 | 78 | 69 |
| 188 | 154.3 | 1.543 | 58 | 24.4 | 68 | 96 | 0.71 | 140 | 80 | 138 | 78 | 60 |
| 189 | 153 | 1.53 | 57 | 24.3 | 82.4 | 100 | 0.82 | 120 | 70 | 115 | 65 | 64 |
| 190 | 152 | 1.52 | 58.1 | 25.1 | 75 | 102.5 | 0.73 | 124 | 70 | 120 | 68 | 60 |
| 191 | 151 | 1.51 | 65 | 28.5 | 86 | 100 | 0.86 | 126 | 75 | 120 | 70 | 72 |
| 192 | 152 | 1.52 | 66 | 28.6 | 89 | 100 | 0.89 | 145 | 90 | 140 | 85 | 51 |
| 193 | 153 | 1.53 | 66 | 28.2 | 75 | 97 | 0.77 | 143 | 90 | 140 | 85 | 65 |
| 194 | 170 | 1.7 | 80 | 27.7 | 89.3 | 100.2 | 0.89 | 143 | 90 | 140 | 85 | 65 |
| 195 | 166 | 1.66 | 57 | 20.7 | 85.9 | 100.1 | 0.86 | 143 | 90 | 140 | 85 | 70 |
| 196 | 163 | 1.63 | 57 | 21.5 | 84 | 100.2 | 0.84 | 140 | 80 | 138 | 78 | 63 |
| 197 | 163 | 1.63 | 58 | 21.8 | 84 | 100.1 | 0.83 | 120 | 70 | 115 | 65 | 69 |
| 198 | 170.1 | 1.701 | 80.2 | 27.7 | 84.1 | 100 | 0.76 | 143 | 90 | 140 | 85 | 56 |
| 199 | 159.1 | 1.591 | 60.2 | 23.8 | 84.2 | 100.2 | 0.71 | 122 | 80 | 120 | 75 | 53 |
| 200 | 150 | 1.5 | 43 | 19.1 | 85.9 | 100.2 | 0.86 | 122 | 80 | 120 | 75 | 51 |
| 201 | 167 | 1.67 | 63 | 22.6 | 84.2 | 100 | 0.77 | 123 | 75 | 120 | 73 | 78 |
| 202 | 150 | 1.5 | 43 | 19.1 | 81 | 96 | 0.79 | 127 | 80 | 125 | 78 | 76 |
| 203 | 159.1 | 1.591 | 61.3 | 24.2 | 81.1 | 96.1 | 0.73 | 110 | 80 | 105 | 75 | 73 |
| 204 | 155 | 1.55 | 59 | 24.6 | 81.1 | 96.2 | 0.83 | 120 | 70 | 118 | 65 | 72 |
| 205 | 155 | 1.55 | 59.2 | 24.6 | 82.2 | 100 | 0.82 | 110 | 80 | 105 | 75 | 65 |
| 206 | 155.2 | 1.552 | 59 | 24.5 | 77 | 96.2 | 0.8 | 115 | 75 | 110 | 73 | 63 |
| 207 | 154 | 1.54 | 58 | 24.5 | 75 | 102 | 0.73 | 118 | 65 | 115 | 60 | 73 |
| 208 | 154.1 | 1.541 | 58.2 | 24.5 | 84.7 | 100 | 0.85 | 121 | 65 | 118 | 63 | 89 |
| 209 | 154.3 | 1.543 | 58 | 24.4 | 87.1 | 100.2 | 0.87 | 145 | 90 | 140 | 85 | 65 |
| 210 | 153 | 1.53 | 57 | 24.3 | 73.2 | 96 | 0.76 | 143 | 90 | 140 | 85 | 56 |
| 211 | 152 | 1.52 | 58.1 | 25.1 | 75 | 100.5 | 0.75 | 140 | 80 | 138 | 78 | 53 |
| 212 | 167 | 1.67 | 69 | 24.7 | 81 | 100 | 0.81 | 120 | 70 | 115 | 65 | 51 |
| 213 | 179 | 1.79 | 62 | 19.4 | 76 | 99.3 | 0.76 | 126 | 75 | 120 | 70 | 67 |
| 214 | 159.1 | 1.591 | 61.3 | 24.2 | 81.2 | 100 | 0.81 | 143 | 90 | 140 | 85 | 63 |
| 215 | 158 | 1.58 | 60.6 | 24.3 | 74 | 100 | 0.74 | 122 | 80 | 120 | 75 | 53 |
| 216 | 155 | 1.55 | 59.2 | 24.6 | 76 | 99.7 | 0.76 | 123 | 75 | 120 | 73 | 51 |
| 217 | 155.2 | 1.552 | 59 | 24.5 | 82 | 100 | 0.82 | 126 | 75 | 120 | 70 | 71 |
| 218 | 154 | 1.54 | 58 | 24.5 | 84.8 | 100.2 | 0.85 | 120 | 70 | 115 | 65 | 65 |
| 219 | 154.3 | 1.543 | 58 | 24.4 | 75 | 102 | 0.73 | 129 | 70 | 125 | 65 | 65 |
| 220 | 167 | 1.67 | 69 | 24.7 | 84.8 | 100 | 0.85 | 145 | 90 | 140 | 85 | 63 |
| 221 | 166 | 1.66 | 68 | 24.7 | 87 | 100.2 | 0.87 | 143 | 90 | 140 | 85 | 73 |
| 222 | 165 | 1.65 | 67 | 24.6 | 76 | 100 | 0.76 | 140 | 80 | 138 | 78 | 89 |
| 223 | 159 | 1.59 | 61 | 24.1 | 75 | 97 | 0.77 | 120 | 70 | 115 | 65 | 67 |
| 224 | 155 | 1.55 | 56 | 23.3 | 76 | 96.5 | 0.79 | 124 | 70 | 120 | 68 | 56 |
| 225 | 155.1 | 1.551 | 56 | 23.3 | 70 | 100 | 0.7 | 127 | 80 | 125 | 78 | 61 |
| 226 | 156 | 1.56 | 57 | 23.4 | 76 | 100 | 0.76 | 115 | 75 | 110 | 73 | 66 |
| 227 | 156 | 1.56 | 60 | 24.7 | 83 | 96.1 | 0.86 | 143 | 90 | 140 | 85 | 78 |
| 228 | 155 | 1.55 | 59 | 24.6 | 84.2 | 100 | 0.84 | 140 | 80 | 138 | 78 | 76 |
| 229 | 155 | 1.55 | 59.2 | 24.6 | 84 | 100.1 | 0.83 | 120 | 70 | 115 | 65 | 64 |
| 230 | 155.2 | 1.552 | 59 | 24.5 | 84.1 | 100 | 0.82 | 124 | 70 | 120 | 68 | 70 |
| 231 | 157 | 1.57 | 61 | 24.7 | 84.2 | 100.2 | 0.71 | 120 | 70 | 118 | 65 | 63 |
| 232 | 167.3 | 1.673 | 55 | 19.7 | 84.3 | 100.2 | 0.73 | 115 | 75 | 110 | 73 | 89 |
| 233 | 154.3 | 1.543 | 58 | 24.4 | 84.2 | 100 | 0.81 | 140 | 89 | 135 | 85 | 63 |
| 234 | 153 | 1.53 | 57 | 24.3 | 85.9 | 100.1 | 0.86 | 145 | 85 | 142 | 85 | 56 |
| 235 | 152 | 1.52 | 58.1 | 25.1 | 81.1 | 96.1 | 0.76 | 123 | 75 | 120 | 73 | 65 |
| 236 | 167 | 1.67 | 69 | 24.7 | 81.1 | 96.2 | 0.76 | 127 | 80 | 125 | 78 | 67 |
| 237 | 163 | 1.63 | 65 | 24.5 | 75 | 100.5 | 0.75 | 126 | 75 | 120 | 73 | 65 |
| 238 | 159.1 | 1.591 | 61.3 | 24.2 | 75 | 100 | 0.78 | 129 | 70 | 125 | 68 | 63 |
| 239 | 157 | 1.57 | 61 | 24.7 | 75 | 102.5 | 0.73 | 120 | 70 | 118 | 65 | 73 |
| 240 | 155 | 1.55 | 59.2 | 24.6 | 72 | 100.1 | 0.72 | 110 | 80 | 105 | 75 | 89 |
| 241 | 155.2 | 1.552 | 59 | 24.5 | 82.2 | 100.2 | 0.82 | 115 | 75 | 110 | 73 | 70 |
| 242 | 154 | 1.54 | 58 | 24.5 | 83 | 96.1 | 0.86 | 118 | 65 | 115 | 60 | 56 |
| 243 | 154.3 | 1.543 | 58 | 24.4 | 79 | 96 | 0.82 | 121 | 65 | 118 | 63 | 53 |
| 244 | 167 | 1.67 | 69 | 24.7 | 82 | 100 | 0.89 | 126 | 75 | 120 | 70 | 76 |
| 245 | 166 | 1.66 | 68 | 24.7 | 85.8 | 100 | 0.86 | 143 | 90 | 140 | 85 | 65 |
| 246 | 165 | 1.65 | 67 | 24.6 | 84.3 | 100.1 | 0.84 | 143 | 90 | 140 | 85 | 70 |
| 247 | 150 | 1.5 | 43 | 19.1 | 84 | 100.1 | 0.72 | 126 | 75 | 120 | 73 | 64 |
| 248 | 153 | 1.53 | 72.5 | 31.0 | 84.1 | 100 | 0.8 | 126 | 75 | 120 | 70 | 65 |
| 249 | 152 | 1.52 | 71.4 | 30.9 | 84.2 | 100.2 | 0.73 | 143 | 90 | 140 | 85 | 70 |
| 250 | 155 | 1.55 | 73 | 30.4 | 84.3 | 100.2 | 0.76 | 124 | 70 | 120 | 68 | 65 |
| 251 | 166.1 | 1.661 | 60 | 21.7 | 84.2 | 100 | 0.89 | 115 | 75 | 110 | 73 | 60 |
| 252 | 170.2 | 1.702 | 80.3 | 27.7 | 81 | 96 | 0.79 | 118 | 65 | 115 | 60 | 72 |
| 253 | 153 | 1.53 | 43 | 18.4 | 81.1 | 96.1 | 0.7 | 121 | 65 | 118 | 63 | 65 |
| 254 | 157 | 1.57 | 55 | 22.3 | 81.1 | 96.2 | 0.72 | 122 | 80 | 120 | 75 | 70 |
| 255 | 170.5 | 1.705 | 81 | 27.9 | 74 | 100 | 0.74 | 123 | 75 | 120 | 73 | 65 |
| 256 | 152 | 1.52 | 69.5 | 30.1 | 86 | 100 | 0.86 | 120 | 70 | 115 | 65 | 60 |
| 257 | 154 | 1.54 | 74 | 31.2 | 85.9 | 100.1 | 0.84 | 124 | 70 | 120 | 68 | 71 |
| 258 | 162 | 1.62 | 52 | 19.8 | 83 | 96.2 | 0.73 | 129 | 70 | 125 | 68 | 89 |
| 259 | 160 | 1.6 | 80 | 31.3 | 83 | 96.1 | 0.76 | 120 | 70 | 118 | 65 | 76 |
| 260 | 174 | 1.74 | 58 | 19.2 | 85.9 | 100.1 | 0.71 | 110 | 80 | 105 | 75 | 56 |
| 261 | 161.2 | 1.612 | 57 | 21.9 | 83 | 96.1 | 0.73 | 115 | 75 | 110 | 73 | 53 |
| 262 | 155.3 | 1.553 | 54.9 | 22.8 | 85.8 | 100 | 0.82 | 118 | 65 | 115 | 60 | 51 |
| 263 | 154 | 1.54 | 50 | 21.1 | 75 | 100.5 | 0.75 | 121 | 65 | 118 | 63 | 78 |
| 264 | 164 | 1.64 | 60 | 22.3 | 79 | 96.5 | 0.77 | 143 | 90 | 140 | 85 | 76 |

| S.No. | Height (cm) | Height (metre) | Weight (kg) | B.M.I. | Waist Circumference (cm) | Hip circumference (cm) | WHR | SBP1 mmHg | DBP1 mmHg | SBP2 mmHg | DBP2 mmHg | Pulse rate (per min) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 265 | 152.2 | 1.522 | 52.2 | 22.5 | 79 | 96.5 | 0.79 | 148 | 89 | 145 | 80 | 64 |
| 266 | 166.9 | 1.669 | 63.1 | 22.7 | 70 | 100 | 0.7 | 122 | 80 | 120 | 75 | 64 |
| 267 | 155 | 1.55 | 55 | 22.9 | 79 | 96.5 | 0.72 | 123 | 75 | 120 | 73 | 72 |
| 268 | 165.9 | 1.659 | 60 | 21.8 | 74 | 100 | 0.74 | 127 | 80 | 125 | 78 | 70 |
| 269 | 157.1 | 1.571 | 55 | 22.3 | 73.2 | 96 | 0.76 | 126 | 75 | 120 | 73 | 65 |
| 270 | 151.2 | 1.512 | 48.1 | 21.0 | 68 | 96 | 0.71 | 129 | 70 | 125 | 68 | 60 |
| 271 | 167 | 1.67 | 64 | 22.9 | 79 | 96 | 0.73 | 120 | 70 | 118 | 65 | 65 |
| 272 | 154.1 | 1.541 | 50 | 21.1 | 82 | 100 | 0.72 | 110 | 80 | 105 | 75 | 63 |
| 273 | 165 | 1.65 | 61 | 22.4 | 72 | 96 | 0.75 | 115 | 75 | 110 | 73 | 73 |
| 274 | 152.3 | 1.523 | 52.2 | 22.5 | 82 | 100 | 0.77 | 118 | 65 | 115 | 60 | 89 |
| 275 | 167.1 | 1.671 | 62.9 | 22.5 | 76 | 96.2 | 0.79 | 121 | 65 | 118 | 63 | 74 |
| 276 | 150.9 | 1.509 | 48.6 | 21.3 | 68 | 96 | 0.7 | 145 | 90 | 140 | 85 | 56 |
| 277 | 166 | 1.66 | 60 | 21.8 | 82 | 100 | 0.72 | 122 | 80 | 120 | 75 | 53 |
| 278 | 157 | 1.57 | 55.2 | 22.4 | 74 | 100 | 0.74 | 123 | 75 | 120 | 73 | 51 |
| 279 | 162 | 1.62 | 57 | 21.7 | 76 | 99.1 | 0.76 | 127 | 80 | 125 | 78 | 78 |
| 280 | 151 | 1.51 | 48.5 | 21.3 | 68 | 96 | 0.71 | 126 | 75 | 120 | 73 | 76 |
| 281 | 154.2 | 1.542 | 50.1 | 21.1 | 75 | 102 | 0.73 | 129 | 70 | 125 | 68 | 64 |
| 282 | 165.1 | 1.651 | 61 | 22.4 | 72 | 96 | 0.75 | 120 | 70 | 118 | 65 | 65 |
| 283 | 159 | 1.59 | 57 | 22.5 | 75 | 97 | 0.77 | 110 | 80 | 105 | 75 | 60 |
| 284 | 157 | 1.57 | 54 | 21.9 | 76 | 96.2 | 0.79 | 115 | 75 | 110 | 73 | 65 |
| 285 | 150.9 | 1.509 | 48.6 | 21.3 | 77.2 | 96.2 | 0.8 | 140 | 80 | 138 | 78 | 72 |
| 286 | 166.5 | 1.665 | 61.1 | 22.0 | 75 | 102 | 0.73 | 120 | 70 | 115 | 65 | 65 |
| 287 | 156.9 | 1.569 | 55 | 22.3 | 85 | 100.2 | 0.85 | 124 | 70 | 120 | 68 | 70 |
| 288 | 161 | 1.61 | 81 | 31.2 | 76 | 99.6 | 0.76 | 123 | 75 | 120 | 73 | 72 |
| 289 | 172 | 1.72 | 57 | 19.3 | 68 | 98.6 | 0.71 | 127 | 80 | 125 | 78 | 65 |
| 290 | 151.1 | 1.511 | 48 | 21.0 | 75 | 98.3 | 0.73 | 126 | 75 | 120 | 73 | 89 |
| 291 | 151 | 1.51 | 48.5 | 21.3 | 79 | 96.3 | 0.82 | 129 | 70 | 125 | 68 | 65 |
| 292 | 162 | 1.62 | 60 | 22.9 | 72 | 98.5 | 0.75 | 120 | 70 | 118 | 65 | 63 |
| 293 | 165.2 | 1.652 | 61.2 | 22.4 | 79 | 98.2 | 0.77 | 110 | 80 | 105 | 75 | 73 |
| 294 | 170 | 1.7 | 64.9 | 22.5 | 79 | 100.1 | 0.79 | 115 | 75 | 110 | 73 | 89 |
| 295 | 152.2 | 1.522 | 52.2 | 22.5 | 68 | 98.5 | 0.7 | 118 | 65 | 115 | 60 | 72 |
| 296 | 152.3 | 1.523 | 52.2 | 22.5 | 75 | 102.6 | 0.73 | 120 | 70 | 115 | 65 | 68 |
| 297 | 159 | 1.59 | 57 | 22.5 | 81.1 | 96.1 | 0.84 | 124 | 70 | 120 | 68 | 71 |
| 298 | 156.8 | 1.568 | 55.3 | 22.5 | 81.1 | 96.2 | 0.83 | 126 | 75 | 120 | 70 | 89 |
| 299 | 151.5 | 1.515 | 66 | 28.8 | 84 | 100 | 0.71 | 127 | 80 | 125 | 78 | 78 |
| 300 | 162 | 1.62 | 82 | 31.2 | 78 | 96 | 0.81 | 143 | 90 | 140 | 85 | 63 |
| 301 | 151 | 1.51 | 65 | 28.5 | 82 | 100 | 0.89 | 140 | 80 | 138 | 78 | 69 |
| 302 | 170.2 | 1.702 | 57 | 19.7 | 86 | 100 | 0.86 | 120 | 70 | 115 | 65 | 73 |
| 303 | 155 | 1.55 | 59 | 24.6 | 85.9 | 100.1 | 0.81 | 123 | 75 | 120 | 73 | 51 |
| 304 | 154 | 1.54 | 58 | 24.5 | 83 | 96.2 | 0.75 | 115 | 75 | 110 | 73 | 68 |
| 305 | 163 | 1.63 | 59 | 22.2 | 83 | 96.1 | 0.79 | 118 | 65 | 115 | 60 | 72 |
| 306 | 154.1 | 1.541 | 58.2 | 24.5 | 85.9 | 100.1 | 0.8 | 121 | 65 | 118 | 63 | 79 |
| 307 | 163 | 1.63 | 65 | 24.5 | 83 | 96.1 | 0.8 | 130 | 75 | 125 | 70 | 71 |
| 308 | 167 | 1.67 | 69 | 24.7 | 85.8 | 100 | 0.86 | 122 | 80 | 120 | 75 | 65 |
| 309 | 172 | 1.72 | 57 | 19.3 | 83 | 100.5 | 0.83 | 123 | 75 | 120 | 73 | 61 |
| 310 | 152 | 1.52 | 58.1 | 25.1 | 76 | 96.5 | 0.79 | 127 | 80 | 125 | 78 | 70 |
| 311 | 166 | 1.66 | 68 | 24.7 | 76 | 99.4 | 0.76 | 126 | 75 | 120 | 73 | 71 |
| 312 | 165 | 1.65 | 67 | 24.6 | 72 | 98.6 | 0.75 | 129 | 70 | 125 | 68 | 65 |
| 313 | 158 | 1.58 | 60 | 24.0 | 75 | 100 | 0.78 | 120 | 70 | 118 | 65 | 63 |
| 314 | 157 | 1.57 | 61 | 24.7 | 89.4 | 100 | 0.89 | 127 | 80 | 125 | 78 | 78 |
| 315 | 155 | 1.55 | 59.2 | 24.6 | 72 | 100.5 | 0.72 | 115 | 75 | 110 | 73 | 89 |
| 316 | 156 | 1.56 | 48 | 19.7 | 79.2 | 96.3 | 0.82 | 118 | 65 | 115 | 60 | 71 |
| 317 | 156.1 | 1.561 | 47 | 19.3 | 86 | 100 | 0.86 | 121 | 65 | 118 | 63 | 56 |
| 318 | 154.3 | 1.543 | 58 | 24.4 | 85.9 | 100.1 | 0.82 | 140 | 80 | 138 | 78 | 53 |
| 319 | 157 | 1.57 | 61 | 24.7 | 83 | 96.2 | 0.86 | 124 | 70 | 120 | 68 | 51 |
| 320 | 155 | 1.55 | 59.2 | 24.6 | 83 | 96.1 | 0.77 | 143 | 90 | 140 | 85 | 78 |
| 321 | 165 | 1.65 | 67 | 24.6 | 85.9 | 100.1 | 0.76 | 143 | 90 | 140 | 85 | 69 |
| 322 | 162 | 1.62 | 58 | 22.1 | 83 | 96.1 | 0.81 | 140 | 80 | 138 | 78 | 87 |
| 323 | 154.1 | 1.541 | 58.2 | 24.5 | 85.8 | 100 | 0.76 | 122 | 80 | 120 | 75 | 72 |
| 324 | 157.1 | 1.571 | 48.1 | 19.5 | 82.2 | 100 | 0.89 | 120 | 70 | 115 | 65 | 71 |
| 325 | 165 | 1.65 | 67 | 24.6 | 84.8 | 100.1 | 0.85 | 140 | 80 | 138 | 78 | 71 |
| 326 | 154.3 | 1.543 | 58 | 24.4 | 82 | 100.1 | 0.89 | 121 | 65 | 118 | 63 | 65 |
| 327 | 167 | 1.67 | 69 | 24.7 | 82.2 | 100.2 | 0.79 | 110 | 80 | 105 | 75 | 89 |
| 328 | 159.1 | 1.591 | 61.3 | 24.2 | 79 | 96 | 0.7 | 140 | 80 | 138 | 78 | 72 |
| 329 | 159.1 | 1.591 | 49 | 19.4 | 82 | 100 | 0.72 | 124 | 70 | 120 | 68 | 79 |
| 330 | 168.1 | 1.681 | 56 | 19.8 | 74 | 100 | 0.74 | 143 | 90 | 140 | 85 | 65 |
| 331 | 152 | 1.52 | 45 | 19.5 | 76 | 99.4 | 0.76 | 120 | 70 | 115 | 65 | 73 |
| 332 | 153.8 | 1.538 | 51 | 21.6 | 68 | 96 | 0.71 | 126 | 75 | 120 | 70 | 51 |
| 333 | 162 | 1.62 | 51 | 19.4 | 73 | 100.2 | 0.73 | 122 | 80 | 120 | 75 | 78 |
| 334 | 168.1 | 1.681 | 56 | 19.8 | 82 | 100 | 0.77 | 127 | 80 | 125 | 78 | 76 |
| 335 | 172 | 1.72 | 57 | 19.3 | 79 | 100 | 0.79 | 115 | 75 | 110 | 73 | 57 |
| 336 | 156 | 1.56 | 48 | 19.7 | 68 | 96 | 0.7 | 121 | 65 | 118 | 63 | 72 |
| 337 | 155 | 1.55 | 59 | 24.6 | 82 | 100 | 0.72 | 140 | 80 | 138 | 78 | 89 |
| 338 | 155 | 1.55 | 59.2 | 24.6 | 71 | 96 | 0.74 | 124 | 70 | 120 | 68 | 66 |
| 339 | 155.2 | 1.552 | 59 | 24.5 | 76 | 99.7 | 0.76 | 143 | 90 | 140 | 85 | 61 |
| 340 | 166 | 1.66 | 68 | 24.7 | 68 | 96 | 0.71 | 120 | 70 | 115 | 65 | 71 |
| 341 | 154 | 1.54 | 58 | 24.5 | 75 | 102 | 0.73 | 126 | 75 | 120 | 70 | 71 |
| 342 | 154.3 | 1.543 | 58 | 24.4 | 72 | 96.1 | 0.75 | 122 | 80 | 120 | 75 | 60 |
| 343 | 154.1 | 1.541 | 58.2 | 24.5 | 75 | 97 | 0.77 | 127 | 80 | 125 | 78 | 71 |
| 344 | 152 | 1.52 | 58.1 | 25.1 | 76 | 96.5 | 0.79 | 115 | 75 | 110 | 73 | 71 |
| 345 | 153 | 1.53 | 57 | 24.3 | 68 | 96 | 0.7 | 121 | 65 | 118 | 63 | 71 |
| 346 | 163 | 1.63 | 65 | 24.5 | 72.2 | 100.1 | 0.72 | 140 | 80 | 138 | 78 | 89 |
| 347 | 167 | 1.67 | 69 | 24.7 | 71 | 96 | 0.74 | 124 | 70 | 120 | 68 | 71 |
| 348 | 157 | 1.57 | 61 | 24.7 | 76 | 99.6 | 0.76 | 143 | 90 | 140 | 85 | 71 |
| 349 | 155 | 1.55 | 59.2 | 24.6 | 68 | 98.6 | 0.71 | 120 | 70 | 115 | 65 | 89 |
| 350 | 155.2 | 1.552 | 59 | 24.5 | 75 | 98.3 | 0.73 | 126 | 75 | 120 | 70 | 71 |
| 351 | 156.1 | 1.561 | 47 | 19.3 | 82 | 100.3 | 0.82 | 122 | 80 | 120 | 75 | 65 |
| 352 | 159.1 | 1.591 | 61.3 | 24.2 | 82 | 100.2 | 0.8 | 127 | 80 | 125 | 78 | 89 |

| S.No. | Height (cm) | Height (metre) | Weight (kg) | B.M.I. | Waist Circumference (cm) | Hip circumference (cm) | WHR | SBP1 mmHg | DBP1 mmHg | SBP2 mmHg | DBP2 mmHg | Pulse rate (per min) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 353 | 167 | 1.67 | 69 | 24.7 | 82.2 | 100 | 0.75 | 115 | 75 | 110 | 73 | 72 |
| 354 | 166 | 1.66 | 68 | 24.7 | 79.1 | 96.1 | 0.77 | 121 | 65 | 118 | 63 | 79 |
| 355 | 165 | 1.65 | 67 | 24.6 | 82 | 100 | 0.79 | 127 | 80 | 125 | 78 | 65 |
| 356 | 159 | 1.59 | 61 | 24.1 | 82.4 | 100 | 0.7 | 126 | 75 | 120 | 73 | 73 |
| 357 | 156 | 1.56 | 60 | 24.7 | 84 | 100.2 | 0.84 | 126 | 75 | 120 | 70 | 86 |
| 358 | 155 | 1.55 | 47.1 | 19.6 | 84.2 | 100 | 0.83 | 143 | 90 | 140 | 85 | 73 |
| 359 | 153 | 1.53 | 57 | 24.3 | 84 | 100 | 0.76 | 110 | 80 | 105 | 75 | 76 |
| 360 | 154 | 1.54 | 46 | 19.4 | 82.2 | 100.2 | 0.71 | 115 | 75 | 110 | 73 | 71 |
| 361 | 153 | 1.53 | 45 | 19.2 | 79 | 96 | 0.73 | 118 | 65 | 115 | 60 | 72 |
| 362 | 159 | 1.59 | 61 | 24.1 | 75.1 | 100 | 0.75 | 121 | 65 | 118 | 63 | 89 |
| 363 | 164 | 1.64 | 52 | 19.3 | 82 | 100 | 0.77 | 105 | 75 | 100 | 70 | 71 |
| 364 | 152 | 1.52 | 45 | 19.5 | 79 | 100 | 0.79 | 110 | 70 | 105 | 65 | 65 |
| 365 | 154.1 | 1.541 | 58.2 | 24.5 | 68 | 96 | 0.7 | 110 | 80 | 105 | 75 | 60 |
| 366 | 163 | 1.63 | 65 | 24.5 | 82 | 100 | 0.72 | 122 | 80 | 120 | 75 | 65 |
| 367 | 167 | 1.67 | 69 | 24.7 | 82 | 100.1 | 0.83 | 143 | 90 | 140 | 85 | 70 |
| 368 | 159.1 | 1.591 | 61.3 | 24.2 | 76 | 100 | 0.76 | 127 | 80 | 125 | 78 | 70 |
| 369 | 154 | 1.54 | 58 | 24.5 | 71 | 100 | 0.71 | 120 | 70 | 118 | 65 | 63 |
| 370 | 169 | 1.69 | 57 | 20.0 | 75 | 102 | 0.73 | 115 | 75 | 110 | 73 | 89 |
| 371 | 162.7 | 1.627 | 52 | 19.6 | 75.1 | 100 | 0.75 | 140 | 80 | 138 | 78 | 53 |
| 372 | 172.2 | 1.722 | 65 | 21.9 | 82 | 100 | 0.77 | 127 | 80 | 125 | 78 | 61 |
| 373 | 167 | 1.67 | 69 | 24.7 | 79 | 100.1 | 0.79 | 115 | 75 | 110 | 73 | 66 |
| 374 | 159 | 1.59 | 61 | 24.1 | 68 | 96.2 | 0.7 | 110 | 80 | 105 | 75 | 60 |
| 375 | 155 | 1.55 | 59.2 | 24.6 | 79 | 96 | 0.72 | 122 | 80 | 120 | 75 | 65 |
| 376 | 164 | 1.64 | 66 | 24.5 | 71 | 96 | 0.74 | 123 | 75 | 120 | 73 | 61 |
| 377 | 163 | 1.63 | 65 | 24.5 | 76 | 99.7 | 0.76 | 127 | 80 | 125 | 78 | 70 |
| 378 | 162 | 1.62 | 64 | 24.4 | 87.3 | 100 | 0.87 | 124 | 70 | 120 | 68 | 70 |
| 379 | 161 | 1.61 | 63 | 24.3 | 76 | 99.9 | 0.76 | 126 | 75 | 120 | 70 | 63 |
| 380 | 160 | 1.6 | 62 | 24.2 | 80 | 100.1 | 0.8 | 140 | 80 | 138 | 78 | 53 |
| 381 | 169 | 1.69 | 57 | 20.0 | 82 | 100.3 | 0.82 | 127 | 80 | 125 | 78 | 61 |
| 382 | 159 | 1.59 | 61.2 | 24.2 | 82 | 100.2 | 0.8 | 115 | 75 | 110 | 73 | 66 |
| 383 | 168 | 1.68 | 56.1 | 19.9 | 82.2 | 100 | 0.82 | 125 | 70 | 120 | 65 | 73 |
| 384 | 158 | 1.58 | 60.6 | 24.3 | 79.1 | 96.1 | 0.81 | 140 | 80 | 138 | 78 | 71 |
| 385 | 157 | 1.57 | 61 | 24.7 | 82 | 100 | 0.8 | 109 | 60 | 105 | 55 | 78 |
| 386 | 156 | 1.56 | 60 | 24.7 | 82.4 | 100 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 387 | 155 | 1.55 | 59 | 24.6 | 82.2 | 100 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 388 | 162 | 1.62 | 51 | 19.4 | 82 | 100 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 389 | 179 | 1.79 | 62 | 19.4 | 82 | 100.1 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 390 | 154 | 1.54 | 58 | 24.5 | 82.2 | 100.2 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 391 | 154.1 | 1.541 | 58.2 | 24.5 | 79 | 96 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 392 | 154.3 | 1.543 | 58 | 24.4 | 79.2 | 96 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 393 | 167 | 1.67 | 55 | 19.7 | 79 | 96.3 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 394 | 152 | 1.52 | 58.1 | 25.1 | 79.2 | 96.3 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 395 | 167 | 1.67 | 69 | 24.7 | 72 | 96.3 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 396 | 163 | 1.63 | 65 | 24.5 | 74 | 96 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 397 | 159.1 | 1.591 | 61.3 | 24.2 | 76.1 | 100 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 398 | 157 | 1.57 | 61 | 24.7 | 79 | 100 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 399 | 155 | 1.55 | 59.2 | 24.6 | 76 | 96.5 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 400 | 155.2 | 1.552 | 59 | 24.5 | 79.1 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 401 | 154 | 1.54 | 58 | 24.5 | 73.2 | 96.1 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 402 | 154.3 | 1.543 | 58 | 24.4 | 71 | 100 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 403 | 167 | 1.67 | 69 | 24.7 | 73 | 100.2 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 404 | 166 | 1.66 | 68 | 24.7 | 72 | 96.3 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 405 | 165 | 1.65 | 67 | 24.6 | 73 | 100 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 406 | 159 | 1.59 | 61 | 24.1 | 76 | 96.5 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 407 | 156 | 1.56 | 60 | 24.7 | 70 | 100 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 408 | 154 | 1.54 | 58 | 24.5 | 72.1 | 100 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 409 | 153 | 1.53 | 57 | 24.3 | 74 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 410 | 154 | 1.54 | 58 | 24.5 | 76 | 99.6 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 411 | 156 | 1.56 | 60 | 24.7 | 68 | 98.6 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 412 | 155 | 1.55 | 59 | 24.6 | 75 | 98.3 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 413 | 154 | 1.54 | 58 | 24.5 | 82 | 100.3 | 0.82 | 110 | 80 | 105 | 75 | 79 |
| 414 | 156 | 1.56 | 60 | 24.7 | 82 | 100.2 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 415 | 154 | 1.54 | 58 | 24.5 | 82.2 | 100 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 416 | 154.1 | 1.541 | 58.2 | 24.5 | 79.1 | 96.1 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 417 | 167 | 1.67 | 69 | 24.7 | 82 | 100 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 418 | 163 | 1.63 | 65 | 24.5 | 82.4 | 100 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 419 | 167 | 1.67 | 69 | 24.7 | 82.2 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 420 | 159 | 1.59 | 61 | 24.1 | 82 | 100 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 421 | 152.3 | 1.523 | 52.2 | 22.5 | 82 | 100.1 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 422 | 159 | 1.59 | 57 | 22.5 | 86 | 100 | 0.86 | 124 | 70 | 120 | 68 | 89 |
| 423 | 170 | 1.7 | 64.9 | 22.5 | 85.9 | 100.1 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 424 | 170.2 | 1.702 | 65 | 22.4 | 83 | 96.2 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 425 | 179 | 1.79 | 62 | 19.4 | 83 | 96.1 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 426 | 173 | 1.73 | 59 | 19.7 | 85.9 | 100.1 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 427 | 161 | 1.61 | 50.2 | 19.4 | 83 | 96.1 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 428 | 167 | 1.67 | 90 | 32.3 | 85.8 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 429 | 166 | 1.66 | 50.2 | 18.2 | 73.2 | 96.1 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 430 | 165 | 1.65 | 60.3 | 22.1 | 71 | 100 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 431 | 164 | 1.64 | 78 | 29.0 | 73 | 100.2 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 432 | 163 | 1.63 | 49.2 | 18.5 | 72 | 96 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 433 | 162 | 1.62 | 49 | 18.7 | 76 | 100.2 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 434 | 161 | 1.61 | 75 | 28.9 | 79 | 100.2 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 435 | 160 | 1.6 | 48.2 | 18.8 | 70 | 100 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 436 | 159 | 1.59 | 52 | 20.6 | 72 | 96 | 0.75 | 120 | 70 | 118 | 65 | 63 |
| 437 | 159 | 1.59 | 48.5 | 19.2 | 76 | 100.3 | 0.77 | 115 | 75 | 110 | 73 | 89 |
| 438 | 154.1 | 1.541 | 58.2 | 24.5 | 76 | 96.1 | 0.79 | 140 | 80 | 138 | 78 | 53 |
| 439 | 158 | 1.58 | 49.2 | 19.7 | 71 | 100 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 440 | 157 | 1.57 | 70 | 28.4 | 72 | 100.3 | 0.72 | 115 | 75 | 110 | 73 | 66 |

| S.No. | Height (cm) | Height (metre) | Weight (kg) | B.M.I. | Waist Circumference (cm) | Hip circumference (cm) | WHR | SBP1 mmHg | DBP1 mmHg | SBP2 mmHg | DBP2 mmHg | Pulse rate (per min) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 441 | 156 | 1.56 | 51 | 21.0 | 74 | 100 | 0.74 | 110 | 80 | 105 | 75 | 60 |
| 442 | 155 | 1.55 | 62 | 25.8 | 76 | 99.8 | 0.76 | 122 | 80 | 120 | 75 | 65 |
| 443 | 155 | 1.55 | 60 | 25.0 | 71 | 100 | 0.71 | 123 | 75 | 120 | 73 | 61 |
| 444 | 155.2 | 1.552 | 61 | 25.3 | 75 | 102 | 0.73 | 127 | 80 | 125 | 78 | 70 |
| 445 | 154 | 1.54 | 61 | 25.7 | 71 | 100 | 0.71 | 120 | 70 | 118 | 65 | 63 |
| 446 | 154.1 | 1.541 | 51.2 | 21.6 | 71 | 96 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 447 | 154.3 | 1.543 | 65 | 27.3 | 76 | 99.6 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 448 | 153 | 1.53 | 61 | 26.1 | 68 | 96.2 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 449 | 152 | 1.52 | 48 | 20.8 | 75 | 102 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 450 | 167 | 1.67 | 72 | 25.8 | 82 | 100.3 | 0.82 | 125 | 70 | 120 | 60 | 73 |
| 451 | 163 | 1.63 | 67 | 25.2 | 82 | 100.2 | 0.82 | 125 | 75 | 120 | 68 | 78 |
| 452 | 159.1 | 1.591 | 48.1 | 19.0 | 82.2 | 100 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 453 | 157 | 1.57 | 66 | 26.8 | 79.1 | 96.1 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 454 | 155 | 1.55 | 62 | 25.8 | 82 | 100 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 455 | 155.2 | 1.552 | 48 | 19.9 | 82.4 | 100 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 456 | 154 | 1.54 | 57 | 24.0 | 82.2 | 100 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 457 | 154.3 | 1.543 | 58 | 24.4 | 82 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 458 | 167 | 1.67 | 69 | 24.7 | 82 | 100.1 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 459 | 166 | 1.66 | 70 | 25.4 | 82.2 | 100.2 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 460 | 165 | 1.65 | 71 | 26.1 | 79 | 96 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 461 | 159 | 1.59 | 63 | 24.9 | 79.2 | 96 | 0.82 | 110 | 75 | 105 | 70 | 60 |
| 462 | 156 | 1.56 | 47 | 19.3 | 79 | 96.3 | 0.71 | 140 | 80 | 138 | 78 | 70 |
| 463 | 154 | 1.54 | 59 | 24.9 | 79.2 | 96.3 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 464 | 153 | 1.53 | 56 | 23.9 | 76 | 96.1 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 465 | 154 | 1.54 | 47.1 | 19.9 | 71 | 100.5 | 0.71 | 127 | 80 | 125 | 78 | 70 |
| 466 | 156 | 1.56 | 58 | 23.8 | 72 | 100.2 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 467 | 155 | 1.55 | 60 | 25.0 | 71 | 96 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 468 | 154 | 1.54 | 57 | 24.0 | 76 | 99.6 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 469 | 156 | 1.56 | 75 | 30.8 | 68 | 96.2 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 470 | 154 | 1.54 | 46 | 19.4 | 75 | 102 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 471 | 154.1 | 1.541 | 74 | 31.2 | 71 | 100.4 | 0.71 | 105 | 70 | 100 | 65 | 65 |
| 472 | 167 | 1.67 | 85 | 30.5 | 82 | 100.3 | 0.82 | 110 | 70 | 105 | 68 | 78 |
| 473 | 163 | 1.63 | 45 | 16.9 | 82 | 100.2 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 474 | 167 | 1.67 | 84 | 30.1 | 82.2 | 100 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 475 | 159 | 1.59 | 76 | 30.1 | 79.1 | 96.1 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 476 | 167 | 1.67 | 85 | 30.5 | 82 | 100 | 0.71 | 127 | 80 | 125 | 78 | 70 |
| 477 | 166 | 1.66 | 86 | 31.2 | 82.4 | 100 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 478 | 164 | 1.64 | 83 | 30.9 | 82.2 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 479 | 163 | 1.63 | 82 | 30.9 | 82 | 100 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 480 | 154 | 1.54 | 59 | 24.9 | 82 | 100.1 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 481 | 154 | 1.54 | 73 | 30.8 | 87.1 | 100 | 0.87 | 126 | 75 | 120 | 70 | 65 |
| 482 | 156 | 1.56 | 75 | 30.8 | 79 | 96 | 0.71 | 100 | 80 | 98 | 75 | 67 |
| 483 | 156 | 1.56 | 43.5 | 17.9 | 79.2 | 96 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 484 | 159 | 1.59 | 78 | 30.9 | 79 | 96.3 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 485 | 167 | 1.67 | 85 | 30.5 | 79.2 | 96.3 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 486 | 161 | 1.61 | 45 | 17.4 | 71 | 100.5 | 0.71 | 127 | 80 | 125 | 78 | 70 |
| 487 | 159 | 1.59 | 76 | 30.1 | 72.2 | 100.1 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 488 | 159.1 | 1.591 | 76 | 30.0 | 74 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 489 | 158 | 1.58 | 52 | 20.8 | 76 | 100 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 490 | 155 | 1.55 | 77 | 32.0 | 68 | 99.5 | 0.71 | 127 | 80 | 125 | 78 | 61 |
| 491 | 153 | 1.53 | 72 | 30.8 | 75 | 99.4 | 0.73 | 115 | 75 | 110 | 73 | 66 |
| 492 | 163 | 1.63 | 53.1 | 20.0 | 75.3 | 99.7 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 493 | 155 | 1.55 | 73 | 30.4 | 77 | 100 | 0.77 | 122 | 80 | 120 | 75 | 65 |
| 494 | 154.3 | 1.543 | 72.5 | 30.5 | 76 | 96.1 | 0.79 | 123 | 75 | 120 | 73 | 61 |
| 495 | 165 | 1.65 | 59 | 21.7 | 71 | 99.6 | 0.71 | 127 | 80 | 125 | 78 | 70 |
| 496 | 154 | 1.54 | 60 | 25.3 | 72 | 100 | 0.72 | 120 | 70 | 118 | 65 | 63 |
| 497 | 154 | 1.54 | 73 | 30.8 | 74 | 100 | 0.74 | 115 | 75 | 110 | 73 | 89 |
| 498 | 154.1 | 1.541 | 60.3 | 25.4 | 76 | 99.9 | 0.76 | 140 | 80 | 138 | 78 | 53 |
| 499 | 163 | 1.63 | 83 | 31.2 | 86 | 100 | 0.86 | 126 | 75 | 120 | 73 | 76 |
| 500 | 162 | 1.62 | 80 | 30.5 | 85.9 | 100.1 | 0.84 | 129 | 70 | 125 | 68 | 64 |
| 501 | 164 | 1.64 | 84 | 31.2 | 83 | 96.2 | 0.82 | 105 | 70 | 100 | 65 | 67 |
| 502 | 166 | 1.66 | 54 | 19.6 | 83 | 96.1 | 0.75 | 140 | 80 | 138 | 78 | 60 |
| 503 | 151.1 | 1.511 | 53 | 23.2 | 85.9 | 100.1 | 0.71 | 127 | 80 | 125 | 78 | 65 |
| 504 | 158.3 | 1.583 | 59.9 | 23.9 | 83 | 96.1 | 0.74 | 110 | 80 | 105 | 75 | 78 |
| 505 | 167 | 1.67 | 55 | 19.7 | 85.8 | 100 | 0.73 | 122 | 80 | 120 | 75 | 70 |
| 506 | 157 | 1.57 | 59.2 | 24.0 | 82.4 | 100 | 0.75 | 120 | 70 | 118 | 65 | 72 |
| 507 | 151.1 | 1.511 | 53 | 23.2 | 82.2 | 100 | 0.71 | 127 | 80 | 125 | 78 | 67 |
| 508 | 152 | 1.52 | 53.1 | 23.0 | 82 | 100 | 0.75 | 115 | 75 | 110 | 73 | 60 |
| 509 | 168 | 1.68 | 56 | 19.8 | 82 | 100.1 | 0.71 | 110 | 80 | 105 | 75 | 65 |
| 510 | 165 | 1.65 | 85 | 31.2 | 82.2 | 100.2 | 0.76 | 127 | 80 | 125 | 78 | 78 |
| 511 | 168.1 | 1.681 | 56 | 19.8 | 79 | 96 | 0.75 | 120 | 80 | 115 | 75 | 70 |
| 512 | 166 | 1.66 | 86 | 31.2 | 79.2 | 96 | 0.71 | 125 | 70 | 120 | 65 | 72 |
| 513 | 166.1 | 1.661 | 87 | 31.5 | 79 | 96.3 | 0.74 | 110 | 75 | 105 | 70 | 67 |
| 514 | 167 | 1.67 | 88 | 31.6 | 79.2 | 96.3 | 0.73 | 100 | 80 | 98 | 75 | 60 |
| 515 | 167.1 | 1.671 | 89 | 31.9 | 75 | 100.5 | 0.75 | 105 | 70 | 100 | 65 | 65 |
| 516 | 151 | 1.51 | 52.5 | 23.0 | 68 | 96.2 | 0.71 | 110 | 70 | 105 | 68 | 78 |
| 517 | 169 | 1.69 | 57 | 20.0 | 75 | 100.1 | 0.75 | 120 | 80 | 115 | 75 | 70 |
| 518 | 163.1 | 1.631 | 62.6 | 23.5 | 71 | 100.6 | 0.71 | 125 | 70 | 120 | 65 | 72 |
| 519 | 160 | 1.6 | 80 | 31.3 | 76 | 99.5 | 0.76 | 110 | 75 | 105 | 70 | 67 |
| 520 | 161 | 1.61 | 81 | 31.2 | 74.9 | 100 | 0.75 | 100 | 80 | 98 | 75 | 60 |
| 521 | 162 | 1.62 | 82 | 31.2 | 71 | 100.6 | 0.71 | 105 | 70 | 100 | 65 | 65 |
| 522 | 163 | 1.63 | 83 | 31.2 | 71 | 96 | 0.74 | 110 | 70 | 105 | 68 | 78 |
| 523 | 164 | 1.64 | 84 | 31.2 | 75 | 102 | 0.73 | 120 | 80 | 115 | 75 | 70 |
| 524 | 165 | 1.65 | 85 | 31.2 | 74.9 | 100.2 | 0.75 | 125 | 70 | 120 | 65 | 72 |
| 525 | 166 | 1.66 | 86 | 31.2 | 71 | 100.6 | 0.71 | 110 | 75 | 105 | 70 | 67 |
| 526 | 166.1 | 1.661 | 87 | 31.5 | 75 | 100.1 | 0.75 | 100 | 80 | 98 | 75 | 60 |
| 527 | 167 | 1.67 | 88 | 31.6 | 68 | 96.2 | 0.71 | 105 | 70 | 100 | 65 | 65 |
| 528 | 167.1 | 1.671 | 89 | 31.9 | 76 | 99.6 | 0.76 | 140 | 80 | 138 | 78 | 78 |

| S.No. | Height (cm) | Height (metre) | Weight (kg) | B.M.I. | Waist Circumference (cm) | Hip circumference (cm) | WHR | SBP1 mmHg | DBP1 mmHg | SBP2 mmHg | DBP2 mmHg | Pulse rate (per min) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 529 | 159 | 1.59 | 79 | 31.2 | 82 | 100.3 | 0.82 | 127 | 80 | 125 | 78 | 70 |
| 530 | 158 | 1.58 | 78 | 31.2 | 82 | 100.2 | 0.82 | 110 | 80 | 105 | 75 | 72 |
| 531 | 168 | 1.68 | 56.1 | 19.9 | 82.2 | 100 | 0.75 | 122 | 80 | 120 | 75 | 67 |
| 532 | 157 | 1.57 | 77 | 31.2 | 79.1 | 96.1 | 0.71 | 120 | 70 | 118 | 65 | 60 |
| 533 | 156 | 1.56 | 76 | 31.2 | 82 | 100 | 0.74 | 127 | 80 | 125 | 78 | 65 |
| 534 | 157.1 | 1.571 | 48.1 | 19.5 | 82.4 | 100 | 0.73 | 115 | 75 | 110 | 73 | 78 |
| 535 | 154.1 | 1.541 | 58.2 | 24.5 | 82.2 | 100 | 0.75 | 110 | 80 | 105 | 75 | 70 |
| 536 | 154.3 | 1.543 | 58 | 24.4 | 82 | 100 | 0.71 | 127 | 80 | 125 | 78 | 72 |
| 537 | 155 | 1.55 | 47.1 | 19.6 | 82 | 100.1 | 0.75 | 125 | 70 | 120 | 65 | 67 |
| 538 | 154 | 1.54 | 46 | 19.4 | 82.2 | 100.2 | 0.82 | 140 | 80 | 138 | 78 | 72 |
| 539 | 155.2 | 1.552 | 59 | 24.5 | 79 | 96 | 0.76 | 100 | 80 | 98 | 75 | 65 |
| 540 | 152 | 1.52 | 42 | 18.2 | 79.2 | 96 | 0.75 | 105 | 70 | 100 | 65 | 78 |
| 541 | 159 | 1.59 | 61 | 24.1 | 79 | 96.3 | 0.71 | 110 | 70 | 105 | 68 | 70 |
| 542 | 166 | 1.66 | 68 | 24.7 | 79.2 | 96.3 | 0.74 | 120 | 80 | 115 | 75 | 72 |
| 543 | 156 | 1.56 | 60 | 24.7 | 75 | 102 | 0.73 | 125 | 70 | 120 | 65 | 67 |
| 544 | 154 | 1.54 | 58 | 24.5 | 75.3 | 100 | 0.75 | 110 | 75 | 105 | 70 | 60 |
| 545 | 166 | 1.66 | 68 | 24.7 | 68 | 96.2 | 0.71 | 100 | 80 | 98 | 75 | 65 |
| 546 | 154 | 1.54 | 58 | 24.5 | 75 | 100.1 | 0.75 | 105 | 70 | 100 | 65 | 78 |
| 547 | 168.1 | 1.681 | 56 | 19.8 | 75 | 100.5 | 0.75 | 110 | 80 | 105 | 75 | 60 |
| 548 | 156 | 1.56 | 60 | 24.7 | 75 | 100.1 | 0.76 | 127 | 80 | 125 | 78 | 72 |
| 549 | 156 | 1.56 | 60 | 24.7 | 82 | 100.3 | 0.82 | 110 | 80 | 105 | 75 | 67 |
| 550 | 168 | 1.68 | 56.1 | 19.9 | 82 | 100.2 | 0.75 | 122 | 80 | 120 | 75 | 60 |
| 551 | 158 | 1.58 | 79 | 31.6 | 82.2 | 100 | 0.77 | 120 | 70 | 118 | 65 | 65 |
| 552 | 159 | 1.59 | 81 | 32.0 | 79.1 | 96.1 | 0.8 | 127 | 80 | 125 | 78 | 78 |
| 553 | 167 | 1.67 | 69 | 24.7 | 82 | 100 | 0.81 | 115 | 75 | 110 | 73 | 70 |
| 554 | 159 | 1.59 | 61 | 24.1 | 83.6 | 96.2 | 0.86 | 110 | 80 | 105 | 75 | 72 |
| 555 | 156 | 1.56 | 60 | 24.7 | 82.2 | 100 | 0.83 | 127 | 80 | 125 | 78 | 67 |
| 556 | 154 | 1.54 | 58 | 24.5 | 82 | 100 | 0.79 | 125 | 70 | 120 | 65 | 60 |
| 557 | 154 | 1.54 | 58 | 24.5 | 82 | 100.1 | 0.76 | 110 | 75 | 105 | 70 | 65 |
| 558 | 163 | 1.63 | 65 | 24.5 | 82.2 | 100.2 | 0.75 | 100 | 80 | 98 | 75 | 78 |
| 559 | 167 | 1.67 | 69 | 24.7 | 79 | 96 | 0.78 | 105 | 70 | 100 | 65 | 70 |
| 560 | 167 | 1.67 | 69 | 24.7 | 79.2 | 96 | 0.73 | 140 | 80 | 138 | 78 | 67 |
| 561 | 164 | 1.64 | 66 | 24.5 | 79 | 96.3 | 0.72 | 127 | 80 | 125 | 78 | 61 |
| 562 | 163 | 1.63 | 65 | 24.5 | 79.2 | 96.3 | 0.82 | 110 | 80 | 105 | 75 | 64 |
| 563 | 162 | 1.62 | 64 | 24.4 | 83.6 | 96.1 | 0.86 | 122 | 80 | 120 | 75 | 65 |
| 564 | 154.3 | 1.543 | 58 | 24.4 | 82 | 100.3 | 0.82 | 120 | 70 | 118 | 65 | 68 |
| 565 | 155 | 1.55 | 59 | 24.6 | 82 | 100.2 | 0.86 | 127 | 80 | 125 | 78 | 61 |
| 566 | 163 | 1.63 | 65 | 24.5 | 82.2 | 100 | 0.77 | 115 | 75 | 110 | 73 | 54 |
| 567 | 164 | 1.64 | 66 | 24.5 | 79.1 | 96.1 | 0.79 | 110 | 80 | 105 | 75 | 89 |
| 568 | 163 | 1.63 | 65 | 24.5 | 82 | 100 | 0.72 | 127 | 80 | 125 | 78 | 92 |
| 569 | 162 | 1.62 | 64 | 24.4 | 82.4 | 100 | 0.76 | 120 | 80 | 115 | 75 | 67 |
| 570 | 154.3 | 1.543 | 58 | 24.4 | 82.2 | 100 | 0.7 | 125 | 70 | 120 | 65 | 60 |
| 571 | 155 | 1.55 | 59 | 24.6 | 82 | 100 | 0.76 | 110 | 75 | 105 | 70 | 65 |
| 572 | 157.1 | 1.571 | 48.1 | 19.5 | 82 | 100.1 | 0.89 | 100 | 80 | 98 | 75 | 78 |
| 573 | 156 | 1.56 | 48 | 19.7 | 82.2 | 100.2 | 0.79 | 105 | 70 | 100 | 65 | 70 |
| 574 | 156.1 | 1.561 | 47 | 19.3 | 79 | 96 | 0.7 | 140 | 80 | 138 | 78 | 61 |
| 575 | 155 | 1.55 | 47.1 | 19.6 | 79.2 | 96 | 0.72 | 127 | 80 | 125 | 78 | 71 |
| 576 | 154 | 1.54 | 46 | 19.4 | 79 | 96.3 | 0.74 | 110 | 80 | 105 | 75 | 68 |
| 577 | 153 | 1.53 | 45 | 19.2 | 79.2 | 96.3 | 0.76 | 122 | 80 | 120 | 75 | 61 |
| 578 | 154.1 | 1.541 | 43 | 18.1 | 71 | 100.6 | 0.71 | 120 | 70 | 118 | 65 | 78 |
| 579 | 156 | 1.56 | 60 | 24.7 | 75 | 102 | 0.73 | 127 | 80 | 125 | 78 | 63 |
| 580 | 164 | 1.64 | 52 | 19.3 | 80 | 100 | 0.8 | 115 | 75 | 110 | 73 | 68 |
| 581 | 165 | 1.65 | 53.1 | 19.5 | 81.3 | 100.4 | 0.81 | 110 | 80 | 105 | 75 | 60 |
| 582 | 166 | 1.66 | 54 | 19.6 | 86 | 100 | 0.86 | 127 | 80 | 125 | 78 | 61 |
| 583 | 167 | 1.67 | 55 | 19.7 | 83 | 96.2 | 0.83 | 100 | 80 | 98 | 75 | 89 |
| 584 | 168 | 1.68 | 56 | 19.8 | 86 | 100 | 0.79 | 105 | 70 | 100 | 65 | 76 |
| 585 | 168.1 | 1.681 | 56 | 19.8 | 76 | 99.5 | 0.76 | 140 | 80 | 138 | 78 | 67 |
| 586 | 169 | 1.69 | 57 | 20.0 | 75 | 100 | 0.75 | 127 | 80 | 125 | 78 | 61 |
| 587 | 167 | 1.67 | 55 | 19.7 | 75 | 96.2 | 0.78 | 110 | 80 | 105 | 75 | 69 |
| 588 | 168 | 1.68 | 56.1 | 19.9 | 75 | 102 | 0.73 | 122 | 80 | 120 | 75 | 60 |
| 589 | 167.1 | 1.671 | 63 | 22.6 | 69 | 96 | 0.72 | 120 | 70 | 118 | 65 | 61 |
| 590 | 151.2 | 1.512 | 48.1 | 21.0 | 82 | 100.3 | 0.82 | 127 | 80 | 125 | 78 | 69 |
| 591 | 162 | 1.62 | 57 | 21.7 | 86.2 | 100 | 0.86 | 115 | 75 | 110 | 73 | 67 |
| 592 | 159 | 1.59 | 61 | 24.1 | 83 | 96.2 | 0.82 | 110 | 80 | 105 | 75 | 78 |
| 593 | 179 | 1.79 | 62 | 19.4 | 86 | 100.1 | 0.86 | 127 | 80 | 125 | 78 | 70 |
| 594 | 154 | 1.54 | 52 | 21.9 | 82 | 100 | 0.77 | 110 | 75 | 105 | 70 | 60 |
| 595 | 164 | 1.64 | 60 | 22.3 | 82.4 | 100 | 0.79 | 100 | 80 | 98 | 75 | 65 |
| 596 | 164.1 | 1.641 | 60.2 | 22.4 | 82.2 | 100 | 0.72 | 105 | 70 | 100 | 65 | 70 |
| 597 | 163 | 1.63 | 58.9 | 22.2 | 82 | 100 | 0.76 | 140 | 80 | 138 | 78 | 61 |
| 598 | 159.1 | 1.591 | 61.3 | 24.2 | 82 | 100.1 | 0.7 | 127 | 80 | 125 | 78 | 65 |
| 599 | 153 | 1.53 | 57 | 24.3 | 82.2 | 100.2 | 0.76 | 110 | 80 | 105 | 75 | 70 |
| 600 | 179 | 1.79 | 62 | 19.4 | 79 | 96 | 0.89 | 122 | 80 | 120 | 75 | 61 |
| 601 | 159.2 | 1.592 | 57 | 22.5 | 79.2 | 96 | 0.79 | 120 | 70 | 118 | 65 | 65 |
| 602 | 162 | 1.62 | 64 | 24.4 | 79 | 96.3 | 0.7 | 127 | 80 | 125 | 78 | 70 |
| 603 | 166 | 1.66 | 62 | 22.5 | 79.2 | 96.3 | 0.72 | 115 | 75 | 110 | 73 | 61 |
| 604 | 161 | 1.61 | 63 | 24.3 | 74 | 100 | 0.74 | 110 | 80 | 105 | 75 | 70 |
| 605 | 152 | 1.52 | 50 | 21.6 | 76 | 100 | 0.76 | 127 | 80 | 125 | 78 | 60 |
| 606 | 159 | 1.59 | 61 | 24.1 | 71 | 100.6 | 0.71 | 140 | 80 | 138 | 78 | 65 |
| 607 | 159 | 1.59 | 61.2 | 24.2 | 75 | 102 | 0.73 | 127 | 80 | 125 | 78 | 67 |
| 608 | 164 | 1.64 | 66 | 24.5 | 76 | 99.7 | 0.76 | 110 | 80 | 105 | 75 | 78 |
| 609 | 162 | 1.62 | 64 | 24.4 | 71 | 100.6 | 0.71 | 122 | 80 | 120 | 75 | 77 |
| 610 | 167 | 1.67 | 54.9 | 19.7 | 75 | 102 | 0.73 | 120 | 70 | 118 | 65 | 99 |

| S.No. | T1 | T2 | T3 | T4 | T5 | T6 | T7 | T8 | T9 | T10 | T11 | T12 | T13 | T14 | T15 | T16 | T17 | T18 | A1 | A2 | A3 | A4 | A5 | A6 | A7 | A8 | A9 | A10 | A11 | A12 | A13 | A14 | A15 | A16 | D1 | D2 | D3 | D4 | D5 | D6 | D7 | D8 | D9 | D10 | D11a | D11b |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 1 | 1 | 2 | 1 | 4 | 4 | 2 | 6 | 4 | 1 | 1 | 2 |
| 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 3 | 2 | 2 | 2 | 1 | 1 | 2 | 6 | 4 | 3 | 2 | 2 |
| 3 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 1 | 3 | 3 | 1 | 2 | 2 | 3 | 2 | 1 | 1 | 2 |
| 4 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 6 | 2 | 5 | 2 | 2 | 3 | 3 | 6 | 1 | 1 | 2 | 2 |
| 5 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 7 | 2 | 6 | 2 | 1 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 6 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 1 | 1 | 7 | 1 | 3 | 1 | 2 | 4 | 4 | 3 | 2 | 2 |
| 7 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 7 | 1 | 5 | 1 | 4 | 4 | 4 | 3 | 4 | 2 | 2 | 2 |
| 8 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 1 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 7 | 2 | 6 | 2 | 4 | 4 | 2 | 6 | 4 | 3 | 1 | 2 |
| 9 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 6 | 2 | 2 | 3 | 1 | 1 | 2 | 4 | 4 | 3 | 2 | 2 |
| 10 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 3 | 3 | 3 | 1 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 11 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 6 | 2 | 1 | 1 | 5 | 4 | 4 | 5 | 4 | 1 | 1 | 2 |
| 12 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 1 | 2 | 2 | 2 | 4 | 4 | 3 | 4 | 2 | 2 | 2 |
| 13 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 1 | 2 | 3 | 5 | 4 | 2 | 6 | 4 | 3 | 2 | 2 |
| 14 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 3 | 2 | 3 | 1 | 4 | 4 | 4 | 5 | 4 | 1 | 2 | 2 |
| 15 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 2 | 5 | 2 | 3 | 4 | 4 | 3 | 4 | 2 | 2 | 2 |
| 16 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 3 | 2 | 1 | 1 | 4 | 4 | 4 | 5 | 4 | 1 | 2 | 2 |
| 17 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 2 | 2 | 2 | 4 | 4 | 4 | 3 | 4 | 2 | 2 | 2 |
| 18 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 2 | 5 | 1 | 2 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 19 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 1 | 3 | 1 | 2 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 20 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 3 | 2 | 5 | 3 | 1 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 21 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 1 | 6 | 2 | 3 | 1 | 2 | 4 | 4 | 3 | 2 | 2 |
| 22 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 2 | 7 | 1 | 4 | 3 | 3 | 3 | 4 | 1 | 2 | 2 |
| 23 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 2 | 1 | 2 | 4 | 4 | 3 | 6 | 2 | 2 | 2 | 2 |
| 24 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 1 | 3 | 2 | 1 | 2 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 25 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 2 | 3 | 3 | 3 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 26 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 3 | 5 | 2 | 1 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 27 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 1 | 5 | 2 | 3 | 1 | 2 | 4 | 4 | 3 | 2 | 2 |
| 28 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 3 | 2 | 6 | 1 | 5 | 3 | 3 | 3 | 4 | 1 | 1 | 2 |
| 29 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 3 | 3 | 5 | 2 | 2 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 30 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 2 | 6 | 3 | 2 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
| 31 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 6 | 3 | 7 | 1 | 3 | 1 | 2 | 4 | 4 | 3 | 2 | 2 |
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| S.No. | D11c | D11d | D11e | D11f | D11g | H1 | H2a | H2b | H3 | H4 | H5 | H6 | H7A | H7B | H8 | H9 | H10 | H11 | Diabetes | H12 | H13A | H13B | H14 | H15 | H16 | H17 | H18 | H19 | H20 | H20A | H20B | H20C | H20D | H20E | H20F | H20G |
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| 105 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 106 | 2 |

| S.No. | Self reported history of diabetes | Family history of diabetes | Self reported history of hypertension | Family history of hypertension | Self reported history of CAD | Family history of CAD | Self reported history of hypothyroidism | Family history of hypothyroidism | Self reported history of gall bladder disease | Family history of gall bladder disease | Self reported history of cancer | Family history of cancer | Self reported history (others) | Family history (others) | Any drug history | Co-morbidities associated with obesity | If yes, which one |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 2 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | thyroxine 25 | 1 | 3 |
| 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 4 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 80 | 1 | 4 |
| 5 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 1 | 7 |
| 6 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 7 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 8 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 9 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 80 | 2 | 99 |
| 10 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 11 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 12 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 13 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 14 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 15 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 16 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 17 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 18 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 19 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 20 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 21 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metformin | 2 | 99 |
| 22 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 23 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 24 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 25 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 26 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 27 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 28 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 29 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 30 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 31 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | aspirin 75 | 2 | 99 |
| 32 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 33 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 34 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | metformin | 2 | 99 |
| 35 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 36 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 37 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 38 | 1 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 39 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 40 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 41 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 1 | 1 |
| 42 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 1 | 4 |
| 43 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 44 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 45 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 46 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 1 | 1 |
| 47 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 1 | 3 |
| 48 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 49 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | glipizide | 2 | 99 |
| 50 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 80 | 2 | 99 |
| 51 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 52 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 53 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | aspirin 150 | 2 | 99 |
| 54 | 2 | 2 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 55 | 1 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 56 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 57 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 58 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 59 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 60 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | dapaglifzoin | 2 | 99 |
| 61 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metoprolol 50 | 2 | 99 |
| 62 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 63 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
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| 105 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | vasartan 20 | 1 | 5 |
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| 108 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | hyperthroidism | 2 | carbimazole | 2 | 99 |

| S.No. | T1 | T2 | T3 | T4 | T5 | T6 | T7 | T8 | T9 | T10 | T11 | T12 | T13 | T14 | T15 | T16 | T17 | T18 | A1 | A2 | A3 | A4 | A5 | A6 | A7 | A8 | A9 | A10 | A11 | A12 | A13 | A14 | A15 | A16 | D1 | D2 | D3 | D4 | D5 | D6 | D7 | D8 | D9 | D10 | D11a | D11b |
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| S.No. | D11c | D11d | D11e | D11f | D11g | H1 | H2a | H2b | H3 | H4 | H5 | H6 | H7A | H7B | H8 | H9 | H10 | H11 | Diabetes | H12 | H13A | H13B | H14 | H15 | H16 | H17 | H18 | H19 | H20 | H20A | H20B | H20C | H20D | H20E | H20F | H20G |
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| 184 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 185 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 187 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 188 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 1 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 189 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 190 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 191 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 192 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 1 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 99 | 99 | 99 | 1 | 1 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 194 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 1 | 1 | 1 |
| 195 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 196 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 197 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 199 | 1 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
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| 202 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 203 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 206 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
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| 211 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 2 |
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| 213 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 214 | 2 |

| S.No. | Self reported history of diabetes | Family history of diabetes | Self reported history of hypertension | Family history of hypertension | Self reported history of CAD | Family history of CAD | Self reported history of hypothyroidism | Family history of hypothyroidism | Self reported history of gall bladder disease | Family history of gall bladder disease | Self reported history of cancer | Family history of cancer | Self reported history (others) | Family history (others) | Any drug history | Co-morbidities associated with obesity | If yes, which one |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 109 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | amlong 5,Metformin 500 mg | 2 | 99 |
| 110 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | INSOMNIA | 2 | CLONAZEPAM .25 | 2 | 99 |
| 111 | 1 | 2 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 112 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 113 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 114 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 115 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | glipizide | 2 | 99 |
| 116 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 117 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 118 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 119 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 120 | 1 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metformin | 2 | 99 |
| 121 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 122 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 123 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 124 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 125 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 126 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 127 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | atorvastatin 40 | 2 | 99 |
| 128 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 129 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 130 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 131 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | dapaglifzoin | 2 | 99 |
| 132 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 133 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 134 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 135 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | THYROXINE 100 MCG | 2 | 99 |
| 136 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 137 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 138 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 80 | 2 | 99 |
| 139 | 2 | 2 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | vasartan 20 | 2 | 99 |
| 140 | 2 | 2 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 141 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 142 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 143 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 144 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 145 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 146 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 147 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5,Metformin 500 mg | 2 | 99 |
| 148 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 149 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 150 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 151 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 152 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 153 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 154 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 155 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 156 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 157 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 158 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 159 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 160 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 161 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | dapaglifzoin | 2 | 99 |
| 162 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 163 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 164 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | Nil | 2 | 99 |
| 165 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 166 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 167 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 168 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | osteoarthritis | 2 | atorvastatins 40 mg | 2 | 99 |
| 169 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | nifedipin 2.5 | 2 | 99 |
| 170 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 171 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | glipizide | 2 | 99 |
| 172 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 173 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 174 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metformin 1500 | 2 | 99 |
| 175 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 176 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | metformin | 2 | 99 |
| 177 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 178 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | clinidipine | 2 | 99 |
| 179 | 2 | 2 | 1 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 180 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 181 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 182 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 183 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 184 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 185 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 186 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 187 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 188 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 189 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 190 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 191 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 192 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | dapaglifzoin | 2 | 99 |
| 193 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 194 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 195 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 196 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 197 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 198 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 199 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | dapaglifzoin | 2 | 99 |
| 200 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 201 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 202 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 203 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 204 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 205 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | Nil | 2 | 99 |
| 206 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 207 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 208 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 209 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 210 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | thYROXINE 25 MCG | 2 | 99 |
| 211 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 212 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | dapaglifzoin | 2 | 99 |
| 213 | 1 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 214 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 215 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 216 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |

| S.No. | T1 | T2 | T3 | T4 | T5 | T6 | T7 | T8 | T9 | T10 | T11 | T12 | T13 | T14 | T15 | T16 | T17 | T18 | A1 | A2 | A3 | A4 | A5 | A6 | A7 | A8 | A9 | A10 | A11 | A12 | A13 | A14 | A15 | A16 | D1 | D2 | D3 | D4 | D5 | D6 | D7 | D8 | D9 | D10 | D11a | D11b |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 217 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 3 | 2 | 2 | 2 | 1 | 4 | 4 | 6 | 4 | 1 | 1 | 2 |
| 218 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 1 | 2 | 3 | 1 | 1 | 1 | 2 | 6 | 4 | 1 | 2 | 2 |
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| 220 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 7 | 1 | 2 | 1 | 2 | 4 | 4 | 6 | 4 | 1 | 2 | 2 |
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| 222 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 2 | 5 | 3 | 3 | 3 | 4 | 6 | 4 | 1 | 1 | 2 |
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| S.No. | D11c | D11d | D11e | D11f | D11g | H1 | H2a | H2b | H3 | H4 | H5 | H6 | H7A | H7B | H8 | H9 | H10 | H11 | Diabetes | H12 | H13A | H13B | H14 | H15 | H16 | H17 | H18 | H19 | H20 | H20A | H20B | H20C | H20D | H20E | H20F | H20G |
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| 322 | 2 |

| S.No. | Self reported history of diabetes | Family history of diabetes | Self reported history of hypertension | Family history of hypertension | Self reported history of CAD | Family history of CAD | Self reported history of hypothyroidism | Family history of hypothyroidism | Self reported history of gall bladder disease | Family history of gall bladder disease | Self reported history of cancer | Family history of cancer | Self reported history (others) | Family history (others) | Any drug history | Co-morbidities associated with obesity | If yes, which one |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 217 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 218 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 219 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 220 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 221 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | THYROXINE 100 MCG | 2 | 99 |
| 222 | 1 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 223 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 224 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 225 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 226 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 227 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 228 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 229 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
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| S.No. | T1 | T2 | T3 | T4 | T5 | T6 | T7 | T8 | T9 | T10 | T11 | T12 | T13 | T14 | T15 | T16 | T17 | T18 | A1 | A2 | A3 | A4 | A5 | A6 | A7 | A8 | A9 | A10 | A11 | A12 | A13 | A14 | A15 | A16 | D1 | D2 | D3 | D4 | D5 | D6 | D7 | D8 | D9 | D10 | D11a | D11b |
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| S.No. | D11c | D11d | D11e | D11f | D11g | H1 | H2a | H2b | H3 | H4 | H5 | H6 | H7A | H7B | H8 | H9 | H10 | H11 | Diabetes | H12 | H13A | H13B | H14 | H15 | H16 | H17 | H18 | H19 | H20 | H20A | H20B | H20C | H20D | H20E | H20F | H20G |
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| 375 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 377 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 378 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 99 | 99 | 99 | 1 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 379 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 384 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 1 | 1 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 385 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 392 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 1 | 1 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 393 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 394 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 395 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 1 | 1 |
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| 398 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 399 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 400 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 403 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 407 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 408 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 1 | 1 |
| 409 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
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| 412 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
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| 415 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
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| 417 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
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| 419 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 420 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 421 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 1 | 1 |
| 422 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 423 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
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| 428 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 429 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 430 | 2 |

| S.No. | Self reported history of diabetes | Family history of diabetes | Self reported history of hypertension | Family history of hypertension | Self reported history of CAD | Family history of CAD | Self reported history of hypothyroidism | Family history of hypothyroidism | Self reported history of gall bladder disease | Family history of gall bladder disease | Self reported history of cancer | Family history of cancer | Self reported history (others) | Family history (others) | Any drug history | Co-morbidities associated with obesity | If yes, which one |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 325 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 326 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 327 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 1 | 1 |
| 328 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 329 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 1 | 7 |
| 330 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 331 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 332 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 333 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 334 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 335 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 336 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 337 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 338 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 339 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 40 | 2 | 99 |
| 340 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 341 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 342 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 343 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 344 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 345 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 346 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 347 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 348 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 349 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 40, metformin 500 | 2 | 99 |
| 350 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 351 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 352 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 353 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 354 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 355 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | thyroxine 37.5 | 2 | 99 |
| 356 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 357 | 1 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 358 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 359 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 360 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 361 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 362 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 363 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 364 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 365 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 366 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 367 | 1 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20, glipizide | 2 | 99 |
| 368 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 369 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 370 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 371 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 372 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 373 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 374 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 40 | 2 | 99 |
| 375 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 376 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 377 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 378 | 1 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10, metformin 1000 | 2 | 99 |
| 379 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 380 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 381 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 382 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 383 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 384 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 385 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 386 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 387 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 388 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 389 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 390 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 391 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 392 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 393 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 80 | 2 | 99 |
| 394 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 395 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 396 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 397 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 398 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 399 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 1 | 1 |
| 400 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 401 | 1 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metoprolol 50 | 2 | 99 |
| 402 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 403 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 404 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 405 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 406 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 40 | 2 | 99 |
| 407 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metoprolol 25 | 2 | 99 |
| 408 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
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| S.No. | T1 | T2 | T3 | T4 | T5 | T6 | T7 | T8 | T9 | T10 | T11 | T12 | T13 | T14 | T15 | T16 | T17 | T18 | A1 | A2 | A3 | A4 | A5 | A6 | A7 | A8 | A9 | A10 | A11 | A12 | A13 | A14 | A15 | A16 | D1 | D2 | D3 | D4 | D5 | D6 | D7 | D8 | D9 | D10 | D11a | D11b |
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| S.No. | D11c | D11d | D11e | D11f | D11g | H1 | H2a | H2b | H3 | H4 | H5 | H6 | H7A | H7B | H8 | H9 | H10 | H11 | Diabetes | H12 | H13A | H13B | H14 | H15 | H16 | H17 | H18 | H19 | H20 | H20A | H20B | H20C | H20D | H20E | H20F | H20G |
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| 527 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
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| 538 | 2 |

| S.No. | Self reported history of diabetes | Family history of diabetes | Self reported history of hypertension | Family history of hypertension | Self reported history of CAD | Family history of CAD | Self reported history of hypothyroidism | Family history of hypothyroidism | Self reported history of gall bladder disease | Family history of gall bladder disease | Self reported history of cancer | Family history of cancer | Self reported history (others) | Family history (others) | Any drug history | Co-morbidities associated with obesity | If yes, which one |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 433 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 434 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 435 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 436 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 437 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 438 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 439 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 440 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 441 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 442 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 443 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 444 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 445 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 446 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 447 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metoprolol 50 | 2 | 99 |
| 448 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 5 | 2 | 99 |
| 449 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 20 | 2 | 99 |
| 450 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 451 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 452 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | telmisartan 40 | 2 | 99 |
| 453 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | metoprolol 25 | 2 | 99 |
| 454 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 455 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 456 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 457 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 458 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
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| 465 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 466 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 467 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 468 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 469 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 470 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 471 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
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| 473 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
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| 477 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
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| 479 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 20 | 2 | 99 |
| 480 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 481 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 1 | 1 |
| 482 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 483 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 484 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 485 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 486 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 487 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 488 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 489 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 490 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 491 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
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| 493 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 494 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 495 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25, metformin | 2 | 99 |
| 496 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
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| 499 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 500 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
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| 525 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 526 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
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| 528 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
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| 532 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 533 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
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| 538 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
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| S.No. | T1 | T2 | T3 | T4 | T5 | T6 | T7 | T8 | T9 | T10 | T11 | T12 | T13 | T14 | T15 | T16 | T17 | T18 | A1 | A2 | A3 | A4 | A5 | A6 | A7 | A8 | A9 | A10 | A11 | A12 | A13 | A14 | A15 | A16 | D1 | D2 | D3 | D4 | D5 | D6 | D7 | D8 | D9 | D10 | D11a | D11b |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 541 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 2 | 2 | 1 | 4 | 3 | 2 | 6 | 4 | 1 | 1 | 2 |
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| 546 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 2 | 7 | 1 | 4 | 3 | 4 | 6 | 4 | 1 | 2 | 2 |
| 547 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 2 | 3 | 2 | 4 | 3 | 3 | 3 | 4 | 1 | 1 | 2 |
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| 551 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 2 | 2 | 5 | 2 | 2 | 1 | 2 | 4 | 4 | 3 | 2 | 2 |
| 552 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 1 | 2 | 3 | 3 | 2 | 1 | 2 | 6 | 4 | 1 | 2 | 2 |
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| 554 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 2 | 99 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 2 | 99 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 5 | 5 | 2 | 3 | 2 | 4 | 4 | 3 | 6 | 2 | 2 | 1 | 2 |
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| S.No. | D11c | D11d | D11e | D11f | D11g | H1 | H2a | H2b | H3 | H4 | H5 | H6 | H7A | H7B | H8 | H9 | H10 | H11 | Diabetes | H12 | H13A | H13B | H14 | H15 | H16 | H17 | H18 | H19 | H20 | H20A | H20B | H20C | H20D | H20E | H20F | H20G |
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| 574 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 575 | 1 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 576 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 577 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 578 | 1 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 579 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 580 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 1 | 1 | 1 |
| 581 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 1 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 582 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 583 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 584 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 585 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 586 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 587 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 588 | 1 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 2 |
| 589 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 590 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 1 | 1 |
| 591 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 592 | 2 | 2 | 2 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 593 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 594 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 595 | 2 | 2 | 2 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 596 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 597 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 598 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 599 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 600 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 2 |
| 601 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 602 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 603 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 604 | 1 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 605 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 2 |
| 606 | 2 | 2 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 607 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 2 | 99 | 99 | 99 | 99 | 99 | 99 | 99 |
| 608 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 1 | 1 |
| 609 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| 610 | 2 | 2 | 1 | 2 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 99 | 99 | 99 | 99 | 99 | 2 | 1 | 2 | 99 | 99 | 99 | 99 | 1 | 2 | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |

| S.No. | Self reported history of diabetes | Family history of diabetes | Self reported history of hypertension | Family history of hypertension | Self reported history of CAD | Family history of CAD | Self reported history of hypothyroidism | Family history of hypothyroidism | Self reported history of gall bladder disease | Family history of gall bladder disease | Self reported history of cancer | Family history of cancer | Self reported history (others) | Family history (others) | Any drug history | Co-morbidities associated with obesity | If yes, which one |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 541 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 542 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 543 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 544 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 545 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 546 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 547 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 548 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 549 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 1 | 6 |
| 550 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 551 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 552 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 553 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 554 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 555 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 556 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 557 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 558 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 559 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 560 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 561 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 562 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 563 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 564 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 565 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 566 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 567 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 568 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 569 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 570 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 571 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 572 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 573 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 574 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 575 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 576 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 577 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 578 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 579 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 580 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 581 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 582 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 583 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 584 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 585 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 586 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 587 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 588 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 589 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 590 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 591 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 592 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 593 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 594 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 595 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 596 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 597 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 598 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 599 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 600 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 601 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 602 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 603 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 604 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 10 | 2 | 99 |
| 605 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | Nil | 2 | 99 |
| 606 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | amlong 2.5 | 2 | 99 |
| 607 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 608 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 609 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |
| 610 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | CLONAZEPAM 0.25 | 2 | 99 |

| S.No. | Eating habits | Fond of eating from outside | If yes, how often | Why do you eat fastfood | Do you understand consumption of fast food causes health problems | Source of milk | Type of milk | How many meals you eat in a day | Do you fast | If yes, why do you do so | Do you like to eat in between meals | If yes what do you eat | Calories intake per day | Protein intake per day |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 7 | 1 | 2 | 2 | 99 | 2089 | 65 |
| 2 | 2 | 1 | 2 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 2 | 2135 | 78 |
| 3 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 8 | 2 | 99 | 1 | 2 | 2156 | 58 |
| 4 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 1 | 2158 | 52 |
| 5 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 2 | 1 | 1 | 2132 | 58 |
| 6 | 1 | 2 | 99 | 1 | 2 | 2 | 2 | 6 | 2 | 99 | 1 | 1 | 2146 | 70 |
| 7 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2080 | 59 |
| 8 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2110 | 52 |
| 9 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 3 | 2146 | 59 |
| 10 | 1 | 2 | 99 | 3 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2153 | 69 |
| 11 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2084 | 70 |
| 12 | 2 | 1 | 3 | 3 | 1 | 2 | 1 | 4 | 1 | 1 | 2 | 99 | 2083 | 65 |
| 13 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2077 | 63 |
| 14 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2076 | 52 |
| 15 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 8 | 2 | 99 | 2 | 99 | 1895.5 | 58 |
| 16 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 8 | 1 | 1 | 1 | 1 | 2084 | 59 |
| 17 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 1 | 1 | 2081 | 51 |
| 18 | 3 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2156 | 65 |
| 19 | 2 | 2 | 99 | 1 | 2 | 2 | 2 | 7 | 2 | 99 | 2 | 99 | 2152 | 53 |
| 20 | 2 | 2 | 99 | 1 | 2 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 2149 | 55 |
| 21 | 2 | 2 | 99 | 3 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2143 | 59 |
| 22 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 78 |
| 23 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 24 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 6 | 2 | 99 | 1 | 2 | 2135 | 54 |
| 25 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 2 | 2156 | 56 |
| 26 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 2 | 99 | 1 | 2 | 2143 | 50 |
| 27 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 8 | 1 | 2 | 2 | 99 | 2045 | 70 |
| 28 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2084 | 65 |
| 29 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 2 | 99 | 1 | 3 | 2167 | 70 |
| 30 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 3 | 2134 | 65 |
| 31 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2195 | 63 |
| 32 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 2 | 2098 | 54 |
| 33 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 1895.5 | 58 |
| 34 | 2 | 2 | 99 | 1 | 2 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2135 | 69 |
| 35 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 7 | 2 | 99 | 1 | 1 | 2150 | 61 |
| 36 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2135 | 78 |
| 37 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 2 | 2184 | 56 |
| 38 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 2146 | 50 |
| 39 | 3 | 2 | 99 | 3 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2156 | 52 |
| 40 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2110 | 52 |
| 41 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 2149 | 55 |
| 42 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 1 | 2 | 2143 | 59 |
| 43 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2152 | 52 |
| 44 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2176 | 56 |
| 45 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2143 | 52 |
| 46 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2152 | 65 |
| 47 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 2184 | 78 |
| 48 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 2144 | 54 |
| 49 | 3 | 2 | 99 | 1 | 2 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2021 | 78 |
| 50 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 8 | 2 | 99 | 1 | 2 | 2145 | 54 |
| 51 | 2 | 2 | 99 | 1 | 2 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2158 | 52 |
| 52 | 2 | 2 | 99 | 3 | 2 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2135 | 58 |
| 53 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 7 | 2 | 99 | 1 | 2 | 2145 | 70 |
| 54 | 2 | 2 | 99 | 1 | 2 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2156 | 65 |
| 55 | 2 | 2 | 99 | 1 | 2 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2143 | 63 |
| 56 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2158 | 70 |
| 57 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 2 | 99 | 2 | 99 | 2135 | 65 |
| 58 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 2 | 99 | 2 | 99 | 2152 | 54 |
| 59 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 8 | 2 | 99 | 1 | 1 | 2143 | 68 |
| 60 | 3 | 2 | 99 | 3 | 2 | 2 | 1 | 7 | 2 | 99 | 2 | 99 | 2156 | 65 |
| 61 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2156 | 63 |
| 62 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2146 | 50 |
| 63 | 3 | 2 | 99 | 1 | 2 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2195 | 69 |
| 64 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 2 | 99 | 2 | 99 | 2184 | 52 |
| 65 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 2 | 99 | 1 | 3 | 2135 | 52 |
| 66 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 2152 | 53 |
| 67 | 3 | 2 | 99 | 3 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2167 | 65 |
| 68 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2149 | 51 |
| 69 | 3 | 2 | 99 | 1 | 2 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2144 | 58 |
| 70 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2143.5 | 54 |
| 71 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2147 | 51 |
| 72 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2143 | 53 |
| 73 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 1998 | 55 |
| 74 | 3 | 2 | 99 | 1 | 1 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 2149 | 59 |
| 75 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2150 | 58 |
| 76 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 1 | 1 | 1 | 2 | 2167 | 70 |
| 77 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 2 | 1 | 1 | 2152 | 54 |
| 78 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2295.5 | 54 |
| 79 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2134 | 54 |
| 80 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 2 | 99 | 1 | 1 | 2176 | 69 |
| 81 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2089 | 54 |
| 82 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 3 | 1860 | 56 |
| 83 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2045 | 50 |
| 84 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 2 | 2184 | 56 |
| 85 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2143 | 59 |
| 86 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2149 | 54 |
| 87 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 2 | 99 | 1 | 1 | 2146 | 59 |
| 88 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 2 | 99 | 1 | 1 | 2146 | 51 |
| 89 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2142 | 53 |
| 90 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2091 | 52 |

| S.No. | Eating habits | Fond of eating from outside | If yes, how often | Why do you eat fastfood | Do you understand consumption of fast food causes health problems | Source of milk | Type of milk | How many meals you eat in a day | Do you fast | If yes, why do you do so | Do you like to eat in between meals | If yes what do you eat | Calories intake per day | Protein intake per day |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 91 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 1367.5 | 58 |
| 92 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2084 | 70 |
| 93 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2082 | 65 |
| 94 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2179 | 78 |
| 95 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 2 | 99 | 1 | 2 | 2165 | 54 |
| 96 | 2 | 2 | 99 | 4 | 2 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2083 | 52 |
| 97 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 2 | 99 | 1 | 3 | 2145 | 58 |
| 98 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2089 | 68 |
| 99 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 2095 | 69 |
| 100 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2145 | 63 |
| 101 | 2 | 2 | 99 | 3 | 2 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2150 | 54 |
| 102 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2143 | 56 |
| 103 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2158 | 70 |
| 104 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2135 | 68 |
| 105 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 2 | 99 | 1 | 3 | 2134 | 54 |
| 106 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 2176 | 69 |
| 107 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 2 | 99 | 1 | 2 | 2179 | 61 |
| 108 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2172 | 68 |
| 109 | 3 | 2 | 99 | 3 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2187 | 54 |
| 110 | 1 | 2 | 99 | 1 | 2 | 2 | 2 | 9 | 2 | 99 | 2 | 99 | 2143 | 68 |
| 111 | 1 | 2 | 99 | 3 | 2 | 2 | 2 | 7 | 2 | 99 | 2 | 99 | 2135 | 54 |
| 112 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 1998 | 52 |
| 113 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 2 | 1895.5 | 59 |
| 114 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2156 | 65 |
| 115 | 3 | 2 | 99 | 3 | 2 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2143 | 54 |
| 116 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 2 | 99 | 2 | 99 | 2152 | 65 |
| 117 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 8 | 2 | 99 | 1 | 1 | 2179 | 61 |
| 118 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 6 | 2 | 99 | 1 | 2 | 2173 | 68 |
| 119 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2135 | 50 |
| 120 | 2 | 2 | 99 | 1 | 2 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2160 | 52 |
| 121 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2149 | 54 |
| 122 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2135 | 69 |
| 123 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2167 | 63 |
| 124 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2134 | 54 |
| 125 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 1860 | 54 |
| 126 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 2058 | 69 |
| 127 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 1997.5 | 61 |
| 128 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2089 | 68 |
| 129 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 2 | 2149 | 52 |
| 130 | 3 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2179 | 50 |
| 131 | 3 | 2 | 99 | 3 | 2 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2184 | 52 |
| 132 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2146 | 59 |
| 133 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 2 | 2143 | 68 |
| 134 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 7 | 2 | 99 | 2 | 99 | 2152 | 52 |
| 135 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 3 | 2148 | 54 |
| 136 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 2 | 2150 | 65 |
| 137 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2184 | 78 |
| 138 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2144 | 54 |
| 139 | 3 | 2 | 99 | 3 | 2 | 2 | 2 | 7 | 2 | 99 | 2 | 99 | 2158 | 52 |
| 140 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2145 | 54 |
| 141 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2089 | 51 |
| 142 | 3 | 2 | 99 | 3 | 2 | 2 | 1 | 7 | 2 | 99 | 2 | 99 | 2152 | 59 |
| 143 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 8 | 2 | 99 | 2 | 99 | 2149 | 52 |
| 144 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 55 |
| 145 | 3 | 1 | 1 | 3 | 2 | 1 | 1 | 5 | 2 | 99 | 2 | 99 | 2134 | 61 |
| 146 | 3 | 2 | 99 | 3 | 2 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2176 | 68 |
| 147 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 2 | 99 | 1 | 2 | 2093 | 58 |
| 148 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 2150 | 61 |
| 149 | 3 | 2 | 99 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2003.5 | 78 |
| 150 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 1 | 1 | 1 | 2 | 2089 | 54 |
| 151 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 8 | 1 | 2 | 2 | 99 | 1864 | 52 |
| 152 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 2143 | 54 |
| 153 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2149 | 52 |
| 154 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 2 | 1 | 3 | 2144 | 54 |
| 155 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2158 | 52 |
| 156 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 2 | 99 | 1 | 2 | 2156 | 58 |
| 157 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2167 | 70 |
| 158 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2134 | 65 |
| 159 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 50 |
| 160 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 2 | 2080 | 63 |
| 161 | 3 | 2 | 99 | 1 | 1 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 2152 | 65 |
| 162 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 1 | 3 | 2184 | 78 |
| 163 | 3 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2179 | 54 |
| 164 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 6 | 1 | 2 | 2 | 99 | 1865 | 54 |
| 165 | 1 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 1860 | 56 |
| 166 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 7 | 1 | 2 | 2 | 99 | 1869 | 50 |
| 167 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 2 | 99 | 2 | 99 | 2143 | 59 |
| 168 | 3 | 2 | 99 | 1 | 1 | 2 | 1 | 8 | 2 | 99 | 1 | 2 | 2077.5 | 63 |
| 169 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 2 | 2089 | 54 |
| 170 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2149 | 51 |
| 171 | 2 | 2 | 99 | 1 | 1 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2143 | 53 |
| 172 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 1995.5 | 68 |
| 173 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 2 | 2077.5 | 54 |
| 174 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 8 | 1 | 2 | 2 | 99 | 2079 | 56 |
| 175 | 3 | 2 | 99 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2143.5 | 50 |
| 176 | 1 | 2 | 99 | 3 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2143 | 59 |
| 177 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 1 | 2 | 2084 | 58 |
| 178 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2034 | 51 |
| 179 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 2 | 2098 | 53 |
| 180 | 3 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2089 | 55 |

| S.No. | Eating habits | Fond of eating from outside | If yes, how often | Why do you eat fastfood | Do you understand consumption of fast food causes health problems | Source of milk | Type of milk | How many meals you eat in a day | Do you fast | If yes, why do you do so | Do you like to eat in between meals | If yes what do you eat | Calories intake per day | Protein intake per day |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 181 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 3 | 2077.5 | 59 |
| 182 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 3 | 2084 | 52 |
| 183 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 6 | 1 | 2 | 2 | 99 | 2089 | 65 |
| 184 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 1862 | 69 |
| 185 | 1 | 2 | 99 | 3 | 2 | 2 | 1 | 4 | 1 | 1 | 2 | 99 | 1860 | 55 |
| 186 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 2 | 99 | 2 | 99 | 2149 | 55 |
| 187 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2158 | 52 |
| 188 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 1860 | 70 |
| 189 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 2089 | 65 |
| 190 | 3 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2098 | 63 |
| 191 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 1860 | 54 |
| 192 | 1 | 1 | 1 | 3 | 2 | 1 | 1 | 8 | 1 | 2 | 2 | 99 | 2089 | 59 |
| 193 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 1854 | 61 |
| 194 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2235 | 55 |
| 195 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 7 | 1 | 1 | 1 | 2 | 2176 | 59 |
| 196 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 8 | 2 | 99 | 1 | 3 | 1897 | 52 |
| 197 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 2 | 99 | 1 | 2 | 1992 | 65 |
| 198 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 1843 | 52 |
| 199 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 6 | 1 | 2 | 2 | 99 | 2089 | 59 |
| 200 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2091 | 59 |
| 201 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 8 | 1 | 2 | 2 | 99 | 2097 | 51 |
| 202 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 1995.5 | 53 |
| 203 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 9 | 1 | 1 | 1 | 1 | 1895.5 | 53 |
| 204 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 2 | 2 | 99 | 1860 | 52 |
| 205 | 1 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 2 | 2089 | 54 |
| 206 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 6 | 1 | 2 | 2 | 99 | 2055 | 65 |
| 207 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 3 | 1897 | 78 |
| 208 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 7 | 1 | 2 | 2 | 99 | 1992 | 54 |
| 209 | 1 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 2 | 2054 | 52 |
| 210 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2089 | 58 |
| 211 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 1860 | 70 |
| 212 | 1 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2089 | 65 |
| 213 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 2134 | 65 |
| 214 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 1 | 2 | 1 | 2 | 2195 | 63 |
| 215 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 1995.5 | 78 |
| 216 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 6 | 1 | 2 | 2 | 99 | 2077.5 | 54 |
| 217 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 2 | 2179 | 54 |
| 218 | 3 | 2 | 99 | 1 | 2 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2158 | 52 |
| 219 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 2 | 99 | 1 | 1 | 2076 | 56 |
| 220 | 1 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 1 | 2 | 1861 | 50 |
| 221 | 1 | 1 | 1 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2089.5 | 52 |
| 222 | 1 | 2 | 99 | 3 | 2 | 2 | 2 | 5 | 1 | 1 | 2 | 99 | 1871 | 59 |
| 223 | 2 | 2 | 99 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2084 | 51 |
| 224 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 2058 | 53 |
| 225 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2083 | 65 |
| 226 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2077 | 63 |
| 227 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1695.5 | 52 |
| 228 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 8 | 2 | 99 | 2 | 99 | 1860 | 65 |
| 229 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2087 | 78 |
| 230 | 1 | 2 | 99 | 1 | 2 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 1861 | 54 |
| 231 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2084 | 52 |
| 232 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2045 | 59 |
| 233 | 1 | 2 | 99 | 1 | 1 | 1 | 1 | 7 | 2 | 99 | 2 | 99 | 2156 | 65 |
| 234 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 2 | 2145 | 54 |
| 235 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2091 | 63 |
| 236 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2095 | 54 |
| 237 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2077.5 | 69 |
| 238 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2058 | 61 |
| 239 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 1997.5 | 68 |
| 240 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 1860 | 54 |
| 241 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 1701 | 56 |
| 242 | 1 | 2 | 99 | 3 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2089 | 50 |
| 243 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 3 | 2120 | 52 |
| 244 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2156 | 54 |
| 245 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2143 | 69 |
| 246 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 2 | 99 | 2 | 99 | 2149 | 61 |
| 247 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 1797 | 55 |
| 248 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2153 | 65 |
| 249 | 2 | 2 | 99 | 1 | 2 | 2 | 2 | 6 | 2 | 99 | 1 | 1 | 2148 | 63 |
| 250 | 1 | 2 | 99 | 1 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2150 | 61 |
| 251 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2084 | 65 |
| 252 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 9 | 2 | 99 | 1 | 2 | 2098 | 78 |
| 253 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2076 | 54 |
| 254 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2087 | 52 |
| 255 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 2 | 99 | 1 | 3 | 2044 | 58 |
| 256 | 1 | 2 | 99 | 1 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2150 | 56 |
| 257 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2143 | 50 |
| 258 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2076 | 63 |
| 259 | 2 | 2 | 99 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 1 | 2 | 2084 | 54 |
| 260 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 8 | 1 | 2 | 1 | 2 | 2078 | 69 |
| 261 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 6 | 1 | 2 | 2 | 99 | 2082 | 61 |
| 262 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 1 | 1979 | 68 |
| 263 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 1895.5 | 54 |
| 264 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 2150 | 56 |
| 265 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 1685 | 50 |
| 266 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 7 | 1 | 2 | 2 | 99 | 1998 | 52 |
| 267 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2084 | 59 |
| 268 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 6 | 1 | 2 | 2 | 99 | 2075 | 51 |
| 269 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2065 | 53 |
| 270 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 7 | 2 | 99 | 2 | 99 | 2089 | 55 |

| S.No. | Eating habits | Fond of eating from outside | If yes, how often | Why do you eat fastfood | Do you understand consumption of fast food causes health problems | Source of milk | Type of milk | How many meals you eat in a day | Do you fast | If yes, why do you do so | Do you like to eat in between meals | If yes what do you eat | Calories intake per day | Protein intake per day |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 271 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 9 | 1 | 1 | 2 | 99 | 2077.5 | 59 |
| 272 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 1995.5 | 52 |
| 273 | 2 | 1 | 3 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2077.5 | 65 |
| 274 | 2 | 2 | 99 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2089 | 78 |
| 275 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2076 | 54 |
| 276 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1998 | 52 |
| 277 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 1895.5 | 58 |
| 278 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 6 | 2 | 99 | 1 | 1 | 2084 | 70 |
| 279 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2083 | 65 |
| 280 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 2089 | 63 |
| 281 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2074 | 54 |
| 282 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2084 | 69 |
| 283 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2054 | 61 |
| 284 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2003.5 | 68 |
| 285 | 3 | 2 | 99 | 1 | 2 | 2 | 2 | 7 | 2 | 99 | 2 | 99 | 2135 | 54 |
| 286 | 3 | 1 | 1 | 3 | 2 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 2156 | 56 |
| 287 | 3 | 2 | 99 | 3 | 2 | 2 | 2 | 6 | 2 | 99 | 2 | 99 | 2143 | 50 |
| 288 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 9 | 1 | 2 | 1 | 1 | 2084 | 52 |
| 289 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2076 | 59 |
| 290 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2078 | 51 |
| 291 | 2 | 2 | 99 | 3 | 1 | 1 | 1 | 9 | 1 | 1 | 2 | 99 | 2084 | 53 |
| 292 | 2 | 1 | 3 | 3 | 1 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 1895.5 | 55 |
| 293 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 1998 | 59 |
| 294 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 2 | 99 | 2 | 99 | 2075 | 52 |
| 295 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2065 | 54 |
| 296 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2149 | 52 |
| 297 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2143 | 59 |
| 298 | 3 | 2 | 99 | 3 | 1 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2058 | 52 |
| 299 | 1 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2076 | 52 |
| 300 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2156 | 51 |
| 301 | 3 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 1 | 2 | 2 | 99 | 2146 | 53 |
| 302 | 3 | 2 | 99 | 1 | 1 | 2 | 1 | 8 | 2 | 99 | 2 | 99 | 2143 | 55 |
| 303 | 1 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 1860 | 51 |
| 304 | 1 | 2 | 99 | 3 | 1 | 2 | 1 | 4 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 305 | 1 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 2 | 99 | 2 | 99 | 2089 | 69 |
| 306 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2058 | 61 |
| 307 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 1860 | 54 |
| 308 | 2 | 1 | 3 | 1 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 1 | 1992 | 54 |
| 309 | 1 | 2 | 99 | 1 | 2 | 2 | 2 | 6 | 1 | 1 | 2 | 99 | 2045 | 56 |
| 310 | 1 | 1 | 3 | 4 | 1 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 2084 | 50 |
| 311 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 2076 | 52 |
| 312 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 9 | 1 | 1 | 1 | 1 | 2078 | 59 |
| 313 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 5 | 2 | 99 | 1 | 1 | 2081 | 51 |
| 314 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 8 | 1 | 2 | 2 | 99 | 2078 | 53 |
| 315 | 1 | 1 | 3 | 4 | 2 | 2 | 2 | 5 | 1 | 2 | 2 | 99 | 1998 | 55 |
| 316 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 4 | 1 | 1 | 2 | 99 | 2075 | 59 |
| 317 | 2 | 1 | 3 | 3 | 2 | 2 | 1 | 4 | 1 | 1 | 2 | 99 | 2065 | 52 |
| 318 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2089 | 65 |
| 319 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 6 | 1 | 1 | 1 | 1 | 1995.5 | 78 |
| 320 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2077.5 | 54 |
| 321 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 2 | 99 | 1 | 1 | 2143 | 59 |
| 322 | 3 | 2 | 99 | 1 | 1 | 2 | 2 | 8 | 2 | 99 | 2 | 99 | 2149 | 51 |
| 323 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2084 | 70 |
| 324 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2152 | 53 |
| 325 | 2 | 1 | 3 | 4 | 2 | 2 | 1 | 6 | 2 | 99 | 1 | 1 | 2149 | 54 |
| 326 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 327 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 1695.5 | 69 |
| 328 | 1 | 1 | 3 | 4 | 2 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 1860 | 61 |
| 329 | 1 | 2 | 99 | 3 | 2 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2089 | 68 |
| 330 | 1 | 2 | 99 | 3 | 2 | 1 | 2 | 8 | 1 | 1 | 2 | 99 | 1868 | 54 |
| 331 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 6 | 1 | 1 | 2 | 99 | 2045 | 56 |
| 332 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2084 | 50 |
| 333 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2076 | 52 |
| 334 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2078 | 59 |
| 335 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 2084 | 51 |
| 336 | 2 | 2 | 99 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1895.5 | 53 |
| 337 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 55 |
| 338 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2075 | 59 |
| 339 | 1 | 2 | 99 | 3 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2065 | 52 |
| 340 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 2 | 2089 | 54 |
| 341 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 1995.5 | 65 |
| 342 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2034 | 78 |
| 343 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 2 | 99 | 1 | 2 | 2076 | 54 |
| 344 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 6 | 1 | 1 | 1 | 3 | 1895.5 | 52 |
| 345 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2084 | 58 |
| 346 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2083 | 70 |
| 347 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2077 | 65 |
| 348 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2084 | 63 |
| 349 | 1 | 2 | 99 | 3 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2110 | 54 |
| 350 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 69 |
| 351 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 61 |
| 352 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2094 | 68 |
| 353 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2185 | 54 |
| 354 | 2 | 2 | 99 | 4 | 2 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2018 | 56 |
| 355 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 2 | 2089 | 50 |
| 356 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 7 | 2 | 99 | 2 | 99 | 2045 | 52 |
| 357 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 1 | 3 | 2143 | 59 |
| 358 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2152 | 52 |
| 359 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 1998 | 53 |
| 360 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 7 | 1 | 1 | 1 | 2 | 2089 | 55 |

| S.No. | Eating habits | Fond of eating from outside | If yes, how often | Why do you eat fastfood | Do you understand consumption of fast food causes health problems | Source of milk | Type of milk | How many meals you eat in a day | Do you fast | If yes, why do you do so | Do you like to eat in between meals | If yes what do you eat | Calories intake per day | Protein intake per day |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 361 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 1 | 2 | 2083 | 59 |
| 362 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2077 | 52 |
| 363 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 2 | 1860 | 65 |
| 364 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 1 | 1 | 2089 | 78 |
| 365 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1860 | 54 |
| 366 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 7 | 1 | 1 | 1 | 1 | 2045 | 52 |
| 367 | 3 | 2 | 99 | 1 | 2 | 2 | 1 | 7 | 2 | 99 | 2 | 99 | 2135 | 78 |
| 368 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 6 | 2 | 99 | 2 | 99 | 2076 | 70 |
| 369 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2078 | 65 |
| 370 | 2 | 2 | 99 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 63 |
| 371 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 54 |
| 372 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2075 | 69 |
| 373 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 2 | 99 | 2 | 99 | 2065 | 61 |
| 374 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2034 | 68 |
| 375 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 7 | 1 | 2 | 2 | 99 | 2083 | 54 |
| 376 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 8 | 1 | 1 | 2 | 99 | 2110 | 56 |
| 377 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2084 | 50 |
| 378 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 2 | 99 | 1 | 1 | 2135 | 58 |
| 379 | 3 | 2 | 99 | 3 | 2 | 2 | 1 | 5 | 2 | 99 | 2 | 99 | 2145 | 70 |
| 380 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2084 | 51 |
| 381 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 2 | 99 | 2 | 99 | 2081 | 53 |
| 382 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 1998 | 55 |
| 383 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 59 |
| 384 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 7 | 1 | 1 | 1 | 1 | 1897 | 68 |
| 385 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2077 | 54 |
| 386 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1860 | 65 |
| 387 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 78 |
| 388 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1863 | 54 |
| 389 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 52 |
| 390 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2084 | 58 |
| 391 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 2 | 2 | 99 | 2076 | 70 |
| 392 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 7 | 2 | 99 | 2 | 99 | 2078 | 65 |
| 393 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2087 | 63 |
| 394 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 1998 | 54 |
| 395 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2075 | 69 |
| 396 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2062 | 61 |
| 397 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2034 | 68 |
| 398 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2083 | 54 |
| 399 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2110 | 56 |
| 400 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2084 | 50 |
| 401 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2045 | 52 |
| 402 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2084 | 59 |
| 403 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2081 | 51 |
| 404 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 1998 | 53 |
| 405 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 2 | 2 | 99 | 2084 | 70 |
| 406 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2083 | 59 |
| 407 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2077 | 52 |
| 408 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1860 | 65 |
| 409 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2099 | 78 |
| 410 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 2 | 2 | 99 | 1863 | 54 |
| 411 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2048 | 52 |
| 412 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2084 | 58 |
| 413 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2073 | 70 |
| 414 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2078 | 65 |
| 415 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2084 | 63 |
| 416 | 2 | 2 | 99 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 1998 | 54 |
| 417 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 6 | 2 | 99 | 2 | 99 | 2075 | 69 |
| 418 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2065 | 61 |
| 419 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2034 | 68 |
| 420 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2083 | 54 |
| 421 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2110 | 56 |
| 422 | 2 | 1 | 3 | 4 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 2149 | 55 |
| 423 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 52 |
| 424 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2084 | 59 |
| 425 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2081 | 51 |
| 426 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 1998 | 53 |
| 427 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2089 | 55 |
| 428 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 2 | 99 | 2 | 99 | 2083 | 59 |
| 429 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 6 | 1 | 1 | 2 | 99 | 2077 | 52 |
| 430 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1860 | 54 |
| 431 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2289 | 65 |
| 432 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1861 | 78 |
| 433 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 54 |
| 434 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 52 |
| 435 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2076 | 58 |
| 436 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 6 | 1 | 1 | 2 | 99 | 2087 | 70 |
| 437 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2076 | 65 |
| 438 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 8 | 1 | 1 | 2 | 99 | 1998 | 63 |
| 439 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 6 | 1 | 1 | 2 | 99 | 2075 | 54 |
| 440 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2063 | 69 |
| 441 | 1 | 2 | 99 | 3 | 2 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 2034 | 61 |
| 442 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2083 | 68 |
| 443 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2110 | 54 |
| 444 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2084 | 56 |
| 445 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 7 | 1 | 1 | 2 | 99 | 2045 | 50 |
| 446 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 2 | 2 | 99 | 2084 | 52 |
| 447 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2081 | 59 |
| 448 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 51 |
| 449 | 1 | 2 | 99 | 1 | 2 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2089 | 53 |
| 450 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2081 | 55 |

| S.No. | Eating habits | Fond of eating from outside | If yes, how often | Why do you eat fastfood | Do you understand consumption of fast food causes health problems | Source of milk | Type of milk | How many meals you eat in a day | Do you fast | If yes, why do you do so | Do you like to eat in between meals | If yes what do you eat | Calories intake per day | Protein intake per day |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 451 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 2 | 99 | 2 | 99 | 2077 | 59 |
| 452 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 8 | 1 | 1 | 2 | 99 | 1859 | 52 |
| 453 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 65 |
| 454 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 1862 | 78 |
| 455 | 1 | 2 | 99 | 1 | 2 | 2 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 54 |
| 456 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 52 |
| 457 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2076 | 58 |
| 458 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2078 | 70 |
| 459 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 65 |
| 460 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 1998 | 63 |
| 461 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2075 | 54 |
| 462 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2078 | 58 |
| 463 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2034 | 61 |
| 464 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2083 | 68 |
| 465 | 1 | 2 | 99 | 3 | 1 | 2 | 2 | 8 | 1 | 2 | 2 | 99 | 2110 | 54 |
| 466 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2284 | 56 |
| 467 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 7 | 1 | 1 | 2 | 99 | 2045 | 50 |
| 468 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2184 | 52 |
| 469 | 2 | 1 | 2 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2081 | 59 |
| 470 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 51 |
| 471 | 2 | 2 | 99 | 3 | 2 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 53 |
| 472 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2083 | 55 |
| 473 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 8 | 1 | 1 | 2 | 99 | 2077 | 59 |
| 474 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 1860 | 52 |
| 475 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 54 |
| 476 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 1850 | 65 |
| 477 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2045 | 78 |
| 478 | 2 | 2 | 99 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 479 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 8 | 2 | 99 | 2 | 99 | 2076 | 52 |
| 480 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2078 | 58 |
| 481 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 1 | 1 | 2149 | 51 |
| 482 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 1998 | 65 |
| 483 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2075 | 63 |
| 484 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2065 | 54 |
| 485 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2034 | 69 |
| 486 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 8 | 1 | 1 | 2 | 99 | 2083 | 61 |
| 487 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2110 | 68 |
| 488 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 489 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 56 |
| 490 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2086 | 50 |
| 491 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2081 | 52 |
| 492 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 1998 | 59 |
| 493 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2089 | 51 |
| 494 | 2 | 1 | 2 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2083 | 53 |
| 495 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2077 | 55 |
| 496 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 2 | 2 | 99 | 1860 | 59 |
| 497 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2089 | 52 |
| 498 | 2 | 2 | 99 | 3 | 2 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 1860 | 65 |
| 499 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 1 | 1897 | 55 |
| 500 | 1 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 2 | 99 | 1 | 2 | 2089 | 59 |
| 501 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2076 | 52 |
| 502 | 1 | 2 | 99 | 1 | 2 | 2 | 2 | 7 | 1 | 1 | 2 | 99 | 2079 | 58 |
| 503 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 70 |
| 504 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 1998 | 65 |
| 505 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 2075 | 63 |
| 506 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2065 | 54 |
| 507 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2034 | 69 |
| 508 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2083 | 61 |
| 509 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 8 | 1 | 1 | 2 | 99 | 2110 | 68 |
| 510 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 511 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 7 | 1 | 2 | 2 | 99 | 2045 | 56 |
| 512 | 2 | 2 | 99 | 3 | 1 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 2084 | 50 |
| 513 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2081 | 52 |
| 514 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 1998 | 59 |
| 515 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 8 | 1 | 1 | 2 | 99 | 2089 | 51 |
| 516 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 7 | 1 | 1 | 2 | 99 | 2183 | 53 |
| 517 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 7 | 1 | 1 | 2 | 99 | 2077 | 55 |
| 518 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 5 | 1 | 1 | 2 | 99 | 1860 | 59 |
| 519 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 2 | 99 | 2 | 99 | 2089 | 52 |
| 520 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1862 | 54 |
| 521 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2045 | 65 |
| 522 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2084 | 78 |
| 523 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 8 | 1 | 1 | 2 | 99 | 2076 | 54 |
| 524 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2078 | 52 |
| 525 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 58 |
| 526 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 70 |
| 527 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2075 | 65 |
| 528 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2065 | 63 |
| 529 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2034 | 54 |
| 530 | 2 | 1 | 2 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2083 | 69 |
| 531 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 7 | 1 | 2 | 2 | 99 | 2110 | 61 |
| 532 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2184 | 68 |
| 533 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 534 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 2045 | 56 |
| 535 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2034 | 50 |
| 536 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2081 | 52 |
| 537 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 59 |
| 538 | 3 | 1 | 1 | 3 | 1 | 2 | 1 | 6 | 1 | 1 | 2 | 99 | 2077.5 | 61 |
| 539 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2083 | 53 |
| 540 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2077 | 55 |

| S.No. | Eating habits | Fond of eating from outside | If yes, how often | Why do you eat fastfood | Do you understand consumption of fast food causes health problems | Source of milk | Type of milk | How many meals you eat in a day | Do you fast | If yes, why do you do so | Do you like to eat in between meals | If yes what do you eat | Calories intake per day | Protein intake per day |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 541 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1860 | 59 |
| 542 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 99 | 2089 | 52 |
| 543 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1860 | 65 |
| 544 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2045 | 78 |
| 545 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2084 | 54 |
| 546 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2076 | 52 |
| 547 | 1 | 2 | 99 | 1 | 1 | 2 | 2 | 5 | 2 | 99 | 2 | 99 | 2065 | 69 |
| 548 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 5 | 1 | 2 | 2 | 99 | 2084 | 70 |
| 549 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1998 | 65 |
| 550 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 2075 | 63 |
| 551 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2065 | 54 |
| 552 | 2 | 2 | 99 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2034 | 69 |
| 553 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2110 | 61 |
| 554 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2045 | 68 |
| 555 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2077 | 54 |
| 556 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1860 | 56 |
| 557 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2076 | 50 |
| 558 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 1998 | 52 |
| 559 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2065 | 59 |
| 560 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2110 | 51 |
| 561 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 53 |
| 562 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 1998 | 55 |
| 563 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2077 | 59 |
| 564 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2078 | 52 |
| 565 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 54 |
| 566 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2114 | 65 |
| 567 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 78 |
| 568 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 2077 | 54 |
| 569 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 2 | 99 | 2 | 99 | 1860 | 52 |
| 570 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 7 | 1 | 2 | 2 | 99 | 2076 | 58 |
| 571 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 1998 | 70 |
| 572 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2065 | 65 |
| 573 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2130 | 63 |
| 574 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 54 |
| 575 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 69 |
| 576 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2077 | 61 |
| 577 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2078 | 68 |
| 578 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2089 | 54 |
| 579 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2077.5 | 56 |
| 580 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2084 | 50 |
| 581 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2110 | 52 |
| 582 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 59 |
| 583 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2077 | 51 |
| 584 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 1860 | 53 |
| 585 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2076 | 55 |
| 586 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 59 |
| 587 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2012 | 52 |
| 588 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2065 | 65 |
| 589 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2115 | 78 |
| 590 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 54 |
| 591 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 6 | 1 | 1 | 2 | 99 | 1998 | 52 |
| 592 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 8 | 1 | 1 | 2 | 99 | 2077 | 58 |
| 593 | 1 | 1 | 2 | 4 | 1 | 1 | 2 | 7 | 1 | 2 | 2 | 99 | 2078 | 70 |
| 594 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 7 | 1 | 1 | 2 | 99 | 2089 | 65 |
| 595 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2121 | 63 |
| 596 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 54 |
| 597 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 2 | 99 | 2 | 99 | 2077 | 69 |
| 598 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2065 | 61 |
| 599 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2116 | 68 |
| 600 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2045 | 54 |
| 601 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1998 | 56 |
| 602 | 1 | 2 | 99 | 3 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2034 | 50 |
| 603 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 2 | 2 | 99 | 2078 | 52 |
| 604 | 2 | 1 | 1 | 3 | 1 | 1 | 1 | 7 | 1 | 1 | 2 | 99 | 2089 | 59 |
| 605 | 1 | 1 | 3 | 4 | 1 | 1 | 2 | 5 | 1 | 2 | 2 | 99 | 2110 | 51 |
| 606 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2045 | 53 |
| 607 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2077 | 55 |
| 608 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2089 | 59 |
| 609 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 1860 | 52 |
| 610 | 1 | 2 | 99 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 2 | 99 | 2076 | 54 |

| S.No. | Do you perform household chores | If yes then what type | Do you watch television or use mobile phones | If yes, how many hours do you spend on it | Do you eat meals while watching tv/using mobile phone |
|---|---|---|---|---|---|
| 1 | 1 | 123 | 1 | 2.5 | 2 |
| 2 | 2 | 99 | 1 | 2.5 | 1 |
| 3 | 1 | 12 | 1 | 2 | 1 |
| 4 | 2 | 99 | 1 | 1 | 1 |
| 5 | 1 | 1 | 1 | 5 | 1 |
| 6 | 2 | 99 | 2 | 99 | 2 |
| 7 | 2 | 99 | 2 | 99 | 2 |
| 8 | 2 | 99 | 2 | 99 | 2 |
| 9 | 1 | 12 | 1 | 2 | 1 |
| 10 | 2 | 99 | 2 | 99 | 1 |
| 11 | 1 | 3 | 1 | 3 | 2 |
| 12 | 1 | 1 | 1 | 2 | 1 |
| 13 | 1 | 1 | 2 | 99 | 2 |
| 14 | 2 | 99 | 1 | 1.5 | 1 |
| 15 | 2 | 99 | 1 | 4 | 1 |
| 16 | 1 | 12 | 1 | 4 | 1 |
| 17 | 1 | 1 | 1 | 5 | 1 |
| 18 | 2 | 99 | 1 | 4 | 1 |
| 19 | 2 | 99 | 1 | 2.5 | 1 |
| 20 | 2 | 99 | 1 | 1 | 1 |
| 21 | 2 | 99 | 1 | 1 | 1 |
| 22 | 1 | 1 | 1 | 3.5 | 2 |
| 23 | 1 | 124 | 1 | 2 | 1 |
| 24 | 1 | 12 | 1 | 2 | 1 |
| 25 | 1 | 12 | 1 | 2.5 | 1 |
| 26 | 1 | 12 | 1 | 1 | 1 |
| 27 | 1 | 1 | 1 | 5 | 2 |
| 28 | 2 | 99 | 2 | 99 | 2 |
| 29 | 1 | 12 | 1 | 2.5 | 1 |
| 30 | 1 | 12 | 1 | 1 | 1 |
| 31 | 2 | 99 | 1 | 1 | 2 |
| 32 | 2 | 99 | 2 | 99 | 2 |
| 33 | 1 | 1 | 1 | 1.5 | 2 |
| 34 | 2 | 99 | 1 | 4.5 | 2 |
| 35 | 1 | 12 | 1 | 5 | 1 |
| 36 | 1 | 1 | 1 | 4.5 | 1 |
| 37 | 1 | 123 | 1 | 6 | 1 |
| 38 | 2 | 99 | 2 | 99 | 2 |
| 39 | 2 | 99 | 2 | 99 | 2 |
| 40 | 1 | 1 | 1 | 4 | 1 |
| 41 | 1 | 123 | 1 | 4.5 | 1 |
| 42 | 1 | 1 | 1 | 5 | 1 |
| 43 | 1 | 12 | 1 | 6 | 1 |
| 44 | 1 | 1 | 1 | 4.5 | 1 |
| 45 | 1 | 12 | 1 | 3.5 | 2 |
| 46 | 1 | 1 | 1 | 2.5 | 1 |
| 47 | 1 | 12 | 1 | 1 | 1 |
| 48 | 1 | 1 | 1 | 1 | 1 |
| 49 | 2 | 99 | 1 | 3.5 | 1 |
| 50 | 1 | 12 | 1 | 2 | 1 |
| 51 | 2 | 99 | 1 | 2.5 | 2 |
| 52 | 2 | 99 | 1 | 1 | 2 |
| 53 | 1 | 12 | 1 | 1 | 1 |
| 54 | 1 | 123 | 1 | 5 | 2 |
| 55 | 2 | 99 | 1 | 3.5 | 2 |
| 56 | 1 | 1 | 1 | 5 | 1 |
| 57 | 1 | 1 | 1 | 6 | 1 |
| 58 | 1 | 12 | 1 | 4 | 1 |
| 59 | 1 | 123 | 1 | 6 | 1 |
| 60 | 1 | 3 | 1 | 1 | 2 |
| 61 | 1 | 1 | 1 | 1 | 1 |
| 62 | 1 | 12 | 1 | 3.5 | 1 |
| 63 | 2 | 99 | 1 | 1 | 1 |
| 64 | 1 | 1 | 1 | 4.5 | 1 |
| 65 | 1 | 123 | 1 | 4 | 1 |
| 66 | 1 | 1 | 1 | 4 | 1 |
| 67 | 1 | 12 | 1 | 5 | 2 |
| 68 | 1 | 12 | 1 | 2 | 1 |
| 69 | 2 | 99 | 1 | 5 | 1 |
| 70 | 1 | 123 | 1 | 2 | 1 |
| 71 | 1 | 123 | 1 | 2.5 | 1 |
| 72 | 2 | 99 | 1 | 1 | 2 |
| 73 | 1 | 12 | 1 | 1 | 1 |
| 74 | 2 | 99 | 1 | 5 | 2 |
| 75 | 1 | 1 | 1 | 3.5 | 1 |
| 76 | 1 | 12 | 1 | 4 | 1 |
| 77 | 1 | 123 | 1 | 4 | 1 |
| 78 | 1 | 123 | 1 | 4.5 | 1 |
| 79 | 1 | 1 | 1 | 6 | 1 |
| 80 | 1 | 12 | 1 | 2 | 1 |
| 81 | 1 | 1 | 2 | 99 | 1 |
| 82 | 2 | 99 | 2 | 99 | 2 |
| 83 | 1 | 1 | 1 | 1.5 | 2 |
| 84 | 1 | 12 | 1 | 5 | 1 |
| 85 | 1 | 12 | 1 | 5 | 1 |
| 86 | 1 | 12 | 1 | 4 | 1 |
| 87 | 1 | 12 | 1 | 4.5 | 1 |
| 88 | 1 | 1 | 1 | 5 | 1 |

| S.No. | Do you perform household chores | If yes then what type | Do you watch television or use mobile phones | If yes, how many hours do you spend on it | Do you eat meals while watching tv/using mobile phone |
|---|---|---|---|---|---|
| 89 | 1 | 12 | 1 | 6 | 1 |
| 90 | 2 | 99 | 1 | 2 | 1 |
| 91 | 2 | 99 | 1 | 1.5 | 1 |
| 92 | 2 | 99 | 1 | 4 | 1 |
| 93 | 1 | 1 | 1 | 3.5 | 2 |
| 94 | 1 | 1 | 1 | 5 | 1 |
| 95 | 1 | 12 | 1 | 3.5 | 1 |
| 96 | 1 | 12 | 1 | 3.5 | 1 |
| 97 | 1 | 12 | 1 | 4.5 | 1 |
| 98 | 1 | 3 | 1 | 5 | 1 |
| 99 | 1 | 1 | 1 | 5 | 1 |
| 100 | 2 | 99 | 2 | 99 | 2 |
| 101 | 2 | 99 | 1 | 5 | 1 |
| 102 | 1 | 12 | 1 | 3.5 | 1 |
| 103 | 1 | 12 | 1 | 6 | 1 |
| 104 | 1 | 1 | 1 | 1 | 1 |
| 105 | 1 | 123 | 1 | 5 | 1 |
| 106 | 2 | 99 | 1 | 3.5 | 2 |
| 107 | 1 | 12 | 1 | 4 | 1 |
| 108 | 1 | 12 | 1 | 4.5 | 1 |
| 109 | 2 | 99 | 1 | 5 | 2 |
| 110 | 2 | 99 | 2 | 99 | 1 |
| 111 | 2 | 99 | 2 | 99 | 2 |
| 112 | 1 | 1 | 2 | 99 | 1 |
| 113 | 2 | 99 | 1 | 5 | 1 |
| 114 | 1 | 1 | 1 | 2 | 1 |
| 115 | 2 | 99 | 1 | 1 | 1 |
| 116 | 1 | 12 | 1 | 5 | 1 |
| 117 | 1 | 12 | 1 | 2.5 | 1 |
| 118 | 1 | 1 | 1 | 1 | 1 |
| 119 | 1 | 12 | 1 | 4 | 1 |
| 120 | 2 | 99 | 1 | 4.5 | 1 |
| 121 | 1 | 1 | 1 | 5 | 1 |
| 122 | 1 | 3 | 1 | 3.5 | 2 |
| 123 | 1 | 12 | 1 | 2.5 | 1 |
| 124 | 1 | 123 | 1 | 1 | 1 |
| 125 | 2 | 99 | 1 | 1 | 1 |
| 126 | 2 | 99 | 1 | 5 | 1 |
| 127 | 2 | 99 | 1 | 6 | 1 |
| 128 | 2 | 99 | 1 | 2 | 1 |
| 129 | 1 | 12 | 1 | 5 | 1 |
| 130 | 2 | 99 | 1 | 5 | 1 |
| 131 | 1 | 123 | 1 | 6 | 1 |
| 132 | 2 | 99 | 1 | 2 | 1 |
| 133 | 2 | 99 | 1 | 4.5 | 1 |
| 134 | 2 | 99 | 1 | 5 | 2 |
| 135 | 1 | 12 | 1 | 3.5 | 1 |
| 136 | 1 | 12 | 1 | 4 | 1 |
| 137 | 1 | 12 | 1 | 4.5 | 1 |
| 138 | 2 | 99 | 1 | 5 | 2 |
| 139 | 2 | 99 | 1 | 6 | 2 |
| 140 | 2 | 99 | 1 | 5 | 1 |
| 141 | 1 | 1 | 1 | 2 | 1 |
| 142 | 2 | 99 | 1 | 2.5 | 1 |
| 143 | 1 | 123 | 1 | 1 | 1 |
| 144 | 1 | 12 | 1 | 1.5 | 1 |
| 145 | 2 | 99 | 1 | 5 | 1 |
| 146 | 1 | 123 | 1 | 3.5 | 1 |
| 147 | 2 | 99 | 1 | 2.5 | 1 |
| 148 | 1 | 1 | 1 | 4 | 1 |
| 149 | 2 | 99 | 1 | 1.5 | 1 |
| 150 | 1 | 1 | 1 | 2 | 1 |
| 151 | 1 | 1 | 1 | 5 | 1 |
| 152 | 1 | 1 | 1 | 5 | 1 |
| 153 | 1 | 1 | 1 | 2.5 | 1 |
| 154 | 1 | 1 | 1 | 2.5 | 1 |
| 155 | 1 | 1 | 1 | 1 | 1 |
| 156 | 1 | 1 | 1 | 1 | 1 |
| 157 | 1 | 1 | 1 | 5 | 1 |
| 158 | 1 | 12 | 1 | 3.5 | 1 |
| 159 | 1 | 1 | 1 | 3.5 | 1 |
| 160 | 2 | 99 | 1 | 3.5 | 1 |
| 161 | 1 | 14 | 1 | 6 | 2 |
| 162 | 1 | 1 | 1 | 2 | 1 |
| 163 | 2 | 99 | 1 | 4 | 1 |
| 164 | 1 | 1 | 2 | 99 | 1 |
| 165 | 2 | 99 | 1 | 2 | 1 |
| 166 | 1 | 1 | 2 | 99 | 1 |
| 167 | 1 | 1 | 1 | 5 | 1 |
| 168 | 2 | 99 | 1 | 3 | 1 |
| 169 | 1 | 12 | 1 | 4.5 | 1 |
| 170 | 1 | 12 | 1 | 6 | 1 |
| 171 | 2 | 99 | 2 | 99 | 1 |
| 172 | 1 | 3 | 1 | 2.5 | 1 |
| 173 | 1 | 3 | 1 | 5 | 1 |
| 174 | 1 | 1 | 2 | 99 | 1 |
| 175 | 2 | 99 | 1 | 6 | 1 |
| 176 | 2 | 99 | 1 | 6 | 2 |

| S.No. | Do you perform household chores | If yes then what type | Do you watch television or use mobile phones | If yes, how many hours do you spend on it | Do you eat meals while watching tv/using mobile phone |
|---|---|---|---|---|---|
| 177 | 1 | 1 | 1 | 1.5 | 1 |
| 178 | 1 | 1 | 2 | 99 | 1 |
| 179 | 1 | 1 | 1 | 5 | 1 |
| 180 | 1 | 123 | 2 | 99 | 1 |
| 181 | 2 | 99 | 1 | 2 | 1 |
| 182 | 1 | 1 | 1 | 3 | 1 |
| 183 | 1 | 1 | 1 | 4 | 2 |
| 184 | 1 | 3 | 1 | 5.5 | 2 |
| 185 | 1 | 1 | 1 | 3.5 | 1 |
| 186 | 1 | 1 | 1 | 2 | 1 |
| 187 | 1 | 123 | 1 | 5 | 1 |
| 188 | 1 | 1 | 2 | 99 | 2 |
| 189 | 1 | 1 | 1 | 1 | 1 |
| 190 | 1 | 1 | 2 | 99 | 1 |
| 191 | 2 | 99 | 1 | 4 | 1 |
| 192 | 2 | 99 | 1 | 4 | 1 |
| 193 | 2 | 99 | 1 | 1 | 1 |
| 194 | 1 | 1 | 1 | 2 | 1 |
| 195 | 1 | 123 | 1 | 2.5 | 1 |
| 196 | 1 | 12 | 1 | 1 | 1 |
| 197 | 1 | 12 | 1 | 1 | 1 |
| 198 | 2 | 99 | 1 | 1.5 | 1 |
| 199 | 1 | 1 | 1 | 1.5 | 1 |
| 200 | 2 | 99 | 2 | 99 | 2 |
| 201 | 1 | 1 | 2 | 99 | 2 |
| 202 | 2 | 99 | 2 | 99 | 2 |
| 203 | 2 | 99 | 1 | 1.5 | 1 |
| 204 | 2 | 99 | 1 | 5 | 1 |
| 205 | 2 | 99 | 1 | 5.5 | 1 |
| 206 | 1 | 1 | 1 | 2 | 1 |
| 207 | 2 | 99 | 1 | 5 | 1 |
| 208 | 1 | 3 | 1 | 2 | 1 |
| 209 | 2 | 99 | 1 | 6 | 1 |
| 210 | 2 | 99 | 1 | 2 | 1 |
| 211 | 1 | 1 | 2 | 99 | 2 |
| 212 | 2 | 99 | 1 | 5 | 1 |
| 213 | 1 | 1 | 1 | 4.5 | 1 |
| 214 | 1 | 12 | 1 | 5 | 1 |
| 215 | 2 | 99 | 2 | 99 | 2 |
| 216 | 1 | 1 | 2 | 99 | 2 |
| 217 | 1 | 12 | 1 | 1 | 1 |
| 218 | 1 | 123 | 1 | 6 | 2 |
| 219 | 1 | 1 | 1 | 1.5 | 1 |
| 220 | 2 | 99 | 1 | 2 | 1 |
| 221 | 2 | 99 | 1 | 1.5 | 1 |
| 222 | 1 | 123 | 2 | 99 | 1 |
| 223 | 1 | 3 | 1 | 1 | 1 |
| 224 | 1 | 1 | 2 | 99 | 1 |
| 225 | 1 | 1 | 2 | 99 | 2 |
| 226 | 1 | 123 | 2 | 99 | 2 |
| 227 | 2 | 99 | 1 | 4.5 | 1 |
| 228 | 2 | 99 | 1 | 5 | 1 |
| 229 | 2 | 99 | 2 | 99 | 1 |
| 230 | 1 | 12 | 2 | 99 | 2 |
| 231 | 1 | 1 | 1 | 2 | 1 |
| 232 | 1 | 1 | 2 | 99 | 2 |
| 233 | 2 | 99 | 1 | 2 | 2 |
| 234 | 2 | 99 | 1 | 1 | 1 |
| 235 | 2 | 99 | 2 | 99 | 2 |
| 236 | 1 | 1 | 1 | 5 | 2 |
| 237 | 2 | 99 | 1 | 3.5 | 1 |
| 238 | 2 | 99 | 2 | 99 | 2 |
| 239 | 1 | 1 | 1 | 4.5 | 2 |
| 240 | 1 | 1 | 1 | 2 | 1 |
| 241 | 2 | 99 | 2 | 99 | 2 |
| 242 | 1 | 14 | 1 | 2 | 2 |
| 243 | 2 | 99 | 2 | 99 | 2 |
| 244 | 1 | 1 | 1 | 2 | 1 |
| 245 | 2 | 99 | 1 | 2.5 | 1 |
| 246 | 1 | 1 | 1 | 1 | 1 |
| 247 | 1 | 1 | 1 | 3.5 | 1 |
| 248 | 1 | 123 | 1 | 3.5 | 1 |
| 249 | 2 | 99 | 2 | 99 | 2 |
| 250 | 2 | 99 | 2 | 99 | 1 |
| 251 | 1 | 1 | 2 | 99 | 1 |
| 252 | 1 | 3 | 1 | 2.5 | 1 |
| 253 | 2 | 99 | 2 | 99 | 1 |
| 254 | 1 | 3 | 1 | 2.5 | 2 |
| 255 | 1 | 1 | 1 | 4 | 1 |
| 256 | 2 | 99 | 2 | 99 | 2 |
| 257 | 1 | 12 | 1 | 4.5 | 1 |
| 258 | 1 | 1 | 1 | 1.5 | 2 |
| 259 | 2 | 99 | 1 | 3 | 1 |
| 260 | 2 | 99 | 2 | 99 | 2 |
| 261 | 1 | 1 | 2 | 99 | 2 |
| 262 | 2 | 99 | 1 | 3.5 | 1 |
| 263 | 1 | 1 | 2 | 99 | 1 |
| 264 | 2 | 99 | 1 | 4.5 | 1 |

| S.No. | Do you perform household chores | If yes then what type | Do you watch television or use mobile phones | If yes, how many hours do you spend on it | Do you eat meals while watching tv/using mobile phone |
|---|---|---|---|---|---|
| 265 | 2 | 99 | 1 | 5 | 1 |
| 266 | 1 | 123 | 2 | 99 | 2 |
| 267 | 1 | 1 | 1 | 5 | 1 |
| 268 | 1 | 1 | 1 | 2.5 | 2 |
| 269 | 2 | 99 | 2 | 99 | 2 |
| 270 | 1 | 1 | 1 | 5 | 2 |
| 271 | 1 | 1 | 1 | 5.5 | 1 |
| 272 | 1 | 1 | 2 | 99 | 2 |
| 273 | 2 | 99 | 2 | 99 | 1 |
| 274 | 1 | 1 | 1 | 2 | 1 |
| 275 | 1 | 1 | 2 | 99 | 1 |
| 276 | 1 | 1 | 1 | 3.5 | 1 |
| 277 | 1 | 123 | 1 | 5 | 2 |
| 278 | 2 | 99 | 2 | 99 | 2 |
| 279 | 1 | 1 | 2 | 99 | 1 |
| 280 | 1 | 1 | 1 | 2 | 1 |
| 281 | 1 | 3 | 2 | 99 | 1 |
| 282 | 2 | 99 | 2 | 99 | 1 |
| 283 | 1 | 1 | 1 | 2.5 | 1 |
| 284 | 2 | 99 | 2 | 99 | 1 |
| 285 | 1 | 4 | 1 | 5 | 2 |
| 286 | 2 | 99 | 1 | 6 | 1 |
| 287 | 1 | 14 | 1 | 2 | 2 |
| 288 | 1 | 3 | 1 | 3 | 1 |
| 289 | 2 | 99 | 2 | 99 | 2 |
| 290 | 1 | 1 | 2 | 99 | 2 |
| 291 | 1 | 1 | 1 | 3.5 | 1 |
| 292 | 2 | 99 | 2 | 99 | 2 |
| 293 | 1 | 1 | 2 | 99 | 2 |
| 294 | 2 | 99 | 1 | 2 | 1 |
| 295 | 2 | 99 | 2 | 99 | 2 |
| 296 | 1 | 123 | 1 | 1 | 1 |
| 297 | 2 | 99 | 1 | 5 | 1 |
| 298 | 1 | 123 | 1 | 3.5 | 1 |
| 299 | 2 | 99 | 1 | 5.5 | 1 |
| 300 | 1 | 1 | 1 | 2.5 | 1 |
| 301 | 2 | 99 | 1 | 1 | 1 |
| 302 | 1 | 123 | 1 | 1 | 1 |
| 303 | 2 | 99 | 1 | 2 | 1 |
| 304 | 1 | 1 | 1 | 3.5 | 1 |
| 305 | 2 | 99 | 1 | 5 | 1 |
| 306 | 1 | 1 | 1 | 4.5 | 1 |
| 307 | 2 | 99 | 1 | 3 | 1 |
| 308 | 2 | 99 | 2 | 99 | 2 |
| 309 | 1 | 1 | 2 | 99 | 2 |
| 310 | 1 | 1 | 1 | 2.5 | 2 |
| 311 | 2 | 99 | 1 | 4 | 1 |
| 312 | 2 | 99 | 1 | 5 | 1 |
| 313 | 2 | 99 | 2 | 99 | 2 |
| 314 | 1 | 1 | 1 | 3 | 1 |
| 315 | 1 | 1 | 1 | 3 | 2 |
| 316 | 2 | 99 | 1 | 2 | 1 |
| 317 | 2 | 99 | 1 | 2 | 1 |
| 318 | 1 | 1 | 1 | 3.5 | 2 |
| 319 | 2 | 99 | 1 | 5 | 1 |
| 320 | 2 | 99 | 1 | 4.5 | 1 |
| 321 | 2 | 99 | 1 | 1 | 1 |
| 322 | 1 | 14 | 1 | 1 | 2 |
| 323 | 2 | 99 | 1 | 3.5 | 1 |
| 324 | 1 | 1 | 1 | 5 | 1 |
| 325 | 1 | 12 | 1 | 4 | 1 |
| 326 | 1 | 1 | 1 | 2.5 | 1 |
| 327 | 1 | 1 | 1 | 6 | 1 |
| 328 | 1 | 1 | 1 | 2.5 | 2 |
| 329 | 1 | 1 | 1 | 4 | 2 |
| 330 | 1 | 1 | 2 | 99 | 2 |
| 331 | 1 | 1 | 1 | 5.5 | 2 |
| 332 | 1 | 1 | 2 | 99 | 2 |
| 333 | 1 | 1 | 1 | 3 | 2 |
| 334 | 1 | 1 | 2 | 99 | 2 |
| 335 | 1 | 123 | 1 | 2 | 2 |
| 336 | 1 | 1 | 1 | 3.5 | 1 |
| 337 | 1 | 1 | 2 | 99 | 2 |
| 338 | 1 | 1 | 1 | 4.5 | 2 |
| 339 | 1 | 3 | 1 | 3.5 | 2 |
| 340 | 2 | 99 | 1 | 2 | 1 |
| 341 | 2 | 99 | 1 | 1 | 1 |
| 342 | 1 | 1 | 2 | 99 | 2 |
| 343 | 2 | 99 | 1 | 6 | 1 |
| 344 | 2 | 99 | 1 | 5 | 1 |
| 345 | 2 | 99 | 1 | 4.5 | 1 |
| 346 | 1 | 1 | 1 | 3 | 2 |
| 347 | 2 | 99 | 1 | 4 | 1 |
| 348 | 2 | 99 | 1 | 2.5 | 1 |
| 349 | 1 | 123 | 2 | 99 | 2 |
| 350 | 2 | 99 | 1 | 5 | 1 |
| 351 | 2 | 99 | 1 | 2 | 1 |
| 352 | 2 | 99 | 1 | 1.5 | 1 |

| S.No. | Do you perform household chores | If yes then what type | Do you watch television or use mobile phones | If yes, how many hours do you spend on it | Do you eat meals while watching tv/using mobile phone |
|---|---|---|---|---|---|
| 353 | 1 | 1 | 2 | 99 | 2 |
| 354 | 1 | 12 | 1 | 3.5 | 1 |
| 355 | 1 | 12 | 1 | 2 | 1 |
| 356 | 1 | 1 | 1 | 2.5 | 2 |
| 357 | 1 | 1 | 1 | 4 | 1 |
| 358 | 1 | 1 | 1 | 4.5 | 1 |
| 359 | 1 | 123 | 2 | 99 | 2 |
| 360 | 1 | 12 | 1 | 1.5 | 1 |
| 361 | 1 | 1 | 1 | 3 | 1 |
| 362 | 1 | 1 | 1 | 2 | 2 |
| 363 | 1 | 12 | 1 | 2 | 1 |
| 364 | 1 | 1 | 1 | 3.5 | 1 |
| 365 | 1 | 1 | 2 | 99 | 2 |
| 366 | 1 | 3 | 1 | 4.5 | 1 |
| 367 | 1 | 123 | 1 | 6 | 2 |
| 368 | 1 | 1 | 1 | 4 | 2 |
| 369 | 1 | 12 | 1 | 3.5 | 1 |
| 370 | 1 | 1 | 1 | 2 | 1 |
| 371 | 1 | 1 | 1 | 2.5 | 2 |
| 372 | 1 | 12 | 1 | 4 | 1 |
| 373 | 1 | 1 | 1 | 5 | 1 |
| 374 | 1 | 1 | 2 | 99 | 2 |
| 375 | 1 | 1 | 1 | 1.5 | 2 |
| 376 | 1 | 1 | 1 | 3 | 2 |
| 377 | 1 | 12 | 1 | 2 | 1 |
| 378 | 1 | 1 | 1 | 2 | 1 |
| 379 | 1 | 4 | 1 | 2.5 | 2 |
| 380 | 1 | 3 | 1 | 5 | 1 |
| 381 | 1 | 1 | 1 | 4.5 | 1 |
| 382 | 1 | 12 | 1 | 2 | 1 |
| 383 | 1 | 1 | 1 | 1.5 | 1 |
| 384 | 1 | 1 | 1 | 2 | 1 |
| 385 | 1 | 12 | 1 | 2 | 1 |
| 386 | 1 | 1 | 1 | 2.5 | 2 |
| 387 | 1 | 12 | 1 | 4 | 1 |
| 388 | 1 | 1 | 1 | 5 | 1 |
| 389 | 1 | 1 | 1 | 5.5 | 2 |
| 390 | 1 | 12 | 1 | 1.5 | 1 |
| 391 | 1 | 3 | 1 | 3 | 1 |
| 392 | 1 | 3 | 2 | 99 | 2 |
| 393 | 1 | 1 | 1 | 2 | 1 |
| 394 | 1 | 12 | 1 | 3.5 | 1 |
| 395 | 1 | 1 | 1 | 5 | 2 |
| 396 | 1 | 1 | 1 | 4.5 | 1 |
| 397 | 1 | 12 | 1 | 1.5 | 1 |
| 398 | 1 | 1 | 2 | 99 | 2 |
| 399 | 1 | 1 | 1 | 4.5 | 1 |
| 400 | 1 | 12 | 1 | 2.5 | 1 |
| 401 | 1 | 1 | 1 | 2.5 | 2 |
| 402 | 1 | 1 | 1 | 4 | 1 |
| 403 | 1 | 3 | 1 | 5 | 1 |
| 404 | 1 | 1 | 2 | 99 | 2 |
| 405 | 1 | 1 | 1 | 2 | 1 |
| 406 | 1 | 1 | 1 | 3 | 2 |
| 407 | 1 | 1 | 2 | 99 | 2 |
| 408 | 1 | 1 | 1 | 2 | 2 |
| 409 | 1 | 1 | 2 | 99 | 2 |
| 410 | 1 | 1 | 1 | 5 | 1 |
| 411 | 1 | 1 | 1 | 4.5 | 1 |
| 412 | 1 | 1 | 2 | 99 | 1 |
| 413 | 1 | 1 | 1 | 3.5 | 1 |
| 414 | 1 | 1 | 1 | 2.5 | 1 |
| 415 | 1 | 1 | 1 | 4 | 1 |
| 416 | 1 | 1 | 1 | 5 | 1 |
| 417 | 1 | 1 | 2 | 99 | 1 |
| 418 | 1 | 123 | 2 | 99 | 1 |
| 419 | 1 | 1 | 1 | 3 | 1 |
| 420 | 1 | 3 | 1 | 2 | 2 |
| 421 | 1 | 1 | 1 | 2 | 2 |
| 422 | 1 | 1 | 1 | 3.5 | 1 |
| 423 | 1 | 1 | 2 | 99 | 2 |
| 424 | 1 | 1 | 1 | 4.5 | 2 |
| 425 | 1 | 1 | 1 | 6 | 1 |
| 426 | 1 | 1 | 1 | 2.5 | 2 |
| 427 | 1 | 1 | 2 | 99 | 2 |
| 428 | 1 | 1 | 1 | 5 | 1 |
| 429 | 1 | 1 | 2 | 99 | 2 |
| 430 | 1 | 1 | 1 | 1.5 | 2 |
| 431 | 1 | 1 | 1 | 3 | 1 |
| 432 | 1 | 123 | 1 | 2 | 2 |
| 433 | 1 | 1 | 2 | 99 | 2 |
| 434 | 1 | 1 | 1 | 3.5 | 1 |
| 435 | 1 | 1 | 1 | 5 | 2 |
| 436 | 1 | 1 | 1 | 4.5 | 2 |
| 437 | 1 | 1 | 2 | 99 | 2 |
| 438 | 1 | 123 | 2 | 99 | 2 |
| 439 | 1 | 1 | 1 | 2.5 | 1 |
| 440 | 1 | 1 | 1 | 4 | 1 |

| S.No. | Do you perform household chores | If yes then what type | Do you watch television or use mobile phones | If yes, how many hours do you spend on it | Do you eat meals while watching tv/using mobile phone |
|---|---|---|---|---|---|
| 441 | 1 | 1 | 1 | 5 | 1 |
| 442 | 1 | 1 | 1 | 5.5 | 1 |
| 443 | 1 | 1 | 1 | 1.5 | 1 |
| 444 | 1 | 3 | 1 | 3 | 1 |
| 445 | 1 | 1 | 2 | 99 | 1 |
| 446 | 1 | 1 | 1 | 2 | 1 |
| 447 | 1 | 1 | 1 | 3.5 | 1 |
| 448 | 1 | 1 | 2 | 99 | 1 |
| 449 | 1 | 1 | 1 | 2.5 | 1 |
| 450 | 1 | 1 | 1 | 4 | 1 |
| 451 | 1 | 1 | 1 | 5 | 1 |
| 452 | 1 | 1 | 1 | 5.5 | 2 |
| 453 | 1 | 12 | 1 | 1.5 | 1 |
| 454 | 1 | 1 | 1 | 3 | 1 |
| 455 | 1 | 123 | 2 | 99 | 2 |
| 456 | 1 | 1 | 1 | 2 | 1 |
| 457 | 1 | 1 | 1 | 3.5 | 1 |
| 458 | 1 | 1 | 1 | 5 | 1 |
| 459 | 1 | 12 | 1 | 4.5 | 1 |
| 460 | 1 | 3 | 1 | 2.5 | 1 |
| 461 | 1 | 1 | 1 | 1.5 | 1 |
| 462 | 1 | 1 | 2 | 99 | 2 |
| 463 | 1 | 124 | 1 | 4 | 1 |
| 464 | 1 | 1 | 1 | 5 | 1 |
| 465 | 1 | 1 | 2 | 99 | 2 |
| 466 | 1 | 1 | 1 | 1.5 | 1 |
| 467 | 1 | 1 | 1 | 3 | 2 |
| 468 | 1 | 124 | 1 | 2 | 1 |
| 469 | 1 | 1 | 1 | 2 | 1 |
| 470 | 1 | 1 | 1 | 3.5 | 2 |
| 471 | 1 | 3 | 1 | 5 | 1 |
| 472 | 1 | 1 | 1 | 4.5 | 1 |
| 473 | 1 | 1 | 2 | 99 | 2 |
| 474 | 1 | 1 | 1 | 6 | 1 |
| 475 | 1 | 1 | 1 | 4.5 | 1 |
| 476 | 1 | 124 | 1 | 1.5 | 1 |
| 477 | 1 | 3 | 1 | 4.5 | 1 |
| 478 | 1 | 1 | 1 | 2.5 | 1 |
| 479 | 1 | 1 | 1 | 1.5 | 1 |
| 480 | 1 | 1 | 1 | 1.5 | 2 |
| 481 | 1 | 1 | 1 | 3.5 | 1 |
| 482 | 1 | 1 | 1 | 5 | 1 |
| 483 | 1 | 1 | 2 | 99 | 2 |
| 484 | 1 | 124 | 1 | 2.5 | 1 |
| 485 | 1 | 1 | 1 | 5 | 1 |
| 486 | 1 | 1 | 1 | 5.5 | 2 |
| 487 | 1 | 1 | 1 | 2.5 | 1 |
| 488 | 1 | 1 | 1 | 5.5 | 1 |
| 489 | 1 | 1 | 2 | 99 | 2 |
| 490 | 1 | 1 | 1 | 3 | 1 |
| 491 | 1 | 1 | 1 | 2 | 1 |
| 492 | 1 | 1 | 1 | 2 | 2 |
| 493 | 1 | 1 | 1 | 6 | 1 |
| 494 | 1 | 1 | 1 | 4.5 | 1 |
| 495 | 1 | 1 | 2 | 99 | 2 |
| 496 | 1 | 1 | 1 | 4.5 | 1 |
| 497 | 1 | 1 | 1 | 2.5 | 1 |
| 498 | 1 | 3 | 1 | 1.5 | 1 |
| 499 | 1 | 1 | 1 | 2.5 | 1 |
| 500 | 2 | 99 | 1 | 4 | 1 |
| 501 | 1 | 124 | 1 | 2 | 1 |
| 502 | 1 | 3 | 2 | 99 | 2 |
| 503 | 1 | 124 | 1 | 4.5 | 1 |
| 504 | 1 | 1 | 1 | 1.5 | 1 |
| 505 | 1 | 123 | 2 | 99 | 2 |
| 506 | 1 | 1 | 1 | 5 | 1 |
| 507 | 1 | 1 | 1 | 4.5 | 1 |
| 508 | 1 | 1 | 1 | 2.5 | 1 |
| 509 | 1 | 1 | 1 | 1.5 | 2 |
| 510 | 1 | 1 | 1 | 2 | 1 |
| 511 | 1 | 1 | 1 | 5 | 2 |
| 512 | 1 | 1 | 1 | 4.5 | 1 |
| 513 | 1 | 1 | 1 | 2.5 | 1 |
| 514 | 1 | 1 | 1 | 5 | 1 |
| 515 | 1 | 1 | 1 | 5.5 | 1 |
| 516 | 1 | 124 | 1 | 2.5 | 1 |
| 517 | 1 | 1 | 2 | 99 | 2 |
| 518 | 1 | 1 | 1 | 2.5 | 1 |
| 519 | 1 | 1 | 1 | 3 | 1 |
| 520 | 1 | 1 | 1 | 3.5 | 2 |
| 521 | 1 | 1 | 1 | 2 | 1 |
| 522 | 1 | 1 | 1 | 6 | 1 |
| 523 | 1 | 1 | 2 | 99 | 2 |
| 524 | 1 | 1 | 1 | 4.5 | 1 |
| 525 | 1 | 1 | 1 | 1.5 | 1 |
| 526 | 1 | 1 | 2 | 99 | 2 |
| 527 | 1 | 1 | 1 | 2.5 | 1 |
| 528 | 1 | 1 | 1 | 1.5 | 2 |

| S.No. | Do you perform household chores | If yes then what type | Do you watch television or use mobile phones | If yes, how many hours do you spend on it | Do you eat meals while watching tv/using mobile phone |
|---|---|---|---|---|---|
| 529 | 1 | 1 | 1 | 5 | 1 |
| 530 | 1 | 1 | 1 | 4.5 | 1 |
| 531 | 1 | 1 | 1 | 2.5 | 2 |
| 532 | 1 | 1 | 1 | 3.5 | 1 |
| 533 | 1 | 1 | 1 | 2 | 1 |
| 534 | 1 | 1 | 2 | 99 | 2 |
| 535 | 1 | 124 | 1 | 4.5 | 1 |
| 536 | 1 | 1 | 1 | 4.5 | 1 |
| 537 | 1 | 1 | 1 | 1.5 | 2 |
| 538 | 2 | 99 | 1 | 6 | 1 |
| 539 | 1 | 1 | 1 | 5 | 1 |
| 540 | 1 | 123 | 1 | 4.5 | 2 |
| 541 | 1 | 1 | 1 | 2.5 | 1 |
| 542 | 1 | 1 | 1 | 5 | 1 |
| 543 | 1 | 1 | 1 | 5.5 | 1 |
| 544 | 1 | 1 | 1 | 2.5 | 1 |
| 545 | 1 | 1 | 1 | 5.5 | 1 |
| 546 | 1 | 1 | 1 | 2.5 | 1 |
| 547 | 1 | 1 | 1 | 2.5 | 2 |
| 548 | 1 | 1 | 1 | 6 | 1 |
| 549 | 1 | 1 | 1 | 4.5 | 1 |
| 550 | 1 | 1 | 2 | 99 | 2 |
| 551 | 1 | 124 | 1 | 1.5 | 1 |
| 552 | 1 | 1 | 1 | 2 | 1 |
| 553 | 1 | 1 | 1 | 2.5 | 2 |
| 554 | 1 | 1 | 1 | 1.5 | 1 |
| 555 | 1 | 1 | 2 | 99 | 2 |
| 556 | 1 | 3 | 1 | 1.5 | 2 |
| 557 | 1 | 1 | 1 | 2 | 1 |
| 558 | 1 | 1 | 1 | 5 | 1 |
| 559 | 1 | 1 | 1 | 4.5 | 2 |
| 560 | 1 | 123 | 2 | 99 | 2 |
| 561 | 1 | 1 | 2 | 99 | 2 |
| 562 | 1 | 1 | 1 | 5.5 | 2 |
| 563 | 1 | 1 | 2 | 99 | 2 |
| 564 | 1 | 1 | 1 | 5.5 | 2 |
| 565 | 1 | 1 | 1 | 2.5 | 2 |
| 566 | 1 | 1 | 2 | 99 | 2 |
| 567 | 1 | 1 | 2 | 99 | 2 |
| 568 | 1 | 1 | 1 | 5 | 1 |
| 569 | 1 | 3 | 1 | 4.5 | 1 |
| 570 | 1 | 1 | 1 | 1.5 | 2 |
| 571 | 1 | 1 | 1 | 2 | 2 |
| 572 | 1 | 1 | 2 | 99 | 2 |
| 573 | 1 | 1 | 1 | 4.5 | 2 |
| 574 | 1 | 1 | 2 | 99 | 2 |
| 575 | 1 | 3 | 2 | 99 | 2 |
| 576 | 1 | 1 | 1 | 5.5 | 2 |
| 577 | 1 | 1 | 1 | 2.5 | 2 |
| 578 | 1 | 1 | 2 | 99 | 2 |
| 579 | 1 | 124 | 1 | 2.5 | 1 |
| 580 | 1 | 1 | 1 | 3 | 1 |
| 581 | 1 | 1 | 1 | 4 | 2 |
| 582 | 1 | 1 | 2 | 99 | 2 |
| 583 | 1 | 1 | 2 | 99 | 2 |
| 584 | 1 | 1 | 1 | 1.5 | 2 |
| 585 | 1 | 1 | 1 | 2 | 2 |
| 586 | 1 | 1 | 2 | 99 | 2 |
| 587 | 1 | 1 | 1 | 4.5 | 2 |
| 588 | 1 | 1 | 2 | 99 | 2 |
| 589 | 1 | 1 | 1 | 5 | 2 |
| 590 | 1 | 3 | 2 | 99 | 2 |
| 591 | 1 | 1 | 1 | 2.5 | 1 |
| 592 | 1 | 3 | 1 | 5.5 | 1 |
| 593 | 1 | 1 | 1 | 2.5 | 2 |
| 594 | 1 | 1 | 1 | 3 | 2 |
| 595 | 1 | 1 | 2 | 99 | 2 |
| 596 | 1 | 1 | 2 | 99 | 2 |
| 597 | 1 | 1 | 1 | 1.5 | 2 |
| 598 | 1 | 1 | 1 | 1.5 | 2 |
| 599 | 1 | 1 | 2 | 99 | 2 |
| 600 | 1 | 1 | 2 | 99 | 2 |
| 601 | 1 | 123 | 1 | 4.5 | 2 |
| 602 | 1 | 1 | 1 | 2.5 | 2 |
| 603 | 1 | 3 | 1 | 5 | 1 |
| 604 | 1 | 124 | 1 | 5.5 | 1 |
| 605 | 1 | 1 | 2 | 99 | 1 |
| 606 | 1 | 1 | 1 | 5.5 | 1 |
| 607 | 1 | 1 | 2 | 99 | 1 |
| 608 | 1 | 1 | 2 | 99 | 1 |
| 609 | 1 | 3 | 1 | 1.5 | 1 |
| 610 | 1 | 123 | 1 | 2 | 1 |

| S.No. | History of dysmenorhhea | Age at marriage | Age at first pregnancy | No. of pregnancies | No. of abortions | History of infertility | If present primary/ secondary | Regular menstruation | If no, duration in yrs since LMP | Age at which menstruation caesed |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 16 | 17 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 2 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 3 | 2 | 16 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 4 | 1 | 23 | 24 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 5 | 1 | 20 | 25 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 6 | 2 | 18 | 21 | 3 | 0 | 1 | 2 | 1 | 99 | 99 |
| 7 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 8 | 2 | 18 | 19 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 9 | 2 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 10 | 2 | 26 | 26 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 11 | 2 | 18 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 12 | 2 | 16 | 20 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 13 | 2 | 21 | 22 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 14 | 1 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 15 | 1 | 16 | 18 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 16 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 17 | 1 | 21 | 22 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 18 | 2 | 19 | 20 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 19 | 2 | 23 | 25 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 20 | 2 | 22 | 24 | 4 | 0 | 2 | 99 | 1 | 99 | 99 |
| 21 | 2 | 21 | 23 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 22 | 2 | 30 | 31 | 2 | 0 | 2 | 99 | 2 | 2 | 50 |
| 23 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 2 | 5 | 51 |
| 24 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 25 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 26 | 1 | 18 | 19 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 27 | 2 | 16 | 17 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 28 | 2 | 17 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 29 | 2 | 20 | 21 | 5 | 1 | 2 | 99 | 1 | 99 | 99 |
| 30 | 2 | 26 | 27 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 31 | 2 | 24 | 25 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 32 | 2 | 16 | 18 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 33 | 2 | 20 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 34 | 2 | 24 | 26 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 35 | 2 | 19 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 36 | 1 | 20 | 20 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 37 | 2 | 18 | 18 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 38 | 2 | 18 | 19 | 4 | 0 | 2 | 99 | 1 | 99 | 99 |
| 39 | 2 | 17 | 19 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 40 | 2 | 17 | 20 | 3 | 1 | 1 | 2 | 2 | 20 | 46 |
| 41 | 2 | 20 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 42 | 2 | 26 | 27 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 43 | 2 | 20 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 44 | 1 | 20 | 23 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 45 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 46 | 2 | 21 | 24 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 47 | 2 | 29 | 30 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 48 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 49 | 2 | 24 | 25 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 50 | 2 | 18 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 51 | 2 | 16 | 18 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 52 | 2 | 16 | 16 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 53 | 2 | 19 | 20 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 54 | 2 | 16 | 17 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 55 | 2 | 18 | 19 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 56 | 1 | 18 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 57 | 1 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 58 | 1 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 59 | 2 | 21 | 24 | 3 | 0 | 2 | 99 | 2 | 23 | 52 |
| 60 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 61 | 1 | 18 | 20 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 62 | 2 | 20 | 23 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 63 | 2 | 18 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 64 | 1 | 21 | 24 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 65 | 1 | 19 | 22 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 66 | 2 | 16 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 67 | 2 | 29 | 29 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 68 | 1 | 20 | 22 | 1 | 1 | 1 | 2 | 1 | 99 | 99 |
| 69 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 70 | 2 | 22 | 26 | 1 | 0 | 2 | 99 | 2 | 25 | 46 |
| 71 | 2 | 19 | 20 | 2 | 1 | 2 | 99 | 2 | 30 | 46 |
| 72 | 2 | 16 | 17 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 73 | 1 | 20 | 22 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 74 | 2 | 26 | 27 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 75 | 2 | 18 | 18 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 76 | 2 | 17 | 18 | 2 | 0 | 2 | 99 | 2 | 32 | 48 |
| 77 | 1 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 78 | 2 | 21 | 23 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 79 | 1 | 20 | 23 | 3 | 0 | 2 | 99 | 2 | 25 | 52 |
| 80 | 1 | 26 | 28 | 2 | 0 | 2 | 99 | 2 | 21 | 50 |
| 81 | 2 | 17 | 18 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 82 | 2 | 21 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 83 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 84 | 2 | 29 | 30 | 2 | 0 | 2 | 99 | 2 | 19 | 44 |
| 85 | 2 | 17 | 18 | 1 | 0 | 2 | 99 | 2 | 25 | 52 |
| 86 | 2 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 87 | 2 | 16 | 17 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 88 | 2 | 17 | 24 | 2 | 0 | 2 | 99 | 2 | 26 | 47 |

| S.No. | History of dysmenorhhea | Age at marriage | Age at first pregnancy | No. of pregnancies | No. of abortions | History of infertility | If present primary/ secondary | Regular menstruation | If no, duration in yrs since LMP | Age at which menstruation caesed |
|---|---|---|---|---|---|---|---|---|---|---|
| 89 | 1 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 24 | 46 |
| 90 | 2 | 19 | 20 | 1 | 2 | 2 | 99 | 2 | 12 | 52 |
| 91 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 2 | 15 | 53 |
| 92 | 1 | 20 | 21 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 93 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 94 | 1 | 19 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 95 | 1 | 18 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 96 | 1 | 20 | 22 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 97 | 1 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 98 | 1 | 18 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 99 | 2 | 18 | 18 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 100 | 2 | 17 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 101 | 2 | 24 | 26 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 102 | 1 | 16 | 16 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 103 | 1 | 18 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 104 | 1 | 26 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 105 | 2 | 22 | 23 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 106 | 2 | 24 | 26 | 3 | 0 | 2 | 99 | 2 | 25 | 44 |
| 107 | 2 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 108 | 2 | 21 | 22 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 109 | 2 | 25 | 26 | 5 | 0 | 2 | 99 | 1 | 99 | 99 |
| 110 | 2 | 29 | 30 | 5 | 0 | 2 | 99 | 1 | 99 | 99 |
| 111 | 2 | 30 | 31 | 4 | 0 | 2 | 99 | 2 | 36 | 40 |
| 112 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 113 | 2 | 18 | 18 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 114 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 115 | 2 | 20 | 21 | 4 | 0 | 2 | 99 | 1 | 99 | 99 |
| 116 | 1 | 17 | 17 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 117 | 2 | 24 | 25 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 118 | 2 | 22 | 26 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 119 | 1 | 21 | 24 | 3 | 1 | 2 | 99 | 2 | 21 | 45 |
| 120 | 2 | 29 | 30 | 1 | 1 | 1 | 2 | 1 | 99 | 99 |
| 121 | 1 | 16 | 17 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 122 | 2 | 17 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 123 | 1 | 16 | 16 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 124 | 1 | 17 | 19 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 125 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 126 | 1 | 16 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 127 | 1 | 17 | 18 | 3 | 1 | 2 | 99 | 2 | 10 | 50 |
| 128 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 129 | 1 | 28 | 29 | 2 | 1 | 2 | 99 | 2 | 14 | 50 |
| 130 | 2 | 18 | 20 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 131 | 2 | 16 | 17 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 132 | 2 | 17 | 18 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 133 | 2 | 29 | 29 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 134 | 2 | 29 | 29 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 135 | 1 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 136 | 1 | 18 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 137 | 2 | 16 | 18 | 5 | 1 | 2 | 99 | 1 | 99 | 99 |
| 138 | 2 | 17 | 18 | 4 | 0 | 2 | 99 | 1 | 99 | 99 |
| 139 | 2 | 19 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 140 | 2 | 18 | 18 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 141 | 1 | 16 | 17 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 142 | 2 | 19 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 143 | 1 | 16 | 17 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 144 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 145 | 2 | 16 | 18 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 146 | 2 | 21 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 147 | 2 | 21 | 22 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 148 | 1 | 21 | 21 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 149 | 2 | 18 | 19 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 150 | 1 | 16 | 17 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 151 | 2 | 17 | 19 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 152 | 1 | 29 | 30 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 153 | 1 | 20 | 20 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 154 | 1 | 16 | 17 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 155 | 1 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 156 | 2 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 157 | 2 | 21 | 22 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 158 | 2 | 29 | 29 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 159 | 1 | 25 | 26 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 160 | 2 | 20 | 21 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 161 | 2 | 17 | 17 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 162 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 163 | 2 | 18 | 19 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 164 | 2 | 16 | 17 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 165 | 2 | 17 | 18 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 166 | 2 | 19 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 167 | 1 | 17 | 17 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 168 | 2 | 20 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 169 | 2 | 18 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 170 | 1 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 171 | 2 | 16 | 18 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 172 | 2 | 19 | 20 | 2 | 1 | 2 | 99 | 2 | 2 | 45 |
| 173 | 2 | 21 | 25 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 174 | 2 | 20 | 22 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 175 | 2 | 20 | 21 | 4 | 2 | 2 | 99 | 1 | 99 | 99 |
| 176 | 2 | 27 | 30 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |

| S.No. | History of dysmenorhhea | Age at marriage | Age at first pregnancy | No. of pregnancies | No. of abortions | History of infertility | If present primary/ secondary | Regular menstruation | If no, duration in yrs since LMP | Age at which menstruation caesed |
|---|---|---|---|---|---|---|---|---|---|---|
| 177 | 1 | 25 | 25 | 5 | 1 | 2 | 99 | 1 | 99 | 99 |
| 178 | 2 | 20 | 21 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 179 | 2 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 180 | 2 | 16 | 16 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 181 | 2 | 21 | 22 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 182 | 1 | 24 | 25 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 183 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 2 | 23 | 42 |
| 184 | 2 | 26 | 27 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 185 | 2 | 21 | 22 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 186 | 1 | 16 | 17 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 187 | 2 | 18 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 188 | 2 | 25 | 26 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 189 | 1 | 20 | 23 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 190 | 2 | 18 | 19 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 191 | 2 | 21 | 22 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 192 | 2 | 19 | 20 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 193 | 2 | 20 | 21 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 194 | 1 | 16 | 17 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 195 | 1 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 196 | 1 | 26 | 27 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 197 | 1 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 198 | 2 | 16 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 199 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 200 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 201 | 2 | 18 | 19 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 202 | 2 | 21 | 22 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 203 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 204 | 2 | 22 | 24 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 205 | 2 | 19 | 20 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 206 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 207 | 2 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 208 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 209 | 2 | 29 | 29 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 210 | 2 | 20 | 21 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 211 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 212 | 2 | 27 | 28 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 213 | 2 | 19 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 214 | 2 | 16 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 215 | 2 | 17 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 216 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 217 | 2 | 21 | 23 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 218 | 2 | 16 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 219 | 1 | 21 | 22 | 1 | 1 | 2 | 99 | 2 | 25 | 38 |
| 220 | 2 | 25 | 26 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 221 | 1 | 20 | 21 | 2 | 2 | 2 | 99 | 2 | 16 | 49 |
| 222 | 2 | 18 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 223 | 2 | 16 | 20 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 224 | 2 | 17 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 225 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 226 | 2 | 16 | 21 | 3 | 0 | 2 | 99 | 2 | 2 | 55 |
| 227 | 1 | 20 | 23 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 228 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 229 | 2 | 16 | 18 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 230 | 2 | 17 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 231 | 1 | 20 | 26 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 232 | 2 | 18 | 20 | 1 | 0 | 2 | 99 | 2 | 19 | 46 |
| 233 | 2 | 25 | 27 | 2 | 0 | 2 | 99 | 2 | 12 | 51 |
| 234 | 1 | 24 | 26 | 5 | 1 | 2 | 99 | 1 | 99 | 99 |
| 235 | 2 | 29 | 30 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 236 | 2 | 20 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 237 | 1 | 18 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 238 | 2 | 16 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 239 | 2 | 17 | 19 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 240 | 1 | 19 | 21 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 241 | 2 | 16 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 242 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 243 | 2 | 19 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 244 | 1 | 16 | 16 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 245 | 2 | 21 | 25 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 246 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 247 | 1 | 29 | 30 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 248 | 1 | 17 | 18 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 249 | 2 | 20 | 24 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 250 | 2 | 28 | 29 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 251 | 2 | 17 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 252 | 1 | 21 | 26 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 253 | 2 | 29 | 30 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 254 | 2 | 20 | 21 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 255 | 1 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 256 | 2 | 25 | 26 | 4 | 2 | 2 | 99 | 1 | 99 | 99 |
| 257 | 1 | 20 | 21 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 258 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 259 | 1 | 20 | 21 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 260 | 2 | 20 | 22 | 1 | 0 | 2 | 99 | 2 | 23 | 44 |
| 261 | 2 | 26 | 27 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 262 | 1 | 21 | 22 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 263 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 264 | 1 | 20 | 22 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |

| S.No. | History of dysmenorhhea | Age at marriage | Age at first pregnancy | No. of pregnancies | No. of abortions | History of infertility | If present primary/ secondary | Regular menstruation | If no, duration in yrs since LMP | Age at which menstruation caesed |
|---|---|---|---|---|---|---|---|---|---|---|
| 265 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 266 | 2 | 21 | 23 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 267 | 1 | 29 | 30 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 268 | 2 | 20 | 21 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 269 | 2 | 18 | 18 | 3 | 0 | 2 | 99 | 2 | 25 | 44 |
| 270 | 2 | 16 | 18 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 271 | 1 | 17 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 272 | 2 | 19 | 21 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 273 | 2 | 21 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 274 | 1 | 25 | 25 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 275 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 276 | 1 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 277 | 2 | 16 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 278 | 2 | 17 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 279 | 2 | 19 | 21 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 280 | 1 | 21 | 26 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 281 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 282 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 283 | 2 | 18 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 284 | 2 | 16 | 18 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 285 | 2 | 20 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 286 | 2 | 19 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 287 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 288 | 1 | 20 | 22 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 289 | 2 | 18 | 21 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 290 | 2 | 16 | 18 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 291 | 1 | 17 | 18 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 292 | 2 | 20 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 293 | 2 | 25 | 26 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 294 | 1 | 20 | 23 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 295 | 2 | 18 | 18 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 296 | 1 | 20 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 297 | 2 | 18 | 19 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 298 | 2 | 21 | 22 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 299 | 1 | 24 | 25 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 300 | 1 | 19 | 22 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 301 | 2 | 16 | 18 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 302 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 303 | 2 | 29 | 30 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 304 | 2 | 29 | 30 | 1 | 2 | 2 | 99 | 1 | 99 | 99 |
| 305 | 2 | 20 | 22 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 306 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 307 | 1 | 16 | 16 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 308 | 2 | 17 | 18 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 309 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 310 | 2 | 23 | 24 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 311 | 1 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 312 | 1 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 313 | 2 | 16 | 18 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 314 | 2 | 17 | 17 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 315 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 316 | 2 | 20 | 21 | 3 | 2 | 2 | 99 | 1 | 99 | 99 |
| 317 | 2 | 17 | 18 | 4 | 2 | 2 | 99 | 1 | 99 | 99 |
| 318 | 2 | 21 | 22 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 319 | 1 | 24 | 25 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 320 | 1 | 20 | 26 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 321 | 2 | 18 | 19 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 322 | 2 | 16 | 17 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 323 | 1 | 17 | 20 | 2 | 1 | 2 | 99 | 2 | 31 | 45 |
| 324 | 1 | 17 | 18 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 325 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 326 | 1 | 20 | 24 | 4 | 1 | 2 | 99 | 2 | 16 | 47 |
| 327 | 1 | 26 | 26 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 328 | 2 | 19 | 19 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 329 | 2 | 22 | 23 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 330 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 2 | 12 | 48 |
| 331 | 2 | 21 | 22 | 3 | 0 | 2 | 99 | 2 | 5 | 49 |
| 332 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 2 | 15 | 51 |
| 333 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 2 | 6 | 51 |
| 334 | 2 | 18 | 19 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 335 | 2 | 16 | 18 | 3 | 0 | 2 | 99 | 2 | 3 | 53 |
| 336 | 1 | 17 | 18 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 337 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 26 | 47 |
| 338 | 2 | 16 | 20 | 1 | 0 | 2 | 99 | 2 | 1 | 52 |
| 339 | 2 | 18 | 18 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 340 | 1 | 26 | 27 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 341 | 1 | 24 | 25 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 342 | 2 | 22 | 23 | 2 | 0 | 2 | 99 | 2 | 7 | 51 |
| 343 | 1 | 21 | 22 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 344 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 345 | 1 | 20 | 21 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 346 | 2 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 347 | 1 | 16 | 17 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 348 | 1 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 349 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 1 | 53 |
| 350 | 1 | 16 | 16 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 351 | 1 | 21 | 26 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 352 | 1 | 29 | 29 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |

| S.No. | History of dysmenorhhea | Age at marriage | Age at first pregnancy | No. of pregnancies | No. of abortions | History of infertility | If present primary/ secondary | Regular menstruation | If no, duration in yrs since LMP | Age at which menstruation caesed |
|---|---|---|---|---|---|---|---|---|---|---|
| 353 | 2 | 20 | 20 | 3 | 0 | 2 | 99 | 2 | 1 | 52 |
| 354 | 1 | 18 | 19 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 355 | 1 | 16 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 356 | 2 | 17 | 20 | 1 | 0 | 2 | 99 | 2 | 3 | 54 |
| 357 | 1 | 16 | 18 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 358 | 1 | 21 | 22 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 359 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 360 | 1 | 20 | 22 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 361 | 1 | 18 | 23 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 362 | 2 | 16 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 363 | 1 | 17 | 18 | 4 | 1 | 2 | 99 | 2 | 21 | 44 |
| 364 | 1 | 21 | 26 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 365 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 2 | 4 | 50 |
| 366 | 1 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 367 | 2 | 18 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 368 | 2 | 16 | 17 | 1 | 0 | 2 | 99 | 2 | 3 | 50 |
| 369 | 1 | 17 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 370 | 1 | 19 | 22 | 1 | 1 | 2 | 99 | 2 | 15 | 55 |
| 371 | 2 | 20 | 24 | 3 | 0 | 2 | 99 | 2 | 5 | 53 |
| 372 | 1 | 20 | 21 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 373 | 1 | 26 | 26 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 374 | 2 | 24 | 25 | 1 | 0 | 2 | 99 | 2 | 2 | 52 |
| 375 | 2 | 22 | 23 | 2 | 0 | 2 | 99 | 2 | 1 | 51 |
| 376 | 2 | 21 | 22 | 3 | 0 | 2 | 99 | 2 | 3 | 50 |
| 377 | 1 | 29 | 30 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 378 | 1 | 18 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 379 | 2 | 26 | 27 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 380 | 1 | 16 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 381 | 1 | 16 | 17 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 382 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 383 | 1 | 16 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 384 | 1 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 385 | 1 | 26 | 28 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 386 | 2 | 20 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 387 | 1 | 22 | 23 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 388 | 1 | 21 | 26 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 389 | 2 | 29 | 30 | 3 | 0 | 2 | 99 | 2 | 8 | 50 |
| 390 | 1 | 20 | 21 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 391 | 1 | 18 | 19 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 392 | 2 | 16 | 20 | 1 | 0 | 2 | 99 | 2 | 1 | 53 |
| 393 | 1 | 17 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 394 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 395 | 2 | 16 | 20 | 1 | 0 | 2 | 99 | 2 | 3 | 55 |
| 396 | 1 | 20 | 26 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 397 | 1 | 26 | 27 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 398 | 2 | 20 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 399 | 1 | 22 | 24 | 4 | 1 | 2 | 99 | 2 | 20 | 55 |
| 400 | 1 | 21 | 22 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 401 | 2 | 29 | 30 | 1 | 0 | 2 | 99 | 2 | 1 | 55 |
| 402 | 1 | 20 | 23 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 403 | 1 | 18 | 22 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 404 | 2 | 20 | 20 | 1 | 0 | 2 | 99 | 2 | 4 | 45 |
| 405 | 1 | 17 | 19 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 406 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 26 | 42 |
| 407 | 2 | 16 | 20 | 3 | 0 | 2 | 99 | 2 | 12 | 48 |
| 408 | 2 | 20 | 20 | 1 | 0 | 2 | 99 | 2 | 23 | 44 |
| 409 | 2 | 26 | 27 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 410 | 1 | 21 | 21 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 411 | 2 | 22 | 23 | 2 | 0 | 2 | 99 | 2 | 1 | 50 |
| 412 | 2 | 21 | 22 | 3 | 0 | 2 | 99 | 2 | 4 | 52 |
| 413 | 1 | 29 | 30 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 414 | 2 | 20 | 20 | 2 | 0 | 2 | 99 | 2 | 2 | 54 |
| 415 | 2 | 18 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 416 | 1 | 16 | 17 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 417 | 2 | 17 | 20 | 3 | 1 | 2 | 99 | 2 | 32 | 49 |
| 418 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 4 | 52 |
| 419 | 1 | 16 | 17 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 420 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 2 | 23 | 43 |
| 421 | 2 | 26 | 27 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 422 | 1 | 24 | 25 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 423 | 2 | 22 | 23 | 2 | 0 | 2 | 99 | 2 | 16 | 46 |
| 424 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 2 | 45 |
| 425 | 1 | 17 | 17 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 426 | 2 | 22 | 23 | 2 | 0 | 2 | 99 | 2 | 1 | 54 |
| 427 | 2 | 20 | 21 | 3 | 0 | 2 | 99 | 2 | 4 | 99 |
| 428 | 1 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 429 | 2 | 16 | 20 | 2 | 0 | 2 | 99 | 2 | 12 | 50 |
| 430 | 2 | 17 | 20 | 3 | 0 | 2 | 99 | 2 | 2 | 51 |
| 431 | 1 | 19 | 21 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 432 | 2 | 16 | 18 | 2 | 0 | 2 | 99 | 2 | 3 | 53 |
| 433 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 434 | 1 | 24 | 25 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 435 | 2 | 24 | 25 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 436 | 2 | 22 | 23 | 3 | 0 | 2 | 99 | 2 | 1 | 52 |
| 437 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 20 | 45 |
| 438 | 2 | 25 | 26 | 2 | 0 | 2 | 99 | 2 | 23 | 51 |
| 439 | 2 | 32 | 33 | 3 | 0 | 2 | 99 | 2 | 5 | 52 |
| 440 | 1 | 25 | 25 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |

| S.No. | History of dysmenorhhea | Age at marriage | Age at first pregnancy | No. of pregnancies | No. of abortions | History of infertility | If present primary/ secondary | Regular menstruation | If no, duration in yrs since LMP | Age at which menstruation caesed |
|---|---|---|---|---|---|---|---|---|---|---|
| 441 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 2 | 2 | 56 |
| 442 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 4 | 52 |
| 443 | 1 | 25 | 26 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 444 | 1 | 25 | 25 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 445 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 12 | 50 |
| 446 | 1 | 23 | 26 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 447 | 1 | 22 | 25 | 2 | 1 | 2 | 99 | 2 | 14 | 46 |
| 448 | 2 | 20 | 20 | 3 | 0 | 2 | 99 | 2 | 6 | 52 |
| 449 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 2 | 52 |
| 450 | 1 | 25 | 26 | 2 | 1 | 2 | 99 | 1 | 3 | 99 |
| 451 | 1 | 29 | 30 | 1 | 1 | 2 | 99 | 1 | 1 | 99 |
| 452 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 1 | 4 | 99 |
| 453 | 1 | 17 | 19 | 4 | 1 | 2 | 99 | 1 | 2 | 99 |
| 454 | 1 | 20 | 20 | 3 | 1 | 2 | 99 | 1 | 5 | 99 |
| 455 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 2 | 49 |
| 456 | 1 | 25 | 26 | 2 | 1 | 2 | 99 | 1 | 4 | 99 |
| 457 | 1 | 19 | 21 | 3 | 1 | 2 | 99 | 1 | 2 | 99 |
| 458 | 1 | 23 | 24 | 1 | 1 | 2 | 99 | 1 | 6 | 99 |
| 459 | 1 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 460 | 1 | 20 | 24 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 461 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 462 | 2 | 22 | 25 | 2 | 0 | 2 | 99 | 2 | 3 | 45 |
| 463 | 1 | 30 | 31 | 3 | 1 | 2 | 99 | 1 | 3 | 99 |
| 464 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 1 | 99 |
| 465 | 2 | 17 | 20 | 2 | 0 | 2 | 99 | 2 | 15 | 48 |
| 466 | 1 | 25 | 26 | 3 | 1 | 2 | 99 | 1 | 2 | 99 |
| 467 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 5 | 53 |
| 468 | 1 | 25 | 26 | 2 | 1 | 2 | 99 | 1 | 2 | 99 |
| 469 | 1 | 19 | 21 | 1 | 1 | 2 | 99 | 1 | 4 | 99 |
| 470 | 2 | 23 | 24 | 3 | 0 | 2 | 99 | 2 | 2 | 54 |
| 471 | 1 | 22 | 23 | 4 | 1 | 2 | 99 | 1 | 6 | 99 |
| 472 | 1 | 20 | 21 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 473 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 2 | 53 |
| 474 | 1 | 25 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 475 | 1 | 20 | 21 | 3 | 1 | 2 | 99 | 1 | 1 | 99 |
| 476 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 4 | 99 |
| 477 | 1 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 2 | 99 |
| 478 | 1 | 17 | 19 | 3 | 1 | 2 | 99 | 1 | 5 | 99 |
| 479 | 1 | 19 | 21 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 480 | 2 | 25 | 26 | 2 | 0 | 2 | 99 | 2 | 20 | 47 |
| 481 | 2 | 19 | 21 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 482 | 1 | 23 | 24 | 2 | 1 | 2 | 99 | 1 | 6 | 99 |
| 483 | 2 | 22 | 23 | 3 | 0 | 2 | 99 | 2 | 2 | 52 |
| 484 | 1 | 20 | 21 | 1 | 1 | 2 | 99 | 1 | 3 | 99 |
| 485 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 1 | 99 |
| 486 | 2 | 25 | 26 | 1 | 0 | 2 | 99 | 2 | 4 | 51 |
| 487 | 1 | 30 | 98 | 98 | 0 | 1 | 1 | 1 | 99 | 99 |
| 488 | 1 | 19 | 20 | 4 | 1 | 2 | 99 | 1 | 5 | 99 |
| 489 | 2 | 17 | 18 | 3 | 0 | 2 | 99 | 2 | 21 | 47 |
| 490 | 1 | 20 | 21 | 4 | 1 | 2 | 99 | 1 | 4 | 99 |
| 491 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 492 | 2 | 25 | 26 | 2 | 0 | 2 | 99 | 2 | 6 | 52 |
| 493 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 494 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 495 | 2 | 22 | 23 | 2 | 1 | 2 | 99 | 2 | 2 | 52 |
| 496 | 1 | 20 | 21 | 1 | 1 | 2 | 99 | 1 | 3 | 99 |
| 497 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 1 | 99 |
| 498 | 1 | 25 | 26 | 1 | 1 | 2 | 99 | 1 | 4 | 99 |
| 499 | 2 | 18 | 19 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 500 | 2 | 16 | 18 | 2 | 2 | 2 | 99 | 1 | 99 | 99 |
| 501 | 1 | 17 | 19 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 502 | 2 | 25 | 25 | 2 | 0 | 2 | 99 | 2 | 4 | 54 |
| 503 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 504 | 1 | 25 | 26 | 3 | 1 | 2 | 99 | 1 | 6 | 99 |
| 505 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 2 | 53 |
| 506 | 1 | 23 | 24 | 3 | 1 | 2 | 99 | 1 | 3 | 99 |
| 507 | 1 | 22 | 23 | 4 | 1 | 2 | 99 | 1 | 1 | 99 |
| 508 | 1 | 20 | 21 | 4 | 1 | 2 | 99 | 1 | 4 | 99 |
| 509 | 2 | 19 | 19 | 1 | 0 | 2 | 99 | 2 | 2 | 54 |
| 510 | 1 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 5 | 99 |
| 511 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 2 | 52 |
| 512 | 1 | 23 | 26 | 1 | 1 | 2 | 99 | 2 | 21 | 46 |
| 513 | 1 | 22 | 25 | 2 | 1 | 2 | 99 | 1 | 2 | 99 |
| 514 | 1 | 20 | 23 | 1 | 1 | 2 | 99 | 1 | 6 | 99 |
| 515 | 1 | 19 | 20 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 516 | 1 | 25 | 26 | 4 | 1 | 2 | 99 | 1 | 99 | 99 |
| 517 | 2 | 30 | 31 | 3 | 0 | 2 | 99 | 2 | 19 | 47 |
| 518 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 3 | 99 |
| 519 | 1 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 1 | 99 |
| 520 | 2 | 25 | 25 | 3 | 0 | 2 | 99 | 2 | 4 | 54 |
| 521 | 1 | 19 | 21 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 522 | 1 | 23 | 26 | 2 | 1 | 2 | 99 | 1 | 5 | 99 |
| 523 | 2 | 22 | 23 | 1 | 0 | 2 | 99 | 2 | 2 | 54 |
| 524 | 1 | 20 | 24 | 3 | 1 | 2 | 99 | 1 | 4 | 99 |
| 525 | 1 | 19 | 21 | 1 | 1 | 2 | 99 | 2 | 13 | 50 |
| 526 | 2 | 25 | 25 | 2 | 0 | 2 | 99 | 2 | 6 | 49 |
| 527 | 1 | 30 | 30 | 3 | 1 | 2 | 99 | 2 | 18 | 47 |
| 528 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |

| S.No. | History of dysmenorhhea | Age at marriage | Age at first pregnancy | No. of pregnancies | No. of abortions | History of infertility | If present primary/ secondary | Regular menstruation | If no, duration in yrs since LMP | Age at which menstruation caesed |
|---|---|---|---|---|---|---|---|---|---|---|
| 529 | 1 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 530 | 1 | 25 | 26 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 531 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 532 | 1 | 25 | 26 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 533 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 534 | 2 | 23 | 24 | 3 | 1 | 2 | 99 | 2 | 2 | 50 |
| 535 | 1 | 22 | 23 | 1 | 1 | 2 | 99 | 1 | 3 | 99 |
| 536 | 1 | 20 | 21 | 2 | 1 | 2 | 99 | 1 | 1 | 99 |
| 537 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 4 | 99 |
| 538 | 2 | 22 | 23 | 3 | 2 | 2 | 99 | 1 | 2 | 99 |
| 539 | 1 | 19 | 19 | 4 | 1 | 2 | 99 | 1 | 5 | 99 |
| 540 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 2 | 43 |
| 541 | 1 | 17 | 18 | 2 | 1 | 2 | 99 | 1 | 4 | 99 |
| 542 | 1 | 18 | 18 | 3 | 1 | 2 | 99 | 1 | 2 | 99 |
| 543 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 6 | 99 |
| 544 | 1 | 25 | 26 | 2 | 1 | 2 | 99 | 1 | 99 | 99 |
| 545 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 546 | 1 | 23 | 24 | 1 | 1 | 2 | 99 | 2 | 26 | 44 |
| 547 | 2 | 25 | 25 | 2 | 0 | 2 | 99 | 2 | 2 | 53 |
| 548 | 1 | 20 | 21 | 3 | 1 | 2 | 99 | 1 | 3 | 99 |
| 549 | 1 | 19 | 20 | 1 | 1 | 2 | 99 | 1 | 1 | 99 |
| 550 | 2 | 25 | 26 | 2 | 0 | 2 | 99 | 2 | 4 | 50 |
| 551 | 1 | 30 | 31 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 552 | 1 | 19 | 20 | 2 | 1 | 2 | 99 | 1 | 5 | 99 |
| 553 | 2 | 17 | 19 | 3 | 0 | 2 | 99 | 1 | 2 | 99 |
| 554 | 1 | 25 | 26 | 1 | 1 | 2 | 99 | 1 | 4 | 99 |
| 555 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 1 | 2 | 99 |
| 556 | 2 | 25 | 26 | 1 | 0 | 2 | 99 | 2 | 6 | 52 |
| 557 | 1 | 17 | 18 | 3 | 1 | 2 | 99 | 1 | 99 | 99 |
| 558 | 1 | 23 | 26 | 1 | 1 | 2 | 99 | 2 | 22 | 48 |
| 559 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 560 | 2 | 17 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 561 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 562 | 2 | 25 | 27 | 2 | 0 | 2 | 99 | 2 | 15 | 48 |
| 563 | 2 | 30 | 31 | 1 | 0 | 2 | 99 | 2 | 3 | 47 |
| 564 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 2 | 1 | 48 |
| 565 | 2 | 17 | 20 | 3 | 0 | 2 | 99 | 2 | 13 | 53 |
| 566 | 2 | 25 | 26 | 1 | 0 | 2 | 99 | 2 | 2 | 52 |
| 567 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 1 | 5 | 99 |
| 568 | 1 | 25 | 26 | 1 | 1 | 2 | 99 | 1 | 2 | 99 |
| 569 | 1 | 19 | 22 | 1 | 1 | 2 | 99 | 1 | 4 | 99 |
| 570 | 2 | 23 | 24 | 2 | 0 | 2 | 99 | 1 | 2 | 99 |
| 571 | 2 | 22 | 23 | 3 | 1 | 2 | 99 | 1 | 6 | 99 |
| 572 | 2 | 20 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 573 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 2 | 2 | 54 |
| 574 | 2 | 25 | 26 | 1 | 0 | 2 | 99 | 1 | 3 | 99 |
| 575 | 2 | 30 | 30 | 3 | 0 | 2 | 99 | 2 | 1 | 51 |
| 576 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 2 | 12 | 51 |
| 577 | 2 | 17 | 19 | 1 | 0 | 2 | 99 | 2 | 23 | 44 |
| 578 | 2 | 25 | 26 | 2 | 0 | 2 | 99 | 2 | 5 | 50 |
| 579 | 1 | 19 | 98 | 98 | 0 | 1 | 1 | 2 | 2 | 49 |
| 580 | 1 | 25 | 26 | 1 | 1 | 2 | 99 | 2 | 4 | 49 |
| 581 | 2 | 19 | 19 | 2 | 0 | 2 | 99 | 1 | 2 | 99 |
| 582 | 2 | 23 | 24 | 1 | 0 | 2 | 99 | 2 | 6 | 52 |
| 583 | 2 | 22 | 23 | 3 | 0 | 2 | 99 | 2 | 20 | 46 |
| 584 | 2 | 20 | 21 | 1 | 0 | 2 | 99 | 1 | 3 | 99 |
| 585 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 1 | 1 | 99 |
| 586 | 2 | 25 | 26 | 1 | 0 | 2 | 99 | 2 | 19 | 43 |
| 587 | 2 | 17 | 17 | 2 | 0 | 2 | 99 | 1 | 2 | 99 |
| 588 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 1 | 5 | 99 |
| 589 | 2 | 17 | 20 | 1 | 0 | 2 | 99 | 1 | 2 | 99 |
| 590 | 2 | 25 | 26 | 2 | 1 | 2 | 99 | 2 | 4 | 53 |
| 591 | 1 | 19 | 21 | 1 | 1 | 2 | 99 | 2 | 2 | 53 |
| 592 | 1 | 25 | 26 | 3 | 1 | 2 | 99 | 1 | 6 | 99 |
| 593 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 2 | 9 | 50 |
| 594 | 2 | 25 | 26 | 3 | 0 | 2 | 99 | 2 | 17 | 46 |
| 595 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 2 | 1 | 53 |
| 596 | 2 | 23 | 24 | 2 | 0 | 2 | 99 | 2 | 4 | 48 |
| 597 | 2 | 22 | 23 | 3 | 0 | 2 | 99 | 2 | 2 | 50 |
| 598 | 2 | 20 | 20 | 1 | 0 | 2 | 99 | 1 | 5 | 99 |
| 599 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 2 | 2 | 50 |
| 600 | 2 | 25 | 26 | 1 | 0 | 2 | 99 | 2 | 4 | 52 |
| 601 | 2 | 30 | 31 | 3 | 0 | 2 | 99 | 1 | 2 | 99 |
| 602 | 2 | 25 | 26 | 2 | 0 | 2 | 99 | 1 | 6 | 99 |
| 603 | 1 | 19 | 21 | 3 | 1 | 2 | 99 | 2 | 5 | 53 |
| 604 | 1 | 17 | 17 | 1 | 1 | 2 | 99 | 1 | 99 | 99 |
| 605 | 2 | 19 | 20 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 606 | 2 | 18 | 18 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |
| 607 | 2 | 19 | 20 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 608 | 2 | 20 | 21 | 2 | 0 | 2 | 99 | 1 | 99 | 99 |
| 609 | 2 | 30 | 30 | 1 | 0 | 2 | 99 | 1 | 99 | 99 |
| 610 | 2 | 19 | 20 | 3 | 0 | 2 | 99 | 1 | 99 | 99 |

| S.No. | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 25 | 1 | 1 | 25 | 1 | 1 | 35 | 6 |
| 2 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 3 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 |
| 4 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 |
| 5 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 |
| 6 | 2 | 99 | 99 | 1 | 1 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5.5 |
| 7 | 1 | 7 | 45 | 1 | 2 | 50 | 1 | 6 | 15 | 1 | 1 | 15 | 1 | 1 | 60 | 3 |
| 8 | 1 | 5 | 60 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 50 | 1 | 2 | 50 | 3 |
| 9 | 1 | 6 | 10 | 2 | 99 | 99 | 1 | 1 | 30 | 2 | 99 | 99 | 2 | 99 | 99 | 5.5 |
| 10 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 45 | 2 | 99 | 99 | 2 | 99 | 99 | 6.5 |
| 11 | 2 | 99 | 99 | 1 | 2 | 15 | 2 | 99 | 99 | 1 | 1 | 15 | 1 | 2 | 15 | 3 |
| 12 | 2 | 99 | 99 | 1 | 2 | 10 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 30 | 3 |
| 13 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 30 | 1 | 2 | 20 | 1 | 1 | 30 | 5 |
| 14 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 25 | 3 |
| 15 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 35 | 2 | 99 | 99 | 1 | 1 | 20 | 2 |
| 16 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 50 | 4 |
| 17 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 25 | 5 |
| 18 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 15 | 2 | 99 | 99 | 6 |
| 19 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 20 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 5 | 25 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 21 | 2 | 99 | 99 | 1 | 1 | 10 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 22 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 25 | 1 |
| 23 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 20 | 3 |
| 24 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 20 | 2 | 99 | 99 | 6 |
| 25 | 2 | 99 | 99 | 1 | 1 | 25 | 1 | 2 | 35 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
| 26 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 |
| 27 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 30 | 1 | 7 | 15 | 1 | 2 | 20 | 3 |
| 28 | 2 | 99 | 99 | 1 | 5 | 60 | 2 | 99 | 99 | 1 | 6 | 25 | 1 | 7 | 15 | 4 |
| 29 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 30 | 1 | 1 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 31 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 32 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 6 | 60 | 1 | 6 | 25 | 5 |
| 33 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 30 | 1 | 1 | 20 | 3 |
| 34 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 35 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 25 | 2 | 99 | 99 | 5 |
| 36 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 37 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 38 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 39 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
| 40 | 1 | 1 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 41 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 20 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 42 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 43 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 44 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 45 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 46 | 2 | 99 | 99 | 1 | 3 | 30 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 47 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 25 | 1 | 2 | 10 | 2 | 99 | 99 | 5 |
| 48 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 49 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 50 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 20 | 2 | 99 | 99 | 8 |
| 51 | 2 | 99 | 99 | 1 | 1 | 20 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 52 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 53 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 54 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 30 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 55 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 56 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 20 | 2 | 99 | 99 | 6 |
| 57 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 58 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 59 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 60 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 61 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 62 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 63 | 1 | 4 | 20 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 64 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 65 | 1 | 2 | 20 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 66 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 67 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 68 | 1 | 2 | 20 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 69 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 70 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
| 71 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 72 | 2 | 99 | 99 | 1 | 3 | 15 | 2 | 99 | 99 | 1 | 2 | 15 | 2 | 99 | 99 | 6 |
| 73 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 74 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 75 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 76 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 77 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 6 | 25 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 78 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 79 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 80 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 5 | 40 | 1 | 1 | 10 | 2 | 99 | 99 | 6 |
| 81 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 25 | 1 | 1 | 30 | 2 | 99 | 99 | 3 |
| 82 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 20 | 1 | 5 | 60 | 1 | 6 | 30 | 5 |
| 83 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 7 | 15 | 1 | 7 | 50 | 2 | 99 | 99 | 3 |
| 84 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 85 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
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| 89 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 15 | 2 | 99 | 99 | 5 |
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| S.No. | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 |
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| 91 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
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| 93 | 1 | 5 | 25 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 20 | 2 | 99 | 99 | 4 |
| 94 | 2 | 99 | 99 | 1 | 2 | 10 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
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| 96 | 1 | 2 | 20 | 2 | 99 | 99 | 1 | 2 | 30 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
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| 102 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 25 | 2 | 99 | 99 | 6 |
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| 106 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 107 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 10 | 2 | 99 | 99 | 5 |
| 108 | 2 | 99 | 99 | 1 | 1 | 10 | 1 | 3 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
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| 110 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 20 | 2 | 99 | 99 | 6 |
| 111 | 2 | 99 | 99 | 1 | 2 | 20 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 112 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 20 | 2 | 99 | 99 | 5 |
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| 114 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 25 | 2 | 99 | 99 | 8 |
| 115 | 2 | 99 | 99 | 1 | 1 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 116 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 117 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
| 118 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
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| 166 | 1 | 5 | 40 | 1 | 5 | 30 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 30 | 2 |
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| 168 | 1 | 5 | 50 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 60 | 1 | 3 | 60 | 7 |
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| S.No. | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 |
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| 200 | 1 | 2 | 35 | 2 | 99 | 99 | 1 | 5 | 20 | 1 | 5 | 25 | 1 | 4 | 20 | 5 |
| 201 | 1 | 4 | 40 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 25 | 2 | 99 | 99 | 7 |
| 202 | 1 | 5 | 55 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 7 | 30 | 1 | 6 | 15 | 4 |
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| 222 | 1 | 7 | 45 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
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| 236 | 1 | 3 | 50 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 25 | 2 | 99 | 99 | 3 |
| 237 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 10 | 3 |
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| 239 | 1 | 6 | 55 | 1 | 3 | 45 | 1 | 2 | 25 | 1 | 1 | 15 | 2 | 99 | 99 | 3 |
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| 241 | 1 | 3 | 25 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 45 | 1 | 1 | 20 | 5 |
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| S.No. | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 |
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| 299 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 25 | 6 |
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| S.No. | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 |
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| 422 | 1 | 6 | 50 | 2 | 99 | 99 | 1 | 1 | 25 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
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| 434 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 5 | 40 | 2 | 99 | 99 | 1 | 5 | 20 | 3 |
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| S.No. | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 |
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| 514 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 10 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 515 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 516 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 517 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 50 | 4 |
| 518 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 519 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 520 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 35 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 521 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 25 | 3 |
| 522 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 523 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 524 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 525 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 526 | 2 | 99 | 99 | 1 | 5 | 45 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 527 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 528 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 60 | 2 | 99 | 99 | 6 |
| 529 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
| 530 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 531 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 30 | 7 |
| 532 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 533 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 534 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 5 | 20 | 2 | 99 | 99 | 1 | 2 | 50 | 3 |
| 535 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 536 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 537 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 538 | 1 | 7 | 60 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 539 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 540 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |

| S.No. | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 541 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 542 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 5 |
| 543 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 544 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 30 | 6 |
| 545 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 546 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
| 547 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 50 | 4 |
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| 549 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 550 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 8 |
| 551 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 552 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 553 | 2 | 99 | 99 | 1 | 3 | 25 | 1 | 4 | 25 | 1 | 3 | 60 | 2 | 99 | 99 | 8 |
| 554 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 555 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 10 | 2 | 99 | 99 | 5 |
| 556 | 1 | 4 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 50 | 2 | 99 | 99 | 3 |
| 557 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 7 | 20 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 558 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 20 | 6 |
| 559 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 15 | 1 | 2 | 15 | 7 |
| 560 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 25 | 2 | 99 | 99 | 3 |
| 561 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 20 | 2 | 99 | 99 | 4 |
| 562 | 2 | 99 | 99 | 1 | 4 | 15 | 2 | 99 | 99 | 1 | 3 | 15 | 2 | 99 | 99 | 5 |
| 563 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 35 | 1 | 2 | 30 | 2 | 99 | 99 | 3 |
| 564 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 30 | 2 | 99 | 99 | 4 |
| 565 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 45 | 2 | 99 | 99 | 6 |
| 566 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 60 | 2 | 99 | 99 | 7 |
| 567 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 50 | 1 | 1 | 30 | 3 |
| 568 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
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| 570 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 6 | 20 | 1 | 2 | 30 | 2 | 99 | 99 | 5 |
| 571 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 15 | 2 | 99 | 99 | 3 |
| 572 | 2 | 99 | 99 | 1 | 1 | 20 | 1 | 5 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 573 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 50 | 2 | 99 | 99 | 6 |
| 574 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 575 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 60 | 2 | 99 | 99 | 3 |
| 576 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 20 | 1 | 2 | 50 | 2 | 99 | 99 | 4 |
| 577 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 15 | 1 | 7 | 10 | 5 |
| 578 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 579 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 4 |
| 580 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 6 |
| 581 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 20 | 2 | 99 | 99 | 7 |
| 582 | 2 | 99 | 99 | 1 | 6 | 30 | 2 | 99 | 99 | 1 | 3 | 15 | 2 | 99 | 99 | 3 |
| 583 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 30 | 1 | 1 | 20 | 1 | 6 | 20 | 4 |
| 584 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 15 | 2 | 99 | 99 | 3 |
| 585 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 6 | 30 | 1 | 1 | 25 | 4 |
| 586 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 35 | 1 | 1 | 25 | 1 | 1 | 20 | 6 |
| 587 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 10 | 1 | 2 | 15 | 7 |
| 588 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 15 | 1 | 6 | 30 | 3 |
| 589 | 2 | 99 | 99 | 1 | 3 | 35 | 1 | 1 | 15 | 1 | 2 | 10 | 1 | 1 | 30 | 3 |
| 590 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 15 | 1 | 1 | 45 | 4 |
| 591 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 60 | 6 |
| 592 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 15 | 7 |
| 593 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 45 | 1 | 3 | 20 | 1 | 5 | 25 | 3 |
| 594 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 60 | 1 | 2 | 15 | 1 | 1 | 50 | 4 |
| 595 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 50 | 1 | 1 | 10 | 1 | 2 | 30 | 6 |
| 596 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 25 | 1 | 5 | 45 | 1 | 2 | 15 | 7 |
| 597 | 2 | 99 | 99 | 1 | 1 | 20 | 1 | 1 | 50 | 2 | 99 | 99 | 1 | 1 | 15 | 3 |
| 598 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 30 | 2 | 99 | 99 | 1 | 1 | 20 | 4 |
| 599 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 5 | 15 | 2 | 99 | 99 | 1 | 4 | 15 | 6 |
| 600 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 15 | 2 | 99 | 99 | 2 | 99 | 99 | 7 |
| 601 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 3 | 50 | 2 | 99 | 99 | 2 | 99 | 99 | 3 |
| 602 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 10 | 4 |
| 603 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 50 | 4 |
| 604 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 4 | 20 | 2 | 99 | 99 | 1 | 1 | 20 | 5 |
| 605 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 6 | 20 | 2 | 99 | 99 | 1 | 4 | 50 | 3 |
| 606 | 2 | 99 | 99 | 1 | 3 | 25 | 1 | 2 | 15 | 2 | 99 | 99 | 1 | 2 | 15 | 4 |
| 607 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 25 | 2 | 99 | 99 | 1 | 1 | 15 | 6 |
| 608 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 2 | 20 | 2 | 99 | 99 | 1 | 2 | 20 | 7 |
| 609 | 2 | 99 | 99 | 2 | 99 | 99 | 1 | 1 | 15 | 2 | 99 | 99 | 1 | 2 | 15 | 3 |
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| S.No. | PHQ1 | PHQ2 | PHQ3 | PHQ4 | PHQ5 | PHQ6 | PHQ7 | PHQ8 | PHQ9 | PHQ10 | PHQ11 | PHQ12 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 |
| 2 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 3 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 0 |
| 6 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 |
| 7 | 1 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 8 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 9 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 10 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 |
| 11 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 12 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 13 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 |
| 14 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 15 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 16 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 17 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 |
| 18 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 1 |
| 19 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 |
| 20 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 21 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 22 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 23 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 24 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 25 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 26 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 27 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 0 |
| 28 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 0 |
| 29 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 30 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 31 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 0 | 1 |
| 32 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 33 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 34 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 35 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 36 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 |
| 37 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 0 |
| 38 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 39 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 40 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 |
| 41 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 42 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 43 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 44 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 45 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 46 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 |
| 47 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 48 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 49 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 |
| 50 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 51 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 52 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 53 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 54 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 55 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 56 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 57 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 |
| 58 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 59 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| 60 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 1 | 1 | 1 |
| 61 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 0 | 1 |
| 62 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 63 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 |
| 64 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 65 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 66 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 67 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 68 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 69 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 |
| 70 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 71 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 72 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 73 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 74 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 75 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 76 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 77 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 78 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 |
| 79 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 80 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 81 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 1 | 0 | 0 | 1 |
| 82 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 83 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 84 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 |
| 85 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 86 | 1 | 1 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 87 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 88 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 89 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 90 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |

| S.No. | PHQ1 | PHQ2 | PHQ3 | PHQ4 | PHQ5 | PHQ6 | PHQ7 | PHQ8 | PHQ9 | PHQ10 | PHQ11 | PHQ12 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 91 | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 92 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 |
| 93 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 |
| 94 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 95 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 96 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 97 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 98 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 |
| 99 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 100 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 101 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 102 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 103 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 1 |
| 104 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 105 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 106 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 |
| 107 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 108 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 |
| 109 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 |
| 110 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 111 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 112 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 113 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 114 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 115 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 116 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 0 |
| 117 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 118 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 119 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 120 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 |
| 121 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| 122 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 |
| 123 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 124 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 125 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 126 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 127 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 128 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 129 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 130 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 |
| 131 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 |
| 132 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 133 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 |
| 134 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 135 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 136 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 137 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 1 |
| 138 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 |
| 139 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 140 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 141 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 142 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 143 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 144 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 |
| 145 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 146 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 |
| 147 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 |
| 148 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 149 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 |
| 150 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 |
| 151 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 |
| 152 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 153 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 154 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 155 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 |
| 156 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 157 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 158 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 159 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 160 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 161 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 162 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 163 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 0 |
| 164 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 |
| 165 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 166 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 |
| 167 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 168 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 169 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 170 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 |
| 171 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 172 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 |
| 173 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 174 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 |
| 175 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 |
| 176 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 0 |
| 177 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 1 | 1 |
| 178 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 179 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 180 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 |

| S.No. | PHQ1 | PHQ2 | PHQ3 | PHQ4 | PHQ5 | PHQ6 | PHQ7 | PHQ8 | PHQ9 | PHQ10 | PHQ11 | PHQ12 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 181 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 | 1 |
| 182 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 183 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 |
| 184 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 1 | 0 |
| 185 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 |
| 186 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| 187 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 188 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 |
| 189 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 190 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 |
| 191 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 |
| 192 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 |
| 193 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 |
| 194 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 195 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 196 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 |
| 197 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 198 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 |
| 199 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 |
| 200 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 |
| 201 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 202 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 0 |
| 203 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 204 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 205 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 |
| 206 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 |
| 207 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 |
| 208 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 |
| 209 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 210 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| 211 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 1 | 0 | 1 |
| 212 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 |
| 213 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 214 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 215 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 216 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 1 |
| 217 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 |
| 218 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 |
| 219 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 220 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 |
| 221 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 222 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 |
| 223 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 |
| 224 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 225 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 226 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 227 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 228 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 229 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 230 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 231 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 232 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 233 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 234 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 235 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 |
| 236 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 |
| 237 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 1 |
| 238 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 239 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 240 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 241 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 |
| 242 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 |
| 243 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 |
| 244 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 245 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 246 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 247 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 |
| 248 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 249 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 250 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 251 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 |
| 252 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 253 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 |
| 254 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 255 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 0 | 1 |
| 256 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 257 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 258 | 1 | 1 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 |
| 259 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| 260 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 |
| 261 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 |
| 262 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 263 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 264 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 1 |
| 265 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 266 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 267 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 268 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 1 | 1 |
| 269 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 270 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 |

| S.No. | PHQ1 | PHQ2 | PHQ3 | PHQ4 | PHQ5 | PHQ6 | PHQ7 | PHQ8 | PHQ9 | PHQ10 | PHQ11 | PHQ12 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 271 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 272 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 |
| 273 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 | 1 |
| 274 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 275 | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 276 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 277 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 278 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 |
| 279 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 280 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 281 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 |
| 282 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 |
| 283 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 |
| 284 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 285 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 |
| 286 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 1 |
| 287 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 288 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 289 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 1 |
| 290 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 291 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 |
| 292 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 |
| 293 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 294 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 295 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 0 |
| 296 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 297 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 1 | 1 | 0 |
| 298 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 |
| 299 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 |
| 300 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 301 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 302 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 303 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 0 |
| 304 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 305 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 1 |
| 306 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 307 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 308 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 309 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 1 |
| 310 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 |
| 311 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 312 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 313 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 0 |
| 314 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 1 |
| 315 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 |
| 316 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 317 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 0 |
| 318 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 319 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 320 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 321 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 322 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 323 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 324 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 325 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 326 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 327 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 328 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 329 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 330 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 331 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 |
| 332 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 333 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 334 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 |
| 335 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 336 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 337 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 |
| 338 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 339 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 |
| 340 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 341 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 342 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 343 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 344 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 1 |
| 345 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 |
| 346 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 347 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 348 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 349 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 350 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 351 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 352 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 353 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 |
| 354 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 355 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 356 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 357 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 |
| 358 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 359 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 360 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |

| S.No. | PHQ1 | PHQ2 | PHQ3 | PHQ4 | PHQ5 | PHQ6 | PHQ7 | PHQ8 | PHQ9 | PHQ10 | PHQ11 | PHQ12 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 361 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 362 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 1 |
| 363 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 364 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 365 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 |
| 366 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 |
| 367 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 |
| 368 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 369 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 370 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 371 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 |
| 372 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 373 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 |
| 374 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 |
| 375 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 376 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 377 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 |
| 378 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 379 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 |
| 380 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 |
| 381 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 382 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 383 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 |
| 384 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 385 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 386 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 387 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 388 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 389 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 390 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 391 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 1 |
| 392 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 |
| 393 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 394 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 395 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 396 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 397 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 398 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 399 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 |
| 400 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 401 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 402 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 403 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 404 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 405 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 406 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 407 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 |
| 408 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 409 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 |
| 410 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 411 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 412 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 413 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 414 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 415 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 |
| 416 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 417 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| 418 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 419 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 420 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
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| 434 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 1 |
| 435 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 436 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
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| 442 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 443 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 |
| 444 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
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| 447 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
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| S.No. | PHQ1 | PHQ2 | PHQ3 | PHQ4 | PHQ5 | PHQ6 | PHQ7 | PHQ8 | PHQ9 | PHQ10 | PHQ11 | PHQ12 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 451 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
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| 459 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
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| 468 | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 469 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 |
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| 471 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
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| S.No. | PHQ1 | PHQ2 | PHQ3 | PHQ4 | PHQ5 | PHQ6 | PHQ7 | PHQ8 | PHQ9 | PHQ10 | PHQ11 | PHQ12 |
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| 589 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
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(15)

No. BFUHS/2K23p-TH/ 13155 Date 27/12/23

The Principal
Dayanand Medical College & Hospital
Ludhiana

Subject:: Approval of Plan of Thesis.

This is to inform you that the Faculty of Medical Sciences in its meeting held on 25.09.2023 has approved the plan of thesis of Sarleen Kaur Arora, a student of your college for **MD Community Medicine** along with the names of Supervisor/Co-Supervisor as under:-

**Topic Plan of Thesis**
Prevalence of obesity and its epidemiological correlates amongst housewives in a rural area of ludhiana .

| Supervisor | Co-Supervisor:- | Co-Supervisor:- |
|---|---|---|
| Dr. Mahesh Satija | Dr. Anurag Chaudhary | Dr. Priya Bansal |
| Professor | Prof. & Head | Assoc. Professor |
| Dept. of Community Medicine | Dept. of Community Medicine | Dept. of Community Medicine |

The student may submit the thesis in triplicate alongwith the plan in triplicate also, to the Controller of Examinations, BFUHS, Faridkot, at least six months before the commencement of theory examination, if s/he is to be eligible to take the examination. He /She may be directed to attach a photocopy of this letter with the forwarding letter while submitting thesis in the University along with the letter of approval of University of College of Supervisor/Co-Supervisor, change of topic, if any.

Controller of Examinations

Note:

1. *If any discrepancy found regarding topic of thesis or Supervisor/Co-Supervisor, inform undersigned within one month after issue of this letter.*

# PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA

THESIS PROPOSAL

FOR APPROVAL OF SUBJECT OF THESIS TO BE SUBMITTED IN

PARTIAL FULFILMENT OF THE REQUIREMENTS

FOR THE DEGREE OF

MD

In

COMMUNITY MEDICINE

OF THE

BABA FARID UNIVERSITY OF HEALTH SCIENCES

FARIDKOT

AUGUST, 2022

DR. SARLEEN KAUR ARORA

DEPARTMENT OF COMMUNITY MEDICINE
DAYANAND MEDICAL COLLEGE AND HOSPITAL
LUDHIANA

# ABSTRACT OF PLAN OF THESIS

| | |
|---|---|
| Title | PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA |
| For the degree of | MD Community Medicine |
| Name of the candidate | Dr Sarleen Kaur Arora |
| Supervisor | Dr. Mahesh Satija, Professor, Department of Community Medicine, DMCH, Ludhiana |
| Co-Supervisor | Dr. Anurag Chaudhary, Professor & Head, Department of Community Medicine, DMCH, Ludhiana<br>Dr. Priya Bansal, Associate Professor, Department of Community Medicine, DMCH, Ludhiana |
| Institution | Dayanand Medical College and Hospital, Ludhiana |
| University | Baba Farid University of Health Sciences, Faridkot |

**Introduction:** Globally, prevalence of obesity is rising alarmingly and is higher among women than men. Due to traditional homemaking chores such as maintaining a family's culinary life and child care, housewives frequently have less time available to maintain their health.

**Aims and Objectives:** To estimate the prevalence of overweight and obesity among housewives aged 18 years and above in the rural area and to determine epidemiological correlates of obesity

**Materials and Methods**: This cross-sectional study will be conducted among housewives aged ≥18 years residing in 15 villages in rural field practice area of Department of Community Medicine, Dayanand Medical College and Hospital, Ludhiana. A total of 600 subjects will be included. The information will be collected on the pretested proforma based on WHO STEPS instrument through interviews by house visits. Anthropometric measurements will be carried out and obesity will be estimated. Detailed history of behavioural risk factors, dietary assessment and physical activity will be collected.

**Clinical significance:** Determinants of obesity will be analyzed which will help in its prevention and control.

**Keywords:** Overweight, Obesity, Housewives, Rural.

| (Signature) Candidate | (Signature) Co-supervisor | (Signature) Co-supervisor | (Signature) Supervisor | (Signature) Principal |
|---|---|---|---|---|

# CERTIFICATE OF FACILITIES AVAILABLE

This is to certify that the facilities for work on the subject of thesis titled **"PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA"** exist in the Department of Community Medicine at Dayanand Medical College and Hospital, Ludhiana and will be provided to the candidate. We will see that the data being included in the thesis are genuine and is collected by the candidate herself under our supervision and guidance.

**Supervisor**

**Dr. Mahesh Satija**
Professor
Department of Community Medicine
DMCH, Ludhiana

**Co-Supervisor**

**Dr. Anurag Chaudhary**
Professor & Head
Department of Community Medicine
DMCH, Ludhiana

**Dr. Priya Bansal**
Associate Professor
Department of Community Medicine
DMCH, Ludhiana

**Head of the Department**

**Dr. Anurag Chaudhary**
Professor & Head
Department of Community Medicine
DMCH, Ludhiana

Place : LUDHIANA

Date : 17/09/2022

# APPROVAL PROFORMA
# BY
# RESEARCH & ETHICAL COMMITTEE
# DAYANAND MEDICAL COLLEGE & HOSPITAL, LUDHIANA

| | |
|---|---|
| **Name of candidate** | Dr Sarleen Kaur Arora |
| **Department** | Community Medicine |
| **Topic of Thesis** | PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA |
| **Likely date of appearing in PG examination** | May/June, 2024 |
| **Date of enrollment** | 5th March 2022 |
| **Name of Head of Department** | Dr. Anurag Chaudhary |
| **1) Supervisor**<br><br>**2) Co-Supervisor** | Dr. Mahesh Satija<br><br>Dr. Anurag Chaudhary<br>Dr. Priya Bansal |
| **Signature of Members of Research Committee with Stamp** | **Signature of Members of Ethics Committee with Stamp** |
| Dr. Harpreet Kaur<br>(Professor & Head, Pathology) | Mr. R K Sharma<br>(Legal Expert) |
| Dr. Jaspal Singh<br>(Professor & Head, Surgery) | Dr. Ramit Mahajan<br>(Associate Professor, Gastroenterology) |
| Dr. Dinesh Gupta<br>(Professor & Head, Medicine) | Dr. Anu Sharma<br>(Professor, Anatomy) |
| Dr. Sandeep Kaushal<br>(Dean Academics & Professor & Head, Pharmacology) | Dr. Sandeep Kaushal<br>(Dean Academics & Professor & Head, Pharmacology) |
| Dr. Gurpreet S Wander<br>(Vice Principal) | Dr. Gurpreet S Wander<br>(Vice Principal & Professor & Head, Cardiology) |
| | Dr. Gagandeep Singh<br>(Secretary, Ethics Committee Professor & Head, Neurology) |

**Approved: Yes / ~~No~~**

**Dr. Sandeep Puri**
**Chairperson**
**Research Committee**

Chairperson
Research Committee

**Approved: Yes / ~~No~~**

**Prof. Arvind Malhotra**
**Chairperson**
**Ethics Committee**

Chairperson
Ethics Committee

# BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

## PROFORMA FOR REGISTRATION OF SUBJECT FOR DISSERTATION

| | | |
|---|---|---|
| 1 | NAME OF THE CANDIDATE AND ADDRESS | DR. SARLEEN KAUR ARORA<br><br>25-A, SARGODHA COLONY, PAKHOWAL ROAD, LUDHIANA-141002 |
| 2 | NAME OF THE INSTITUTE | DAYANAND MEDICAL COLLEGE & HOSPITAL, LUDHIANA |
| 3 | COURSE OF STUDY AND SUBJECT | M.D. COMMUNITY MEDICINE |
| 4 | DATE OF ADMISSION OF COURSE | 05.03.2022 |
| 5 | TITLE OF THE TOPIC | PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA |

## 6. BRIEF RESUME OF THE INTENDED WORK

### 6.1 NEED FOR THE STUDY

Obesity is recognised as one of the most important public health issue being largely preventable yet frequently ignored. "Globesity" a global epidemic of overweight and obesity has grown alarmingly in many regions of the world. [1] The majority of people live in various countries where being overweight or obese kills more people than being underweight. Adult obesity is more common than undernutrition.[2] World Health Organization (WHO) in 2016 reported that over 1.9 billion persons aged 18 years and older (39.0% of men and 40.0% of women) were overweight and over 650 million of these (13.0%) (11.0% of men and 15.0% of women) were obese. Globally, prevalence of obesity in 2016 have grown nearly three times since 1975.[3] Based on the current trends, it is estimated that one in five women and one in seven men (150 million more women than men) are predicted to be living with obesity by 2030, with all countries not on the track to meet targets.[4]

Obesity is a complex and multifactorial disease. WHO defines obesity as abnormal/excessive fat accumulation that may lead to impairment of health. Body mass index (BMI) is a simple proxy indicator of adiposity and is widely used to classify and estimate overweight and obesity in adults. As it remains the same for male and female adults of all the ages, BMI provides the most useful estimates of overweight and obesity at population level which is calculated as a person's weight in kilograms (Kg) divided by the square of height in meters ($m^2$).[3] Increase in BMI tends to increase the risk of certain non-communicable diseases like cardiovascular disorders (heart disease and stroke), hypertension, diabetes mellitus, musculoskeletal problems particularly osteoarthritis, certain malignancies (endometrial, breast, ovarian and gallbladder), dyslipidaemia, pulmonary diseases, and sleep apnoea.[3,5]

Obesity during childhood increases the chances of adult obesity and disability. Obesity may lead to a higher risk of premature deaths.[1] Overweight and obesity among adults increases all-cause mortality.[6] It

caused over 4 million premature deaths (2.4 million in females and 2.4 million in males) globally as per global burden of disease 2017 estimates.[7] Over 160 million years of healthy life were lost all over the world in 2019 due to high BMI.[4] Obesity not only have a role in non-communicable diseases but also it emerged as a risk factor for infectious diseases as observed in recent COVID-19 pandemic. People with obesity have a higher risk of developing severe COVID-19 disease and require more hospitalizations and intensive care needs than people having no obesity. [8] It is one of the leading predictors for COVID-19 disability and mortality after the age.[4] Hence it requires urgent attention to step up investment and policy action on prevention and management of obesity to get prepared for future pandemics.

Obesity is the most important social and psychological disorder affecting almost every age group and socioeconomic class.[1] Persons with obesity commonly experience social bias and discrimination. Various root drivers and determinants of obesity includes biology, human genetics, diet, environments, lifestyle, sociocultural factors, health care accessibility, mental health and economics amongst many others.[6] Worldwide, there is an increased intake of energy-dense foods having high fat and sugar content and decrease in physical activity due to sedentary nature of various occupations, changing modes of transportation, minimal recreation facilities[3] and increased trends of watching television and mobile phone usage. Thus, this imbalance in energy intake and energy expenditure leads to weight gain. These observed changes are often due to changes in the environment and the society. Lack of supportive policies in many sectors like health, food processing, transportation etc. are also responsible for these changes.[3]

Obesity is now also becoming prevalent in low- and middle-income counties after being prevalent in high-income nations.[3] The prevalence after initially being highest in urban high socio-economic status (SES) groups, is rapidly expanding to a broader area of society, including

rural population.[6] Demographic and Health Surveys in low- and middle-income countries during 2010–2019 observed that obesity is associated with socioeconomic characteristics and education.[5] India, with the second highest population in the world is presently undergoing demographic transition, epidemiological transition along with rapid change in dietary and physical activity patterns. According to Indian Council of Medical Research (ICMR-INDIAB study, phase-1), the overall prevalence of generalized obesity among adults was 24.6, 16.6, 11.8 and 31.3% in Tamil Nadu, Maharashtra, Jharkhand and Chandigarh respectively. Also, it was highlighted in the study that prevalence of obesity was higher among females as compared to males.[9]

Prevalence of obesity varies across all the age groups, both the sexes and type of locality. Although higher proportion of men may be overweight, on the other hand women suffer from higher rates of obesity.[1] As per estimates from National Family Health Survey (NFHS-5) in India, percentage of 15-49 years ever married women who were overweight/obese increased to 24.0% from 20.6% (NFHS-4) and the highest proportion was observed in Puducherry (46.0%), Chandigarh (44%), Delhi, Tamil Nadu, and Punjab (41% each) followed by Kerala (38.0%)[10]. Proportion of overweight or obese women also increased to 38.8% (NFHS-5) from 30.6% (NFHS-4) in rural Punjab.[11]

A housewife is a married woman who carries out domestic and caregiving services for her family members, not engaged in any paid occupation and spend major time on household chores including meal preparation, housekeeping and caring of household members and many more.[12] Due to these traditional homemaking chores such as maintaining a family's culinary life and child care, housewives frequently have less time available to maintain their own health and is one of the important challenges to women's health and well-being. National Sample Survey in 2019 observed that in rural India, 82.1% and 28.2% of women were engaged in unpaid domestic and caring services for household members respectively.[12]

Overweight and obesity is always a significant health problem among housewives based on the nature of their work. There is a scarcity of published information on prevalence of obesity among housewives in India particularly in rural Punjab. There is a need for more studies to better understand the epidemiological correlates of obesity among rural housewives in an attempt to prevent the obesity. Analyzing the situation, this study has been planned to estimate the prevalence of obesity among housewives and determine its epidemiological correlates which will be helpful in prevention and control of obesity.

## 6.2 REVIEW OF LITERATURE

Obesity has been identified as a non-communicable disease currently and is highly prevalent in both developed as well as developing countries. It has increased worldwide among various age groups since the year 2000. As per World health statistics 2022, age-standardized prevalence of obesity increased during 2000 and 2016 among persons aged 18 years and above across all WHO regions.[5] Prevalence of obesity among women has been observed to be higher a compare to men globally.[4]

Obesity occurs when there is excess of fat accumulation which may increase the risk to health.[3] This may lead to global rise in many non-communicable diseases such as diabetes, heart disease and malignancies. Obesity is associated with various determinants like genetic predisposition, socio-economic factors, mental health issues, nutritional status and many more. Demographic and health surveys in 16 low and middle-income countries observed that obesity was associated with socio-economic characteristics comprising of economic and education status during the years 2010-2019. Poorest quintile (median 2.5%) had lowest prevalence of obesity and it increased among the richest quintile (median 15.4%) stepwise by income quintile. Prevalence of obesity was significantly higher among women who had higher education whereas women having no, primary and secondary education had almost equal prevalence.[5]

Seidu *et al.* (2021) in a study among women of reproductive age in Mali observed that women had prevalence of overweight and obesity of 26.9%. The risk of having overweight and Obesity was higher among women aged 40 to 44 years (adjusted odds ratio [AOR] 5.94). widowed, divorced or separated (AOR 1.59), secondary education (AOR 1.41), the richest wealth status (AOR 3.61) and who viewed television at least once a week (AOR 1.28). However, Woman belonging to other religions had lower risk in comparison with Muslims (AOR 0.63).[13]

Kishawi *et al*. (2014) conducted a cross sectional study in the Gaza Strip-Palestine and found that prevalence of obesity and overweight

among mothers were 57.0% in urban areas, 66.8% in refugee camps, and 67.5% in rural areas. BMI increased significantly with increase in age, while it was lower in low-income group subjects. Housewives were significantly at higher risk of obesity as comparison to working mothers. However no significant association was observed between BMI and education, household size and family assistance.[14]

Navadeh *et al.* (2010) conducted a study on determinants of obesity among housewives in Iran and concluded that the weighted prevalence of overweight and obesity among housewives were 34.5% and 24.4% respectively and had higher risk of obesity as compared to employed women (AOR 1.39). It was also observed that higher proportion of housewives were using saturated oil. Women who were married, divorced, or widowed had a three to four times higher risk of developing obesity than unmarried women. Being in low, middle, and high socioeconomic status significantly increased the risk of obesity compared to very low socioeconomic status, with odds ratios of 1.25, 1.33, and 1.43, respectively. Being housewife was independent predictor of obesity among women.[15]

Simon *et al.* (2008) conducted a study in primary care clinics Washington and Northern Idaho and found that prevalence of obesity was 25.4% among women without any depressive symptom and increased to 57.8% among those having moderate to severe depression. Among women with BMI >30, depression was significantly associated with high daily intake of calories.[16]

Body Mass Index is the most widely used measure for identifying obesity. WHO experts panel have identified certain public health action points for different levels of BMI for various countries including Asians. Mean BMI of women aged 15-49 years increased marginally from 21.9 in NFHS-4 to 22.4 in NFHS-5. Prevalence of obesity varied across various age groups as per NFHS-5 and it was observed that the proportion of overweight or obesity was 5% in age of 15 to 19 years and it increased gradually to 37% among women in age of 40 to 49 years. It is also observed that the proportion of overweight and obese

women was 10% in the lowest wealth quintile and it increased to 39% in the highest wealth quintile.[10]

As per WHO guidelines waist circumference and waist-hip ratio have been observed to be appropriate measurements of abdominal obesity. It is associated with higher risk of diabetes mellitus (type-2), acute myocardial infarction, stroke and premature deaths. NFHS-5 in India also included waist and hip circumference measurements for the first time in the survey. Waist-hip ratio identifies how the body fat is distributed and also helps in predicting abdominal obesity. More than half of women were having higher waist-hip ratio that increases the risk of metabolic complications. The proportion of women with abdominal obesity increased with age from 46% (15-19 years) to 65% (40-49 years)[10]

In a study conducted by Mukherjee *et al*. (2022) in Port Blair of Andaman and Nicobar Islands found that in adults aged 18 to 60 years, the prevalence of generalized obesity (BMI≥23.0 kg/$m^2$) was reported to be 40.7% (Female 43.9%, Male 36.9%), central obesity (calculated on the basis of Waist circumference) was 50.2% (Female 59.1%, Male 38.8%), while based on waist-hip ratio and waist-to-height ratio and prevalence of obesity was 59.7% (Female 67.3%, Male 50%) and 63.9% (Female 68.4%, Male 58.2%) respectively. Prevalence of hypertension was observed to be 26.6%. (Females 24%, Male 29.9%).[17]

Covid-19 has revealed that increased body weight increases the risk of illness from infectious diseases[4,5]. A systematic review and meta-analysis by Földi *et al*. (2020) observed that obesity was significantly associated with increased risk of intensive care unit (ICU) admission and invasive mechanical ventilation.[8]

In a study conducted by Das Gupta *et al*. (2019) in India among women of reproductive age (15-49 years) using NFHS-4 data, it was found that 33.5% of women were either overweight or obese (BMI≥23.0 kg/$m^2$) and it increased significantly with increase in age. About half of the women in 35-49 years age group were overweight/obese. The prevalence of overweight or obesity increased significantly with

television viewing frequency and was highest among those who watched it every day. Compared to women who never watched television, those who watched it almost daily had a 24% higher risk of being overweight or obese.[18]

Rautela *et al.* (2016) conducted a community-based cross-sectional study in a hilly area of Uttarakhand and found that prevalence of adult overweight and obesity was 14.8% and 55.5% respectively. The consumption of junk food was revealed by almost 93% of the adults and about 51% of the participants had junk food at dinner for at least once a week. Taste and ease of availability were reported as the main reasons for consuming junk foods.[19]

In an ICMR-INDIAB study conducted by Pradeepa R *et al*. (2015) in India, it was revealed that the among inhabitants of Tamil Nadu, Maharashtra, Jharkhand and Chandigarh, prevalence of generalized obesity (GO) was 24.6%, 16.6%, 11.8%, and 31.3%, prevalence of abdominal obesity was 26.6%, 18.7%, 16.9%, and 36.1% The prevalence of overweight was 15.2, 11.3, 7.8 and 15.9% respectively. Obesity was found to considerably rise with income. With rising educational attainment, a rising tendency in all three types of obesity was seen. Furthermore, those with hypertension had a markedly higher prevalence of obesity than those without it. Among participants consuming wheat and rice had significantly higher obesity as compared to those who consumed to millets. Female gender, hypertension, diabetes, higher socioeconomic status and physical inactivity were independently associated with obesity in all the four regions.[9]

In an ICMR-INDIAB study conducted by Anjana *et al*. (2014) in four regions of India (Tamilnadu, Maharashtra, Jharkhand and Chandigarh) and assessed physical activity among adults using Global Physical Activity Questionnaire (GPAQ). It was observed that maximum number of subjects were physically inactive (54.4%), followed by active (31.9%) and highly active (13.7%). Chandigarh had the highest frequency of physical inactivity (66.8%), followed by Tamil Nadu (60.0%), Maharashtra (55.2%), and Jharkhand (34.9%). Females were

significantly lesser active than the males. Inactive subjects had significantly higher BMI and waist circumference.[20]

Rao *et al.* (2011) conducted a cross-sectional analysis of obesity in a rural population of coastal Southern Karnataka in India and reported normal BMI among half of the subjects. Prevalence of overweight and overweight was 21.4% and 6.6% respectively. Among the females, central (69.8%) and truncal obesity (88.3%) was substantially higher. Risk of being obese were significantly higher for housewives, skilled workers and having business than unskilled workers. Literacy level of secondary education and graduation was independently associated with obesity.[21]

## 6.3 AIMS AND OBJECTIVES OF THE STUDY

- To estimate the prevalence of overweight and obesity among housewives aged 18 years and above in the rural area.
- To determine epidemiological correlates of obesity.

## 7. MATERIALS AND METHODS

The present study "**PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN RURAL AREA OF LUDHIANA**" is a community based cross sectional study. The study will be carried out in the field area of Rural Health Training Centre (RHTC) located at village Pohir, Block Dehlon, District Ludhiana, Punjab, India. This centre is an integral Part of Department of Community Medicine, Dayanand Medical College and Hospital, Ludhiana. The field practice area is composed of fifteen villages where home-based comprehensive health care is provided. It covers a population of 30,885 (December 2021)

**Ethical issues and Informed consent**

Subjects will be included in the study after obtaining written informed consent. The study would be submitted to the Ethics Committee of the Dayanand Medical College and Hospital, Ludhiana for prior approval.

### 7.1 Source of Data:

Housewives aged 18 years and above will be the study subjects. The subjects will be selected from all the 15 villages covered by RHTC Pohir.

### 7.2 METHOD OF COLLECTION OF DATA

**Inclusion Criteria**

1) Housewives aged 18 years and above
2) Widows, divorced women, married and separated women will be included in the study

**Exclusion Criteria**

1) Pregnant and lactating housewives (up to 6 months)
2) Refusal to participate
3) Non-cooperative subjects
4) Housewives diagnosed with psychiatric disorders
5) Housewives suffering from Chronic debilitating diseases or are Bed ridden

6) Housewives on medications including anti-epileptics, antidepressants, antipsychotics and corticosteroids

**Study Design**

The present study is a community-based cross-sectional study

**Sample Size**

The minimum sample size required for the study can be calculated as follows:[22]

$$n = \frac{Z^2\, p\,(1-p)}{d^2}$$

Where

n = sample size

Z= level of confidence

p= expected prevalence or proportion

d= precision rate

As data on prevalence of obesity among housewives is not available for rural Punjab,

p will be taken as 50% which gives maximum sample size for this study.

Hereby taking,

Z= 1.96

p= 50% (=0.50)

d= 0.05

$$n = \frac{(1.96)^2\,(0.50)\,(1-0.50)}{(0.05)^2}$$

n= 384

Using Design effect of 1.5 and non-response rate of 5%

n= 384 * 1.5 = 576 + 5% of 576

Thus, a total of 610 subjects will constitute the sample of the study.

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**Sampling Technique**

The selection of the subjects will be done by systematic random sampling. A list of housewives will be prepared from family folders of 15 villages. Sampling interval will be calculated. First subject will be selected randomly by currency note method considering the last digit of the currency note. Subsequent subjects will be selected as per sampling interval. If the house is locked and/or subject is not available, subject will be revisited two times more and if still remains unavailable then subject will be substituted by person immediately next in the list. Similarly, if the subject is non-cooperative, subject will be substituted by person immediately next in the list.

**Procedure of data collection**

The information will be collected on the proforma based on WHO STEPwise approach to noncommunicable disease risk factor surveillance (STEPS) instrument[22] through interviews by house visits. Each individual will be told about purpose of study and confidentiality of information will be assured. The proposed proforma is attached. The proforma has six sections

Section I Socio-Demographic profile
Section II Physical Measurements and Parameters
Section III Behavioural Measurements
Section IV Diet and Nutrition
Section V Household Work and Sedentary Behaviour History
Section VI Obstetrical and Gynaecological History
Section VII Global Physical Activity Questionnaire (GPAQ)
Section VIII Modified Patient Health Questionnaire (PHQ-12 item)

The description of each section is as below:

**Section I Socio-Demographic Profile**

This includes name, age, current marital status, religion, caste, and education, type of family, number of family members and number of children. The socio-economic status (SES) will be determined by Modified Udai Pareek (MUP) scale. Based on the MUP score, the SES was divided into 5 categories by applying Likert's scale.[24]

| Socio-economic Status class | Score |
|---|---|
| Upper | ≥43 |
| Upper Middle | 33-42 |
| Middle | 24-32 |
| Lower Middle | 13-23 |
| Lower | <13 |

**Section II Physical Measurements and Parameters**

On the day of first visit, height, weight, waist circumference, hip circumference, pulse and blood pressure will be measured. Body Mass Index and Waist-Hip Ratio will be calculated.

**Section III Behavioural Measurements**

This includes the information on risky behaviours in relation to non-communicable diseases such as tobacco use, consumption of alcohol, fruits & vegetables and salt intake. History of raised blood pressure, diabetes, cardiovascular disease, raised cholesterol and information on lifestyle advice will also be recorded.

**Section IV Diet and Nutrition**

This includes questions related to dietary habits and dietary record of previous day by recall method will be taken. Festival, fast and feast days will be excluded and subject will be revisited.

**Section V Household Work and Sedentary Behaviour History**

This includes questions on performing household work and history of sedentary behaviour such as watching television and mobile use.

**Section VI Obstetrical/Gynaecological History**

This includes questions related to age at marriage, age at first pregnancy, number of pregnancies, number of abortions (if any), history of infertility, questions related to menstrual cycle, age at menopause (if achieved)

**Section- VII Global Physical Activity Questionnaire (GPAQ)**

Physical activity will be assessed by WHO Global Physical Activity Questionnaire (GPAQ).[23]

**Section VIII Modified Patient Health Questionnaire (PHQ-12 item)**[25,26]

Depression will be assessed by Modified PHQ-12 item, whose validity has been tested in Indians to screen depression in epidemiological studies. It is a 12-item questionnaire with yes or no responses with one score for each yes response and depression to be defined as >4 score (yes responses).

**Anthropometric Measurements**

Various anthropometric measurements viz. height, weight, waist circumference, hip circumference will be measured using standard methods.

**Height**

Narrow, flexible, non-stretchable measuring tape will be used for measuring height. The subject will be asked to stand along the wall without footwear and head gear, with feet parallel to each other and knees straight, heels, buttocks, shoulders and back of head touching the wall. The head is to be kept comfortably erect without any tilting. A scale will be held on the top of head and by lowering measuring tape; height from head to toe will be recorded in centimetres.[22]

**Weight**

A standard manual weighing scale will be used for measurement of weight. It will be standardized by putting a known weight over it. The weighing machine will be placed on a firm and flat surface. The subject will be made to stand on machine without footwear and minimum clothes at the center of the platform without touching anything and weight will be recorded in kilograms[22]

**Body Mass Index (BMI)**

It is calculated from the weight and height measurements.

BMI = Weight (kg)/ Height$^2$ ($m^2$).[22]

The subjects will be classified according to Asian classification of BMI[23].

| Classification | BMI |
|---|---|
| Underweight | <18.5 |
| Normal Weight | 18.5 – 22.9 |
| Overweight | 23– 24.9 |
| Obese | ≥25 |

**Waist Circumference**

Waist circumference will be measured in centimetres at the midpoint between the lower margin of the last palpable rib and the top of the iliac crest (hip bone), using a stretch-resistant tape. The tape will be held firmly and its horizontal position will be ensured. The subject will be made to relax and stand with feet close together, arms at the side with body weight evenly distributed and the measurement will be taken at the end of a normal expiration. Waist circumference will be recorded at the level of tape to the nearest 0.1 cm.[22]

**Hip Circumference**

Maximum circumference over the buttocks without clothing or with minimal clothing in centimetres will be recorded. The subject will be asked to stand with feet close together, arms at the side and body weight evenly distributed. Hip circumference will be recorded at the level of tape to the nearest 0.1 cm.[22]

**Waist-Hip Ratio (WHR)**

It is calculated as the ratio of waist circumference over hip circumference.[22]

**Blood Pressure:**

Blood pressure will be measured on the right arm with palm facing upward in a sitting posture, with the subject in a relaxed state. Standardized aneroid sphygmomanometer with adult size cuff will be used. The cuff will be placed above the elbow so that lower band is positioned 1-2 cm above the elbow joint. The first appearance of (phase 1 of Korotkoff sounds) sound will be used to define Systolic Blood Pressure (SBP). The disappearance of sound (phase 5) will be

used to define Diastolic Blood Pressure (DBP). Two readings will be taken ten minutes apart.[22]

**Operational definitions**

**Housewife** is a married woman (including widow, divorced and separated woman) who carries out household & domestic work and care giving services for her household members and is not engaged in any paid occupation.[12]

**Overweight** is defined as a BMI≥23 kg/m2 but <25 kg/$m^2$ for female gender (based on WHO Asia pacific guidelines) with or without abdominal obesity.[23]

**Generalized Obesity** (GO) is defined as a BMI≥25 kg/$m^2$ for female gender (based on the WHO Asia Pacific Guidelines) with or without abdominal obesity (AO)[23]

**Abdominal Obesity** (AO) is defined as a waist circumference (WC)≥80 cm or waist-hip ratio ≥0.80 for women.[23]

**Hypertension** who are on antihypertensive medications or have systolic BP≥140 mmHg and/or a diastolic BP≥90 mmHg.[10]

**Outcome:**

Prevalence of overweight and obesity among housewives aged 18 years and above in a rural area of district Ludhiana will be estimated and its various epidemiological correlates will be determined.

**Statistically Analysis:**

Data will be entered in Microsoft excel spread sheet. Data will be described in terms of mean±standard deviation (±SD), frequencies and proportion (percentage) as appropriate. For comparing categorical data, Chi square ($\chi 2$) test will be performed. Univariate and multivariate analysis will be performed to find out the association between several study variables. A probability value (p value) less than 0.05 will be considered statistically significant

**7.3 DOES THE STUDY REQUIRE ANY INVESTIGATIONS OR INTERVENTIONS TO BE CONDUCTED ON PATIENTS OR OTHER HUMANS OR ANIMALS? IF SO, PLEASE DESCRIBE BRIEFLY.**

No

**7.4 HAS ETHICAL CLEARANCE BEEN OBTAINED FROM YOUR INSTITUTION IN CASE OF 7.3?**

Attached herewith

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# PROFORMA

## DEPARTMENT OF COMMUNITY MEDICINE
## DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

### SECTION I
### SOCIO DEMOGRAPHIC PROFILE

1. Name:

2. Age: (in years)

3. Village:

4. Mobile:

5. Years of schooling: Years

6. Religion: Hindu[1]/ Sikh[2]/Muslim[3]/Christian[4]/others[5]/

7. Caste: General [1]/OBC [2]/SC [3]/others [4]

8. Education of spouse: Years

9. Type of family: Nuclear/ Joint/ Extended



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| DEMOGRAPHIC INFORMATION | | |
|---|---|---|
| 1. | **What is the highest level of education you have completed?** | 1. No formal education<br>2. Less than primary school<br>3. Primary school completed<br>4. Secondary school completed<br>5. High school completed<br>6. College/university completed<br>7. Post graduate degree |
| 2. | **What is your marital status?** | 1. Currently married<br>2. Separated<br>3. Widowed<br>4. Divorced |
| 3. | **How many people older than 18 years, including yourself, live in your household?** | Number of people |
| 4. | **Total income of the family (monthly/annually)** | |



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# SOCIOECONOMIC STATUS
# (BY MODIFIED UDAI PAREEK SCALE)

1. Caste: Dominant caste[6]/Prestige caste[5]/Agriculture Caste[4]/Artisan[3]/Lower Caste[2]/Schedule caste[1]
2. Head of Family's Occupation: Service[6]/ Cultivation[5]/ Independent profession[4]/ Business[3]/Caste occupation[2]/Labourer[1]/None[0]
3. Head of family's Education: Graduate[6] and above/ High school[5] / Middle[4] / Primary[3] /Can read and write[2]/ Can read only[1]/Illiterate[0]
4. Family members: Up to 5[2]/>5[1]
5. Land: 20 acres and above[6] /15 – 20 acres[5] /10 – 15 acres[4]/ 5 – 10 acres[3]/1-5 acres[2]/<1 acre[1]/No land[0]
6. Type of houses: Mansion[5]/Pucca house[4]/Mixed house[3]/Kutcha house[2]/ Hut[1]/No house[0]
7. Farm power: 5-6 droughts animals or tractor[6]/3-4 drought animals or one prestige animal[4]/1-2 drought animals[2]/No drought (buffalo/cows) animal[1]
8. Material possession: Refrigerator[6] /Television[5]/Mobile phone[4]/ Chairs[3]/ Radio[2]/ Cycle[1]/Bullock cart[0]
9. Social participation of head: Wider public leader[4]/Office holder in such organisation[3]/Member of more than one organisation[2]/Member of organisation [like panchayat][1]/None

**SES categorization as per Likert's scale:**

| Socio-economic Status class | Score | Grading |
|---|---|---|
| Upper | ≥43 | I |
| Upper Middle | 33-42 | II |
| Middle | 24-32 | III |
| Lower Middle | 13-23 | IV |
| Lower | <13 | V |



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## DEPARTMENT OF COMMUNITY MEDICINE
## DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

### SECTION II

### PHYSICAL MEASUREMENTS AND PARAMETERS

| | | | |
|---|---|---|---|
| **1** | Height (in centimetres) | | |
| **2** | Weight (in kilograms) | | |
| **3** | Body Mass Index (BMI) | | |
| **4** | Waist Circumference (in centimetres) | | |
| **5** | Hip Circumference (in centimetres) | | |
| **6** | Waist-Hip ratio | | |
| **7** | Blood Pressure (mm Hg) | | |
| | Reading 1 | Systolic | |
| | | Diastolic | |
| | Reading 2 | Systolic | |
| | | Diastolic | |
| **8** | Pulse rate (per min) | | |



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# DEPARTMENT OF COMMUNITY MEDICINE
# DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

## SECTION III

## BEHAVIOURAL MEASUREMENTS

| | | |
|---|---|---|
| | **A. TOBACCO USE** | |
| T1 | **Do you currently smoke any tobacco products, such as cigarettes, cigars or pipes?** | 1. Yes<br>2. No If No, go to T8 |
| T2 | **Do you currently smoke tobacco products daily?** | 1. Yes<br>2. No |
| T3 | **How old were you when you first started smoking?** | 1. Age (years)<br>Don't know 77 |
| T4 | **Do you remember how long ago it was? Don't know 77** | 1. Years<br>2. Or months<br>3. Or weeks |
| T5 | **On average, how many of the following products do you smoke each day/week? Don't know 77** | 1. Manufactured cigarettes<br>2. Hand-rolled cigarettes<br>3. Pipes full of tobacco<br>4. Number of Shisha sessions<br>5. Cigars, cheroots, cigarillos<br>6. Others (please specify): |
| T6 | **During the past 12 months, have you tried to stop smoking?** | 1. Yes<br>2. No |
| T7 | **During any visit to a doctor or other health worker in the past 12 months, were you advised to quit smoking tobacco?** | 1. Yes<br>2. No |
| T8 | **In the past, did you ever smoke any tobacco products?** | 1. Yes<br>2. No If No, go to T12 |
| T9 | **In the past, did you ever smoke daily?** | 1. Yes<br>2. No |
| T10 | **How old were you when you stopped smoking?** | 1. Age (years)<br>Don't know 77 |



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| | | |
|---|---|---|
| T11 | **How long ago did you stop smoking?** | 1. Years ago<br>2. Or months ago<br>3. Or weeks ago |
| T12 | **Do you currently use any smokeless tobacco products such as [snuff, chewing tobacco, betel]?** | 1. Yes<br>2. No If No, go to T15 |
| T13 | **Do you currently use smokeless tobacco products daily?** | 1. Yes<br>2. No If No, go to T14 |
| T14 | **On average, how many times a day/week do you use snuff by mouth, snuff, by nose, chewing tobacco, betel, quid and others (specify)** | **1.** Number<br>**2.** Don't Know 77 |
| T15 | **In the past, did you ever use smokeless tobacco products such as [snuff, chewing tobacco, or betel]?** | 1. Yes<br>2. No If No, go to T17 |
| T16 | **In the past, did you ever use smokeless tobacco products such as [snuff, chewing tobacco, or betel] daily?** | 1. Yes<br>2. No |
| T17 | **During the past 30 days, did someone smoke in your home?** | 1. Yes<br>2. No |
| T18 | **During the past 30 days, did someone smoke in closed areas in your workplace (in the building, in a work area or a specific office)?** | 1. Yes<br>2. No<br>3. Don't work in closed area |
| **B. ALCOHOL CONSUMPTION** | | |
| A1 | **Have you ever consumed any alcohol such as beer, wine, spirits** | 1. Yes<br>2. No If No, go to A16 |
| A2 | **Have you consumed any alcohol within the past 12 months?** | 1. Yes If Yes, go to A4<br>2. No |
| A3 | **Have you stopped drinking due to health reasons, such as a negative impact on your health or on the advice of your doctor or other health worker?** | 1. Yes<br>If Yes/No, go to A16<br>2. No |
| A4 | **During the past 12 months, how frequently have you had at least one standard alcoholic drink?** | 1. Daily<br>2. 5-6 days per week<br>3. 3-4 days per week<br>4. 1-2 days per week |



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| | | |
|---|---|---|
| | | 5. 1-3 days per month<br>6. Less than once a month<br>7. Never |
| A5 | **Have you consumed any alcohol within the past 30 days?** | 1. Yes<br>2. No If No, go to A13 |
| A6 | **During the past 30 days, on how many occasions did you have at least one standard alcoholic drink?** | Number<br>Don't know 77<br>If zero, go to A13 |
| A7 | **During the past 30 days, when you drank alcohol, how many standard drinks on average did you have during one drinking occasion?** | 1. Number<br>2. Don't know 77 |
| A8 | **During the past 30 days, what was the largest number of standard drinks you had on a single occasion, counting all types of alcoholic drinks together?** | 1. Largest number<br>2. Don't know 77 |
| A9 | **During the past 30 days, how many times did you have six or more standard drinks in a single drinking occasion?** | 1. Number of times<br>2. Don't know 77 |
| A10 | **During each of the past 7 days, how many standard drinks did you have each day?**<br>**Don't know 77** | 1. Monday<br>2. Tuesday<br>3. Wednesday<br>4. Thursday<br>5. Friday<br>6. Saturday<br>7. Sunday |
| A11 | **During the past 7 days, did you consume any homebrewed alcohol, any alcohol brought over the border/from another country, any alcohol not intended for drinking or other untaxed alcohol?** | 1. Yes<br>2. No If No, go to A13 |
| A12 | **On average, how many standard drinks of the following did you consume during the past 7 days?** | 1. Homebrewed beer or wine, e.g. beer, palm or fruit wine<br>2. Homebrewed spirits, e.g. moonshine<br>3. Alcohol brought over the border/from another |



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| | | |
|---|---|---|
| | | country<br>4. Alcohol not intended for drinking, e.g. alcohol-based medicines, perfumes, after shaves<br>5. Other untaxed alcohol in the country<br>6. Don't know 77 |
| A13 | **During the past 12 months, how often have you found that you were not able to stop drinking once you had started?** | 1. Daily or almost daily<br>2. Weekly<br>3. Monthly<br>4. Less than monthly<br>5. Never |
| A14 | **During the past 12 months, how often have you failed to do what was normally expected from you because of drinking?** | 1. Daily or almost daily<br>2. Weekly<br>3. Monthly<br>4. Less than monthly<br>5. Never |
| A15 | **During the past 12 months, how often have you needed a first drink in the morning to get yourself going after a heavy drinking session?** | 1. Daily or almost daily<br>2. Weekly<br>3. Monthly<br>4. Less than monthly<br>5. Never |
| A16 | **During the past 12 months, have you had family problems or problems with your partner due to someone else's drinking?** | 1. Yes, more than monthly<br>2. Yes, monthly<br>3. Yes, several times but less than monthly<br>4. Yes, once or twice<br>5. No |
| | **C. DIET** | |
| D1 | **In a typical week, on how many days do you eat fruit?** | Number of days<br>Don't know 77<br>If zero, go to D3 |
| D2 | **How many servings of fruit do you eat on one of those days?** | Number of servings<br>Don't know 77 |
| D3 | **In a typical week, on how many days do you eat vegetables?** | Number of days<br>Don't know 77<br>If zero, go to D5 |



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| | | |
|---|---|---|
| D4 | **How many servings of vegetables do you eat on one of those days?** | Number of servings<br>Don't know 77 |
| **D. DIETARY SALT** | | |
| D5 | **How often do you add salt or a salty sauce such as soy sauce to your food right before you eat it or as you are eating it?** | 1. Always<br>2. Often<br>3. Sometimes<br>4. Rarely<br>5. Never<br>77. Don't know |
| D6 | **How often is salt, salty seasoning or a salty sauce added in cooking or preparing foods in your household?** | 1. Always<br>2. Often<br>3. Sometimes<br>4. Rarely<br>5. Never<br>77. Don't know |
| D7 | **How often do you eat processed food high in salt? By processed food high in salt (foods that have been altered from their natural state, such as packaged salty snacks, canned salty food including pickles and preserves, salty food prepared at a fast food restaurant, cheese, bacon and processed meat)** | 1. Always<br>2. Often<br>3. Sometimes<br>4. Rarely<br>5. Never<br>77. Don't know |
| D8 | **How much salt or salty sauce do you think you consume?** | 1. Far too much<br>2. Too much<br>3. Just the right amount<br>4. Too little<br>5. Far too little<br>77. Don't know |
| D9 | **How important to you is lowering the salt in your diet?** | 1. Very important<br>2. Somewhat important<br>3. Not at all important<br>77. Don't know |
| D10 | **Do you think that too much salt or salty sauce in your diet could cause a health problem?** | 1. Yes<br>2. No<br>77. Don't know |
| D11 | **Do you do any of the following on a regular basis to control your salt intake?** | |



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| | | |
|---|---|---|
| D11a | **Limit consumption of processed foods** | 1. Yes<br>2. No |
| D11b | **Look at the salt or sodium content on food labels** | 1. Yes<br>2. No |
| D11c | **Buy low salt/sodium alternatives** | 1. Yes<br>2. No |
| D11d | **Use spices other than salt when cooking** | 1. Yes<br>2. No |
| D11e | **Avoid eating foods prepared outside of a home** | 1. Yes<br>2. No |
| D11f | **Do other things specifically to control your salt intake** | 1. Yes<br>If Yes, go to D11 other<br>2. No |
| D11g | **Other (please specify)** | |
| **E. HISTORY OF RAISED BLOOD PRESSURE** | | |
| H1 | **Have you ever had your blood pressure measured by a doctor or other health worker?** | 1. Yes<br>2. No If No, go to H6 |
| H2a | **Have you ever been told by a doctor or other health worker that you have raised blood pressure or hypertension?** | 1. Yes<br>2. No If No, go to H6 |
| H2b | **Were you first told in the past 12 months?** | 1. Yes<br>2. No |
| H3 | **In the past two weeks, have you taken any drugs (medication) for raised blood pressure prescribed by a doctor or other health worker?** | 1. Yes<br>2. No |
| H4 | **Have you ever seen a traditional healer for raised blood pressure or hypertension?** | 1. Yes<br>2. No |
| H5 | **Are you currently taking any herbal or traditional remedy for your raised blood pressure?** | 1. Yes<br>2. No |
| **F. HISTORY OF DIABETES** | | |
| H6 | **Have you ever had your blood sugar measured by a doctor or other health** | 1. Yes<br>2. No If No, go to H12 |



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| | | |
|---|---|---|
| | **worker?** | |
| H7a | **Have you ever been told by a doctor or other health worker that you have raised blood sugar or diabetes?** | 1. Yes<br>2. No If No, go to H12 |
| H7b | **Were you first told in the past 12 months?** | 1. Yes<br>2. No |
| H8 | **In the past two weeks, have you taken any drugs (medication) for diabetes prescribed by a doctor or other health worker?** | 1. Yes<br>2. No |
| H9 | **Are you currently taking insulin for diabetes prescribed by a doctor or other health worker?** | 1. Yes<br>2. No |
| H10 | **Have you ever seen a traditional healer for diabetes or raised blood sugar?** | 1. Yes<br>2. No |
| H11 | **Are you currently taking any herbal or traditional remedy for your diabetes?** | 1. Yes<br>2. No |
| **G. HISTORY OF RAISED TOTAL CHOLESTEROL** | | |
| H12 | **Have you ever had your cholesterol (fat levels in your blood) measured by a doctor or other health worker?** | 1. Yes<br>2. No If No, go to H17 |
| H13a | **Have you ever been told by a doctor or other health worker that you have raised cholesterol?** | 1. Yes<br>2. No If No, go to H17 |
| H13b | **Were you first told in the past 12 months?** | 1. Yes<br>2. No |
| H14 | **In the past two weeks, have you taken any oral treatment (medication) for raised total cholesterol prescribed by a doctor or other health worker?** | 1. Yes<br>2. No |
| H15 | **Have you ever seen a traditional healer for raised cholesterol?** | 1. Yes<br>2. No |
| H16 | **Are you currently taking any herbal or traditional remedy for your raised cholesterol?** | 1. Yes<br>2. No |
| **H. HISTORY OF CARDIOVASCULAR DISEASES** | | |



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| | | |
|---|---|---|
| H17 | **Have you ever had a heart attack or chest pain from heart disease (angina) or a stroke (cerebrovascular accident or incident)?** | 1. Yes<br>2. No |
| H18 | **Are you currently taking aspirin regularly to prevent or treat heart disease?** | 1. Yes<br>2. No |
| H19 | **Are you currently taking statins (Lovastatin/Simvastatin/Atorvastatin or any other statin) regularly to prevent or treat heart disease?** | 1. Yes<br>2. No |
| **I. LIFESTYLE ADVICE** | | |
| H20 | **During the past 12 months, have you visited a doctor or other health worker?** | 1. Yes<br>2. No |
| **During any of your visits to a doctor or other health worker in the past 12 months, were you advised to do any of the following?** | | |
| H20a | **Quit using tobacco or don't start** | 1. Yes<br>2. No |
| H20b | **Reduce salt in your diet** | 1. Yes<br>2. No |
| H20c | **Eat at least five servings of fruit and/or vegetables each day** | 1. Yes<br>2. No |
| H20d | **Reduce fat in your diet** | 1. Yes<br>2. No |
| H20e | **Start or do more physical activity** | 1. Yes<br>2. No |
| H20f | **Maintain a healthy body weight or lose weight** | 1. Yes<br>2. No |
| H20g | **Reduce sugary beverages in your diet** | 1. Yes<br>2. No |

**Any Self/Family history of Systemic diseases**

| | **Self** | **Family History** |
|---|---|---|
| Known case of diabetes | Yes/No | Positive/Negative |



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| | | |
|---|---|---|
| Known case of hypertension | Yes/No | Positive/Negative |
| Known case of coronary artery disease | Yes/No | Positive/Negative |
| Known case of hypothyroidism | Yes/No | Positive/Negative |
| Known case of gall bladder disease | Yes/No | Positive/Negative |
| Known case of Cancer (Specify) | Yes/No | Positive/Negative |
| Others (specify) | Yes/No | Positive/Negative |

**6. Any Drugs history ……..**

7. **Do you know about comorbidities associated with obesity**?

a) Yes b) No

8. **If yes, which one** ……..



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## DEPARTMENT OF COMMUNITY MEDICINE
## DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

### SECTION IV

### DIET AND NUTRITION

**1. Eating habits**:

a) Vegetarian b) Vegetarian with egg c) Non vegetarian

**2. Fond of eating food from outside:**

a) Yes b) No

**3. If yes, then how often?** ……

**4. Why do you eat fast food?**

a) Easily available b) Inexpensive

c) Tasty d) Busy/lazy to cook d) Others (Specify)

**5. Do you understand consumption of fast-food causes health problems?**

a) Yes b) No

**6. Source of milk:**

a) Produced at home b) Bought from outside

**7. Type of milk:**

a) With fat b) Without fat

**8. How many meals do you have in a day**……..

**9. Do you fast?**

a) Yes b) No

**10. If yes, why you do so?**

a) Religious reasons b) Health reasons c) Other (specify)

**11. Do you like to eat in between meals?**

a) Yes b) No

**12. If yes, what do you eat**……



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## 13. Dietary record of previous day (24 Hour recall Method)

| Food Items | Time of the day | Quantity | Calories |
|---|---|---|---|
| | | | |
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## DEPARTMENT OF COMMUNITY MEDICINE
## DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

### SECTION V

### HOUSEHOLD WORK AND SEDENTARY BEHAVIOUR HISTORY

1. **Do you perform household chores?**

a) Yes b) No

**2**. **If Yes**, **then what type of household chores are being performed**?

……

**3**. **Do you watch television/use mobile phones?**

a) Yes b) No

**4**. **If yes**, **how many hours you spend watching television/using mobile phone?**

……

**5**. **Do you eat meals while watching television/using mobile phone?**

a) Yes b) No



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## DEPARTMENT OF COMMUNITY MEDICINE

## DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

### SECTION VI

### OBSTETRIC/GYNAECOLOGICAL HISTORY

1. **History of dysmenorrhea** …….
2. **Age at marriage** …….
3. **Age at first pregnancy** …….
4. **Number of pregnancies**…….
5. **Number of abortions**? (If any) …….
6. **History of infertility?** Yes/ No
7. **If present** Primary/Secondary
8. **Regular menstruation?** Yes/ No
9. **If no, duration since menstruation ceased/last menstrual period?** …….
10. **Age at which menstruation ceased (if applicable)** …….



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## DEPARTMENT OF COMMUNITY MEDICINE
## DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

### SECTION VII
### PHYSICAL ACTIVITY (GPAQ SCALE)

**CORE: Physical Activity**

Next, I am going to ask you about the time you spend doing different types of physical activity in a typical week. Please answer these questions even if you do not consider yourself to be a physically active person.

Think first about the time you spend doing work. Think of work as the things that you have to do such as any type of paid or unpaid work, study/training, household chores, harvesting food/crops, fishing or hunting for food, seeking employment. [Insert other examples if needed].

In answering the following questions 'vigorous-intensity activities' are activities that require hard physical effort and cause large increases in breathing or heart rate, 'moderate-intensity activities' are activities that require moderate physical effort and cause small increases in breathing or heart rate.

| Question | Response | Code |
|---|---|---|
| **Work** | | |
| Does your work involve vigorous-intensity activity that causes large increases in breathing or heart rate like [carrying or lifting heavy loads, digging or construction work] for at least 10 minutes continuously? | Yes 1<br>No 2 If No, go to P4 | P1 |
| In a typical week, on how many days do you do vigorous-intensity activities as part of your work? | Number of days ⌊__⌋ | P2 |
| How much time do you spend doing vigorous-intensity activities at work on a typical day? | Hours : minutes ⌊__⌋⌊__⌋ : ⌊__⌋⌊__⌋<br>hrs<br>mins | P3 (a-b) |



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| | | |
|---|---|---|
| Does your work involve moderate-intensity activity that causes small increases in breathing or heart rate such as brisk walking [or carrying light loads] for at least 10 minutes continuously? | Yes 1<br>No 2 If No, go to P7 | P4 |
| In a typical week, on how many days do you do moderate-intensity activities as part of your work? | Number of days ⌊__⌋ | P5 |
| How much time do you spend doing moderate-intensity activities at work on a typical day? | Hours : minutes ⌊__⌋⌊__⌋ : ⌊__⌋⌊__⌋<br>hrs<br>mins | P6 (a-b) |
| **Travel to and from places** | | |
| The next questions exclude the physical activities at work that you have already mentioned. Now I would like to ask you about the usual way you travel to and from places. For example to work, for shopping, to market, to place of worship. [Insert other examples if needed] | | |
| Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places? | Yes 1<br>No 2 If No, go to P10 | P7 |
| In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places? | Number of days ⌊__⌋ | P8 |
| How much time do you spend walking or bicycling for travel on a typical day? | Hours : minutes ⌊__⌋⌊__⌋ : ⌊__⌋⌊__⌋<br>hrs<br>mins | P9 (a-b) |
| **CORE: Physical Activity, Continued** | | |
| **Question** | **Response** | **Code** |
| **Recreational activities** | | |
| The next questions exclude the work and transport activities that you have already mentioned. Now I would like to ask you about sports, fitness and recreational activities (leisure), [Insert relevant terms]. | | |



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| | | |
|---|---|---|
| Do you do any vigorous-intensity sports, fitness or recreational (leisure) activities that cause large increases in breathing or heart rate like [running or football] for at least 10 minutes continuously? | Yes 1<br>No 2 If No, go to P 13 | P10 |
| In a typical week, on how many days do you do vigorous-intensity sports, fitness or recreational (leisure) activities? | Number of days ⌊__⌋ | P11 |
| How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day? | Hours : minutes ⌊__⌋⌊__⌋ : ⌊__⌋⌊__⌋<br>hrs<br>mins | P12 (a-b) |
| Do you do any moderate-intensity sports, fitness or recreational (leisure) activities that cause a small increase in breathing or heart rate such as brisk walking, [cycling, swimming, volleyball] for at least 10 minutes | Yes 1<br>No 2 If No, go to P16 | P13 |
| In a typical week, on how many days do you do moderate-intensity sports, fitness or recreational (leisure) activities? | Number of days ⌊__⌋ | P14 |
| How much time do you spend doing moderate-intensity sports, fitness or recreational (leisure) activities on a typical day? | Hours : minutes ⌊__⌋⌊__⌋ : ⌊__⌋⌊__⌋<br>hrs<br>mins | P15 (a-b) |

**EXPANDED: Physical Activity**

**Sedentary behaviour**

The following question is about sitting or reclining at work, at home, getting to and from places, or with friends including time spent sitting at a desk, sitting with friends, traveling in car, bus, train, reading, playing cards or watching television, but do not include time spent sleeping.

| | | |
|---|---|---|
| How much time do you usually spend sitting or reclining on a typical day? | Hours : minutes ⌊__⌋⌊__⌋ : ⌊__⌋⌊__⌋<br>hrs mins | P16 (a-b) |



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## DEPARTMENT OF COMMUNITY MEDICINE

## DAYANAND MEDICAL COLLEGE AND HOSPITAL, LUDHIANA

### SECTION VIII

### MODIFIED PATIENT HEALTH QUESTIONNAIRE (PHQ-12 ITEM)

| Over the last 2 weeks, how often have you been bothered by any of the following | Yes | No |
|---|---|---|
| 1. Feeling sad, blue or depressed | 1 | 0 |
| 2. Loss of interest or pleasure in most things | 1 | 0 |
| 3. Feeling tired or low on energy most of the time | 1 | 0 |
| 4. Loss of appetite or weight loss | 1 | 0 |
| 5. Overeating or weight gain | 1 | 0 |
| 6. Trouble falling asleep or staying asleep | 1 | 0 |
| 7. Sleeping too much | 1 | 0 |
| 8. More trouble than usual concentrating on things | 1 | 0 |
| 9. Feeling down on yourself, no good, or worthless | 1 | 0 |
| 10. Being fidgety or restless that you move around a lot more than usual | 1 | 0 |
| 11. Moved or spoke so slowly that other people could have noticed | 1 | 0 |
| 12. Thought about death more than usual, either your own, someone else's, or death in general | 1 | 0 |



**Signature of Candidate** **Signature of Supervisor**

## MODIFIED PATIENT HEALTH QUESTIONNAIRE (PHQ-12 ITEM)

| ਪਿਛਲੇ 2 ਹਫ਼ਤਿਆਂ ਦੌਰਾਨ, ਨਿਮਨਲਿਖਿਤ ਵਿੱਚੋਂ ਕਿਸੇ ਵੀ ਚੀਜ਼ ਦੁਆਰਾ ਤੁਸੀਂ ਅਕਸਰ ਕਿੰਨੀ ਕੁ ਵਾਰ ਪਰੇਸ਼ਾਨ ਹੋਏ ਹੋ | ਹਾਂ | ਨਹੀਂ |
|---|---|---|
| 1. ਉਦਾਸ, ਨੀਵਾਂ ਜਾਂ ਦੁਖੀ ਮਹਿਸੂਸ ਕਰਨਾ | 1 | 0 |
| 2. ਜ਼ਿਆਦਾਤਰ ਚੀਜ਼ਾਂ ਵਿੱਚ ਦਿਲਚਸਪੀ ਜਾਂ ਖੁਸ਼ੀ ਦੀ ਕਮੀ | 1 | 0 |
| 3. ਸਾਰਾ ਸਮਾਂ ਥੱਕੇ ਹੋਏ ਜਾਂ ਊਰਜਾ ਦੀ ਕਮੀ ਮਹਿਸੂਸ ਕਰਨਾ | 1 | 0 |
| 4. ਭੁੱਖ ਵਿੱਚ ਕਮੀ ਜਾਂ ਭਾਰ ਦਾ ਘਟਣਾ | 1 | 0 |
| 5. ਹੱਦੋਂ ਵੱਧ ਖਾਣਾ ਜਾਂ ਭਾਰ ਦਾ ਵਧਣਾ | 1 | 0 |
| 6. ਸੌਣ ਜਾਂ ਸੁੱਤੇ ਰਹਿਣ ਵਿੱਚ ਸਮੱਸਿਆ | 1 | 0 |
| 7. ਬਹੁਤ ਜ਼ਿਆਦਾ ਸੌਣਾ | 1 | 0 |
| 8. ਚੀਜ਼ਾਂ 'ਤੇ ਧਿਆਨ ਕੇਂਦਰਿਤ ਕਰਨ ਵਿੱਚ ਆਮ ਨਾਲੋਂ ਵਧੇਰੇ ਮੁਸ਼ਕਿਲ | 1 | 0 |
| 9. ਆਪਣੇ ਆਪ 'ਤੇ ਨੀਵਾਂਪਣ ਮਹਿਸੂਸ ਕਰਨਾ, ਚੰਗਾ ਨਹੀਂ, ਜਾਂ ਬੇਕਾਰ ਮਹਿਸੂਸ ਕਰਨਾ | 1 | 0 |
| 10. ਵਿਆਕੁਲ ਜਾਂ ਬੇਚੈਨ ਹੋਣਾ ਕਿ ਤੁਸੀਂ ਆਮ ਨਾਲੋਂ ਬਹੁਤ ਜ਼ਿਆਦਾ ਇੱਧਰ-ਉੱਧਰ ਘੁੰਮਦੇ ਹੋ | 1 | 0 |
| 11. ਏਨੀ ਹੌਲੀ-ਹੌਲੀ ਚਲਣਾ ਜਾਂ ਬੋਲਣਾ ਕਿ ਹੋਰਾਂ ਲੋਕਾਂ ਨੇ ਵੀ ਇਸ ਵੱਲ ਧਿਆਨ ਦਿੱਤਾ ਹੋਵੇਗਾ | 1 | 0 |
| 12. ਮੌਤ ਬਾਰੇ ਆਮ ਨਾਲੋਂ ਜ਼ਿਆਦਾ ਸੋਚਣਾ, ਜਾਂ ਤਾਂ ਤੁਹਾਡੀ ਆਪਣੀ, ਕਿਸੇ ਹੋਰ ਦੀ, ਜਾਂ ਆਮ ਤੌਰ 'ਤੇ ਮੌਤ | 1 | 0 |



**Signature of Candidate** **Signature of Supervisor**

## MODIFIED PATIENT HEALTH QUESTIONNAIRE (PHQ-12 ITEM)

| पिछले 2 हफ्तों में, कितनी बार आप निम्नलिखित में से किसी से भी परेशान हुए हैं | हाँ | नहीं |
|---|---|---|
| **1.** उदास, नीचा या दुखी महसूस करना | 1 | 0 |
| **2.** अधिकांश चीजों में रुचि या खुशी की कमी | 1 | 0 |
| **3.** अधिकांश समय ऊर्जा की कमी या थका हुआ महसूस करना | 1 | 0 |
| **4.** भूख में कमी या भार कम होना | 1 | 0 |
| **5.** अधिक भोजन खाना या वजन बढ़ना | 1 | 0 |
| **6.** सोने या सोते रहने में परेशानी | 1 | 0 |
| **7.** बहुत ज्यादा नींद लेना | 1 | 0 |
| **8.** चीजों पर ध्यान केंद्रित करने में सामान्य से अधिक परेशानी | 1 | 0 |
| **9.** अपने आप को नीचा, अच्छा नहीं, या बेकार महसूस करना | 1 | 0 |
| **10.** व्याकुल या बेचैन होने के कारण आप सामान्य से बहुत अधिक घूमते हैं | 1 | 0 |
| **11.** इतनी धीरे-धीरे चलना या बोलना कि अन्य लोगों ने भी इस पर ध्यान दिया होगा | 1 | 0 |
| **12.** सामान्य से अधिक मौत के बारे में सोचा, या तो अपने स्वयं के, किसी और की, या सामान्य रूप से मृत्यु | 1 | 0 |



**Signature of Candidate** **Signature of Supervisor**

**INFORMED PATIENT CONSENT**

Date: _____

I…….D/o, W/o, S/o……..…… am willing to participate in the study **"PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA"** The procedure with its complications has been explained to me in local vernacular language. I have fully understood that no special tests and extra expenditure in any form, merely for the purpose of thesis is being carried out. I am free to opt out the study any time without assigning any reason.

……. ……
Signature of the Witness Signature of the patient

Name:

**Signature of Candidate** **Signature of Supervisor**

# मरीज अनुमति फार्म

तिथि _____

मैं _____ पत्नी/पुत्र/पुत्री _____

निवासी _____

इस शोधकार्य "**PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA"** में भाग लेने के लिए सहमत हूँ। मैं इस शोधकार्य में भाग लेने के लिए अपनी स्वेच्छा से तैयार हूँ। मैं पुष्टि करता/करती हूँ की यह स्वीकृति देने के लिए मुझे कोई आर्थिक प्रलोभन नहीं दिया गया और न ही दबाव डाला गया है। मुझे इस शोधकार्य का उद्देश्य स्पष्ट कर दिया गया है और मुझे यह विश्वास है की यह विज्ञान और मानवता के लाभ के लिए है। मुझे इस शोधकार्य में होने वाले जोखिम के बारे में समझा दिया गया है और मेरी समझ में यह जोखिम बहुत मामुली है।

मैं इस शोधकार्य में भाग लेने के सम्बन्ध में किसी भी समय अपनी अस्वीकृति व्यक्त कर सकता/सकती हूँ और मेरे अस्वीकृति व्यक्त करने का मेरे इलाज पर कोई प्रभाव नहीं पड़ेगा।

| | |
|---|---|
| _____ | _____ |
| गवाह के हस्ताक्षर | रोगी के हस्ताक्षर/अंगूठे का निशान |
| नाम: | नाम: |

_____

अन्वेषक के हस्ताक्षर

_____

विद्यार्थी के हस्ताक्षर

# ਮਰੀਜ਼ ਰਜ਼ਾਮੰਦੀ ਫਾਰਮ

ਮਿਤੀ_____

ਮੈ_____ਪਤਨੀ/ਪੁੱਤਰ/ਪੁੱਤਰੀ_____

ਵਾਸੀ _____

**“PREVALENCE OF OBESITY AND ITS EPIDEMIOLOGICAL CORRELATES AMONGST HOUSEWIVES IN A RURAL AREA OF LUDHIANA”** ਤੇ ਚਲ ਰਹੀ ਖੋਜ ਵਿਚ ਹਿੱਸਾ ਲੈਣ ਲਈ ਰਜ਼ਾਮੰਦ ਹਾਂ। ਇਸ ਖੋਜ ਕੰਮ ਵਿਚ ਹਿੱਸਾ ਲੈਣ ਲਈ ਮੈ ਆਪਣੀ ਮਰਜ਼ੀ ਨਾਲ ਤਿਆਰ ਹਾਂ। ਮੈ ਇਹ ਦਸਣਾ ਚਾਹੁੰਦਾ ਹਾਂ/ ਚਾਹੁੰਦੀ ਹਾਂ ਕੇ ਇਹ ਰਜ਼ਾਮੰਦੀ ਦੇਣ ਵਾਸਤੇ ਮੈਨੂ ਕਿਸੇ ਵੀ ਤਰਾਂ ਦਾ ਲੋਭ-ਲਾਲਚ ਨਹੀ ਦਿੱਤਾ ਗਿਆ ਅਤੇ ਨਾ ਹੀ ਕੋਈ ਦਬਾ ਪਾਇਆ ਗਿਆ ਹੈ। ਮੈਨੂ ਇਸ ਖੋਜ ਦਾ ਮਨੋਰਥ ਸਮਝਾ ਦਿੱਤਾ ਗਿਆ ਹੈ ਅਤੇ ਮੈਨੂ ਇਹ ਭਰੋਸਾ ਦਵਾਇਆ  ਗਿਆ ਹੈ ਕੇ ਇਹ ਖੋਜ ਵਿਗਿਆਨ ਅਤੇ ਮਾਨਵਤਾ ਦੀ ਭਲਾਈ ਲਈ ਹੈ। ਮੈਨੂ ਇਸ ਖੋਜ ਵਿਚ ਹੋਣ ਵਾਲੇ ਖਤਰੇ ਬਾਰੇ ਸਮਝਾ ਦਿੱਤਾ ਗਿਆ ਹੈ ਅਤੇ ਮੈਨੂ ਇਹ ਯਕੀਨ ਹੈ ਕੇ ਇਹ ਖਤਰਾ ਬਹੁਤ ਮਾਮੂਲੀ ਹੈ। ਮੈਨੂ ਇਸ ਖੋਜ ਕੰਮ ਵਿਚ ਹਿੱਸਾ ਲੈਣ ਦਾ ਢੰਗ – ਤਰੀਕਾ ਸਮਝਾ ਦਿੱਤਾ ਗਿਆ ਹੈ।

ਮੈ ਇਸ ਖੋਜ ਕੰਮ ਵਿਚ ਹਿੱਸਾ ਲੈਣ ਬਾਰੇ ਆਪਣੀ ਰਜ਼ਾਮੰਦੀ ਕਿਸੇ ਵੀ ਸਮੇ ਵਾਪਸ ਲੈ ਸਕਦਾ ਹਾਂ/ ਸਕਦੀ ਹਾਂ  ਅਤੇ ਮੇਰੀ ਰਜ਼ਾਮੰਦੀ ਵਾਪਸ ਲੈਣ ਦਾ ਮੇਰੇ ਇਲਾਜ ਤੇ ਕੋਈ ਅਸਰ ਨਹੀ ਹੋਵੇਗਾ।

_____ _____

ਗਵਾਹ ਦੇ ਹਸਤਾਖਰ ਮਰੀਜ਼ ਦੇ ਹਸਤਾਖਰ

ਮਿਤੀ_____ ਮਿਤੀ_____

ਪਤਾ _____ ਪਤਾ _____

_____

ਨਿਰੀਖਕ ਦੇ ਹਸਤਾਖਰ

_____

ਸਿਖਿਆਰਥੀ ਦੇ ਹਸਤਾਖਰ